



dishes, yet they are seldom found on our tables. An old Virginia recipe for spiced beef makes a dish so unlike that which usually bears this name that it ought to be rechristened. It is as follows:

Take a sirloin or rump piece of beef that has been in pickle about eight days and put it in a kettle of cold water over a slow fire; skin thoroughly, put in a lemon cut in two, with seeds removed, two bay leaves, a dozen small peppers and two table-spoonfuls of tarragon vinegar. Let it boil slowly until tender and then remain overnight in the water in which it was cooked. Then remove from the water, cover with a plate and a heavy weight.

Spiced beef tongue is a good summer dish and a ham mousse will not only vary the monotony of cold, sliced ham but will use up odds and ends. Soften a large tablespoonful of gelatin in enough cold water to cover, pour over it a cupful of boiling stock, stir until dissolved, strain and pour the liquid over two cupfuls of chopped ham, stand aside until it begins to congeal, then fold in a cupful of whipped cream and turn the mixture into a wet mold; serve, when hard, on lettuce. Other

appetizing meats for summer are meat loaves, chicken and lamb chops. We hear much about meat substitutes for hot weather. If you will add a cupful of chopped nuts to your potato salad or make for it a cheese dressing, or stuff your tomatoes with bread crumbs and grated cheese, you can feel satisfied that your family are getting the elements they must have to be strong.

A substantial and new way to serve stewed tomatoes as a substitute dish is to pour them when at the boiling point into a dish containing uncooked eggs, stir well with a fork, season and serve.

HOME CLUB

The Hoosier Poet

MEMBERS of the Home Club would learn with regret and experience a distinct sense of loss in the death of James Whitcomb Riley, the Hoosier poet, of Indianapolis, on July 22. In the early nineties there was no better known or

beloved poet among the people of rural Ontario than this sweet singer, and time has neither diminished his popularity nor tarnished his reputation as a sweet, sympathetic interpreter of rural life. As a dialect poet he was probably without a peer, and his poems reflect the real worth of this child of Nature. He was one of the few who, devoting their lives to poetry, gained a fortune, and is credited with receiving as high as \$25 per word for his verse. He was a voluminous writer, and his collected works run over a dozen volumes.

His poems breathe the atmospheres of the farm, and lure us to the open air; far from the busy haunts of men to a closer kinship with Nature; to pastures green and quiet sleep. Such poems as "The Old Swimm'n' Hole," "Little Orphan Annie," "The Raggedy Man" and "An Old Sweetheart of Mine" are universal favorites, and will live and keep their memory green in much of the "sublime" nonsense of the present day to be buried by the sands of time and forgotten in the great Sahara of the past. Below is given an extract from an old favorite by Riley.

When the frost is on the Punkin,
"When the frost is on the Punkin and the fodder's in the shock,
And you hear the kyouck and gabble of the struttin' turkey cock,
And the clockin' of the guineys and the cluckin' of the hens,
And the rooster's hallopoyer as he tiptoes on the fence,
O it's then the time a feller is a-feelin' at his best,
With the main' plan to greet him from a night of peaceful rest,
As he leaves the house, bareheaded, and goes out to feed the stock,
When the frost is on the Punkin and the fodder's in the shock.

There's something kindo bary like about the atmosphere,
When the heat of summer's over and the cooler fall is here—
Of course we miss the flowers, and the blossoms on the trees,
And the mumble of the hummin' birds and bustlin' of the bees,
But the air's so appetizin' and the landscape through the haze,
Of a crisp and sunny morning of the airy autumn days
Is a picture that no painter has the colors to mock—
When the frost is on the Punkin and the fodder's in the shock.

Then your apples all is gathered and the ones a feller keeps
Is poured around the cellar-floor in red and yellow heaps;
And your cider-makin's over, and your wimmern-folk is through
With their mince and apple-butter and their souse tnd sausage, too!

I don't know how to tell it—but of such a thing could be
As the angels wantin' boardin' and they'd call around on me
I'd want to 'commodeate 'em—all the whole—indurin' flock—
When the frost is on the Punkin and the fodder's in the shock."

—AUNT LOTTER

A good way to clean currants before using them for cooking, is to place them in a colander and set them in the sink under the tap, allowing the water to run over them for a few minutes. Rubbing them a little will help also.

It is all well and good to tell the buttermaker that he is doing good work, but patting him on the back and praising him does not buy the baby any shoes, and it would be far better for the buttermaker to give him an increase in salary, if he is earning it.

"If you will let me tell you how to do it, you see—"

Adare inter-upted his booming laugh. "You may find me Miriam lying away like wouldn't be was he'll turn out every pulse in an excitement for that the hot- the phine wouldn't ever, or does some for which him to prepare

CHAPTER

in his eagerness Philip had reached the fact it occurred without hat or a pair of indoor- would suit have of this other fact he not known that see him through partly opened the on Josephine. He turned room, threw on the sins on over the pers, caught up back to the door, and down. He held himself reached the cover- sooner was he than he began to hundred yards in took Josephine. He had come to snow, and she turn when he called he "You, Philip!" color deepening d "I thought you" the big room."

(Continue



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