

## A PAGE OF GENERAL INTEREST TO WOMEN READERS

You may want to change your automobile, or your piano, or even your home—but you will never want to change the COFFEE, when once you taste the delectable flavour of Chase & Sanborn's "SEAL BRAND" COFFEE.

1/2 lb. and 2 pound tins. Whole—ground—pulverized—also fine ground for Percolators. Never sold in bulk.

## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

## Conscription in Canada.

Dear Miss Grey—I would like to ask a few questions, please.

1. Can there be conscription in Canada without a vote of the people first?

2. There are so many families living in Canada from the United States, not naturalized. Can they be conscripted? I don't think anyone wants conscription but the recruiting officers and the man and woman who have no boys old enough to go.

Wishing Miss Grey and her Mail-Box readers a very merry Christmas and a happy new year, I am,

AUNT NANNIE.

Ans.—The Government has power to call out all men of military age for the defence of Canada. The present Government has committed itself against conscription, however, and enforced service is not likely to come about. Registration of all males, about to be made, is the nearest thing we will likely have.

No subject of another country could be called upon to perform military service in this country. As is well known, thousands of American citizens are now in the Canadian army.

## "Don't Pity Me."

Dear Miss Grey—I want to thank you and the Mail-Box friends for the money order for \$5 for the quilt blocks.

The "quilt man" thanks "Old Country Woman" for the blue block sent him. They are all so nice I take great comfort in looking them over. The pretty silk and velvet block has joined those received before. They average one foot square. I have also received dark blue blocks from "Cool Box," "The Mother of Cool Box" and "A Friend of All the Boys in Khaki." I am inclosing for the page a copy of a touching little poem I cut from a paper and sent my soldier-son when the 13th Battalion was about to leave Sandling Camp for the trenches, also a copy of the answer to my letter telling of the sending of the verses, and his saying they almost made him cry; and of his grave in Belgium.

As there has been so much about how soldiers' wives and farmers spend their money, I perhaps had better tell you how one "soldier's mother" used a part of money sent by you dear kind Canadian people to the quilt fund—a pair of much-needed shoes and rubbers, some warm knit underwear, then I had some troublesome teeth extracted. Yes, I must confess, I too, am going to have a velvet hat, I got a becoming frame at the store, and with some velvet (that has done duty before), steamed

and brushed, and some day, when my arm is paining me the least, I'll make the hat. I consulted a doctor, who said there was a leakage of the heart, and the lump or growth under the right arm was a cancer or tumor, and on account of gastric stomach trouble, advised a very simple diet. So I next purchased a large bottle or can of Horlick's malted milk, as I cannot drink either tea or coffee. Now don't pity me; think of the boys at the front and the shores of old England. It had been a stormy voyage; only one day that it didn't rain—and still so brave. I am sending his address, so if you receive any letters for him you can forward them without delay. We can do so little to help them in any other way, we can send cheery letters.

Miss Grey, censor this all you wish. You people have given me hope and courage to keep cheerful and wish to live, when all seemed so dark ahead. I received a letter from one of my dear adopted boys at the front, saying, "I look eagerly forward to your letters." I am thankful I can do that little bit. My love to all the Mail-Box friends.

AUNT NANNIE.

Ans.—Our Mail-Box readers always welcome your letters, possibly because they are so invariably and resolutely cheerful. How nice of "Twenty-One" to write you from the ship. We'll hope for a Mail-Box letter too some of these days. The poem "Co-Workers" is very beautiful indeed, and I am glad to publish it. Very kindest wishes, "Aunt Nannie."

## Welcome the Bride.

Dear Miss Grey.—Sorry to have been so long in returning these patterns for "L. M." as I had other important work to do, and have no time for crochets at present, but it is nice to be able to do. Inclosed also have put in a few patches for her, if they suit, to fill up a little corner. Wish she had sent her address, but you will please forward to "Little Me."

If a person is getting married away from home, they may come home to it is necessary to hold a reception for her, or just ask in a few friends, and should one have a wedding cake further when she comes home, after just going to the marriage in the other town? What day did May 3, 1901, fall on? Wishing you a merry Christmas,

H. A. T.

Ans.—It is really a matter of per-

## Advertiser Patterns



## A Fashionable Gown.

Waist 1873—Skirt 1877—Comprising Ladies' Waist 1873 and Ladies' Skirt Pattern 1877.

Tailored and pompadour silk are here combined. The waist is made with over-bustle portions, which may be omitted. The sleeve is new and has a fancy-shaped cuff. The skirt has plaited sections over the hips, to which the back and front sections are joined Ladies' Waist Pattern 1873 cut in six sizes, 34, 36, 38, 40, 42 and 44 inches bust measure. Ladies' Skirt 1877 cut in six sizes, 22, 24, 26, 28, 30 and 32 inches waist measure. It will require 3 1/4 yards of 36-inch material to make this costume for a medium size. The skirt measures about 3 1/2 yards at its lower edge, with plaits drawn out.

The patterns illustrated are two separate patterns, which will be mailed to any address on receipt of 10 cents FOR EACH pattern, in silver or stamps.

ADVERTISER PATTERN DEPT. Please send above-mentioned pattern, as per directions given below, to:

Name .....

Town .....

Province .....

Age (if child's or miss's pattern) .....

Measurement: Bust ..... Waist .....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is sent measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When miss's or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "yards." Patterns cannot reach you in less than one week from date of application.

sonal choices, and the bride's wishes should be consulted. But seems to me the quiet gathering of intimate friends and relatives would be much more appropriate than the reception. This, the bride could hold later on, when she gets settled. It is nice for the bride to have a wedding cake, so she may send pieces to her friends, and to friends of the groom. This may also be served at the reception, if one is held.

2. Friday.

3. I have pleasure in forwarding your letter to "Little Me."

Beard-Making Process.

Dear Cynthia,—In looking over your column I noticed where "Poor But Honest" was having trouble with salt beads, and, as I have made quite a number, I thought I would like to tell how.

The first thing I do is to measure twice as much salt as cornstarch and set them on to heat in separate dishes. Also have enough water to make it about like dough at boiling point, with the coloring in it. You next mix the

salt and cornstarch, and having them well stirred, pour in the coloring. After doing this you work with the dough in your hand and get all the starch out. You then flatten on a plate and form the beads, and before they get real hard they must be strung on a thread and kept about a half-inch apart, so as they will not dry together. They need to be put beside the stove for a day or so, and then strung ready for use.

May I now ask you one question? Have you or any of your readers got the reputation called, "The Old Sewing Machine"?

If anyone has it, would they please send it to me?

BROWN THRUSH.

Ans.—Thanks for the bead-making information. If any one sends the reputation I'll put a note in the Mail-Box.

Reply for Her.

"Her"—I sympathize with you very sincerely, although I have not been called on to bear the same trial you have experienced. Certainly it must have made life seem fearfully empty and barren, and, as you say, the "first Christmas" is the hardest. However, I may say candidly, I believe you are in the right; the affair could be of the quietest possible nature, and I am sure no one could deem it a lack of respect. Judging by your letter, you are not the sort of girl for such a course, and I really see no reason why you should wait longer than the time you mention. Blessings on you, dear.

The Non-Enlightened.

Dear Miss Grey—"Farmer's Son of Twenty-One." I think I recognize you if you are miles away. If you and the young men of your time were inspired to serve your country as "Conscription" is, it would not be necessary to sneak of compulsory enlistments, to save a country and home, for you and those of the same opinion. Compulsory ser-

## Suggestions For Christmas And Specials For Saturday

## Some Saturday Bargains in the Hosiery Section

BOYS' ALL-WOOL WORSTED HOSE, WORTH 85c PER PAIR, FOR 50c.

Ten dozen pairs Boys' All-wool Ribbed Black Worsted Hose, specially adapted for school wear; worth 85c pair. On sale Saturday at ..... 50c pair  
Boys' Rock Ribbed Cotton Hose, silk fleeced, "Hercules brand"; sizes 8 1/2 to 10. At ..... 25c pair  
Ladies' Heavy Cashmere Hose, grey heel and toe, seamless, full-fashioned leg. Price ..... 50c pair  
Ladies' Fine Cashmere Hose, seamless, spliced heel and toe; sizes 8 1/2 to 10. Price ..... 60c pair

## Some Special Values in Underwear

Children's Grey Vests and Drawers, in a splendid winter weight; sizes 2 to 12 years. Very special at ..... 25c garment  
Ladies' Ribbed Vests, fleece lined, heavy soft fleece, grey only. Price ..... 50c garment  
Ladies' Knitted Corset Covers, sleeveless only; regular 25c. Saturday ..... 19c  
Ladies' Silk and Wool Combinations, with Dutch neck and elbow sleeves, finished throughout with flat-lock seams. Price ..... \$3.00 suit  
Ladies' "New Mode" Combinations, ankle length, V neck and elbow sleeves, drop-seat style; sizes 36 to 44. Price ..... \$2.50  
Ladies' Silk and Wool Vests, with Dutch and low neck; long, elbow and sleeveless. Price ..... \$1.50 garment  
Fine Wool Vests, high neck and long sleeves, low neck and sleeveless. Price ..... \$1.50 garment  
Silk and Wool Vests, high neck and long sleeves, large sizes 42 and 44. Price ..... \$1.50

## White Wool Shawls

For babies. Priced at .75c, \$1.00, \$1.50, \$2.00, \$2.50 and \$3.00. These are Fine, Soft, Warm White Honeycomb Shawls, fringed all round, from 1 to 1 3/4 yards square, splendid values at the above prices.

## Tea Aprons a Dainty Gift

Dainty Little Tea Aprons of fine lawn and dotted muslin, nicely trimmed with embroidery or lace. Priced at ..... 20c, 35c, 50c and 75c

## Ladies' Handkerchiefs in Grand Array

Lace-Edged, Hemstitched and Initialed Handkerchiefs in endless variety. At from ..... 25c to \$2.00 each

## Charming Neckwear

In our Neckwear Section you'll find a lovely assortment of pretty and inexpensive gift Collars. Priced from 25c to \$2.50

GRAY'S, Limited, 140 DUNDAS STREET  
Phones 115-116

Agents for the Ladies' Home Journal Patterns

## Gift Ideas in the Linen Section

Our Linen Section is one of the most satisfactory places in the store in which you may look about for Christmas gift suggestions. Here are a few things that may interest you:

GUEST TOWELS in great variety at, each ..... 25c, 35c, 37 1/2c, 45c and 50c  
INITIALED GUEST TOWELS, very fine quality. Price, each ..... 50c  
PLAIN HEMSTITCHED TOWELS at, each ..... 30c, 37 1/2c and 50c  
FANCY HUCK TOWELS, in a large size at, from, each ..... 25c to \$1.00  
LUNCHEON NAPKINS, scalloped, hemstitched or embroidered. At \$2.95 a dozen  
Madeira Napkins, scalloped, hemstitched or embroidered. At ..... \$3.95 a dozen  
INITIALED PILLOW CASES at ..... \$1.39 pair  
PRETTY SCALLOPED PILLOW CASES ..... \$1.35 pair  
HEMSTITCHED, EMBROIDERED LINEN DAY SLIPS ..... \$3.50 pair  
BABY PILLOW CASES at, each ..... 75c, 95c, \$1.35 to \$2.75  
DRESSER AND STAND COVERS, made of fancy cretonne and saten: Size 10x36 inches at, each ..... 45c and 50c  
Size 18x36 inches at, each ..... 60c and 69c  
FANCY BATH MATS at, each ..... 80c, \$1.25 and \$1.75

## Ladies' Mufflers Clearing at Half Price

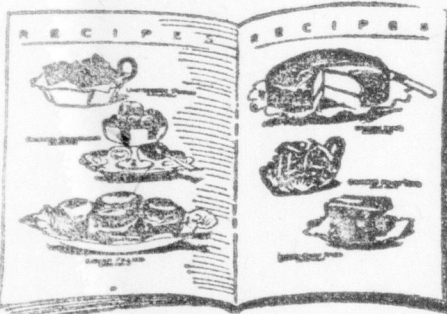
Ladies' Mercerized Mufflers, fringed ends, in grey and white; regular 50c. On sale Saturday for ..... 25c  
Grey Silk Mufflers, with knotted fringe ends; regular \$1.00. On sale Saturday at ..... 50c

## Clearance of Odd Silk and Silk Moire Underskirts

WORTH \$3.00 AND \$3.95. ON SALE FOR \$1.98  
Black Silk Underskirts of fine quality chiffon and satin messaline, in narrow widths (two yards wide); regular selling price was \$3.95. Clearing price ..... \$1.98  
Pearl Grey Silk Moire Underskirts, fine quality English cloth; these are full-width skirts, finely-pleated flounce; regular \$3.00. Clearing price ..... \$1.98

## Warm Knitted Goods as Gifts

Ladies' Knitted and Soft Woolly Toques and Caps in different styles, in tan, black, cardinal, scarlet, grey, brown, navy, white and white with saxe. At ..... 65c and 75c  
Ladies' Skating Sets of Brushed Wool, consisting of a smart tam and muffler, in white, saxe and cardinal. Price ..... \$2.50  
Ladies' Skating Sets, sweater, cap and muffler, in white trimmed with green stripes. Price ..... \$7.50  
Children's Snug Little Overalls with feet, in white and colors. At ..... \$1.00, \$1.35 and \$1.50  
Children's Knitted Suits, consisting of sweater and overalls, in white, grey and cardinal. Price ..... \$2.95



Two pages of Goodies for CHRISTMAS, from the Lantic Book

This Christmas, make sure that the children's candy will be wholesome and pure, by making it at home and using absolutely pure cane sugar like

In 10 & 20 pound bags  
**Lantic Sugar**  
In 2 & 5 pound cartons

Cut the Red Ball Trade-mark from a 2 or 5 pound carton or 10 or 20 pound bag and mail to us. We will send you a copy of the "Lantic Book"—containing over 40 Cake and Candy Recipes—free and post paid.

ATLANTIC SUGAR REFINERIES LIMITED  
Dept. MONTREAL



vice is a question every man and woman in Canada will have to decide in the near future.

Tonight as I was watching the khaki-clad laddies on parade, I could not help observing the difference in the spirit of "F. S. of 21" and those brave lads, offering themselves, truly a "living sacrifice," that we might dwell in safety. An every man represented a wife's or mother's sacrifice, for you and me.

And you, "F. S. of 21," ridiculed all that is truest and best in manhood. Do you realize as you read over the casualty list, that those men have died for you, that they are wounded and imprisoned for you and yours? We are indebted to every man that dons the khaki, a debt we can never pay. It is hard to realize as we count the young men eligible for military service that their only aim in life is for money and the pastimes it affords. How can any young lady be seen in Continued on Page Seventeen.

## YOU MAY LIKE THIS GIFT IDEA

FOR TIRED FATHER.  
"The folks always howl at me if I put my feet near one of their cushions, so you may imagine how pleased I was last year when a jolly girl-cousin of mine, who seemed to understand a tired man's need for a footrest now

DIZZINESS, CONSTIPATION  
had taste in the mouth, despondency or "the blues," and other miserable ailments, called attention to the liver. It is torpid. Take Hood's Pills—they rouse the liver and relieve all liver ills. They are the old and favorite family cathartic. Purely vegetable. Gentle and thorough. 25c. All druggists.

and then, presented me on Christmas with a sure-enough washable cushion. Her gift created considerable laughter among our bunch, all right. It was made of kitchen toweling—the linen-colored kind, and she had worked my initials in red washable cotton (so my wife says) in one corner. The cover was fastened over the pillow part by means of buttonholes, two of them on one side, so it can be easily slipped off to wash. There was no frill to it.

"The Holy City." Rev. xxi, 1-4, 9-14, 22-27, xxii, 1-5.  
Golden Text—"Behold, the tabernacle of God is with men, and he shall dwell with them, and they shall be his people." Rev. xxii, 3.

15. Verse 23—"There will be no night in heaven, does that indicate that we shall never tire in that land, nor need sleep?"

16. Why is there no need of the sun nor of the moon in heaven? (This is one of the questions which may be answered in writing by members of the club.)

17. Verses 24-27—What is the difference between those that are "saved" and those that are lost?

18. What is the one thing which brings misery to the earth, and which will never enter heaven?

By Rev. T. S. Linscott, D.D. (All Rights Reserved.)  
The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

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both a fellow, and say—I've had more comfort out of that gift than anything else I got."

THE SOLDIER BOY APPRECIATES HOME COMFORTS.

Over in the cold, dreary trenches of France, our soldier boys need home comforts. For instance, nothing is more appreciated than a hot, nourishing drink. Recently a soldier in a letter home says: "I have discovered just the thing. A friend recently sent me a pound tin of Chocolatta, which is chocolate, milk and sugar in powdered form. A fine drink is made by adding boiling water only." Your boy will appreciate Chocolatta, too.

Be convinced—try it at home. "Every cup makes a comment."

Billy Coffeybean says:—"People request 'Bunchy' 'the best' 'Rideau Hall'."

Say! Advise that friend of yours who has catarrh to sniff up nose a few drops of

COMPASS OIL

daily.

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COMPASS OIL

COMPASS OIL

## For Your Christmas

Make a selection from our window display of Florists' Art Pottery.

West Floral Co.  
249 Dundas St. Phone 2187.

## CEETEE UNDERCLOTHING

Guaranteed Not To Shrink.

## VEGETABLES

DIRECT TO CONSUMER

Splach, peck ..... 30c  
Bru sets Sprouts, box ..... 30c  
Brussels Sprouts, Greens, peck ..... 30c  
Celery "Hearts," 2 in bunch ..... 15c  
Celery, fine, bunch ..... 5c, 10c  
Tomatoes, choice hothouse, lb. ..... 30c  
Endive, excellent in salads ..... 20c  
Lettuce, "Head" ..... 20c  
Salsify, Veg. Oyster, 10c, 2 for 10c  
Green Onions, Lettuce, Mint, Parsley, Radish, Watercress, Herbs, each lb. 5c, Savoy, each 10c  
Cabbage, per lb. 5c, Savoy, each 10c

POTATOES, ONIONS, CARROTS, TURNIPS, BEETS, PARSNIPS, NORWAY SPRUCE CHRISTMAS TREES.

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