

3 parts; and allow it to remain three or four days, as may suit my convenience, and then, if all is well and I find the roots sweet, it is ready for filling. If, however, any soreness remains, I treat again, and sometimes several treatments are necessary. Everything being ready, I moisten the canals with eucalyptol to assist the passage of the chloro-percha or gutta-percha and eucalyptol into the canals. This is worked thoroughly into the canals, followed by gutta-percha cones. Take a small piece of vulcanite rubber, make a roll of it nearly large enough to fill the cavity, and with a blunt instrument force the rubber carefully into the chloro-percha, and this forces it into all parts, and we may feel reasonably sure of having thoroughly filled the canals. Success depends largely on thoroughly filling the canals as well as the proper treating.—DR. L. W. SKIDMORE in *The Dental Review*.

LOOK AFTER THE SURROUNDINGS.—We have sometimes seen a form of distinguished personal beauty disfigured by a want of cleanliness, and by being clothed in slovenly attire. The exquisite symmetry could not be altogether concealed, but how much more attractive would it have appeared with other and more attractive accompaniment. So it is with professional character. How many brilliant men have their lights shaded by slovenly attire and ill-kept offices. Changing the illustration, I may observe that the brilliancy of the diamond may be dimmed for the want of polish, or the lustre of gold may be rendered invisible by incrustations. Every professional man should cultivate habits of refinement and taste, denying himself all the so-called luxurious habits that render the personal appearance in any way objectionable. Cultivate amiable habits. It may be difficult at first, but practice makes perfect. Keep the office and surroundings neat and cheerful. Never get so busy that you have no time to render the surroundings neat and tidy. Every hour spent in improving the appearance of one's office will bring greater returns eventually than the same amount of time could spent in any other way. Try this for the new year. Go down on the sidewalk and imagine yourself a critical patient looking for a dentist. Come slowly up the steps, looking from side to side and up and down, with a critical eye; observe the signs, the floor, the walls. Go inside and sit down in the reception-room; observe it carefully and critically for fifteen minutes, as a stranger would who had that long to wait. Do this, and I'll guarantee you that enough will be found out of shape to occupy several hours profitably. Always remember that it is the imperfections that people observe on entering a strange place: A sign out of place, a picture pushed aside in dusting, a cobweb in the corner, dust on the mantel or under the furniture, the smell of tobacco in the room, and a thousand things too numerous to mention, but all of sufficient importance to demand attention. Look after these little things; it pays and pays well.—*Editorial in Southern Dental Journal*.