

below each night, and often for many nights in succession keeping below zero.

Life in the Sanatorium was particularly pleasant last winter, most of the patients enjoying the out-of-door life and happy in the knowledge of returning health. A great deal of sympathy for the patients in their "comparative exile," as it has been termed by those unacquainted with our pleasures, has been misplaced by friends at home, who cannot fully realize what a good time most of those under treatment are enabled to have, without in any way interfering with their progress to health; indeed the winter sports are very important factors in the fight to improve the languishing powers of the body, and, by building up the system, insure a perfect cure. Those who through weakness are unable to take part in the various pastimes, never fail to secure a good deal of pleasure from watching what is going on about them, while snugly wrapped up in furs and rugs upon their steamer chairs on the wide verandahs looking out upon the winter woods and the stretches of snow.

In the early part of the winter there was good skating until abruptly terminated by heavy falls of snow. Then snowshoeing began, and for three months this has afforded a most beneficial form of exercise; while driving and sleighing parties proved a most agreeable form of diversion for all.

The toboggan slide, which is immediately in front of the Administration building, was a great source of enjoyment, both for those using it and for those sitting out on the verandahs, all of which affords an excellent view of the slide—the regulation run being occasionally varied by a race between the toboggan and the terrier "Tim," whose antics are at times, to say the least, highly amusing.

In the way of indoor entertainment there has been this year some exceptionally good talent among the patients, both musical and dramatic. The orchestra comprised three violins, 'cello, flute, cornet and piano. The billiard-room, with its open windows, were seldom without a game in progress, while the Projection Lantern, presented by Dr. and Mrs. Powell, using the slides kindly loaned and presented by the Toronto Camera Club, helped to fill in a number of stormy evenings very pleasantly. There has been presented a gift of a large-sized Columbus Phonograph from Dr. George Elliott, of Toronto, and this will afford still another means of adding pleasure to the patients. The library is gradually growing, now numbering nearly 700 volumes, and this, no doubt, will be constantly added to by friends.

Photography is becoming steadily more popular; and in searching