

DR. R. NEWMAN, Licensed Physician

better; one of us wanted ice cream, but that, with all the other things we had to buy, would make the Can't you come out to play?" dinner too expensive. Father heard us talking it oven and said Thanksgiving wouldn't be Thanksgiving And when I call to Mary if we didn't have mince or pumpkin pie; so mother made the piea delicious pumpkin pie-for him.

We wound up, of course, with coffee, raisins and nuts, in true I call him by a prettier name course-dinner style. Bouillon

Cream Asparagus in Bread Cases Roasted Leg of Mutton Cauliflower India Relish Cranberries Rye Bread and Butter Pumpkin Pie' Coffee

Raisins and Nuts Altogether the dinner was less expensive even in these high-cost Can my mocking-bird be dead? days than the one we had last year, If the song-birds go to heaven and it was every bit as good; for, after all, the more you spend in I know that he will call to her, thought beforehand the less you have to pay in the end.

DIFFERENT WAYS OF SERVING FISH.

Fillets of Salmon. 4 salmon steaks, one inch thick; 1 tablespoonful of oil; 1 tablespoonful of lemon juice; 1 tea-

spoonful of salt; pepper. Trim off the skin and wipe dry; sprinkle with salt and pepper and brushed with oil. Place in a quick school, it would be lots nearer." oven for from twenty-five to thirty minutes; remove from the pan landaise sauce

Halibut or Fresh Salmon, Egg

Sauce 3 pounds of halibut or fresh salmon; 1 cupful of milk; 2 teaspoonfuls of butter substitute: 2 tablespoonfuls of flour: 1 tablespoonful of salt; 2 teaspoonfuls of grated onion; a dash of white pepper; 1 hanging up on the end of a chain hard-cooked egg; 2 tablespoonfuls of finely chopped parsley.

Put the fish into a shallow pan

smooth and creamy. Add the chopped parsley, and the ward-cooked egg, which has been chopped fine. If desired the yolk and white may be separated; chop the white and add it to the sauce; then grate the yolk over the top of the dish.

How to Can Fish Skin the fish, remove all the bones and cut into convenient sized them. pieces to put into a jar; put the fish into a shallow saucepan, cover with boiling water, boil for five minutes, remove with a wire spoon. or skimmer, and put into a wellsterilized glass jar; pack the jar full by pressing down with the back of a tablespoon. Be sure the jar is full. Adjust the .rubber. which has been dipped in boiling water; put on the lid, but do not fasten tight; place on a rack in the boiler, surround with hot water to within an inch of the top, cover the boiler and bail for seventy-five minutes; remove, and fasten the top tightly. When cold store in a cold place. It is not necessary to add boiling water to the fish after it is put into the jar. This canned fish may be used for creamed fish on toast, deviled fish, fish cakes and fish salad.

My Recipe for Fish Cakes 4 cupfuls of boiled fish; 2 cupfuls of boiled rice or mashed potatoes; 2 tablespoonfuls of grated onion; Salt and pepper to taste; I egg; Bread crumbs; 1-2 cupful of cream sauce.

Put 'the fish and rice through the food chopper; add the onion, seasoning and cream sauce; mix well and form into small cakes; dip in corn meal, then in beaten egg Fry in deep hot fat. Serve on a them. Harry was only a little fel-were more witches in the world!' hot platter. Garnish with parsley. low, but he was no coward. He said Harry.

***************** For Our

Bedtime Stories.

THE CHILD AND THE BIRD

By Corinne Gould. I have a little playmate

Who lives across the way, And every day I call to her-These are the words I say: 'Ma-ry, Ma-ry, Ma-ry,

In the lilac bushes near me A catbird comes to stay, He mocks me every day: Ma-ry, Ma-ry, Ma-ry, Can't you come out to play?

"My Northern Mocking-bird" And his song to me is sweeter Than all others I have heard, Because he calls to her for me Corn Pudding | And she understands each word.

> My mother cannot hear him, But smiles, and shakes her head When I bid her stop and listen, Then tell me what he said.

This year he has not come to me And join the angels' lay. I can almost hear him say:

Ma-ry, Ma-ry, Ma-ry,

Can't you come out to play?' MAGIC

One day after Harry and Jane had been hearing stories about witches, they went for a walk in the woods near their home.

"You see," said Harry, "there" brush with butter and lemon juice; a path right through these woods put in a shallow pan that has been and if we could go this way to of blackberry jam. "But the witch!" cried Jane

then she laughed and looked looks good! See, Jane!" with a cake turner onto a hot plat- ashamed. "Georgie Smith said he

"Now, Jane," said Harry, "you making!" oughter be ashamed to believe such "I suppose your mother's put- part of this fact is that no one is mile (less than present cost), restupid stuff. You know witches are only pretend people, and how lady.

stupid stuff. You know witches are ting up jam, too, eh?' said the old more fully aware of this desire on presents a saving of \$21,000,000, the part of the public than Baron. In the eastern district a similar of a guarantee by the Canadian thought that five and six made of the public than Baron. The presents a saving of a guarantee by the Canadian thought that five and six made of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,000, the part of the public than Baron. The presents a saving of \$21,000,00 black pot in the woods when there isn't any stove to set the pot on?", isn't any stove to set the pot on?" over a fire," Jane replied. "Maybe he was just trying to fool me. Anyway, Georgie said he saw the witch ought to learn to make jam. See

short cut through the woods? Do stop talkin' about silly things. Jane," and Harry thought to him-

always scared about something. path while bunnies and chipmunks and learn to make jam?" or two, scurried away in front of eagerly.

"Don't you like this Jane?" asked Harry.

peered through the trees and crept begin." carefully along, and what did they see but a very old lady stirring a hustle and bustle! Their Dad was ished the most recent data on this big, iron pot, which hung on a just as anxious to surprise their problem—there were in the whole chain over a fire. Jane's big scared, blue eyes opened even wider, and Harry looked uncomfortable, too.

"The witch!" whispered Jane. emembering all the witch stories he had ever heard in his life. or anything!"

They were stepping softly away, when a high, cracked voice called: 'Who's that?"

The children squeezed each again. other's hands tight and crouched down in the ferns.

young scamps!" They heard footsteps come crack- pot." and milk, then in bread crumbs. ling through the bushes towards

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got up and stepped boldly out of witch, she would go, too.

There stood the old woman with a huge, wooden spoon in her hand, which was covered with red stuff, and Jane wondered if it was blood. "We-we're sorry we disturbed you," said Harry, touching his cap. "We didn't mean to!"

"Well, well," said the "witch," lonely, old soul like me and I took one. you for one of 'em. Come with me There are few acts which have or 289 miles. Eighty-nine miles price for a future crop, it is only

followed the old lady. There hung eral and unstinted approval than tween Fort Dodge and Chicago; ada than if undertaken in the the black pot, boiling and bubbling their recent action in deciding to 234 miles between southern Cali- United States, for the reason that them and Harry walked up and western lines and the Canadian peeped into the pot. It was full Northern railway, and so far as 9,000 cars were rerouted in a cer-

"Oh!" he cried. "Gee! That

ter; garnish with lemon and water. saw a-a-old witch stirring a big, pot. How their mouths did water. been able to include the balance ter; garnish with lemon and waterter; garnish wit nice kind of magic the old lady is the whole of the Canadian Pacific

"Georgie said that the pot was and we never have any jam."

"Aha!" eried the old lady, wipand cover it with boiling water; add the salt and the onion; boil for thirty minutes. Remove with a skimmer to a hot platter and pour the egg sauce over the fish.

**Egg Sauce:*—Put the butter substitute and grated onion into a saucepan; cook for three minutes, then add the flour; mix until smooth and creamy. Add the chop-

Jane's eyes and Harry's eyes

were popping out with surprise. | culture is convinced that for the self that girls were silly anyway, businesslike voice, "maybe you'd the interests of economic freedom like to give mother a surprise, eh? and justice, all railways, telegraph They tramped along the little How would you like to came here and express companies in the

"All right," smiled the old lady. 'First get your father to sign a bush in this declaration of the far augar card. Fathers of the country mers' platform, which, in plain "Yes, of course," Jane replied, want to save sugar, but they want and unmistakable language, then she cried, "Oh!" in a differ- the berries saved too, and so they'll mands the nationalization of the ent voice and pointed through the allow you to sign a card and buy entire railway system of Canada, twenty-five pounds of sugar all at for many reasons, which will be Harry looked, too, and saw a one time for canning. Then bring clear as the discussion proceeds gleam of something burning. They the sugar here and pick the berries but more particularly because of heard a crackle, crackle and smelt and get some glasses and jars and the example set in this regard by ENORMOUS RISK IN smoke! What could it be? They paraffine and we'll be all ready to many of the most progressive na

My, how those children did mother as they were, so they got world some 690,133 miles of rail the sugar and soon they were stir- way. Of this 33 per cent., or 225. ring the big, black pot.

name was Miss Gray and she was America there were in the same Grain Growers' locals throughout they soon learned to love.

Hope she can't ride on a broom ing jam, Georgie came and threw cent., owned by private corpora to grain growers at this time. a chestnut burr at Miss Gray. You tions. ought to have seen Harry chase him and then make him promise understandable declaration from Hart local, writes: "I am directed never, never to bother the old lady

"If she's a witch, I wish there United States."

OUR ORGANISED **GRAIN GROWERS**



Articles and items under this heading are edited by officials at the Central office of the "Sask. Grain Growers' Ass'n." "The Courier" gladly gives publicity to these articles, as this paper always has been and still is a strong believer in the cause of the organized farmers of the west.

People Surely Do Want Railroads to **Be Nationalized**

Farmers' Platform Makes This Quite Clear and Even C.P.R. Must See it.

his hiding place, and Jane followed nipeg, Baron Shaughnessy gave According to the Outlook article, him, because she decided that if expression to a statement, accord-during the last six months, as a re-Harry was to be stewed up by the ing to the daily press, which must sult of consolidating ticket offices Lord Shaughnessy said: "I should 000 per year. not be an opponent of nationaliza-

scamp after all. Maybe I scared he imagines that the desires of the you, eh? Well, there are some bad people of Canada, as expressed by children around here who find recent legislation to own and oper-pleasure in tormenting a poor, ate its own railways, is a fictitious Kansas City to Galveston has been war.

away. The old lady beckoned to take over the Grand Trunk Pacific fornia and Kansas City. their nationalization scheme, the miles. Jane ran up and peeped into the Dominion government has not

The Farmers' Platform.

In July, 1917, the Canadian Conneil of Agriculture issued "The Farmers' Platform," which was approved and adopted by the

"The Canadian Council of Agri "Now," said the old lady in a good of the commonwealth and in country should be taken over by and birds and even a little snake "'We'd just love to!" cried Jane the government and operated by it

in behalf of the people." There is no beating about the tions in the world.

"In 1913-the year that furn 712 miles, were owned by various They learned that the old lady's governments. Outside of North

one of the most representative by the members of the Hart local movements in Canada, it is quite to ask if the Saskatchewan Grain The jam was a great success and within the possibility of belief that Growers' association is taking any. lasted them all winter long. Jane Baron Shaughnessy is unfamiliar steps to have the price of wheat "I see you!" cried the high, said: "Miss Gray's our Fairy God- with the farmers' platform. But it set for 1919, instead of letting the cracked voice. "Come out, you mother, and she stirs up the best is not as easy to believe that he is market be thrown open. The memkind of magic in her big, black ignorant of the results of govern- bers of this association are in favor ment ownership of railways in the of having the price set for 1919.

year the United States government says:

took control of 2,905 railway companies, which owned or operated 397,014 miles of railways and employed 1,700,814 persons.

In the current issue of the "Out-Theodore H. Price, actuary of the United States railroad administration, Washington, who for many During his recent visit to Win- advocate of nationalization.

have appealed to his sense of and dispensing with freight solicihumor. In discussing the nation- tors, there has been a clear saving harvest is exceedingly involved Eastview Women's Grain Growers'

and I'll give you something nice!" been placed upon the Dominion have been cut off in freight ship- fair to bear in mind that the fin-Harry took Jane's hand though statutes during the last few years ments between Mason City and ancial risk of such action is infinshe still looked seared, and they which have received a more gen- Marshalltown, Iowa; 103 miles be- itely greater if undertaken in Can-

> there is any evidence to the contain western territory, effecting a to be borne, it would have to be trary the only "kick" which the saving in mileage travelled by each borne only upon a small percentpublic has registered is that in car, representing 1,754,614 car age of the wheat grown and mar-

The elimination of unnecessary represents an aggregate of 21,000,railway. And the most interesting 000 miles; which valued at \$1.00 a by the miller.

> ing of \$47,000,000. effected by the adoption of Union price, that thoughtful men will Other great economics have been depets and instead of a dozen trains running out of importantcities at the same hour, trains now run from central depots every hour much to the convenience of the travelling public.

brought about by standardization of cars and engines. In the former class twelve types are substituted for 2,023 formerly in the six types of engines now serve thirty engines were required.

The humanitarian aspect of the changes is also felt in a salutary way and deserve passing mention Women railway employees, who are doing the same kind of work as men, receive equal pay; while the color line, whereby negroes were treated little better than slaves, has been eliminated.

GUARANTEEING SET WHEAT PRICE 1919.

Mr. J. B. Musselman Aludes to Some of the Difficulties in the Way.

Enquiries baving been made by taking his little sister's hand and a very nice, kind, old lady, who One day, while they were makments and 174,000 miles, or 45 per dence will be of particular interest Under date of Sept. 12, E. E.

While this is a fairly strong and Peterman, secretary-treasurer of

In replying to the above, Mr. J. At the beginning of the present B. Musselman, central secretary,

Radical Cure for Nervousness

of the Heart, Uneasiness and Melancholy-will learn out of the pamphlet called "Jugendfreund" in which way the consequences of going astray during their youth, e. i. the sicknesses of Stricture, Pollution, Phimosis, Varicocele, Heruia can be absolutely curred within the shortest time.

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By ordering it will be appreciated if you mention "The Courier".

The Canadian council of agri- WOMEN COLLECT culture some six months ago, in ppearing before the board of grain supervisors for Canada, asked that the price of wheat for 1918

"The whole question of the fixing of prices for wheat of a future M. Porte, secretary treasurer of the alization of railways in Canada, in cost of management of \$23,000, and bristles with problems of the Association, forwarded to Central highest moment, both national and a cheque for \$115, as their contri-Rerouting of freight and dis-international. Quite unavoidably, bution to Red Cross work. tion if I thought the people really pensing with the old principle of the Canadian authorities must be Amongst those who subscribed to anted it."

Just as though anything of the Just as though anything the Just as the Jus kind could really happen, unless possible over their own roads, has authorities in relation to this matthe people demanded it. Really, resulted in an extraordinary sav- ter. But I am confident that the subscribed the sum of \$13.75. her head on one side. "I guess I Baron Shaughnessy cannot have ing in mileage. Freight from authorities in neither country will was mistaken. You aren't a young lived near to the earth of late if southern California to Ogden has throw the market for wheat open has been forwarded by Central to

> reduced from 1,121 miles to 832, the government guaranteeing a tion. in case of a guaranteed price by During a period of sixty days the United States government, if keted, principally within the country, assuming, of course, that for

process of elimination has effected government, if a heavy loss had to fifteen." another saving of \$26,400,000. Ac- be borne on that portion of our cording to the published statement of Director-General McAdoo the total unessential passenger train miles which have thus been saved would be guaranteed and so great are 47,000,000, representing a sav-is the peril of a really colossal loss by the Canadian government in the case of such guarantee of future hesitate before taking the responsibility of stating what price, if any should be guaranteed for future crops of this essential cereal."

MUCH MONEY FOR RED GROSS ASS'N

During an address many years be fixed and that a minimum be ago Miss Marianne Farningham, set for the 1919 crop. When asked an English lady who adhieved conby the chairman of the board to siderable fame as a poetess and look," there appears an interesting state, what in the opinion of the platform speaker, complained that council, should be the minimum her sex had become principally useprice to be set for 1919; the council ful as G. O. M's (gatherers of could not see its way to suggest money). Since that time, of course, what it ought to be. We were all the ladies have established their years has been a close student and of one opinion, however, that a rights to be regarded from a highminimum assured for 1919 in the er standpoint; but have not lost spring of 1918 would encourage their cunning even in this line of activity.

During the last few days, Miss

thy offering from the Eastview "In considering the question of Women's Grain Growers' Associa-

CHILDREN CRY FOR FLETCHER'S CASTORIA

FIVE AND SIX MAKE FIFTEEN.

An interesting illustration of the vay prices are being constantly government would have to be paid ment put on the five-cent tax. Immediately the price rose to fifteen

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