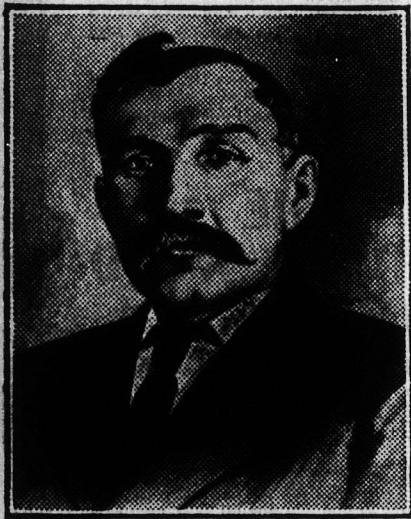


## BROTHER TOLD BROTHER

One Suffered for Fifteen Years, the Other for Thirteen.

The convincing powers of a testimonial were never more clearly shown than in the case of Mr. Hugh Brown. A brother, Lemuel Brown, of Avondale, N.B., read in the paper about Hon. John Costigan being cured by "Fruit-a-tives." Knowing the Senator would only endorse a medicine which had cured him, Mr. Lemuel Brown tried "Fruit-a-tives." They cured him of Chronic Indigestion and Constipation, so he urged his brother to try them.



Hartland, N.B., Oct. 28th, 1907.  
"Three doctors told me that I had Liver Disease and serious Stomach Trouble. My stomach was very weak. I took their medicines for thirteen years and grew worse. My brother (who was cured of terrible indigestion by "Fruit-a-tives" after suffering for 15 years), recommended me to try these wonderful tablets. I bought half a dozen boxes and have just finished the sixth. I eat all kinds of hearty foods without distress and am greatly improved in every way. "Fruit-a-tives" also cured the Chronic Constipation which was so distressing in my case."  
(Signed) HUGH BROWN.  
50c a box, 6 for \$2.50; a trial box, 25c. At dealers or from Fruit-a-tives, Limited, Ottawa.



Your Little Girl Can Do The Washing  
WITH THE  
"New Century" Washing Machine

It's far easier than churning or running a sewing machine. No rubbing—no work. Just turn the handle for 5 minutes and the clothes are washed—snowy white. Has a strong wringer stand that allows the water to drain right into the tub.

Price delivered at any railway station in Ontario or Quebec—\$9.50. Our booklet tells how to turn wash day into child's play. Write for free copy. 33  
Dowdell Mfg. Co. Limited, Hamilton, Ont.

## STOP DRUDGING

REGISTERED  
TRADE-MARK  
**3-IN-ONE**

FREE

Write for generous sample bottle and "the new way" to polish furniture, both free.

3-in-One Oil Co., 29 BROADWAY, NEW YORK

## Household Suggestions.

### Some Economies.

True economy consists in wasting nothing and making the best use of everything. It is not economy to make over goods that are so old and thin they will hardly hold the stitches, or to purchase a poor, cheap article, when for a very little more a really good article could have been procured.

On ranches where hired men are coming and going all the time there is apt to be quantities of partly worn shirts, overalls, sweaters and underwear that can be made over for the children, and be better than one would usually buy.

### SUITS.

A woman once showed me suits she had made for her little boy and girl aged five and three years, from two suits of heavy, all-wool, knit underwear. The underwear was gray and had fulled up in the washing before it had been used long. With diamond dyes for wool, one suit was dyed navy blue and the other cardinal. From the red suit she made for the little girl, a long coat, hood, leggings and mittens. The coat and hood were trimmed with strips of looped knitting made with chinchilla, Germantown wool.

### HOUSE SHOES.

An old felt boot, the legs of a pair of red German socks and some lamb's pelt that was the lining of an old coat, furnished the material for a pair of nice, warm house shoes that provided such a comfort to an old lady who suffered from cold feet. A pattern was taken from a shoe and then cut and sewed up first from old overall cloth and fitted. The tops were then cut from the socks, sewed up and buttonholed around the edge and up the fronts with black yarn. The edge that joined the soles was turned up and seamed and stitched. First, soles were cut from the felt boots, then from the lamb's wool, and sewed together with harness thread by hand, using an awl to make the sewing easier.

The tops were sewed over and over to the edge of the felt and through the sheep pelt. The sewing was done upon the wrong side. When turned, two buttonholes and two buttons closed each shoe. A pretty scallop was crocheted round the tops.

### SLUMBER ROBES.

A bright girl has been collecting old wool sweaters for the past year or more and is now using them up to make a large slumber robe. A bright scarlet one and one of light grey were left as they were, but a lot of all shades of red were dyed dark wine color, and some brown and tans were colored navy blue to match some that were already of that color. They were then cut into five inch squares, basted upon pieces of flour sacks the same size, seamed together and pressed. They will form a large slumber robe when finished and will have a row of scarlet and grey blocks near each end for a border. The whole will be lined with an old grey blanket and the edges buttonholed with grey yarn and a scarlet scallop crocheted into this. The seams were all briar-stitched with grey wool.

### STOCKINGS.

Re-footing stockings after they have been darned or patched beyond repair, but still have good legs, is a great saving. The feet can be made from old socks, stocking legs or pieces of knit underwear. It is well to carefully cut and fit a foot, then rip it up for a pattern. Sew up on the machine and then run the seams down flat. Spend an afternoon making new feet, and when you have a pair of stockings give out it is easy to sew on a pair of new feet.

### NIGHTDRESSES.

When making nightdresses I always make two pairs of sleeves for each

gown, as I find the sleeves wear out first. Every time I make shirts for men, I make an extra collar and pair of extra sleeves for each two shirts.

### SLIPPERS.

A whole family was supplied with crocheted slippers to wear evenings or when dressing. The material used was yarn, ravelled from a wool sweater. It was dark grey and each pair was crocheted around the tops with crimson wool ravelled from an old hood. Half inch red rubber was run in around the tops. The soles were made of lamb's pelt taken from an old coat, with several thicknesses of table oilcloth between it and the bottoms, which were made from old felt hats. The soles were bound with bias strips of old pants cloth. These are especially nice for children and even the men accept and wear them.

Raisins will be much easier to chop if a little sugar is sprinkled over them.

A simple and positive preventive of the ravages of moths is red cedar chips. Keep them in your wardrobes, closets, trunks, etc.

When rolling out cookie dough spread a thin white cloth over your board, sprinkle with flour and the dough will not stick.

Table oilcloth will last twice as long and present a better appearance if gone over with a thin coating of shellac.

A woman who always has fresh-looking sofa pillows covered them with dainty white lawn slips through which the colors gleam softly. These slips are frequently laundered.

The shops are now offering a most useful, as well as ornamental, contrivance that will bring joy to the housewife whose home cannot boast of the modern luxurious bathroom. A panel of wood or imitation tiling fitted with towel racks, soap and sponge holders, small shelves and other attachments can be procured for a moderately small price and will prove an untold convenience.

For coughs—Rub the lungs well, back and front with camphor oil, gum dissolved in olive oil. Apply very profusely and then cover with thick cloth. There is a recipe for rye flour soup considered very nourishing for one who has grown thin from a chronic cough. Take three pounds of good rye flour, wrap in a double napkin, put in water and cook for six hours, renewing the water as it evaporates. When the flour is cooled there will be a jelly-like substance surrounding the center. Remove the jelly, rub the remainder to a powder and take a teaspoonful for every plate of soup. No other ingredient will be required, as the rye flour has a good taste when thus prepared.

Memoranda. — Labor-savers in my kitchen (also nearly every room in the house) are a cushion with pins, a calendar, scissors, a pad with pencil attached, and a reliable clock. The alarm is set to remind me when baking a meringue, cake or bread. It also summons me at a given hour when working in my garden or caring for my poultry or bees.

A Pill for All Seasons.—Winter and summer, in any latitude, whether in torrid zone or Arctic temperature, Parmelee's Vegetable Pills can be depended upon to do their work. The dyspeptic will find them a friend always and should carry them with him everywhere. They are made to stand any climate and are warranted to keep their freshness and strength. They do not grow stale, a quality not possessed in many pills now on the market.



NONE BETTER MADE

## OPEN DOOR TO PROSPERITY

40 Acre Tracts

ADJOINING

MELVILLE

The coming metropolis of Western Canada. We have issued a prospectus telling all about this wonderful town. Your name and address on postcard will bring you the story. Write today.

The WALCH LAND CO.  
Lands, Mortgages, Investments,  
S.A. Land Warrants,  
517 Union Bank Building, Winnipeg, Canada.

## BENGER'S Food

is quite distinct from any other. It possesses the remarkable property of rendering milk, with which it is mixed when used, quite easy of digestion by infants, invalids and convalescents.

Benger's Food is sold in Tins and can be obtained through most wholesale Druggists and leading Drug Stores.

## A GIFT FROM THE OLD COUNTRY. PEACH'S LACE CURTAINS

Given away. LACE TABLE CENTRE. Sent FREE with Catalogue of Curtains, Muslins, Table Linen, Down Quilts, Carpets, Rugs, Furniture Knockdown makes for shipping. Ladies' Costumes Underwear, Shoes, Gents' Clothing, Hosiery, Boots, &c. Buy DIRECT FROM OUR MACHINES at first cost. 60 Years Experience. Patentes of "CONTINENT" Curtains, last longer cost no more. WRITE TO-DAY.  
CANADIAN MAIL PARCEL  
\$6.96 Half Parcel 1 pair each \$3.60 Postage Free.  
2 pairs Lace Curtains for Drawingroom, Ribbon & Floral Designs, length 3yds. width 60ins. 2 Lace Cushion Squares, length 3yds. width 54ins.  
2 pairs for Bedroom, dainty design, length 2yds. width 43ins.  
2 Toilet or Sideboard Covers and 10 Mats. White or Ecru. High in Quality. Low in Price.  
SAML. PEACH & SONS, The Looms, Box 655 NOTTINGHAM, England.

The Western Home Monthly is the Leading Paper in the West. 50c.