Sick Headache—

Lack of Appetite.

Its glorious to feel right in the morning-ready for work. But how seldom one does.

Sick headache, lack of appe-

tite, disagreeable taste in the

mouth-these are the usual

morning feelings of most

people—even of careful livers. This morning illness shows

that the organs of digestion are not working properly.
They need a tonic. Take a

in half a glass of water as

soon as you rise-you'll be

ready to do justice to a good

cleanses the howels and intestines, invigorates the fag-

ged out stomach and ener-

ther than the Katy 1 nad fored so

Morris paused a moment, while Wilford said: "She spoke of tele-graphing for you. Why was that,

Thus interrogated, Morris told of the message which had brought him to New York, and narrated as cau-tiously as possible the particulars of the interview which followed.

Morris's manner was that of a man

Morris's manner was that of a man who spoke with perfect sincerity, and it carried conviction to Wilford's heart, disarming him for a time of the fierce anger and resentment he had felt while listening to Morsis's story. Acting upon the good impulse of the moment, he arose, and offering his hand to Morris, said:

"Forgive me that I ever doubted you. It was natural that you should come, but foolish in Katy to send or

come, but foolish in Katy to send or think Genevra is living. I have seen her grave myself. I know that she is dead. Did Katy name any one whom she believe to be Genevra?"

'No one. She merely said she had

en the original of the picture,

"A faney—a mere whim." Wilford muttered to himself, as, greatly disquieted and terribly humbled, he paced the room moodily, trying not to think hard thoughts either against his wife or Dr. Grant, who, feeling that it would be pleasered.

his wife or Dr. Grant, who, feeling that it would be pleasanter for Wilford if he were gone, suggested returning to Silverton at once, inasmuch as the crisis was past and Katy out of danger. There was a

struggle in Wilford's mind as to th

answer he should make to this suggestion, but at last he signified his willingness for the doctor to leave when he thought best.

It was broad day when Katy woke, so weak as to be unable to turn her head upon the pillow, but in her eyes the light of reason was shining, and she glanced wonderingly, first at Helen, who had come in, and then at Wilford, as if trying to comprehend what had happened.

"Have I been sick?" she asked in whisper, and Wilford, bending over er, replied: "Yes, very sick for

a whisper, the replied: "Yes, very sick for nearly two whole weeks—ever since I left home that morning, you know?"
"Yes," and Katy shivered a little, "Yes, I know. But where is Morris He was here the last I can re-

Wilford's face grew dark at once, and stepping back as Morris came in, he said: "She asks for you." Then with a rising feeling of resentment he watched them, while Morris spoke to

Katy, telling her she must not allow

herself in any way to be excited.

"Have I been crazy? Have I talked much?" she asked; and when Moris replied in the affirmative, she said: "Of whom have I talked most?"

id: "Of whom have I talked most?"
"Of Genevra," was the answer "Of Genevra," was the answer, and Katy continued: "Did I mention any one else?"

Morris guessed of whom she was thinking, and answered indifferently: "You spoke of Miss Hazelton in connection with the baby, but that was all."

Katy was satisfied, and closing her

Morris replied.

gises the torpid liver. At all Druggists.

Abbey's Effervescent Salt

teaspoonful of

breakfast.

xes, 25 cents.

se 2 oz. salt-, 1 pint salt, e 12 days; and rub the

INCER. Ireland Be-

legistrar-Gen revalence and r shows that increase in

ntry. hs in Ireland ation; during and during approximate d Wales the 1 and 1900 100,000, and 80. The re-olland, Nordeath rate ling in 1900. nited States the percent

is being less The West of e next. The Londonderry om 70 to 90 low-Loughall 100,000, as on district in

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ISLES. better sur-European m 1880 to .000,000 a

the survey \$130,000,-

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MARY J. by Suffering HOLMES, 然本部游游游游游游游游游游游游游游游游游游游游游

child.

But Mark would not be pleased with her interference, she knew, and so the golden moment fled, and when she left the house, the misunderstanding between herself and Helen was just as wide as ever. Wearily after that the days passed with Helen, until all thoughts of herself were forgotten in the terrible fear that death was really brooding over the pillow where Katy lay, insensible to where Katy lay, insensible to nillow where Katy lay, insensible to all that was passing around her. The lips were silent now, and Wilford had nothing to fear from the tongue hitherto so busy. What Wilford suffered none could guess. He did not ask that she might live, for if all were well hereafter he knew it was better for her to die in her young womanhood, than to live till the heart, now so sad and bleeding, had grown calloused with sorrow. had grown calloused with sorrow.

And yet it was terrible to think of Katy dead; terrible to think of that face and form laid away beneath the turl of Greenwood, where those who loved her best could seldom go to

weep.
And as they sat there thus, the night shadows stole into the room, and the hours crept on till from a city tower a clock struck ten, and Morris, motioning Helen to his side, bade her go with her mother to rest. "We do not need you here," he said; "your presence can do no good. Should a change occur, you shall be

Thus importuned, Helen and her mother withdrew, and only Morris and Wilford remained to watch that heavy slumber, so nearly resembling

CHAPTER XXXVII.

Gradually the noise in the streets died away; the tread of feet, the rumbling of wheels, and the tinkle of car bells ceased, and not a sound was heard, save as the distant fire bells pealed forth their warning voices, or some watchman went hurrying by. The great city was asleep, and to Morris the silence brooding over the countless throng was deeper, more solemn, than the silence of the country, where nature gives her own mysterious notes and fullables for her sleeping children.

Before his marriage, a jealous thought of Morris Grant had found a ledgment in Wilford's breast; but he had tried to drive it out, and

Before his marriage, thought of Morris Grant had found a lodgment in Wilford's breast; but he had tried to drive it out, and fanied that he had succeeded, experiencing a sudden shock when he felt it lifting its green head, and poisoning his mind against the man who was doing for Katy only what a brother might do. He forgot that it was his own entreaties which kept it was his own entreaties which kept "Then according to your reasoning you have sinned, for you not only have been tempted, but have yielded to the might do the missing him his sinister look of exultation in silent, absence. Jealous men never reason clearly, and in this case. Wilford did not reason at all, but jumped readily at his conclusion, calling to his aid as proof all that he had ever seen pass between Katy and her course. That Maris Grant and her

experience of a mother who has thoroughly tested the value of Baby's Own Tablets. Giving her experience with the use of this medicine, Mrs. George Hardy, of Fourchu, N.S., writes; "I have used Baby's Own Tablets and find them a blessing to children, and I am not satisfied without a box in the house at all times." These Tablets cure all the minor troubles of babyhood and childhood. They are prompt and effective in their action and are guaranteed to contain no opiate or harmful drug. They always do good—they cannot possibly do harm. Good-natured, healthy children are found in all homes where Baby's Own Tablets are used. You can get these Tablets from any druggist, or by mail at 25% a box by writing direct to the Dr. Williams' Medicine Ce., Brockville, Ont. the use of this medicine, Mrs. George

when I telegraphed for him to come and take me away."

"Do you think her dying?" Wilford asked, and Morris replied: "The look about the mouth and nose is like the look which so often precedes death."

death. And that was all they said until another hour went by when Morris's hand was laid upon the forehead and moved up under the golden hair where there were drops of perspira-

tion.
"She is saved! thank God, Katy is saved!" was his joyful exclama-tion, and burying his face in his hands, he wept for a moment like a

On Wilford's face there was On Wilford's face there was no trace of tears. On the contrary, he seemed harden-d into stone, and in his heart fierce passions were contending for the mastery. What did take her away? Did she send for him, and was that the cause of his being there? If so, there was something between the cousins more than mere friendship. The thought was a maddening tone. And, rising slow by at last, Wilford came round to Morris's side, and grasping his shoul-

der, said:
"Morris Grant, you love Katy Like the peal of a bell on the frosty air the words rang through the room, starting Morris from his bow

ed attitude, and for an instant curdling the blood in his veins, for he unierstood now the meaning of the look which had so puzzled him. In Morris's heart there was a moment's hesitancy to know just what to say—an ejaculatory prayer for guidance — and then lifting up his head, his calm blue eyes met the

eyes of black unflinchingly as he replied:
"I have loved her always."

"I have loved her always."

A blaze like sheet lightning shot from beneath Wilford's eyelashes, and a taunting sneer curled his lip as he said:

"You, a saint, confess to this?"

"Should my being what you call a saint prevent my confessing what I did?"

"No, not the confession, but the ct," Wilford answered, savagely.

to temptation." Wilford retorted, with a sinster look of exultation in his black eyes.

For a moment Morris was silent, while a struggle of some kind scemwhile a struggle of some kind seem-ed going on in his mind, and then he

said:
"I never thought to lay open to you a secret which, after myself, is, I believe, known only to one living

while a struggle of some kind scemeseen pass between Katy and her cousin. That Morris Grant loved Katy was, after a few moments' reflection, as fixed a fact in his mind, as that she lay there between them, moaning feebly as if about to speak. Years before, jealousy had made Wilford almost a mad-man, and it now held him again in its powerful grasp, whispering suggestions he would have spurned in a calin frame of mind. There was a clenching of his fist, a knitting of his brows, and a gathering blackness in his eyes, as he listened while Katy, rousing partially from her lethargy, talked of the days when she was a little girl, and Morris had built the play-house for her by the brook, where the thorn-apples grew and the waters fell over the smooth white rocks.

"Take me back there," she said, "and let me lie on the grass again. It is so long since I was there, and I've suffered so much since then. Wilford meant to be kind, but he did not understand or know how I loved the country with its birds and flowers, and the grass by the well, where the shadows come and go. I used to wonder where they were going, and one day when I watched them, I was waiting for Wilford and wonder any if he would ever come again. Would it have been better if he never had?"

Wilford a body shook as he bent forward to listen, while Katy continued:

"Were there no Genevra, I should not think; so, but there is, and yet Morris said that made no difference."

A BLESSING TO CHILDREN.

Strong words, but truthful, and the experience of a mother who has thoroughly tested the value of Baby's Own onghly te virtue. I carried her in my heart across the sea, and said when I go back I will esk her to be mine. I went back, but at my first meeting with Katy after her return from Can-

Katy was satisfied, and closing her eyes fell away to sleep again, while Morris made his preparations for leaving. It hardly seemed right for him to go just then, but the only one who could have kept him maintained a frigid silence with regard to a longer stay, and so the first train which left New York for Springfield carried Dr. Grant, and Katy was without a physician.

Wilford had hoped that Mrs. Lennox, too, would see the propriety of accompanying Morris, but she would not leave Katy, and Wilford was fain to submit to what he could not help. No explanation whatever had he given to Mrs. Lennox or Helen with regard to Genevra. He was too proud for that, but his mother had deemed it wise to smooth the for that, but his mother had deemed it wise to smooth the matter over as much as possible, and enjoin upon them both the necessity of secrecy.

"When I tell you that neither my

"When I tell you that neither my husband nor daughters know it, you will understand shat I am greatly in earnest in wishing it kept," she said. "It was a most unfortunate affair, and though the divorce is, of course, to be lamented, it is better that she died. We never could have received her as our equal."

"Was anything the matter except that she was poor?" Mrs. Lennox asked, with as much dignity as was

then, no. She had a good educa-then, I believe, and was very pretty; but it makes trouble always where there is a great inequality between a husban d's family and that of his wife."

wife."

Poor M. s. Lennox understood this perfectly, but she was too much perfectly, great lady to venture afraid of the a reply, and tear rolled down her a reply, and the wished she had Katy's head, and gher whose famback again the day of course liy the Camerons des. ted at what he wilford chafed and fret himself so could not help, making thelen at generally disagreeable the misself so could not help, making thelen at generally disagreeable the misself so could not help, making thelen at suggested returning ho. his part, was a faint remonstrance on her deput Helen did not waver in a fixed cision, and the next day was.

"You don't know how I dread you going, or how wretched I shall be without you," Katy said, when for a few moments they were alone. "Everything which once made me happy has been removed or changed. Baby is dead, and Wilford, oh! Helen I sometimes wish I had not heard of Genevya for Lang atraid it can next and the control of Genevay for Lang atraid it can next and the control of Genevay for Lang atraid it can next and the control of Genevay for Lang atraid it can next and the control of the cont

I sometimes wish I had not heard of Genevra, for I am afraid it can never be with us as it was once; I have not the same trust in him, and he seems to changed."

As well as she could, Helen com-forted her sister, and commending her to One who would care for her far more than earthly friends could do, she bade her good-bye, and with her mother went back to Silverton.

CHAPTER XXXVIII.

Wilford was in a most unhappy frame of mind. He had been humbled to the very dust, and it was Katy who had done it—Katy, towards whom his heart kept hardening as he thought over all the past. What right had she to go to his mother's after having once declined or being after having once declined or being after having once declined; or, being there, what right had she to listen and thus learn the secret he would almost have died to keep; or, having learned it, why need she have been so much excited, and sent for Dr. Grant to tell her if she were really a wife, and if not to take her away That was the point which hurt him most, for added to it was the galling fact that Morris Grant loved his wife, and was undoubtedly more worthy of her than himself.

her than himself.

"She had no right to complain of me," he thought, forgetting the time when he had been guilty of a similar offence in a more aggravated form. He could not reason upon anything naturally, and matters grew daily worse, while Katy's face grew whiter and her voice sadder in its tone.

When the Lenten days came on, oh how Katy longed to be in Silverton—to kneel again in its quiet church, and offer up her penitential prayers.

new Raty longed to be in Silverton,
—to kneel again in its quiet church,
and offer up her penitential prayers
with the loved ones at home. At
last she ventured to ask Wilford if
she might go, her spirits rising when
he did not refuse her request at once,
but asked:

"Whom do you with to see the

Whom do you wish to see th most?"

His black eyes seemed reading her through, and something in their expression brought to her face the blush he construed according to his jealousy, and when she answered: "I wish to see them all," he retorted: "Say, rather, you wish to see that doctor, who has loved you so long, and who but for me would have usked you to be his wife."

and who but for me would have usk-ed you to be his wife!"
"What doctor, Wilford? whom do you mean?" she asked, and Wilford replied:
"Dr. Grant, of course. Did you

"Dr. Grant, of course. Did you never suspect it?"
"Never." and Katy's face grew very white, while Wilford continued:
"I had it from his own lips: he sitting on one side of you and I upon the other. I so forgot myself as to charge him with loving you, and he did not deny it, but confessed as pretty a piece of romance as I ever read, except that according to his story, it was a one-sided affair constory, it was a one-sided affair co

dreamed of it, he said."
"Never, no never," Katy said, panting for her breath, and remem-

bering suddenly many things which confirmed what she had heard. "Poor Morris, how my thoughtless-ness must have wounded him." she murmured, and then all the pent up passion in Wilford's heart burst out

in an impetuous storm.

He did not charge his wife directly with returning Morris's love; but he said she was sorry she had not known it earlier, asking her pointedly if it were not so, and pressing her

for an answer, until the bewildered creature cried out: "Oh. I don't know. I never thought of it before."

thought of it before."
"But you can think of it now,"
Wilford continued, his coid, icy tone
making katy shiver as, nore to herself than to him, she whispered:
"A life to him, she whispered:

'A life at Linwood with him would be perfect rest, compared with this."
Wilford had goaded her on to say
that which roused him to a pitch of

Legs so Swelled He Couldn't Walk

This case of Mr. James Treneman, the well-known butcher of 536 Adelaide Street, London, Ont., is another proof that Dr. Chase's Kidney-Liver Pills are effective in the most severe and complicated diseases of the kidneys.

Mr. Treneman states:—"Two years ago I was laid up with kidney disease and urinary troubles. Besides the pain and inconvenience caused by these troubles, I became dropsical, and my legs would swell up so that I could scarcely go around at all. Hearing of Dr. Chase's Kidney-Liver Pills, I procured a box and continued the use of this valuable medicine until now I can say for a certainty that I am entirely cured. I never took any medicine that did me so much good, and am firmly convinced that if it had not been for this medicine I would not be working to-day."

These pills act directly on the kidney.

"Well, no. She had a good education, I believe, and was very pretty; it makes trouble always where there is a great inequality between a there is a great inequality between a d's family and that of his hut she was too much perfectly, are alraid of the great lady to venture a reply, and a treat rolled down here a reply, and a treat rolled down here a reply, and a wished she had karty's head, and wished she had karty's head, and wished she had located, and then there came stealing into her heart a glad feeling that Morris deemed her worthy of his love when she had so often feared the contrary.

"Poor Morris," she kept repeating, "Poor Morris," she kept repeating, while little throbs of pleasure went dancing through her veins, and the world was not half so deary for knowing he had loved her. Towards Wilford, too, her heart went out in a fresh gush of tenderness, for she lenew how one of his jealous nature must have suffered.

Better to Walt.

awyer—Madam, it was I who up your late husband's will, dren i it he particularly requested and in u should not marry again,

but I—

h, dear, Mr. Saunders,
Widow—

Ter has quite overcome
your kind o. 'n't it be more seemly
me, but would be period of mournto wait until to
ing has expired
the engagement.

Eight cents a pound what a young woman paid for what a young woman paid for pounds of flesh.

paid one dollar for a bottle of Scott's Emulsion, and by taking regular doses had gained twelve pounds in weight before the bottle was finished.

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Two of Aylmer, a nice little home for a smally
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Estate Broker, Brown House Block, Aylmer,

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DR. B. J. KENDALL CO., ENOSBURG FALLS, VT

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HOR SALE.—An excellent lt. 2.4. Covenhagen, being lot 13, co. 2.4. frem enus 24 x 36, drive house 52 x 10, barn 3 x 50. For turther porticitating John Miller, Real Estate Agent, Brown, Brown, Block, Avimer.

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