

periodically be rinsed out. Under a strict observance of this treatment, the natural economy of our organization stands ready to defy dysentery, cholera morbus, or any disease of the bowels, such as so-called summer complaints, even challenging them to get a start, if they can, in our intestinal canal. All such forms of disease, as it must now be manifest, originate in the overcharging of the circulating fluids of the body with deleterious and poisonous substances picked up, as so often reiterated, by absorption, chiefly from the *colon*.

When these fluids thus become surcharged with disease-bearing germs, and have so acted upon the gastric juice at the seat of digestion as to force it also into the service of the destroying army, they combine not only to send their poisonous influences down the duodenum and along the small intestine, but they pour their acrid and cutting currents through a million invisible pores and channels of the mucous membranes of the entire intestinal canal, converting its normal and healthy secretion into semi-poisonous acid, thereby dissolving the intestinal contents into a burning stream of almost liquid lava, which oftentimes scalds away portions of the membrane itself, cutting and severing along its course the tiny blood vessels which centre therein, etc.,

These impurities thus finding their way into the vital fluids of the body, and being taken up by the assimilating tissue, give rise to such diseases as erysipelas, asthma, pleurisy, diphtheria, pneumonia, and kidney troubles, with many others which could never effect a permanent cure.

As definite forms of disease, they must be excluded from the system as germs of poison and seeds of decay, which are their cause, rigidly from the circulation, by keeping the *colon* cleansed, and thus delivering from temptation the useful absorbents of the body, by keeping putridity as much as possible out of their way.

To cure such forms of disease, when they have taken possession of the organism, and after they have com-