

lorado, or some other well known (often well advertised) tuberculosis resort, or the almost criminal general advice to "go West and rough it." The patients, many of them ignorant of the salient points in treatment, with the abnormal optimism which seems to be peculiar to the disease follow the advice and depending upon some magic virtue in the air to make them well, neglect the important principles of treatment.

Often patients so acutely ill that absolute typhoid rest is indicated are sent hundreds of miles from home with the result that the hardships of the journey means the final chapter of their life history. A characteristic often seen in tuberculosis individuals particularly those who are not doing well, is the idea that some climate or location other than where they happen to be is the ideal place for them and if they could only get there, they would soon be well. The result is that if they have sufficient funds (and sometimes when they have not) they pursue the elusive rainbow from one part of the country to the other always expecting that the pot of gold, good health, will be found at the next place.

The new arrival at any well known tuberculosis resort is always told of the wonderful effects of the air and the marvelous case of the patient who after being given up was brought in on a stretcher and in 6 months returned home absolutely cured. He is not told of the hundreds of ill patients, who after a variable length of stay returned home in a pine box. It is true that many wonderful so called cures occur at these places.

They also occur elsewhere.

I certainly do not wish to be interpreted as minimizizing the value of certain localities for the treatment of tuberculosis, or stating that patients should not be sent to a different climate. Undoubtedly a decided change of climate, location and environment is of great value in many cases and some patients will do much better in one place than another. I often so advise patients, but they are instructed to enter an institution if possible, and if not, to place themselves under the care of a competent specialist and follow his instructions absolutely. It is a great mistake to send some patients to the mountains to take the cure on their own responsibility in a hotel or boarding house. Frequently patients sufficiently ill to be in bed will be wading and fly fishing the brooks, climbing mountains or engaging in other forms of exercise harmful to them. These patients would be much better off at home.

The superiority of one locality over another as a place for the treatment of tuberculosis is individual rather than general and the fact that some patients do much better in a particular climate or locality is no criterion that a majority of the tuberculous will do equally well there.

Climate of Long Island. Ross 10 made a study of this question covering a consecutive period of 3,650 days from 1890 to 1900 at Brentwood. The mean Summer temperature is 70° the mean Winter temperature 30° , and the mean yearly temperature 51.8° . The mean yearly temperature of the entire State 45° , of New York