

V. *The schoolroom should be thoroughly scrubbed at least every month.*

NOTE.—If scrubbing, perhaps every week, is necessary in our homes, how much more so in our school-rooms, where there are so many to drag in dirt. Besides, dust is even more dangerous to children than to grown persons.

VI. *Once a year the walls, floors, desks, etc., should, after being scrubbed, be wetted over with a mixture of carbolic acid and water, four teaspoonfuls of the acid to a pint of water.*

NOTE.—Such a cleansing of the schoolroom would kill all germs, and if this could be done at the Christmas vacation (germs are more virulent in winter) it would go far toward the health of the school.

TO TEACHERS.

Post a copy of the "Health Rules" for Pupils where it can be easily read.

Give a series of short lessons on these rules and the reasons for them.

Check the practices therein condemned. Make frequent reference to them and, as far as possible, see that they are observed.

Read carefully the "Circular to Trustees"—talk it over with them and assist in carrying it out.

Try and persuade the physician of the section to impress upon the ratepayers the connection of dust and dirt with disease, and to advocate the more frequent scrubbing and sweeping of the school-room.

See that the water bucket is thoroughly scrubbed every week. Get a cover for it in order to keep out the dust.

The carrying out of the directions for the cleanliness of the schoolroom and the health of the pupils depends almost entirely on you. Let your own desk be a model of cleanliness and neatness. Put into practice yourself the rules given for pupils. Your example in these respects will carry more weight with the pupils than anything else.