

reputation of our Alma Mater. We are members of one family, and disgrace or discredit falling on any one member must be felt by all. There are a few suggestions that may not be considered out of place, and which will, if followed, conduce to your personal comfort and to success in your career. Attend strictly to your own health. Bacon remarks that a "sound state of health begets a natural vigour of the faculties." No class of men require a larger share of bodily vigour than physicians. Who more exposed to the baneful influence of malaria, or the germs of contagious or infectious disease than the physician. In epidemic visitations, whilst other classes of the community can seek protection, by isolation or abandonment of localities infected, physicians are called upon to remain and risk their lives in the service of others. With the heroism and pluck of the soldier they forego all considerations, join the forlorn hope, and advance to the breach with unswerving faithfulness.

Theirs not to make reply,

Theirs not to reason why

Theirs but to do and die.

Need I refer in proof of this to the recent scourge of yellow fever in the Southern States, when over eighty medical men perished in giving succor to their fellow man. All honour to their memory. Such is the position that each one of us may at any moment be called upon to assume, and as sanitarians we know that strict obedience to the laws of health will aid us in resisting the baneful influence of disease. But again, your vocation is to advise and direct others how to preserve their health, and in so doing you will be expected to know how to care for your own.

I must caution you against the baneful influence of the cup of bitterness. As physicians you are all fully aware of the evils of intemperance, how it beclouds the mind renders helpless the body, and leads to disease and early death. The physician, of all other men, should be at all times in full possession of his faculties, as at any hour of day or night he may be called upon to render assistance, where the life of a