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he material provided comparatively ensive, we are apt to overlook the wastes which occur in the transformation of the different kinds of grain into ry, but which aggregate quite a sum. It is absurd to expect any.

Be opinion that corn is a very nourished for fowls is so universal that no ear thought is given to the matter.

ing. The advantages of the warm in winter, when much food goes rd producing animal heat to withstand d, are twofold-from the direct of the warmth and the slower action food itself, to say nothing of the act that the content produced by hing food will result in more eggs, en thoroughly at home will lay more than a discontented one. We have med the experiment ourselves, and that feeding boiled corn does and it is as the result of experience we offer this plan to our friends.

Improved Farm Gate.

art of the gate over the roadway, and ening, a person merely takes a por-f the weight of the gate and slides the a couple of feet, when it is balanced s. This arrangement is shown in the ration from a sketch by F.C. Farnham, with a three-fourth inch bolt, over a to run the gate. That part of the ble thickness of inch stuff. The gate shut in between two posts set far o admit the end of the gate readily. events the wind from moving the which is as solid as any part of the Make the rail of the gate, which

nd on this supporting piece.

Clear the Fence Rows.

ess. Sometime they mean to cut to drink much water.

The Jersey a Business Cow.

n we engage in the business of butairying we need cows that will make nost butter from a given amount of We want these cows to be hearty rs, to be easy milkers, giving very rich to be gentle, not too large in size, early y we have just such a cow.

Easy, Rich Milker-The business cow laughter.

Boiled Corn for Poultry.

The breeding of poultry, as in all other sits, a little care and forethought inbly return an apparently disproporte result. In the rearing of poultry, as the expenditure on each fowl is small the matter.

Cow. It appears to me that the extra weight in a dairy cow, over and above what is necessary for her to do the best work, must be fed at a great loss, because it is fed for many years before it is sold. This proposition, it would seem, cannot be successfully controverted. The business cow must pay every year of her dairy life, and weight in a dairy cow, over and above what is necessary for her to do the best work, must be fed at a great loss, because it is fed for many years before it is sold. This proposition, it would seem, cannot be successfully controverted. The business cow must pay every year of her dairy life, and weight in a dairy cow, over and above what is necessary for her to do the best work, must be fed at a great loss, because it is fed for many years before it is sold. This proposition, it would seem, cannot be successfully controverted. The business cow must pay every year of her dairy life, and weight in a dairy cow, over and above what is necessary for her to do the best work, must be fed at a great loss, because it is fed for many years before it is sold. This with the snow four feet deep, while as other times the troops took to the blizzard-swept ice of Lake Superior. But they do not not constitute to the proposition of the many years before it is sold. This proposition, it would seem, cannot be successfully controverted. The business cow must be fed at a great loss, because it is necessary for her to do the best work, must be fed at a great loss, because it is necessary for her to do the best work, must be fed at a great loss, because it is necessary for her to do the best work.

THE CANADIAN MILITA.

The dian Pacific Railway. Part of the march lay we can be a great loss, because it is necessary for her to do the best work.

The control of the march lay we can be te result. In the rearing of poultry, must pay every year of her dairy life, and the expenditure on each fowl is small we can't afford to wait till we kill her to

er thought is given to the matter.
yone should suggest that corn would sier of digestion if soaked or boiled time; and our Jersey will not dissapoint sier of digestion if soaked or boiled buld likely receive the answer that was not hard for birds to digest.

Swallow stones and other hard substantials without detriment. A moment's earlier. This early breeding is so much time gained. When we make a business the however, will convince that the soon as possible and in the dairy business. ones and the grist are two different so, and feeding hard grain, although as yenture we endeavor to make it pay as son as possible, and, in the dairy business, and feeding hard grain, although actly like feeding the millstone with es, bears a certain likeness to it. soon as she begins her work. A dairy cow must also be a regular breeder. We want to arrange our calving periods to suit our business; and a cow that is a regular and business; and a cow that is a regular and business; and a cow that is a regular and business; and a cow that is a regular and business; and a cow that is a regular and business; and a cow that is a regular and business; and a cow that is a regular and business; and a cow that is a regular and business; and a cow that is a regular and business are comparatively mild. In the gar,

business; and a cow that is a regular and business; and a cow that is a regular and but in reality little time need be, as before going the rounds of the, a little hot water may be poured the grain, a tight cover put on the e, and the whole placed over the stove, by the time your rounds are comed, the corn will have become steamed nellow and will have lost none of its qualities.

Musiness; and a cow that is a regular and some than one that is unreliable in this respect.

A Cow That Works for Many Years—
When we get a machine that does excellent work, our first thought is, "Will it be durable?" If it wears out after a few years of use it may be too expensive. Our business cow is a machine, by the use of which we expect to make money, and she must be a durable machine, for we cannot afford to milk her a few years and then replace her with another. The Jersey cow not only begins her work at an early age, but she continues to work—and work profitable.

Business; and a cow that is a regular and months at a time, while in other sections the winters are comparatively mild. In the garrisons located in the moretemperate por ions of the country the regulation winter uniform of the British army is worn, but in the Northwest and in some of the provinces fur coat, gauntlets, and moccasins form portions of the equipment; wooden stirrups of the requirement; wooden stirrups of the requirement; wooden stirrups of the requirement; wooden stirrups and everything is provided with a view to affording the greatest possible comfort and the least impediment to freedom of movement. In Winnipeg and many of the sakatchewan district the cold. she will have to be expended in egg fitably—till she becomes very old—[Prize Essay by A. L.Crosby.

> RECOLLECTIONS OF THE WILD LIFE.

An Indian Boy's Training. when he listens to the songs of war, the songs of the chase, and the songs, of the "Great Mystery," or Wakantanka; and these are the lullables which we heard in our the more temperate portions of the Domininfancy. Of course there were some boys who were deprived of the training they needed, even in wild life; but the true and of 1000 Mounted Police, 1000 regular troops, I tell you 'Lias, you'll be 'n disgrace.

parted mouth and shining eyes. On the following evening he was usually required coast.

Indian children's "instincts." To be sure The weather, however, makes no difference we inherited some of the characteristics of in the duties of these hardy troopers, and our ancestors, but the greater part of our their constant vigilance has been the price faculties we had to acquire by practice. All of the safety of the settlers.

ashes, but the work is put off from to time because other work seems and strict teacher. When I left his teepee portant. Such thickets about fields for the day, he would say to me: " Hakada important. Such thickets about fields uking-places for animals and foul from which much damage can be extorous crops, to say nothing of intof soil given up to them. There is the only great wastefulness in such farmbut it gives a farm an untidy, slovenly which ought to be avoided. This is bd "cleaning-up time," and it would good plan to cut down the bushes good plan to cut down the bushes name them according to the color, or habits, the fences now, and have the land or the shape of the bill, or their song, or have injuriously occupied so long in the appearance and locality of the nest—in pe for use next spring. the appearance and locality of the nest—in fact, anything about the bird which impressed me as characteristic. I made many ridiculous errors, I must admit. He then

> Occasionally I made a hit, and this he would warmly commend. -[St. Nicholas.

usually informed ine of the correct name.

In order to remain youthful in appearance, the body must be free from disease, regular breeders, and able to do good the mind cheerful and happy. The pre- neers, 90; cavalry, 2,038; artillery, 3,100 in the dairy for many years. In servation of a pleasant expression of courinfantry, 28,619.
The whole force is under the command of wrinkles. The emotions of the mind stamp | Major-General Ivor Herbert, and the coun-Hearty Feeder-The Jersey cow is themselves in the features. The indul- try is divided into twelve military districts, it as being a hearty feeder, and a hearty serior ill-temper, fretting over the minor aggra ations of life and little jeal ousies for administrative purposes. The regular forcative of feed but a large quantity of feed. It is the feed that makes beauty which must be combined with the but the militia has still nothing more effective.

beauty which must be combined with the physical charms in order to keep the face milk and in order to make plenty of milk the cow must eat plenty of cich milk the cow must eat plenty of wrinkles must be combined with the cow tive than the old Snider "gas pipes." The former also wear the valise equipment, but the wolunteers have the old back-breaking knapsack.

The only occasion on which the Canadian forces have had an opportunity to distinguish themselves, since their organization upon the present basis, was during the borne, dry on a soft towel, and follow by a gentle massage with the palms, smoothing the hord washing.

The only occasion on which the volunteers have the old Snider "gas pipes." The former also wear the valise equipment, but the wolunteers have had an opportunit

be one that can be quickly milked, the milk must be rich; these two qualions will commend themselves to every laws the bloom of youth will linger late.

Pacific Railway was only partially completed and a break several hundred miles in width occurred just north of Lake Superior.

Across this the troops from Ontario and the

of work, and she must do that work | The Westminster Gazette says Lord Rosethan any other kind of cow. She bery's dominant ideal is colonial expansion do be a cow for one kind of dairy busing and Imperial unity, coupled with a sincere in order to be a good business dairy belief in democracy.

belief in democracy.

belief in democracy.

belief in democracy.

cap and on their way to cross the terning for walls or for regarding the colonial expansion and intervaned between the capture of the cap. Scientific American.



THE MOUNTED POLICE for the equipment of artillery in winter posts of the Saskatchewan district the cold that has yet been discovered. is intense at times, the thermometer ranging as low as forty or fifty degrees below zero. In Ontario, Quebec, New Brunswick, British Columbia, and the country which gets

The Kodak Fiend-Oh, doan' go out, 'Lias, doan' go out, For de kodak flend he's all about; the benefit of the warm "chinook" winds, The training of the Sioux boy begins the climate is quite mild in comparison.

loving parents were as ambitious and hope and about 33,000 active militia. Previous No. doan' go out 'Lias, doan' go out, ful for their children as any civilized and to the confederation of the previnces in For de kodak flend he's all about; way the gate should be twenty feet
This allows for six feet to balance part of the gate over the roadway, and race. Almost every evening a myth, or a legend of some deed done in the past, was narrated by one of the parents or grard-parents, and to it the boy listened with parents, and to it the boy listened with parents or grard-parents, and to it the boy listened with parents or grard-parents.

to repeat it. If he was not an apt scholar, he struggled long with his task; but, as a rule, the Indian boy is a good listener and has a good memory, so that the stories were tablished. In 1873 the nucleus of the tolerably well mastered. The household became his audience, by whom he was alternately criticized and applauded.

This contricts well and applauded.

This contricts well and stress well as stress of the Mounted Police force was formed for the protection of the territories of the North-land well and stress well as stress well a became his audience, by whom he was alternately criticized and applauded.

This sort of teaching at once enlightens the hoy's mind and stimulates his ambition. His conception of his own future career becomes a vivid and irresistible force. Whatever there is for him to acquire must be acquired; whatever qualifications are necessary to a truly great warrior and hunter, he must seek at any expense of danger and hardship. Such was the feeling of the most marked been increased from 300 to 1000 men. Though not under the control of the militia department, this splendid corps of troopers has done for the western plains of Canada the work that the United States cavalry have done on the frontier further south. The untutored savage has acquired a healthy respect for the Police, but one of the Most HAZARDOUS EXPERIENCES

Most HAZARDOUS EXPERIENCES

An' I do an' now reckon a single spot Dathe hasn't look' for, an' hasn't got.

W'en yo' Uncle Mose rode on de mule, An' brought de chil'en home fom school,—

Wid six pon' de small mule's holler back,—

De kedak flend went 'long his track,

An' just's dey reached de ole stone wall,

He sot 'is gun, an' he tuk dem all;

and hardship. Such was the feeling of the maginative and brave young Indian.

SECURE SLIDING GATE.

on the roller one foot lorger than the set; and nail to the two posts last mend a cross-piece, so that when the gate ut the latch end will hang clear of the latch end brave young Indian.

It becomes apparant to him early in life that the riders of the plains have often to undergo is being caught in the terrible blizzards that sweep over the prairies during winter months. The patrolman overtaken by such a storm has need of all his courage and skill to find his way back to the post.

Ness dey go in de edge of night, with nature. and skill to find his way back to the post,

these schools a troop, battery, or company of the regular forces is stationed, and these act as models for the militia in the district in which they are posted. Every militia officer is compelled to take a short course of instruction at the nearest military school of instruction at the nearest military school

before his rank is confirmed. The REGULAR CANADIAN TROOPS

compare favorably in drill, physique, and equipment with the best regiments in the imperial service. The strength of the permarent force at present, exclusive of the

be who milk them, and this, in turn, is ill reatment of the cows, which is a loss of butter fat in the milk; it res better care, for the gentle cow is the add and in other ways the gentle battion of the Jersey is one of her value characteristics.

The brow upward to prevent the formation of carly wrinkles; protect the face from the long-run. The uprising of the Metis took place in March of that year, when the weather was very severe, and long stretches of bleak and uninhabited wilderness lay between the available troops and the scene of operations. The Canadian beautiful and rejuvenate your soul with good, hearty Pacific Railway was only partially completlaws the bloom of youth will linger late but if you inpede respiration by tight clothing, diet on rich indigestible food, spend the beauty-making hours of the night in dissipation, clog the pores of the skin with poisonous cosmetic, s draw your fere work in the dairy she can be ned up for beef. Those men object to ersey because she is too small; she take beef enough. Ever since In to study the matter, I have been a gadvocate of the special purpose cow, want a certain kind of cow for a certain of work, and she must do that work.

The Westminster Gazette says Lord Rose
laws the bloom of youth will linger late. But if you inpede respiration by tight in dissipation, clog the pores of the skin with poisonous cosmetic, s draw your face into a frown except when you meet to company, and you worry needlessly, you will grow old in advance of the years. The crow's feet will come thick and fast; the silver threads will multiply by the score; and the skin will assume a sallow hue.

The Westminster Gazette says Lord Rose-

winter.

THE military authorities of countries such as Canada and Russia, says E. W. Morrison, in Harper's Weekly, have a serious difficulty to constitution of the serious difficulty to constitution.

With the snow four feet deep, while a cother times the troops took to the blizzard-swept incomes the troops took to the blizzard-swept incomes of Lake Superior. But they tramped along as if it was all in a day's work, and not a man dropped out of the ranks. And the only grumbling that was heard was from the corps that couldn't get to the troopt. Twelve battalions of infantry, half a dozen batteries of artillery, and several troops of

maneuvres. During the first month of the rebellion the movements of the troops were impeded by snow, especially the artillery, which had great difficulty in floundering through the drifts in the Touchwood Hills country even with six-horse teams. One of the most valuable results of these experiences was the invention of the gun-sled. Instead of resting on wheels, the gun and limber are placed on heavy bobs, the space between the runners being covered with sheet-iron turned up in front like a toboggan. This latter device prevents the sled from sinking into the snow by presenting a flat, tobogganlike surface which glides along easily. A battery can be changed from wheels to runners in a few minutes. No change of drill is required, and the equipment remains the same. ed, and the equipment remains the same. with other strong naval powers is always It is said to be the most serviceable device

You know yo' features mighty plain, An' he haunt de street an' de meader-He sets in de kyar w'en the kyar goes by, An' de railroad one, he's mighty sly; He doan' care w'eder you clean or not, An' he'll take yo' rags wight on de spot

An' be drove in front de goats an' geese, An' de ole lame sheep, wid his thick blac fleece;

Oh, de kodak fiend, he's sly an' mean, An, you can't go out near his machine,

An' I heache call his hooded thing "De School-Out, Mule-Back Blackberr; String."

W'en de sun an' de gun is out o' sight. -[Century.

How the Church Was Repaired-

that branch of the service. At each of You know how 'tis with immers, little ready Atlantic and home seas.

Last spring, we got about it Judge Simpson who lives in the city.

Give us five hundred dollars to fix things, and to birds than to venison of any sort al-We raised five hundred more in the church, and I think you will say 'twas well spent, You see as I was committee, we never wasted though the latter, hailing from Russia, has been available here and there for the last You see as I was committee, we never wasted

How much did I give ! W-a-a-l really, you see skill on the part of the cook and a large

-[Good Housekeeping. Not so Daft.

ing himself, so he went and exchanged the from Canada, where they are procurabl one for the other. Proceeding a little further along the road ern Europe.

scrarecrow's hat ?" The lad answered: "What's your business as lang's the man and me is pleased?"—[Spare Moments. preciated.

Artificial Stone,

Thirty parts of tin are dissolved in forty writer knows, is not eaten in England. parts of muriatic acid and thirty parts of sal ammoniac are added. A powder com posed of freestone fifty parts, zinc oxide-twenty parts, pounded glass fifteen parts, powdered marble ten parts and calcined nagnesia five parts is prepared and made | was 18." into a paste with the liquid above mentioned. the Duck Lake fight and the burning of Fort Carlton was received troops were position may be used as a damp-proof coating for walls or for repairing stone work or for moulding statues or ornaments. -

MEDITERRANEAN FLEETS.

Sir George Baden Powell on England's Present Naval Strength in the Great Sea.

An English Admiral, in a recent magatine article, advocated an alliance between absorption, and consists in partially filling the English and American navies, and some the oil chamber of the lamp with small of the newspapers on the other side of the line flouted the proposal. There is nevertheless, excellent reason why the Ameritans a soft spongy core. The remaining

action of the government, and the alacrity with which the volunteer corps of Canada responded to the call to arms, enabled them to crush out the rebellion by the end of May, and prevented a general Indian up.

May and prevented a general Indian up.

an interesting question to her people, and it possesses scarcely less interest to us. dealing with England's naval strength in the Mediterranean, the writer being Sir George Baden-Powell, a name not unknown o Canadians, possesses more than usual importance at a time when the effectiveness of that right arm of Imperial power is being questioned. Sir George, who is a member of Parliament, believed he would be doing more to guard the interests of his Liverpool constituents by spending a winter among the Mediterranean naval stations than in the most zealous attendance to his duties at St. Stephen's. He accordingly carried out his ideas in that respect, and in a col-umn letter he gives a first instaiment of his

Sir George begins by saying that the nav al policy is the most critical question before the country, and follows that up by the of far more importance to England commercially than it ever was, and that her of any other nation in that sea. It is of the large bunches on my neck so sore that I could first consequence, then, that peace, freedom and prosperity should dwell there. These, however, have at times to be commanded and for that purpose an effective and

is necessary. Sir George does not think that England at prezent possesses a fleet of that character in the Mediteranean. He says that the best naval authorities agree that the true practical test of "relative naval strength" lies in the possession of battle ships, and, taking this as a test, he gives the following figures of the effective battleships of fifteen knot speed possessed by the property of the strength of the st essed by the seven Mediterranean power in that sea at present: - Greece, three: Turkey three; Austria, three; Russia, four; Italy, ten; France, thirteen; Great Britain, eleven; Russia and France have also material additions on the stocks to their lists of battle

Greece and Turkey are dismissed from the calculation. Italy has a fine fleet, and, combined with her commanding geographical position, would play a leading part in Mediterranean affairs. Sir George found the Russian fleet established at Poros, a job lot of Ouff Buttons, Scarf Pins, Chains. &c. which I offer at your faculties we had to acquire by practice. All the stoicism and patience of the Indian are bushes from ten to fifteen feet wide the road and line fences. They form they border. It seems strange that they border. It seems strange that farmer should allow such a condition ings to exist, but many do from sheer.

Somewhar and to acquire by practice. All the stoicism and patience of the Indian are acquired traits. Physical training and dieting were not neglected. I remember I was not allowed to drink beef soup or any they border. It seems strange that farmer should allow such a condition ings to exist, but many do from sheer.

About 1883 a permanent corps of infantry was formed, and infantry schools for the settlers.

In 1873 the Kingston and Quebec artillery schools were founded, and in 1875 the soup was established at Poros, a job lot of Cuff But the stoicism and patience of the Indian are the stoicism and Quebec artillery schools were founded, and in 1875 the soup was established at Poros, a job lot of Cuff But the stoicism and patience of the Indian are the stoicism and Quebec artillery schools were founded, and in 1875 the Russian fleet established at Poros, a job lot of Cuff But the stoicism and patience of the Indian are the Russian fleet established at Poros, a job lot of Cuff But the Russian fleet established at Poros, a job lot of Cuff But the stoicism and patience of the Indian are the Russian fleet established at Poros, a job lot of Cuff But the Russian fleet established at Poros, a job lot of Cuff But the Russian fleet established at Poros, a job lot of Cuff But the Russian fleet established at Poros, a job lot of Cuff But the Russian fleet established at Poros, a job lot of Cuff But the Russian fleet established at Poros, a job lot of Cuff But t About 1883 a permanent corps of infantry was formed, and infantry schools for the training of the volunteer officers and non-commissioned officers have since been established at Fredericton, New Brunswick, St. John's, Quebec, Toronto, and London. Calvary schools have also been established in Toronto and Winnipeg for the training of the volunteer officers and non-coms. in that branch of the service. At each of British position. It should be the base of a powerful fleet, guarding equally the Western Mediterranean and the eastern

ETROPEAN GAME.

Varieties of Wild Fowls and Animals that Grace London Tables.

Hitherto the term Russian game, as used in the London markets, has applied more though the latter, hailing from Russia, has see it become more easily procurable ; it Mounted Police, which is nominally a civil body, is: cavairy, 158; artillery, 426; infantry, 428. The active militia consists of over 33,000 men, divided as follows: engineers, 90; cavairy, 2,038; artillery, 3,100; infantry, 28,619.

The whole force is under the command of choice of materials. Of course we all know as I was committee

And Judge Simpson done ro well by us—him
as lives down in the rity—
I didn't seem called to five money, but I've
given much talk and some prayers,
For I'd told the Lord in prayer meetin', for
years, how much we needed repairs.
—[Good Housekeeping.]
—[Tood Housekeeping.]

The North of Germany yields wild boar and abounds in deer and roebuck, which Beaverton, Nov. 12, 1893. figure in German culinary works and menus under the names of reh and hirschbraten A lad who had the name of being half- etc., and which in French are called daim witted was one day walking along the turn- and chevreuil. From Russia comes the pike road when he espied a scarecrow with a hat on its head, which he noticed was in prepared with a sauce a l'orange. Elk or better condition than the one he was wear- moose is also to be had in Paris, presumably but also hailing from some parts of North

he met the farmer who owned the scare-crow, who at once took in the situation and exclaimed:

Moreover, Russia sends us partridges and pheasants and her gelinottes (hazel hen) are delicious. German grouse are by no "Hey, man, what are ye deeing wi' my means to be despised, and the Scandinavian capercailzie and its varieties are becoming well known, the kind called by the French

> Another bird easily obtainable in France and coming under the heading of game is the outarde or bustard, which as far as the

> "No, I haven't the faintest idea of her age." "I thought you had been friends since childhood?" "That's just why I am so uncertain. You see, ten years ago she

Nor in sheet nor in shroud they wound For he monkeyed with the dynamite

And his comrades never found him.

No useless coffin inclosed his breast,

A Safety Paraffin Lamp.

A method of rendering paraffin oil or spirit lamps safe against accidental explosion or fire through being overturned has been devised by a Mr. Howarth, of London, England. It is based on the principle of absorption, and consists in partially filling substance of a fine porous nature, which forms a soft stongy core. The remaining serious difficulty to contend with in providing winter uniforms that will protect the troops against a climate of almost Arctic severity, and vet not materially and socuts were ordered out for export, should be solicitous that the road to Britain across the high seas should be unobstructed. Her forty or which the flame is produced through the which the alabority or which the flame is produced through the velocity and socuts were ordered out for export, should be solicitous that the road to Britain across the high seas should be unobstructed. Her forty point at which the flame is produced through the velocity and socuts were ordered out for export, should be solicitous that the road to Britain across the high seas should be unobstructed. Her forty point which the flame is produced through the velocity of the food that is of the wearers. In the Dominion of Canada the comparatively small force of regular troops at the disposal of the governmentis distributed over a very large territory, in some parts

Others Failed

Scrofula in the Neck-Bunches ACE



"C. I. Hood & Co., Lowell, Mass.: in favor of Hood's Sarsaparilla. For five years statement that the Mediterranean is now I have been troubled with scrofula in my neck and throat. Several kinds of medicines which I tried did not do me any good, and when I com-'foreign" trade is greater than that menced to take Hood's Sarsaparilla there were

Hood's Saria Cures not bear the slightest touch. When I had taken one bottle of this medicine, the soreness had gone, and before I had finished the second the bunches had entirely disappeared." BLANCHE | lpied at the lowest possible rates ATWOOD, Sangerville, Maine.
N. B. If you decide to take Hood's Sarsapa-

rilla do not be induced to buy any other. Hood's Pills cure constipation by restor-

CURE DIG BESTE YOU TO SLEEP CLEAR LONG LIFE SKIN STRONG AYER'S SARSAPARILLA

whose constitution was completely broken down, is cured by Ayer's Sarsaparilla. He writes:

"For eight years, I was, most of the time, a great sufferer from constipation, kidney trouble, and indiges. tion, so that my constitution seemed to be completely broken down. I was induced to try Ayer's Sarsaparilla, and took nearly seven bottles, with such excellent results that my stomach, bowels, and kidneys are in perfect condition, and, in all their functions, ad regular as clock-work. At the time I began taking Ayer's Sarsaparilla, my weight was only 129 pounds; I now can brag of 159 pounds, and was never in so good health. If you could see me before and after using, you would want me for a traveling advertisement. I believe this preparation of Sarsaparilla to be the best in the market to-day."_

Ayer's Sarsaparilla Prepared by Dr. J. C. Ayer & Co., Lowell, Mass.

Cures others, will cure you

D. M. SMITH

THORAM, MARA and RAMA

Sales attended, Blanks and Bills sup-

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Point Mara,

8, Thorah, ID!