

gets easily confused and complains of loss of memory; is easily exhausted; can't sleep well, looks haggard; has headache, palpitation, indigestion and constipation, or disorder of some of the other organs; if a female, pain in back and thinks she must have womb trouble, the veritable "womb crank." How often has some uterine trouble or some laceration or some disease requiring laparotomy been discovered, and to these attributed all the ills the suffering patient complained of, and only after months of treatment find that the main symptoms continue and that the real cause is neurasthenia.

2nd. The advanced case.—Possibly working, but should not be; if in female, likely laid up in bed, despondent, mournful, has attacks of syncope, can't endure any work, fatigue or irritation, difficult to cheer. If male, is unable to do business, gets greatly depressed at times, does strange things, bordering closely on hypochondria. In both, we have advanced stages of digestive disturbance and auto-toxemia.

3rd. The grave case.—Unable and unfit for work or for reason; everything looks blue; thinks he is going to die or some great disaster coming, or threatens own life and harps on impulses he often has to murder or injure his loved ones; is difficult to convince of his delusion or soon returns to his old fad. If a female, likely bed-ridden for long time and is a subject for faith cures and the like—practically a hypochondriac and often bordering closely on melancholia.

The latter, or third class, had better be dismissed briefly by sending to a properly conducted institution where every moment he shall be observed and supervised, or with a thoroughly capable nurse, away from friends and home; but the sanitarium is the best; often the Weir Mitchell rest cure and forced feeding is necessary and succeeds well in these cases.

However, the sanitarium often proves to be the very worst place for these patients; the fact of other similarly sick people being there constantly reminds them that they are not well, and it is exceedingly difficult to have them surrounded by brightness and cheer; everything soon becomes too monotonous or irksome for them.

But class one and two, or the worst of No. 1 and the best of No. 2, are the cases that trouble us most, and require greatest judgment and tact. Not bad enough to be sent away, or not prudent to do so; and yet too far deranged to continue active duties, and difficult to obtain proper assistants, we are constantly frustrated in our best plans and efforts.