



A TEEN AGE CLASS, PARKHILL, ONT.

school or to business, but still there are many little things she may do to relieve her mother. She will, of course, look after her own room. She may make a cake or a fancy salad when company is coming, for mothers who have had to cook for a large family are often not fond of doing "fussy" cooking. If she likes to wear many light blouses and dresses she can probably arrange to iron them herself. Perhaps on a Sunday now and then, with the cooperation of the younger children, she can give her mother a complete holiday from meals and dishwashing.

If a girl is home all day long, she should lose no opportunity of becoming proficient in every branch of household work and management, not only that she may relieve her mother of some of her responsibilities, but because she is gaining knowledge of homemaking that every girl should have. Again and again one hears of girls going into homes of their own, who "have never cooked a meal in their life," who have never made as much as a simple undergarment on the sewing machine, and who have absolutely no idea as

to how to run a house or do the family buying. The home is the most universal school, for the average girl cannot take a course in domestic science, and much can be learned there, even in one's spare time.

Toronto



A Class of Doers

By Miss Isabella Patterson

"Buds of Promise" was the name chosen for a class of teen age girls recently organized in the Sunday School of Knox Church, Parkhill, Ont. We chose for our motto, "Learn and Do," our text being, "Be ye doers of the word, and not hearers only."

The most prominent feature of the class is the active and very interesting discussion of the lesson by the members. This is very helpful in fulfilling the aim of the class which is to promote Bible study and active service.

As the class is small and some of the girls are away at school all week, we find it impossible to meet often through the week, but one Saturday afternoon we met at the home of a