

 $\int F$ you could only see your skin as others see it, you would not feel so contented. You would realize just how much lovelier it could be.

Go to your mirror now and examine your skin closely. For the first time, really look at it as someone else would. Find out just what condition it is in.

Are there little rough places in it that make it look scaly when you powder? Is it sallow, colorless, coarse-textured or oily? Is it marred by disfiguring blackheads? Perhaps you will find its only flaw to be conspicuous nose pores.

Whatever the trouble is, it can be changed.

Your skin, like the rest of your body, is continually and rapidly changing. As *old* skin dies, *new* forms. This is your opportunity. You can make this new skin just what you would love to have it

Troubled with blackheads?

If your mirror shows you blackheads, apply hot cloths to the face until the skin is reddened. Then with a rough wash cloth, work up a heavy lather of Woodbury's Facial Soap and rub it into the pores thoroughly, always with an upward and outward motion. Rinse carefully with clear, hot water, then with cold—the colder the better If possible, rub your face for a few minutes with a piece of ice.

Do not expect to get the desired results by using this treatment for a time and then neglecting it. But make it a daily habit, and it *will* give you the clear, attractive skin that the steady use of Woodbury's always brings.

To correct an oily skin and shiny nose

First, cleanse your face thoroughly by washing it in your usual way with Woodbury's Facial Soap and warm water. Wipe off the surplus moisture but leave

If your bugbear 15 an oily skin and shiny nose, make this treatment a daily habit.



For sale by Canadian druggists from coast to coast the skin slightly damp. Now work up a heavy warm water lather of Woodbury's in your hands. Apply it to your face and rub it into your pores thoroughly always with an upward and outward motion of the fingertips. Rinse with warm water, then with cold the colder the better. If possible, rub your face for a few minutes with a *piece of ice*.

Make this treatment a nightly habit and before long you will gain complete relief from the embarrassment of an oily, shiny skin.

A 25c cake of Woodbury's Facial Soap is sufficient for a month or six weeks of either of these treatments. Get a cake today and begin tonight to get its benefits for your skin.

Write today for book of treatments

Send 4c and we will send you a miniature edition of the large Woodbury Book "A Skin You Love to Touch," giving all of the famous Woodbury skin treatments and valuable facts about the skin, which few people know, together with a sample cake of Woodbury's Facial Soap, large enough for a week of any of these skin treatments. For 10c we will send the treatment booklet and samples of Woodbury's Facial Soap, Facial Cream and Powder. Write today. Address The Andrews Jergens Co., Ltd., 2408 Sherbrooke Street, Perth, Ontario.