

THE MEEKNESS OF THE HEART OF JESUS.

Π

E are all familiar with the maxim of St. Francis de Sales, so characteristic of that gentle saint:—
"More flies are caught with a little honey, than with a cask of vinegar." A meek man represses the movements of anger, usually indicated by violent words and gestures. He knows how to bear contradictions; and the remembrance of wrongs excites in him no resentment; he overcomes the natural inclination to impatience.

Phillip II, King of Spain, a profoundly religious prince, had worked through part of the night, writing to the Sovereign Pontiff on an important matter. He asked his secretary for the hour-glass. The latter, half asleep, by mistake, poured the ink over the royal parchment. "Give me another sheet," said the king calmly, "and we will begin again," Who can fail to admire control like this in little things, which great souls exercise over themselves? Meekness represses the desire of vengeance, and when practised by a superior towards an inferior, becomes clemency.

Constantine was clement, when refusing to avenge himself on those who had created a sedition. When urged to act against those who destroyed his statues, he replied: "I do not feel injured." Still more beautiful was the remark of a great man, who having received a blow, the most