GUIDE-ADVOCATE, WATFORD, NOVEMBER 8, 1912

SOUR RISINGS FROM STOMACH MABEL'S CHITCHAT

Those Who Experience Fullness and Pain After Meals, Stomach Disorders, and Indigestion, Should Read Below.

"When I was working around the farm last winter I had an attack of in-flammation," writes Mr. E. P. Daw-kins, of Port Richmond. "I was weak for a long time, but well enough to work until spring. But something went wrong with my bowels, for I had to use saits or physic all the time. My stomach kept sour, and al-ways after eating there was pain and fulness, and all the symptoms of inways after eating there was pain and fulness. and all the symptoms of in-testinal indigestion. Nothing helped me until I used Dr. Hamilton's Pills. Instead of hurting, like other pills, they acted very mildly, and seemed to heal the bowels. I did not require large dozes to get results with Dr. Hamil-ton's Pills, and feel so glad that I have found a mild yet certain remedy. To-day I am well—no pain, no sour stom-ach, a good appetite, able to digest anything. This is a whole lot of good for one medicine to do. and I can say Dr. Hamilton's Pills are the best pills, and my letter, I am sure, proves it." and my letter, I am sure the best pins, Refuse a substitute for Dr. Hamil-ton's Pills of Mandrake and Butter-nut, sold in yellow boxes, 25c. All dealers, or The Catarrhozone Co., Kingston Ont.



Summer Banking Scheme to Provide For the Fall Wardrobe. BEING FITTED BY PROXY.

A Trained Nurse's Idea For Protecting the Top and Bottom Rails of Handsome Brass Beds-Hopeless Prevalence of Boredom

My Dear Elsa-I've hit on a fine plan for saving money. You know that in a few weeks the melancholy days of autumn will be here that bring with them an awful sense of dilapidation in one's wardrobe. Literally when I get back from the summer's wanderings abroad I haven't a rag that is presentable to wear.

To forestall this dreary Flora Mc-Flimsey state I have instituted a home savings bank system. It's this: I have two miniature banks. One I keep in my bedroom, and one I have installed in the butler's pantry. The use of two banks saves me a lot of steps, for when downstairs I can drop my mite into the three coin registering bank. which rings once, twice or five times. according to the amount of the coin

The bedroom bank is really a very ornamental affair of gold striped Japanese steel, brass trimmed. These money saving contrivances, besides registering the amount dropped into them, lock and unlock automatically. I put in my banks only the money I can actually save by an economy like walking, when otherwise I might be inclined to take a car, or doing without an ice cream soda, when I would like most awfully to "blow" myself. These pesky old money grabbers also absorb my candy pennies, and when I deny myself some chocolate coated caramels or favorite sweet I mentally picture that I am adding an attractive new feature to my fall wardrobe by this self denial. It's a heap more satisfactory than to be confronted by an empty paper candy box as the only reminiscence of squandered 'shekels after the confectionery has been eaten. If I have a dollar or so left over from fall gowns, etc., I'm going to put it in one of the new dress forms that the shops are carrying. Every woman knows what it is to feel like dropping in her tracks from standing to have frocks fitted. You know what a slow, nerve racking process it is. But cheer up, sister, for there's comfort aheadan invention that does away with this torture. The dress form to which I refer can be adjusted to exactly duplicate your figure. The bust can be made any size you want it, also the

that there are really no cures for "--nul" as there are for almost ever other disease, except in exceptions cases where an automobile tour has a good effect. You see I'm in a pessimistic mood and in this frame of mind I feel that

modern life is merely a conspirace against the life that really matters Most of use are more interested in the things that don't actually matter-su perficial things-than with those tight really count. Of course the life that counts is equally near to us did we but beed it, and far more satisfying did we but know how, but how few of us ever try! New York. MABEL. - aling

Breakfast Looks.

The finest compliment I have ever heard paid to a woman, said a woman recently, was by her husband, and be said in speaking of her, "We always think of her as a morning glory because she looks so bright and cheery and pretty at the breakfast table."

How many breakfast tables are presided over by women who make no effort to be dainty! And there are a great number who are at once untidy and even uncleanly to look at.

The claim that household duties keep women from looking well in the morning is easily disproved, for in many a household where the lady gives a helping hand in the kitchen a big apron will thoroughly protect her dress and then, too, cooking, unless one makes it so, is never dirty work.

That woman commits an error who looks uncared for and badly dressed in the morning.

The other woman who wears any old thing to the breakfast table is also making a mistake, for that is the time when the men of the household ought to see a woman at her best and not specially rely on her appearance in the evening, when the soft and charitable light of the gas will hide many defects.

In Time For School Days. For schoolroom wear the little frock pictured of dark blue linen with striped revers is ideal. Such a model is not only good for the first days of the new



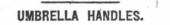
Be Recorded.

As the value of land to the owner increases so does the security of more gage investments given on that land increase. A mortgage may be considered as a deed of the land which re-vests the title in the original owner or his successor on the paying off of the mortgage or the bond or note which the mortgage secures.

Mortgages are recorded in public offices, called registers, recorders or county clerks' offices, in much the same way that deeds are, so that any one buying the land is bound to take notice of them, and the land is bound by them, no matter to whom the land is conveyed, and no one has a right to say that he bought the land not knowing that a mortgage was on it, for he is presumed by law to know such facts, as a search of the title in these public offices would reveal.

If, however, the holder of the mortgage does not cause the mortgage to be recorded then any innocent purchaser of the land can take it clear of the lien of the mortgage.

In no particular has the law of this country gone further than in the effort to secure the title of the landowner and the security of the mortgage holder, and no investments are more highly regarded by the conservative business man than those founded on the imperishable surface of the earth .-Christian Herald.



In France They Shape Them as They Grow In Nurseries.

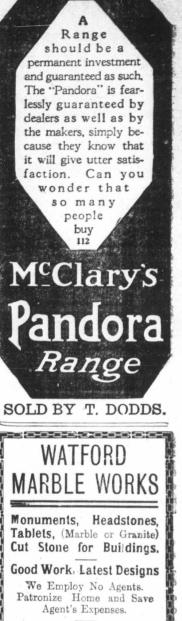
Most of the handles of canes, alpenstocks, parasols and umbrellas used in France are grown in nurseries. Ash, maple, oak, chestnut and other woods are used. In the early part of the first year after planting the young trees are cut near the ground to bring about the formation of numerous sprouts. The lower branches are removed, and only a plume of leaves is left.

Early in the spring the sprouts are subjected to a surgical operation. Their bark is cut, and the wood is carved in different designs, which are swollen by the sap and grow in high relief as the tree develops. Special in-struments are used for the cutting and designing. Thus carved, the sprouts grow for three years.

At the end of the third year the forest of umbrella handles is cut, and the cuts are dried in the sun and then given a vapor bath, after which they are put into the hands of skilled workmen, who peel them with one quick move ment.

When skinned the peelers cut them to the required lengths and send them to the umbrella maker, who varnishes them. If the shape desired is a ring or other open form a ring or oval or square is grafted to the natural stalk. bound closely, and left to grow into place.-Harper's.

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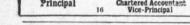
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faulty member. Even these defects can be duplicated in the new dress form, and the lovely part of the whole thing is one form will do for the entire family. The makers of this rare and radiant device say that it does not get out of order and that it will last indefinitely. Another advantage is that it can be folded up and put away when not in use. I am getting very practical these

We all have one defect or an-

other. Possibly one arm is longer than

the other, or it may be a hip is the

hips.

days, and at the risk of boring you I am going to suggest another contrivance. This time a trained nurse was the clever inventor. The patient she was nursing was particularly fussy concerning the -welfare of her handsome brass bed and became nervous when callers touched the rail at top and bottom for fear the perspiration from their hands would dim the metal, Personally I have no sympathy with such fussiness, but there are others. Well, to protect the rail this young nurse cut strips of canton flannel that were just the length of the top rail of the head and foot boards and wide enough to cover them. These she has fitted with tape on each side, and she ties them ever so neatly over the cherished rails. The covers are easily laundered when they are solled.

For guest rooms a less practical but more sightly cover for the rails would be glazed organdie, cut in strips long and wide enough to slip over shugly and sewed at the ends to avoid tying. This papery organdie is very perishable, but in a place where so tving. little wear comes as in a guest room it is practical enough, and it is so transparent that it detracts little from the sheen of the brass. The canton flannel covers are advisable for sickrooms at Talking about boredom, did you ever stop to think how wonderfully prevalent it is in this modern world?

It sometimes seems that most of us devote most of our time nowadays to avoid being bored. I do the most absurd things to dodge this dreadful At one time "ennui" was the fate. special misfortune of the leisure class, but nowadays it is no longer a privilege-it is a common heritage. And the hopeless part about it is



FROCK OF DARK BLUE LINEN.

term, but for wear through the entire winter months.

Modern schoolrooms are so well heated nowadays that children are wearing frocks of linen, galatea and lawn even in the coldest weather under their warm, comfortable topcoats.

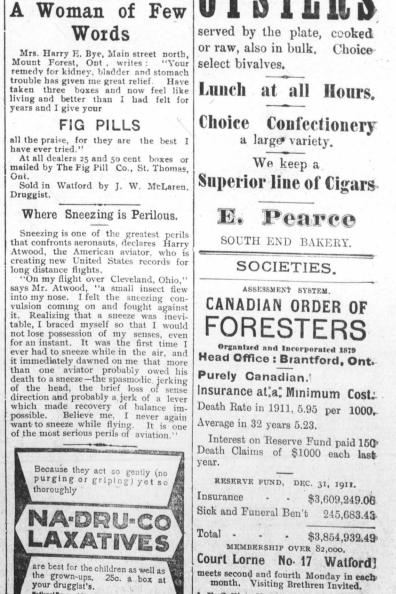
Filling For Cushions.

Housewives may make themselves any number of pretty and inexpensive summer cushions for the living rooth or porch couch by cutting a roll of cotton batting into small squares and heating in a baking pan in the oven for a half hour, using this for filling, and covering with a dainty slip of some material which will wash well, such as flowered chintz or cretonne or some of the gayly stamped covers seen in the shops

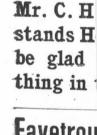
Each little square of the cotton will fluff up to about twice its original size and will be as light as a feather. One must be very careful, however, not to have the oven too hot or the cotton is apt to scorch. Use a half roll of cotton for each pillow, filling a muslin slip eighteen inches square.

A Handy Bath Mat.

To those who are living in houses in which there are no bathrooms this bath mat will be found the bandlest thing in the house, especially where there are children. Buy a square of dark table oilcloth, cut off corners to make it nearly round, get a piece of inch rope long enough to reach around mat, fold edge of olicioth back over rope to under s'de and stitch in place over rope. No water can get on floor shen the tub is set on this mat.



meets second and fourth Monday in each month. Visiting Brethren Invited. J. E. Collier, F. Sec. J. H. Hume, R.Sec Ben. Smith C. Ranger.



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