

the drains are properly trapped, and in good working order. No expense should be spared, if health is a matter of importance, in preventing the possibility of sewer gas entering the house. Then again, cellars should be drained, dry and well ventilated. Refuse and garbage should not be allowed to accumulate in or about the house. Perhaps the best means of disposing, in the city house, of vegetable refuse and general kitchen scraps is the cooking stove. From a sanitary standpoint it has not its equal.

In the matter of ventilation, as in everything else, we should use our common sense. We all have some powers of observation, we can all study cause and effect, even if we do not understand fully the chemistry that underlies it all. Let us see to it as a people—both in town and country—that in this matter of fresh air we do not err in the future as we have done in the past. We have learnt the origin and detrimental effects of foul and vitiated air; let us not from carelessness or wilful neglect refuse to take necessary means to provide our houses with fresh pure air.

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### EXCURSION No. I. To LA PÊCHE.

The Excursion Committee has made the necessary arrangements for the first excursion of the season. The date selected is Saturday, May 27th, and the locality to be visited is that known as La Pêche, or Wakefield, a most picturesque and attractive resort. The party will leave the C. P. R. Union Station at 9.45 a.m. by the Gatineau Valley Railway.—Before returning the Leaders in the several sections of the Club's work will make the usual brief addresses on the results of the Outing. Bring your friends and any persons whom you know to be interested in Natural History.

Tickets, Members .....	50 cents.
“ Non-Members .....	60 “
“ Children of Members .....	25 “
“ “ of Non-Members .....	30 “

Tickets can be obtained at the Station.