

YOUTHFUL GRACE.

The modern woman realizes the importance of keeping her figure. She appreciates that her youthful grace can only be retained by exercise and care, and the wise woman's first thought is her CORSET.

Warner's Rust-Proof Corsets

Are ideally suited for the woman who wishes to preserve her youthful lines.

Thin double boning insures the flexibility that is essential. The intimate connections of the WARNER designers with the fashion experts of the world give them exact information from which to design styles that will fit with easy comfort, and perfectly set off the current styles of dress.

We are proud of the selection we have on hand and will appreciate the opportunity of assisting you in the selection of the right Corset for your individual figure.

Marshall Bros

401st Day of the War Latest From the Front.

Messages Received Previous to 9 A.M.

OFFICIAL.

LONDON, Sept. 8.
Three Zeppelins visited the Eastern counties last night, and dropped bombs, seriously damaging fifteen small dwellings and starting several fires. Ten people were killed and 46 are reported wounded or missing. The French Government report continued bombardment along the Western front. The British fleet bombarded the coast as far as Ostend, and enemy aviation sheds at Ostend were attacked by air craft. The Russian report indicates a check of enemy attacks at some points. There is no material change elsewhere.

The Italian Government report small local successes.

LONDON BUDGET.

LONDON, Sept. 8.
Almost simultaneously with the announcement that the Emperor had personally replaced the Grand Duke Nicholas as Commander-in-Chief of the Russian forces, fighting along the Eastern frontier, despite the beginning of the autumn rains, has been resumed with an intensity which characterized it throughout the summer on both wings in Courland north and Volhynia Podolia in East Galicia. South the Russians are making determined efforts to regain the initiative, while in the centre the Austro-Germans continue to increase their advantage. Thus, Field Marshal von Hindenburg and his commanders in Courland are still being denied their objective, the Dvina River, while von Mackensen and the Austrian generals on the other end of the line are engaged opposing the Russian offensive. In the centre, on the other hand,

'Phone 480.

Due to Arrive By Express To-Day:

200 baskets PLUMS—
Red, Blue, Yellow.
IN STOCK:
3 bxs. 2 lb. slabs Butter.
10 bxs. 28 lb. Solid Butter.
3 bxs. 56 lb. Solid Butter.

Soper & Moore,
Wholesale Groceries, Fruit
and Produce.

General Von Eichhorn and Prince Leopold of Bavaria, are pushing forward, and, according to a Berlin official report, have occupied Volkowysk, an important railway junction immediately east of Bialystok.

It is for these railways that the Germans are now fighting, as when the autumn rains turn the great part of the country into an impassable marsh they will need every line of railway to keep their armies supplied with provisions and munitions.

Another day of heavy artillery engagements is recorded on the Western front, where, also, there have been a series of air raids as well as the bombardment of the German coast batteries by the British fleet.

The Italians claim to have captured several Austrian positions on the Cadore frontier, while on the rest of the Austro-Italian front only artillery duels have occurred.

This long distance fighting appears also to be the feature of operations in the Dardanelles, where, according to accounts from Constantinople, the Turks successfully bombarded the Allies' positions at Anafarta and Seddul Bahr.

The Zeppelin raid on England last night resulted in the death of thirteen persons, ten of whom were women and children, and wounding 43 of whom thirty were women and children. This brings the grand total of casualties from Zeppelin raids up to 102 killed and 263 injured.

MORE INNOCENT VICTIMS.

LONDON, Sept. 8.
An official statement respecting another air raid, issued by the Press Bureau, says: Hostile aircraft visited the eastern counties and London district on Wednesday and dropped incendiary explosive bombs at midnight. A few casualties have been reported, and some fires, which are well under control. The number of casualties will be communicated to the press in the course of to-day.

ITALIAN CHIEF TO JOFFE.

PARIS, Sept. 8.
An official note issued to-day, gives the reply of General Count Cadorna to a message sent him by General Joffre, the French Commander-in-Chief, after the recent visit to the Italian front. The message concludes: "Beyond our common frontier, which does not separate, but unites the forces and aspirations of our two countries, my thoughts and best wishes follow you to the French army, already crowned with victory. I look forward with absolute certainty to the final successes of the Allied armies."

THE CZAR ADDRESSES GRAND DUKE NICHOLAS.

PETROGRAD, Sept. 8.
In relieving the Grand Duke Nicholas of his command, the Czar addressed to him a communication reading as follows: "At the beginning of the war I was unavoidably prevented from following the inclination of my soul to put myself at the head of the Army. That was why I entrusted you with the Commandership-in-Chief of all land and sea forces. Under the eyes of all Russia your Imperial Highness has given proof during the war of steadfast bravery, which caused a feeling of profound confidence, and called forth the sincere good wishes of all who followed your operations through the inevitable vicissitudes of war. My duty to my country, which had been entrusted to me by God, impels me to-day, when the enemy has penetrated into the interior of the Empire, to take supreme command of the active forces and share with the army the fatigue of war, and safeguard with it Russian soil from the attacks of the enemy. The invasion of the enemy on the Western front, which necessitates the greatest possible concentration of the civil and military authorities, as well as the unification of the command in the field, has led me to appoint you Viceroy of the Caucasus and Commander-in-Chief of the valiant Caucasian army. I express to your Imperial Highness my profound gratitude and that of the country for your labours during the war."

MINARD'S LINDEN CURE DISPENSARY.

perial Highness my profound gratitude and that of the country for your labours during the war."

SUBMARINE COMMANDER REPORTS.
BERLIN, Sept. 8.
The commander of a German submarine, which has returned to its base, has reported to the Admiralty that he torpedoed the liner Arabic in the belief that the Arabic's action indicated she was about to attack the submarine, and that he fired in self-defence. According to the submarine commander's report, the submarine was engaged in destroying a freighter when the Arabic was sighted. The submarine was then on the surface and the Arabic, the commander declares, swung around and headed towards the freighter, as if to attack the submarine. The commander of the freighter, however, did not believe the Arabic's action, and kept heading in the direction of the submarine, which he believed was bringing her nearer the scene. The captain of the submarine reports that he continued to observe the actions of the liner until he saw the Arabic again change her course and head directly for the spot where the submarine lay, as if the Arabic had sighted the underwater boat. Then the commander of the submarine, believing his craft in danger, declared he submerged her and fired the torpedo.

FACTORIES TAKEN OVER.
LONDON, Sept. 8.
Lloyd George announced to-day that 180 factories, transferred into munition plants, were taken over by the Munitions Department yesterday. This makes a total of 715 munition plants which have been transferred from the control of private companies to that of the Munitions Department since the act creating the Ministry of Munitions became law.

AUSTRIAN ATROCITIES.
PARIS, Sept. 8.
The France de Main publishes the following despatch from Verona: "The Austrian authorities had summoned all Italian inhabitants of the country around Roncino to either go into concentration camps or cross the frontier. The route taken by those who chose to emigrate was lighted by searchlights, and when the Italians had gone a certain distance toward the frontier, a terrific cannonade was opened upon them. The horrors of the ensuing slaughter are said to be beyond description. Only a few succeeded in hiding in ditches and subsequently crawling across the frontier."

TO PAY FOR MUNITIONS.
NEW YORK, Sept. 8.
Gold and securities said to exceed eighty million dollars in value, the third and largest shipment from England to New York within a month arrived in this city last night from Halifax, to which city it was brought from England.

ZEPPELIN CASUALTIES.
LONDON, Sept. 8.
Ten persons were killed last night as a result of the Zeppelin raid over the east coast of England. Three others are missing, believed to be buried under the debris of wrecked buildings. Forty-three were injured. Three aircraft took part in the raid.

NO SUBMARINE SEEN.
LONDON, Sept. 8.
No submarine was seen by anyone before the ship was struck, nor was any warning given, says an official statement issued by the Allan Line regarding the Hesperian. The impact of the torpedo was so great that the vessel stopped as dead as were the engines.

STILL DISSATISFIED.
ROME, Sept. 8.
Bulgaria has refused Serbia's territorial proposals, according to a Giornale d'Italia despatch from Sofia. The despatch adds that Premier Radokavoff declares that Bulgaria has decided to treat directly with the Quadruple Entente. A despatch from Saloniki says that Bulgaria is fortifying Verna against sea attacks, that mines are being placed at the harbor entrance, and numerous long range cannon are being mounted at Galata, which commands the port.

AERIAL ACTIVITY.
PARIS, Sept. 8.
The artillery fighting along the battle line through France continues, according to a statement given out this afternoon by the French War Office. There has been cannonading from Belgium on the north as far south as the Woerwa district. German aviators have bombed towns in France, and aviators of the Allies have thrown down bombs at Ostend.

CZAR TAKES COMMAND.
LONDON, Sept. 8.
Emperor Nicholas has assumed command not only of the military but the naval forces of Russia. An

army order issued and signed by the Emperor is quoted as follows by Reuters' correspondent at Petrograd: "To-day I have taken supreme command of all my forces of the sea and of the land armies operating in the theatre of war, with firm faith in the clemency of God and with unshakable assurance of final victory. We shall fulfill our sacred duty to defend our country to the last. We shall not dishonor the Russian land."

AMERICAN LOST.
LONDON, Sept. 8.
The American Consulate at Queens-town has received information that a man named Wolf, aged 21, born in New Jersey, was lost in the Hesperian.

GOES TO CAUCASUS.
PETROGRAD, Sept. 8.
Grand Duke Nicholas has been transferred to the Caucasus by Emperor Nicholas.

IDENTITY ESTABLISHED.
QUEENSTOWN, Sept. 8.
It is established that an American named Wolf was lost on the Hesperian. Wolf signed as an able seaman of the Hesperian's crew. He came from Newark, New Jersey, and was of Dutch parentage.

BRITISH STEAMER TORPEDOED.
LA ROCHELLE, France, Sept. 8.
The British steamship Carony, of Liverpool, was sunk by a German submarine last night. The crew were saved.

FRENCH STEAMER SUNK.
PARIS, Sept. 8.
The French steamship Guatemala has been torpedoed and sunk 50 miles off Belle Isle. The crew escaped in boats. She was 5,913 tons burthen.

THREE AIRSHIPS SIGHTED.
AMSTERDAM, Sept. 8.
Three airships coming from the east, passed over Bredrecht, in South Holland, this morning. They were travelling in a direct direction for the English coast.

EGYPTIAN MINISTER STABBED.
CAIRO, Sept. 8.
Fathy Pasha, of the Egyptian Government, was stabbed three times by an employee of the Ministry of Finance, who attacked him while he was conversing with a friend in the railway station. The wounds are not serious.

RUSSIAN STEAMER SUNK.
LONDON, Sept. 8.
The Russian steamer Rhea has been sunk, but the crew have safely landed. The Rhea was a ship of 1,145 tons.

Prohibition Rally.
A Temperance Prohibition Rally was held in the Orange Hall, Hotwood, after services in the different places of worship on Sunday night, September 6th. The hall was crowded. Mr. P. D. Park was called to the chair and as a life long abstainer gave an earnest address urging all to vote down the liquor traffic. The Rev. M. K. Gardiner sent word that he was unable to attend the meeting through illness. Ensign Tuck and the Rev. J. T. Newman addressed the meeting. A strong representative committee was appointed of the men, and a ladies' committee was also appointed. The meeting was very enthusiastic and Birtwood is going to do its "bit" in this fight.

See the glorious banner waving. Hear the trumpet blow. Line up all the forces and let the whole line advance to victory—Come.

DR. DE VAN'S FEMALE PILLS Reliable for all Female Complaints. 25¢ a box or three for 75¢ at drug stores. Mailed to any address on receipt of price. This is Scott's & Drew Co., St. Catharines, Ontario.

PHOSPHONOL FOR MEN Restores vitality for Nerve and Brain; Increases "grey matter." Tonic—will build you up. 50¢ a box, or two for \$1.00 at drug stores, or by mail on receipt of price. This is Scott's & Drew Co., St. Catharines, Ontario.

The Painmeter.

By RUTH CAMERON.



RUTH CAMERON

Some instrument like a thermometer that can be put in one's mouth and measure the amount of pain one is suffering is an invention much desired by a friend of mine. He is a normally healthy person who has just passed through an illness. The amount of pain he suffered was one of the important symptoms, and the doctor and nurse were continually asking him how much. I don't know whether you'd call it a pain or a discomfort to-day. I wish there were some way you could find out for yourself same as you find out my temperature. You wouldn't want to depend for that on asking me how hot I felt, would you, and I can't tell you about the pain any more accurately."

No One Can Know What Another Suffers.

It is a strange and interesting thought that no person can possibly know anything about the pain another suffers.

Perhaps we all have different measures of pain. Perhaps what your neighbor calls a terrible headache you would consider a mere passing discomfort not worth mentioning. Or, contrariwise, perhaps what he calls a slight pain you call the doctor for.

How Do We Know What He Has To Bear?

Sometimes we say that this person or that does not bear pain well. How do we know? How do we know what he has to bear? We say someone makes a terrible fuss over a little

pain. How do we know that it is a little pain?

Another's pain, no matter how deeply we sympathize with it, is always a ghostly, unreal compared to the flesh and blood reality of our own pain.

No One Can Feel Another's Pain.

The incommunicability of pain is something I have often marvelled over. Someone you love is suffering intensely; you sit close beside him; you hold his hand in yours; but the pain is as far away from you as if you were on the other side of the sun. Of course that is natural and inevitable, yet sometimes doesn't it seem marvellous to you that two can be so close in heart and body and one suffer so intensely and the other be perfectly free from that pain?

It is simply part of the eternal isolation of mind and soul, to which, in spite of all our loves and our intimacies, we are all condemned.

How to Protect the Skin.

To keep the skin delicate and transparent, as to show its natural coloring, protect it by using Nyal's Face Cream.

Before going out wash with Face Cream Soap, then rub the Cream well into the pores, and you can spend a day out of doors without the slightest injury to the skin. For a few days, with every 25c. cask of Nyal's Face Cream sold, we will give a trial size cake of Nyal's Face Cream Soap.

Nyal's Quality Store
STAFFORD'S,
Theatre Hill & Duckworth St.

Pearl buttons can be restored to their original luster as follows: First wipe over with a little olive oil, then sprinkle with nail powder and polish with a chamomile leather.

BOOK FOR PLUMS TO-DAY

The supply will be short this season.

It is not talk,
or boast,
or guess,

For Homestead Tea makes
its own success.

It will make the husband
look pleasant at the breakfast table and keep the wife
in smiles all day long.

"There's a smile in every
cup of Homestead."

Tinted Almeria Grapes.

California Oranges.
Apples.

BEST FAMILY FLOUR,
55c. stone.

New Valencia Onions.

ORDERS NOW BEING
BOOKED FOR PLUMS
to arrive Sept. 9th.

Moir's Fresh Pound Cake.
Shredded Whole Wheat.

Ox Tongue in Glass.

C. P. EAGAN.

DUCKWORTH STREET & QUEEN'S ROAD.