

## HER WATCHWORD.

TO S. M. C.

For Gold, says one who delves and toils,  
And counts at night his hoarded spoils.

For Fame, cries one who climbs the height  
To grasp fame's far-alluring light.

For Love, breathes one whose truthful eyes  
Are soft and blue as summer skies.

For Freedom, cries he who leads the van,  
And the world applauds the dauntless man.

For God, thinks she, the white soul'd nun,  
When the weary hours of the day are done.

For God, she spoke in accents low,  
And broke earth's ties, long years ago.

For God, her long and toilsome days;  
For God she walks these humble ways.

Their cries, Fame, Freedom, Love and Gold,  
Are soon forgot when lips are cold.

Thy watchword, sung by angels bright,  
Will greet thee at the gate of light.

ANNIE C.

## HOUSE AND HOUSEHOLD.

## HOME MATTERS.

A gargle of salt and water used before retiring at night will strengthen the throat and keep off bronchial attacks.

Powdered flint glass ground to an impalpable powder and mixed with the white of an egg makes one of the strongest cements known.

Galvanized iron pails for drinking water should not be used. The zinc coating is readily operated on by the water, forming a poisonous oxide of zinc.

Always keep carbolic acid convenient for use. It is one of the best disinfectants and insect destroyer that can be used. A small quantity need only be applied at a time.

It may interest housekeepers to know that an easy way to test the quality of fresh fish is to try and bend them just above the tail. If they bend easily they are probably a little stale, but if rigid they are certainly fresh.

When troubled with soreness or sense of tightness in the chest dampen a flannel cloth with kerosene and apply over the spot. Do not leave it on too long, or it will blister. One night will usually relieve the soreness.

## COOKERY CHAT.

Always salt any article where lard is used in place of butter. Water is better than milk in most cookery recipes. Hickory nut meats are nice for the top of sugar cookies.

In making custard for lemon pies it is better to partly bake the crust before adding the mixture, so that it may not be absorbed by the paste.

When meat is broiling it will cook more quickly if a frying pan is turned over it. Frying may be hastened in the same way.

Sift a tablespoonful of pulverized sugar over the top of two crust pies baking, and see how delicious it makes them.

## Something to Remember.

If you're a weak or ailing woman—that there's only one medicine so sure to help you that it can be guaranteed. It's Dr. Pierce's Favorite Prescription. In building up, overworked, feeble, delicate women, or in any "female complaint" or weakness, if it ever fails to benefit or cure, you have your money back. It's an invigorating, restorative, tonic, a soothing and strengthening nerve, and a safe and certain remedy for woman's ills and ailments. It regulates and promotes all the proper functions, improves digestion, enriches the blood, dispels aches and pains, brings refreshing sleep, and restores health and strength. Nothing else can be as cheap. With this, you pay only for the good you get.

"Truth is stranger than fiction," he happened to remark. "Yes," his wife replied very gently, "it sometimes seems so to me when you are explaining what kept you out so late."

As if by magic, sir, for, after a few applications, every gray hair I had in my head was changed to its original brown color by Luby's Parisian Hair Renewer. I now use it when I require to oil my hair. Try it, my dear fellow, and you will see for yourself, that there is no preparation of its kind known that can in any way compare with it.

A man told his daughter that if she learned to work, he would give her a surprise. She learned the art, and he surprised her by discharging the servant girl.

FARMERS AND MECHANICS.—Provide yourselves with a bottle of PAIN-KILLER. It is a prompt, safe and sure cure for many ills. It may save you days of sickness, and you will find it is more valuable than gold. Be sure you buy the genuine PERRY DAVIS' PAIN-KILLER and take no other mixture. 25c. is a Cheap Doctor's Bill.



Rev. Mr. Williams  
Hearst's Street, Montreal.

## For the Good of Others

Rev. Mr. Williams Heartily Endorses Hood's Sarsaparilla.

We are pleased to present this from Rev. Mr. Williams, of the St. John's Street Methodist Church, Montreal. He writes: "I have used Hood's Sarsaparilla for many years, and it has done me much good. It is a most valuable medicine for all kinds of blood-purifiers, and it has cured me of many ailments. I can heartily recommend it to all who are suffering from any of these ailments."

## Article of Merit

and with this I think you will find it a most valuable medicine for all kinds of blood-purifiers, and it has cured me of many ailments. I can heartily recommend it to all who are suffering from any of these ailments."

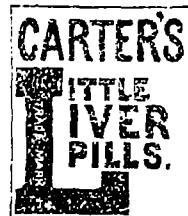
## Nervous Headache

For this I have found Hood's Sarsaparilla to be a most valuable medicine. It has cured me of many ailments, and I can heartily recommend it to all who are suffering from any of these ailments."

## Hood's Sarsaparilla

I have no hesitation in recommending its merits. AL. WILLIAMS.

HOOD'S PILLS are a family cathartic, gentle and effective. Try a box. Price 25c.



## CURE

Sick Headache and relieve all the troubles incident to a bilious state of the system, such as Dizziness, Nausea, Drowsiness, Distress after eating, Pain in the Side, &c. While their most remarkable success has been shown in curing

## SICK

Headache, yet Carter's Little Liver Pills are equally valuable in Constipation, curing and preventing this annoying complaint, while they also correct all disorders of the stomach, stimulate the liver and regulate the bowels. Even if they only cured

## HEAD

Ache they would be almost priceless to those who suffer from this distressing complaint; but fortunately their goodness does not end here, and those who once try them will find these little pills valuable in so many ways that they will not be willing to do without them. But after all sick head

## ACHE

Is the bane of so many lives that here is where we make our great boast. Our pills cure it while others do not.

Carter's Little Liver Pills are very small and very easy to take. One or two pills make a dose. They are strictly vegetable and do not grip or purge, but by their gentle action please all who use them. In vials at 25 cents; five for \$1. Sold everywhere, or sent by mail.

CARTER MEDICINE CO., New York.

Small Pill. Small Dose. Small Price.

ECLESIASTICAL GLASS—HURON BELL.



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## SAINTS OF THE MONTH.

ST. ALICE, Empress, Dec. 16, 931-999. This saint, the daughter of Rudolph II., King of Burgundy, was born in 931. She married Lothaire, King of Italy, who died in 949, after which the Empress was put in prison by Berengar, who succeeded to the throne. Escaping from prison, St. Alice was met by Otto I., Emperor of Germany, who, in obedience to the Pope, was marching with an army to do her justice. After conquering many cities, he restored order, married Alice, and was crowned Emperor at Rome in 963. Obligated at his death in 973 to act as regent of the Empire, she still continued her life of piety and mortification. She died in Alsace, in 999, while on an errand of charity. She is much honored throughout Germany.

ST. THOMAS, APOSTLE, Dec. 21. This eminently known as "the Doubting Thomas," was a Jew, and probably a fisherman, when selected by our Lord to follow Him. He appears to have been slow to understand and believe, but quick to love and adore. He became one of the great witnesses of the Resurrection by his doubt, which was removed only when Jesus showed him His wounds. After the Pentecost, St. Thomas went to Parthia and preached the Gospel in that country and in the East. He was slain with lances by command of the Infidel King who was incensed against the baptism of some of his courtiers.

ST. JOHN, APOSTLE and EVANGELIST, Dec. 27.—The beloved Disciple, as St. John is called, was the brother of St. James the Great. He was the one whom Jesus loved, and on his bosom Jesus laid his head, at the Last Supper, and to whom Our Blessed Mother was confided. Under Diocletian, he was cast into a caldron of boiling oil, but came forth unhurt. He was banished to the Isle of Patmos, where he wrote his Apocalypse. He died at Ephesus, at the age of 83 years. His one sermon was "Little children, love one another." He is the great defender of the Divinity of Christ, and the loving Apostle of the Sacred Heart.

## Catarrh in the Head

Is undoubtedly a disease of the blood, and as such only a reliable blood purifier can effect a perfect cure. Hood's Sarsaparilla is the best blood-purifier, and it has cured many very severe cases of catarrh. It gives an appetite and builds up the whole system.

Hood's PILLS act especially upon the liver, rousing it from torpidity to its natural duties, cure constipation and assist digestion.

## WOMAN'S SPHERE.

They talk about a woman's sphere. As though it had a limit. There's not a place in earth or heaven, There's not a task to mankind given. There's not a blessing or a woe, There's not a whisper yes or no, There's not a life or death or birth That has a feather's weight of worth. Without a woman in it.

## Schiffmann's Asthma Cure.

Is used by Inhalation, thus reaching the seat of the disease direct. Its action is immediate and certain. No waiting for results. Ask any druggist or address, Dr. R. Schiffmann, St. Paul, Minn., for a free trial package.

## Selling Milk.

A Scotch ladle delivering milk was stopped, the other day on his rounds by two police officers, who asked him if his employer ever put anything in the milk. "Oh, ay," was the innocent answer. The officers thinking they had a clear case of adulteration, offered the boy sixpence if he would tell them what was put in it. "Ah," said the boy with a grin, "ye wadna gie's the sixpence though I tell't ye." "Oh yes, we will," said the officers. "Gie's it, then," said the little fellow. The sixpence was duly handed over with the question, "Now, what does your employer put in the milk?" "Why," said the boy with a knowing look, "he puts the measure in every time he tak's any oot."

## Handsome Features.

Sometimes unsightly blotches, pimples or sallow opaque skin, destroys the attractiveness of handsome features. In all such cases Scott's Emulsion will build up the system and impart freshness and beauty.

It is a sign that her husband is making money when a woman begins to get the look on her face of looking at you without seeing you.



## Fetching the Doctor

At night is always a trouble, and it is often an entirely unnecessary trouble if

Perry Davis'

## PAIN KILLER

is kept in the house. A few drops of this old remedy in a little sweetened water or milk, brings prompt relief. Sold everywhere.

Have you seen the New

## BIG BOTTLE

Old Price 25 Cents.

## KEEP YOUR FEET DRY.

Wear a pair of our

## SHELL CORDOVAN BOOTS,

And You

## WILL NOT HAVE WET FEET.

B. D. JOHNSON & SON,  
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This College affords, at moderate expense, excellent advantages to students. The neatness of its situation, the equipment of the schools, and the zealous furnishing of the establishment, leave nothing to be desired for the comfort and improvement of the pupils.

THREE COURSES: Preparatory, Commercial and Matriculation (London University).

TERMS: Day Pupils, \$12, \$15, etc., per annum, according to class. Boarders—\$100 per annum. Prospectuses and further particulars on application to

J. L. SLATTERY.

Castor Fluid. Registered. A delightfully refreshing preparation for the hair. It should be used daily. Keeps the scalp healthy, prevents dandruff, promotes the growth of a perfect hair dressing for the family. 25c. per bottle. HENRY B. GRAY, Chemist, 122 St. Lawrence Street, Montreal.

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