

DIRECTIONS

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FINAL EXAMS!!!

Here are some guidelines for your intensive study sessions during the days before an exam:

1. Find out as much as possible about the test beforehand. Ask the professor what will be covered, what will be stressed, the style of questioning, how many items will be included, etc.
2. Be selective in what you study. Look for a pattern of organization in the material under consideration. Construct an outline with main ideas and supporting details, and reduce it to key words.
3. Consolidate information from chapters, articles, and lectures in a grid or creative pattern.
4. Try to recite ideas to be learned and remembered in your own words. Don't just re-read.
5. Review previous exams from the same course (see the library). Try to predict questions.
6. Consider the possibility of studying in groups of two, three, or four. Take turns asking each other questions that might be on the test.

Studying suggestion: Patterns can be used as a tool for reviewing for exams. A chapter or article or even an entire subject can be displayed as a pattern. Instead of merely re-reading notes and portions of the text, you can make the review process more active, involving, rewarding, and effective by creating patterned summaries of each chapter, article, or book that must be learned and understood for the test. Each pattern can be as unique and creative as you wish, in that you may use colours and arrows to link ideas and thereby make the information stand out vividly in your memory. Also, the pattern or mind-map allows you to draw together large quantities of information on one page. Your linear notes on a chapter in a textbook might span two to ten pages, but the pattern pulls all the main ideas together in one place.

For more information contact the Counselling & Development Centre, 145 Behavioural Sciences Building, 736-5297.

Counselling & Development Centre
Personal Counselling ♦ Groups and Workshops ♦ Learning Skills ♦ Learning Disabilities Programme ♦ Self-Change and Management Programme ♦ University Skills Series ♦ Self-Help Centre ♦ Community

Mental Health Consultation
For individual consultations on any aspect of Learning Skills, contact **James Fitchette** in 148 BSB, or call 736-5297.

SUMMER WORK/STUDY PROGRAMME

Students who are registered in 60% of a full course load during the summer term may wish to participate in the summer Work/Study Programme; that is, work part-time on campus. If you are interested, please contact the Financial Aid Office regarding the eligibility requirements and available positions. Counsellors will be pleased to assist you with any financial aid concerns you may have. For more information, contact the Financial Aid Office, East Office Building, D43. or call: 736-5006

Spring Hours for Health Services

May 1 - June 31
Doctors 10 - 1
Nurses 8:30 - 4
Allergy injections 9:30 - 12:30
201 Vanier Residence

OSAP

All students wishing to apply for the Ontario Student Assistance Programme (OSAP) for the Fall/Winter session are urged to obtain their 1989-1990 OSAP application from the Financial Aid Office in D43 East Office Building as soon as possible. The forms should be completed and returned to the Financial Aid Office promptly to allow sufficient time for processing prior to September 1989.

Official Winners Resume Writing Contest

Congratulations to:
1st Cathy Gibson \$100.00
2nd Katherine Jacobs \$75.00
3rd Nancy Worthington \$50.00

The following receive a Career Development Book prize:

Barbara Deuel	Scott Gilliard
Dan Silver	Lorrain Parker
Denise McLean	Jordan Silverberg

Thank you to all participants. Prizes must be picked up in person at the Career & Placement Centre no later than April 28, 1989.

HOUSING?HOUSING?HOUSING?

Need a place to live next year?
Here's a tip:

Start Early!

Visit the Office Campus Housing Office
124 Central Square

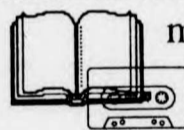


QUESTIONS?COMPLAINTS? CONCERNS?QUESTIONS?

York is a large and complex institution. Through the course of your studies, you may encounter difficulties where expert advice and assistance are needed. Such assistance is available from the University Complaint Centre or one of the designated **Complaints Officers** representing each college and faculty, and the library, as well as from special centres such as the Sexual Harassment Education and Complaint Centre, and the Race and Ethnic Relations Centre. For more information contact the University Complaint Centre, in the Office of Student Affairs, 124 Central Square, 736-5144.

Volunteer Opportunities:

The Reader/Taping Service in the Office for Students with Disabilities needs volunteers to read educational materials on to tape. This service is designed to assist individuals who cannot read print materials due to visual, or other disabilities.



For more information, call the Office for Students with Disabilities (101 BSB) at 736-5140.

NEED DIRECTIONS, ADVICE, ASSISTANCE?

DROP BY THE OFFICE OF STUDENT AFFAIRS
124 CENTRAL SQUARE
736-5144

The office hours are:
Monday to Thursday - 9:00 a.m. to 7:00 p.m.
Friday 9:00 a.m. to 5:00 p.m.

This is the last 'Directions' page until September, 1989. The Office of Student Affairs staff wishes you all the best on your exams, and have a safe and happy summer season.

