

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 20 years, has borne the signature of...

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years



Synopsis of Canadian Northwest Land Regulations

Any person who is the sole head of a family, or any male over 18 years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta.

Duties: Six months residence upon and cultivation of the land in each of three years.

Duties: Must reside upon the homestead or pre-empted six months in each of six years from date of homestead entry.

Deputy of the Minister of the Interior: N. P. —Unauthorized publication of this advertisement will not be paid for.

T. W. BUTLER BARRISTER, SOLICITOR, NOTARY AND CONVEYANCER

Offices: Louisbourg pier, Newcastle

THE ADVOCATE may now be purchased at Follansbee & Co.'s Book Store.

Newcastle Steam Ferry TIME TABLE

Table with columns for departure times to various destinations like Chatham Head, P. M., etc.

SUNDAY TIME TABLE with departure times for Newcastle and Chatham Head.

ALL-THE-WAY-BY-WATER

Eastern Steamship Corporation

INTERNATIONAL LINE FARES NEWCASTLE TO BOSTON

First Class \$11.00, Second Class \$8.50, Return \$17.50

Leave St. John at 9:00 a. m. Mondays, Wednesdays and Fridays for Eastport, Lubec, Portland and Boston.

Returning leave Central Wharf, Boston, Mondays, Wednesdays and Fridays, at 9:00 a. m. and Portland at 5:00 p. m. for Lubec, Eastport and St. John.

MAINE STEAMSHIP LINE Direct service between Portland and New York.

Leave Franklin Wharf Tuesdays, Thursdays and Saturdays at 6:00 p. m.

Through tickets at proportionately low rates, on sale at all railway stations, and baggage checked through to destination.

L. R. THOMPSON, T. F. & P. A., A. E. Fleming, Agent, St. John, N. B.

I. R. C. TIME TABLE

The I. R. C. summer change of day which went into effect on Sunday, June 2, 1912, is as follows:

DEPARTURES—EAST with times for Night Freight, Local Express, etc.

DEPARTURES—WEST with times for Night Freight, Local Express, etc.

INDIAN TOWN BRANCH with times for Luckville, Renous, etc.

Newcastle, dep. 16:35, Milerton, dep. 17:10, Derby Jet, dep. 18:01, etc.

Blackville, arrive, 18:35

The way freight carries passengers and runs daily between Moncton and Campbellton, but has no stated time for arriving and departing at the different stations.

No Summer Vacation

We would greatly enjoy one, but as many of our students come from long distances, and are anxious to be ready for situations as soon as possible our classes will be continued without interruption.

Then, St. John's cool summer weather makes study during the warmest months just as pleasant as at any other time.

Students can enter at any time. THE JUNIOR COLLEGE S. KERR, Principal.

BRITISH OFFICER IN GERMAN PRISON

Lieutenant Brandon Was Permitted to Keep Cat For Companion —Not Ill-treated

Lieut. Vivian Brandon of the British Navy told an interesting story to a London newspaperman of his two and a half years' imprisonment in a German fortress for espionage. He exhibited a beautiful tortoiseshell cat, named Joseph, which shared the latter months of his detention and the animal is now his constant companion.

"She was of good service to me," the young officer said, looking at his pet, "an unobtrusive companion, helping me to avoid brooding over my position; and she shared my meals with me—little pieces of fish and meat and portions of milk that I saved for her. When I looked at Joseph, placid and peaceful on my table, my discontent was softened, and I became resigned to my lot."

Lieut. Brandon, in company with Captain French, was convicted of espionage in Germany, and was sent to the fortress of Wesel.

"The citadel of Wesel," he said, "is enclosed by grass-grown ramparts which shut out for me all view of the country beyond with the exception of three church steeples which protruded into the sky above. There was a special building set apart for military offenders undergoing detention, in which I was allotted a room of fair proportions. The number of other men detained varied from five to eleven, and were Germans as a rule, mostly confined for duelling. With these men I was permitted intercourse within limits, taking my meals in their company and remaining with them a short while at the conclusion of the meal. But after the escape of Captain Lux, the French officer convicted as a spy, the regulations were increased. No intercourse was permitted, and after exercise my door was locked.

"I rose at seven o'clock each morning, had breakfast at eight-thirty and from ten till eleven-thirty had my exercise walk within the ramparts, accompanied by a non-commissioned officer. Then at noon I had dinner and took another walk of an hour and a half in the afternoon, had supper at seven and was in bed by eleven.

"In the intervals I read German authors, like Goethe and Schiller, my object being to improve my knowledge of the German language, with which I was only slightly acquainted at the commencement of my detention. But I made progress until I was able to attempt translations, and I always wrote my letters in German.

"After about eighteen months I was removed to Koenigstein in Saxony. My room there was built into a solid wall, and life was somewhat different from that at Wesel. The opportunities for exercise were more prescribed, being limited to a small well-like courtyard. As at Wesel a sentry supplied with ball cartridge kept surveillance at my window during the night. Animals can only be kept by permission of the fortress commandant, but as soon as I was installed I asked the officer of Koenigstein for permission to bring Joseph there. He acceded at once, and he further suggested that I should occupy myself by gardening. Tools were obtained for me and I raised a promising crop of flowers, and I was especially proud of my patch bed. My health generally was excellent, the second fortress suiting me better, because the air was more bracing."

Lieut. Brandon was quite unprepared for his release, which came about as an act of courtesy on the part of the Kaiser when King George visited Berlin. Before he quitted the fortress he was compelled to sign an order expelling him from Saxony, but it was not intimated that the expulsion applied to Germany, and the assumption is that he may return there if he desires.

A Suffragette Story Major-General Bethune tells an amusing suffragette story. A suffragette, to run the story, the day went down to the brook and chase five smooth stones, and then went to the house of a Cabinet Minister. She took one of the stones and hurled it at the Cabinet Minister's window, but failed to hit it, and so with three other stones. At this point a streeturchin yelled at her, "Hi, yer can't throw straight for nuts!" Whereupon the enraged suffragette turned round and hurled the remaining stone at him—and smashed the window!

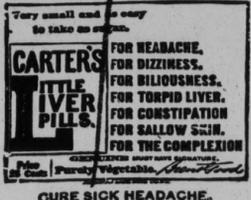
Fall of a Meteorite A meteorite weighing 37 pounds is the subject of discussion in chemical circles in Johannesburg. The stone fell in Zululand a few months ago and was not only noticed by an eye-witness some 15 miles away, but fell within a few feet of a native woman who gave information which led to its discovery. The meteorite cannot be broken. It is known, however, to contain platinum.

EVERY WOMAN is interested and should know about the wonderful Writing Spray Marvel Douche

ABSOLUTE SECURITY

Genuine Carter's Little Liver Pills

Must Bear Signature of Carter's Little Liver Pills



LUCKY GEORGE'S SERMON

Insurance Act a Huge Co-operative Benefit and Success, He Says

"We are teaching the people of this country, through the medium of an Act of Parliament, the great Scriptural lesson, 'Bear ye one another's burdens,'" said Mr. Lloyd George in a speech at Cricketh, Wales, on the Insurance Act.

"They said we should have no sanatorium; we have 6,000 workmen in excellent institutions receiving the best treatment; and they thank God for that Insurance Act. We have scores of thousands receiving sick pay who, but for the Insurance Act, would be at this moment without a spare penny."

"When you consider the gigantic character of the task we had in hand it is marvellous to me so much has been accomplished. Before the Insurance Act we had barely 5,000,000 of the industrial population of the country insured against sickness. We have now 14,000,000. The old societies alone have increased their numbers by 2,500,000; new societies have sprung up with an aggregate of 5,000,000 members."

"Just imagine if the Insurance Act had not been passed and what would happen if suddenly the population of this country had voluntarily thronged to the offices of friendly societies and the insurance companies and asked to be insured against sickness. You can imagine the disturbance, delays, and confusion which would necessarily arise in all those offices."



LADY SPRING RICE

wife of the British Ambassador to the United States.

A Royal Jewel Squabble

The jewels which the Duchess of Cumberland wears on state occasions recall a memorable Royal squabble which took place over them, in the course of which Queen Victoria, on one of the few occasions in her reign, made a mistake. When William IV. died these jewels were in England, having been brought over in the reign of George II. The pearls alone were valued at over a million dollars. The young Queen Victoria wanted them badly, and Prince Albert did his best to retain them. A commission of judges, however, in 1857 found against the Queen, and the pearls had to be returned to Hanover, much to the chagrin of Queen Victoria and her Consort. The Duchess of Cumberland is the mother of the young prince who married the German Emperor's daughter.

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WHOLESGOME FOOD FOR KING'S SAILORS

Substantial Bill of Fare on War Vessels and Many Delicacies at Reasonable Price

Within the past decade the dietary in the Royal Navy has altered greatly for the better. Gone are the days of biscuits so full of weevils that they had to be rapped on the table before being eaten; of salted meat so tough and hard that it could be manufactured into snuff-boxes; and of beer and water which, through long keeping in wooden casks, was as often as not quite unfit to drink.

Beer—of which the Elizabethan seaman received a gallon a day—has been supplanted by rum; while the water on board is now kept in iron tanks, which are refilled from the shore, or by the distilling apparatus on board, at frequent intervals.

All modern ships are fitted with bakeries, so Jack receives his fresh, newly-baked loaf every day of his life. There is also a refrigerator on board, in which is stowed enough fresh meat and vegetables to last every man in the ship for a month, so the sailor is no longer subsisting on salt beef and pork within a few days of leaving harbor.

Like a Big Hotel

A modern battleship, in fact, only carries about two days' salt meat—that is, if she is fitted with a refrigerator; and it is then carried merely as a "stand by," to be served out in very exceptional circumstances.

The ordinary daily menu of every man in the Navy is 1 pound of fresh bread, 1/2 pound fresh meat; 1 pint fresh vegetables; 4 ounces sugar; 1 ounce of tea, or 1 ounce of coffee for every 1/2 ounce of tea, if preferred; 1/2 ounce of drinking chocolate; 1 ounce of coffee if preferred; 1 ounce of unsweetened condensed milk; 1 ounce of jam or marmalade; and ounces of preserved meat on one day of the week in harbor, or on two days while at sea.

Mustard, pepper, vinegar, and salt are served out as required, while 1 pound of biscuit or 1 pound of flour is issued instead of the bread if the latter is not available. A man over the age of twenty receives one-eighth of a pint of rum daily, but those who desire it can receive money instead.

Origin of Grog

The rum itself, to all men except warrant and chief petty officers, is served out in the form of "grog"—three parts of water to one of rum. It is called by this name as the mixture was first issued by Admiral Vernon in 1740, for he, from the fact that he wore breeches made of a stuff called grog, was known to his men by the nickname of "Old Grog."

Economy is Possible

A man, moreover, is not forced to take up his full allowance of provisions. He must draw one-third of his amount of meat and vegetables, but for the remainder, if he likes, he can be paid their equivalent value in hard cash.

Once a month each sailor can buy one pound of tobacco for 1 s. duty. It is issued in leaf to 20 cents a pound, and as many officers smoke nothing but this brand, it speaks well for its quality. All this tobacco comes from special tobacco plantations in South Africa, and could not be bought ashore under \$1.50 a pound.

"Undesirables" in Japan

In an article in a Japanese periodical, Nogyo Lasshi, M. Sawa'a Gontoku enumerated ten classes of young men who are useless for Japan. They are intensely interesting, as affording some indication of the ethical spirit of modern Japan. First in the list of "undesirables" come the youths who have received a complete education, and find themselves immediately able to cope with the difficulties of life. Second are those whose bodies are insufficiently developed, and a prey to nervous disorders, owing to excessive intellectual labor. Third are the young men who have no education, and are stupid and narrow-minded. The fourth and fifth classes together comprise those who have not been in the protection of family life and are thrown too early into the difficulties of the world.

While Premier Asquith was speaking in the House of Commons, London, recently, a bag thrown from the stranger's gallery fell with a thud near the speaker's chair and burst, covering the surrounding seats with flour. At the same a batch of leaflets fluttered down, thrown by a young man who shouted something about Miss Emily Wilding Davison, the suffragette "martyr."

PRACTICALLY GIVEN UP TO DIE

"Fruit-a-tives" Cured Kidneys and Bladder

WILLIAMSTOWN, ONT., July 27th, 1910 "I have much pleasure in testifying to the almost marvellous benefit I have derived from taking 'Fruit-a-tives'. I was a lifelong sufferer from Chronic Constipation and the only medicine I ever secured to do me any real good was 'Fruit-a-tives'. This medicine cured me when everything else failed. Also, last spring, I had a severe attack of Bladder Trouble coupled with Kidney Trouble, and 'Fruit-a-tives' cured these complaints for me, when the physician attending me had practically given me up.

I am now over eighty years of age and I can strongly recommend 'Fruit-a-tives' for Chronic Constipation and Bladder and Kidney Troubles."

JAMES DINGWALL "Fruit-a-tives" is the only medicine in the world made of fruit juices—and is the greatest kidney, bladder and liver medicine ever put on the market. See a box, 6 for \$2.50 trial size, 25c. At dealers or sent post paid for 50c. Price by Fruit-a-tives Limited, Ottawa.

SUFFRAGETTE ARSON SQUAD BUSY AT WORK

Several Valuable Properties Burned down Last Week by them

The "arson squads" of the militant suffragettes have once more become very active. Besides the fire at the Hurst Park Race Course, started Sunday night, where the damage is estimated at \$70,000, they destroyed a boat house on the river Lea at Walthamstow, in the northeast of London, on Monday morning, and also the grand stand at the North Middlesex cricket grounds. The fire at Hurst Park was started in the royal box, the furniture of which had been saturated with oil. The flames were not extinguished until 8 o'clock Monday morning.

The trial of the suffragettes leaders, charged with conspiracy under the malicious damage to property act, began Monday at the Central Criminal Court, Old Bailey. The accused comprised Miss Harriet Ker, Miss Agnes Lake, Miss Rachael Barrett, Mrs. Beatrice Saunders, Miss Annie Kenney, Miss Laura Lennox and Edwy Clayton, the chemist alleged to have acted as adviser to the suffragettes in their campaigns.

"General" Mrs. Flora Drummond who was originally charged together with the other prisoners, did not appear as the case against her has been postponed until July owing to her illness.

Little interest appeared to be shown by the general public in the trial, and there were only a few women in court who, like the prisoners, wore a black band on their left arms as a sign of mourning for Miss Emily Wilding Davison, the militant suffragette who committed suicide in the Epsom Race Course.

There was a big array of counsel when the case opened. Sir John A. Simon, the solicitor general, was the leading barrister on behalf of the government, who is acting as prosecutor, while Richard David Muir, one of the best known barristers, was the leader for the defence.

ST. STEPHEN TO BE MADE ENTIRELY DRY

Determined Efforts being put forth to Close up all Liquor Shops

(Borough Commercial) St. Stephen liquor dealers are beginning to realize that Marshal Gibson was in earnest when he said he was going to close the booze parlors across the line, for the sale of alcoholic drinks is fraught with much uncertainty and great danger to the man behind the bar these days. On Friday the proprietor of the Queen Hotel was mulcted of a fine of \$100 and told that the next offence would mean the imposition of a jail sentence, as provided by the Canada Temperance Act for third offenses. It is understood that the town has secured the services of a prominent barrister from St. Andrews who will prosecute all Sect. Act cases and this is taken to mean that the present enforcement is something more than a bluff. It is generally agreed that there will be no hope for temperance law violators while the present town council remains in office.

THE SECRET OF GOOD HEALTH

Keep the Blood Rich and Pure with Dr. Williams' Pink Pills

The condition of the blood makes all the difference between health and sickness. Impure blood and strong healthy nerves and muscles never go together. If the blood is in every part of the body becomes weak. The stomach fails in strength and the appetite becomes poor. The body does not obtain enough nourishment from the food, and soon the nerves begin to complain and the person becomes irritable, dependent, worn out and nervous. For a time here may be no actual sickness, only a run-down, weak condition, but there is no defence against disease and from such a condition spring disorders such as anaemia, rheumatism, indigestion, neuralgia and even paralysis itself.

People who impure, thin blood should take Dr. Williams' Pink Pills for Pale People. Every dose helps to make new, rich blood, and new blood means health and strength. They stop the progress of disease, and red cheeks, good appetite, new strength, declare the general improvement in the health. Here is an example. Miss Ellen Maude McQuade, Harrison, Ont., says: "I feel my duty to add my voice to the many now recommending Dr. Williams' Pink Pills. For years I was a sufferer with backaches, rheumatism and nervousness. I was so bad at times that I was confined to my bed. I felt sleepy and heavy after my meals, and had flashes of light before my eyes, and a difficulty in collecting my thoughts. After using several remedies without benefit I began using Dr. Williams' Pink Pills and used ten or twelve boxes in all. They gave me the best health I have enjoyed for years, and I have not since had the least return of the trouble."

You can get these Pills from any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

There are times when the scales of justice look fishy.

BACK OF EVERY LOAF

You put in the oven, must be good flour or your bread will be a failure.

REGAL FLOUR

is your best guarantee of success in bread making, and if you see to it that every barrel of flour you buy bears the REGAL brand, you can be sure you have the one flour that excels in every good quality.

Buy a barrel today, try it and if it isn't satisfactory we'll give you your money back.

The St. Lawrence Flour Mills Co., Ltd. Montreal

SOLD IN NEWCASTLE BY D. W. STOTHART