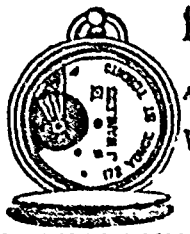

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ST. CATHARINES, July 2, 1883.

MR. SUTHERLAND
Dear Sir.—I have been afflicted some years with Rheumatism, became stiff and almost helpless. I also suffered very great pain. I was in this state when I first saw your advertisement of Rheumatine in the papers. I thought it could do me no harm to try it, which I did with the best results. Now I can move about *as well as ever*. I had to take quite a number of bottles. Still that is nothing to *being cured*, which I [illegible]*ppily to say I am.*

I didn't feel any relief [illegible] I had taken four [illegible] bottles: then I began [illegible] better. *I truly hope* anyone else who is suff[illegible] Rheumatism will give your Rheumatine [illegible] was very bad and it *cured me*. Do [illegible] with this letter and believe me to remain,

Yours,
(Signed) ROSA NEEDHAM.

P.S.—I am living at the Rev Dr Williams. St Catharines. Any reference to him will prove that the above is true. (Signed) ROSA NEEDHAM

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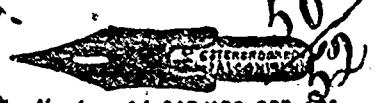

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CUSTARD PIE.—Three beaten eggs, three tablespoonfuls sugar, a little nutmeg and salt, and two large cupfuls rich milk.

APPLE CREAM PIE.—To the above mixture add a cupful of grated sweet apple, leaving out one-fourth the quantity of flour.

ACID PIE.—Two tablespoonfuls flour, one scant cupful water, one-third cupful molasses, one-third teaspoonful tartaric acid, set on the stove and stir until it boils, and bake with one crust.

CREAM PIE.—Stir smooth two large tablespoonfuls of flour in a cup of new milk, add another cupful of very rich sweet cream three tablespoonfuls of sugar, a dash of salt and a little flavour. Bake with one crust.

NOVEMBER SAUCE.—To one quart of cranberry sauce add a handful of chopped raisins; it improves the flavour. It is best to improve the season, also, when cranberries are cheap, by putting them up with a little sugar for fruit tarts or poultry sauce. Use glass or stone jars, not tin.

A QUICKLY MADE DESSERT—is an imitation custard pie. Beat three eggs, three large spoonfuls of sugar, a bit of nutmeg, half a teaspoonful of salt, and two scant tablespoonfuls of flour. Add to these enough rich milk to fill a well-buttered square pie tin. Stand five minutes and bake. Or bake without sugar, and eat with sugar and cream.

CAKE WITH NUTS.—The hickory nut season is here now, and the following way of making cake can be tried: Two teacups of sugar, half a cup of butter, one cup of thin cream, three and a half cups of flour, two teaspoonfuls of baking powder mixed with the dry flour, three eggs, the whites and yolks beaten separately, and one large cupful of the hickory nuts chopped or broken in small bits.

It is not every day that either an individual or a business house cannot get to the top of the mast, but Petley & Petley, of Toronto, have got there without a doubt. They are doing an immense trade. Their stores are constantly crowded with a busy throng who seem to appreciate the good goods and low prices of this more than popular establishment. Petley & Petley are undoubtedly at the top of the mast among the retail dealers of Toronto.

CHRISTMAS PUDDING.—Well stir three-quarters of a cup of butter and the yolks of four eggs together. Add one cup of molasses and two cups of warm milk with two teaspoonfuls of soda dissolved in a tablespoonful of boiling water and added to the the milk. Season with a teaspoonful of cinnamon, half a teaspoonful of cloves, a little nutmeg and salt. Add flour to make it as stiff as pound cake, and lastly two pounds of raisins stoned and chopped fine, one quarter of a pound of citron and the whites of four eggs beaten to a stiff froth. Tie in a floured bag, leaving room for the pudding to swell, and steam six hours.

BROWN FRICASSEE OF CHICKEN.—Clean, wash and cut the chicken into comparatively small pieces. Chop a quarter pound of fat salt pork and half a small onion. Put the chicken with these into a pot with a pint of cold water, and stew slowly until the meat is tender. Take out the chicken, put into a colander and keep hot over a pot of boiling water, throwing a cloth over the colander. Strain the gravy back into the pot, season with parsely, pepper and salt. Thicken with a tablespoonful of browned flour, boil up once, return the chicken to the gravy, simmer ten minutes and serve.

IRISH STEW.—About two pounds of the neck of mutton, four onions, six large potatoes, salt, pepper, three pints of water and two teaspoonfuls of flour. Cut the mutton in handsome pieces. Put about half the fat in the stew-pan, with the onions, and fry four eight or ten minutes over a hot fire; then put in the meat, which sprinkle with the flour, salt and pepper. Stir ten minutes, add and the water, boiling. Set for one hour where it will simmer; then add the potatoes, peeled and cut, in quarters. Simmer an hour longer, and serve. You can cook dumplings with this dish if you choose. They are a great addition to all kinds of stews and ragouts.

INDISCRETION in diet brings on dyspepsia and irregularity of the bowels. Eat only wholesome food, and if the trouble has become permanent—as it is very prone to do—try a course of Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure. The combined effects astonish and delight the sufferer, who soon begins to digest well, regain functional regularity and improve in appetite; the blood becomes pure, and good health is restored.

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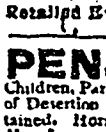

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