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Seven Sacraments. = +

1. Baptism. 2. Confirmation. 3. Holy Communion.
4. Penance. 5. Anointing of the Sick. 6. Holy Orders.
7. Matrimony.

Act of faith. = I believe in God.

1. I believe in God the Father Almighty, Maker of Heaven and Earth, Father of our Lord Jesus Christ, Jesus Christ the only Son of God, who was born of the Virgin Mary, who suffered, died, and rose again, and is now seated at the right hand of the Father, and will come to judge the living and the dead.

Act of Hope. = I hope in God.

1. I hope in God, who is the Father of our Lord Jesus Christ, Jesus Christ the only Son of God, who was born of the Virgin Mary, who suffered, died, and rose again, and is now seated at the right hand of the Father, and will come to judge the living and the dead.