BII

FOURTH SUNDAY IN LENT "When te shall we buy bread that these may ea (John vi, 5)

A great multitude was following Jeaus, because they had seen the miracles that He wrought on the sick. These words show us why the Church has selected this Gospel to be read during Lent. This holy season should encourage us to fol-low Jesus with zeal, to cling to Him without wavering, and to be loyal to Him always. The miracle of the feeding of the five thousand ought to quicken and strengthen our zeal. The events leading up to this he events leading up to this won derful occurrence were the follow ing: Our Lord had sent out His dis esch the Kingdom of Heaven and coming of the Redeemer On their return they reported to Him what they had done. About the same time Herod began to be suspicious regarding Jesus, of Whose teaching and deeds he had heard. St. Luke says: "Now Herod, the tetrarch, heard of all things that were done by Him, he was in doubt because it was said by some that John was risen from the dead, and by other some that Elias hath appeared, and by others that one of the ancient pro-phots hath arisen. And Herod said: "John I have beheaded, but who is the dead, and by other some this of whom I hear such things?' he sought to see Him. And the Apostles, when they were returned, fold Him all they had done" (Luke ix. 7-10). Our Lord knew well what Herod meant by wanting to see Him, and, to avoid this danger, and also to give His disciples some rest after their journey. He crossed by boat from the west to the east side of the Sea of Galilee, and went into a desert region. The multitude, however, having witnessed His miracles and heard His teaching, watched with dismay the departure of Him Whom they revered so much; and sorrow-fully looked at the boat that was conveying Him across the lake. In human existence weeping and lamen-tation are of no use at all, if we do not steadily resolve to acquire that, which we cannot see absent without

grief. If these people had stood weeping on the shore, and had gone home despondent, after Jesus had passed out of their sight, their zeal would not have been of the right ort, and would never have enabled to find Him. Our resolutions are often of this kind; we see that Jesus is no longer beside us; we are in a state of sin calculated to drive Him still further from us, and our resolutions are nothing but mere be reunited with Him, mere lamentation over our faults. Because we talk a great deal of Jesus and His love we flatter our-selves that we possess really plous zeal; but unless we follow the ex-ample of the multitude by the Lake of Galilee, our zeal is unprofitable. They looked after Him, not simply mourning His departure, but in or-der to see in what direction He was going. Having watched the boat start, they guessed where He would land, and then they made haste to go round the lake. Thus they set us a good example of zeal for Jesus. We ought first to ask: "Where is He? where shall we find Him, in what good work? in what act of self-denial?' And when once of selfwhere He is, in this duty or in that on, or that He demands this or that of us, then let us press forward and follow Him. That is not the time to ask whether it is convenient to us or not-whether it is easy or difficult, our business is to overtake Him, The multitudes of old forgot the necessaries of life in their anxiety to be with Him; and we, too, ought

to set aside all earthly advantages, all worldly considerations, if it is a

FIVE MINUTE SERMON fact it appears impossible for him to escape from his difficulties and troubles. Moreover, it frequently happens that external miefortunes are accompanied by inward desola-tion; Jesus seems to have forsaken him. Yet this intense sense of help lessness in many cases is the procur-sor of wonderful help. Just when all seems lost, our Lord's voice rings out unexpectedly: "Sit down, ye who are weighed down by misery,"—and He comes to give them strength and power.

Life is very miserable to those who suffer with Indigestion, Dyspepsia, Sour Stomach and Biliousness. This letter from Captain Swan (one of the best known skippers on the Great Lakes) tells how to get quick relief from Stomach Trouble. Jesus said: "Make the men sit down," and there was much grass in the place. We often hear that many who are faithful to Him die in misery who are fainful to Him die in misery without ever experiencing His won-derful help. Has He, therefore, really forsaken them? Is earthly happiness the highest form of happi-ness? The place where the weary multitude sat down reminds us of

Lakes) tells how to get quick relief from Stomach Trouble. Porr BURWELL, ONT., May Sth. 1973. "A man has a poor chance of living and enjoying life when he cannot cat. That was what was wrong with me. Loss of appetite and indigestion was brought on by Constipation. I have had trouble with these diseases for years. I lost a great deal of flesh and suffered constantly. For the last couple of years, I have taken "Pruit-a-tives" and have been so pleased with the results that I have recommended them on many occasions to friends and acquaintances. I am sure that "Fruit-a-tives" have helped me greatly. By following the diet rules and taking "Fruit-a-tives" according to directions, any person with Dyspepsia will get beneft". H. SWAN that far more glorious abode where those who follow Jesus loyally will some day have their rest. Is earthly misery the most intense that can befall us? Do our Lord's promises all apply to this world? Those crowds of Jews, eager for knowledge sat on the grass, whilst He stood be fore them as their Provider, from whom they received food and nour-ishment. How vividly does this scene represent the glorious future, when all the elect, gathered together H. SWAN "Fruit-a-tives" are sold by all dealers

as one great family, will rest round Jesus in His Kingdom, receiving from Him the bread of everlasting life and unending happiness. Then all will be made good, then He will receive with receivable

He will repay with unspeakable bliss for all that we have suffered for my grave-if I am lucky enough to His sake. Therefore let us often renew our resolution to seek Him with holy zeal, and to be faithful to Him until the end; then we shall often ex-perience His wonderful help even in this world, and when in His incom-prehensible wisdom He sees fit to withdraw this help, we ought to know that our souls, now hungering after righteousness and thirsting ation ?-Presbyterian Banner. after rest and consolation, will be crowned with all joy in His eternal

Kingdom. Amen

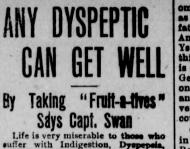
TEMPERANCE

BUSINESS AND DRINK Trade papers are commenting on

the remarkable change in business circles with regard to drinking Guzzling booze is neither encour aged nor tolerated as in the past Business men are cutting it out. Business men are cutting it out. The number of total abstainers is on the increase. The number of moder-ate drinkers is declining. Up to-date business men do not consider it cool form to him out the line of the it good form to line up at the bar. To be a good fellow it is not neces sary to " set 'em up." On the con-trary, the business man who drinks is regarded with suspicion from a business standpoint, for to conduct a successful business a man requires that all his faculties be at their best, and the drinking man dulls his mind and in the end loses out. Concern ing the passing of the travelling salesman with the whiskey breath You know, of course, that Mechlin is the Flemish for Malines. That is and the habit of wanting to treat everybody he meets, the Mail Order

ournal has this to say : Gone forever is the swaggering joke telling salesman-he with the whiskey breath and the cigarette-stained fingers. His place has been taken by the clear out, business-like gentleman, who makes his sales, not by treating, joking, and story telling, but by salesmanship, or brains in-telligently applied. The change is, of course, a credit to the craft, due to the inroads of advanced education It was not many years ago that a salesman to be successful must be a good story teller, a moderate drinker, and a good liar. Now he needs polstained Malines, the place will reish, deportment and tact. former type, in truth, did was on my way from Brussels to Antwerp and Malines is just halfway. How well I remember the grassy not drink because they liked it, but because it was a tool of the trade. Some drank, it is true, like the Chinaman who exclaimed after he plain through which the River Senn had bought a quart of fiery, exe-crable cheap whiskey: 'Me no drinkee for drinkee; me drinkee for drunkee.' Most salesman did not wanders and how as we crossed the Senne into the valley of the River Dyle, the huge tower of the Cathe-dral of Malines struck like a titan drink for pleasure ; they drank for business, but in the words of Rev. exclamation point into the sky. remember the cosy farms. I re-member that all the trees were Jasper. 'The world do move.' Civilization has caused this class to freshly budded or broken into leaf. be tabooed in all good business circles, and the man who dissipates I remember sturdy Flemish boys and I remember sturdy Flemmen boys and girls loitering along the roads, their hands filled with primroses and violets. I remember that as I locked in his fingers the old worn rosary sconfinds himself on the scrap-heap of men. To day few men who sell whiskey ever drink. This proves conclusively it need not be a drinker that sells the goods but a thinker." came :

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my grave—a headstone. Here it is : 'Here lies ''Snake Murphy.'' He was in jail forty years. Cheap booze kept him there. They still sell it.'' What a commentary is that last sen-tence on our civic morality? It sums up the whole injuity of our attitude up the whole iniquity of our attitude and action towards the liquor traffic. Russia has stopped selling it. Where do we come in on the scale of civiliz-

CARDINAL MERCIER London Free Peess, Jan. 18, 1915

When I came out of Flanders brought with me a collar of Mechlin a history. It was brought as a pre-ent for a dear friend. But I gave it

to her in an evil hour. How well I remember: The tissuepaper that wrapped the fragile work of some Flemish peasant girl's hand had scarcely been unrolled; my friend was yet in her first ecstacies over the beauty of the design and the fineness of the thread, when the telephone rang. Its message was a message of sickness and sorrow. In he hurry that followed, the lace in its paper wrappings was gathered up carelessly, and we suppose, burnt. In any event it disappeared. We never saw it again. And ever since I have had a remembrance in my mind that associates Mechlin with tragedy. Tragedy, little did I realize the tragedy that was to be!

the disadvantage of having a dual anguage in a country ; one is so apt to get things and places mixed. In Belgium as you are aware, therefore quite naturally Malines is the name

most impressed upon the mind of the tourist. But Mechlin is the word be-loved of the peasant. And then it goes without saying, there are a great number of people who use both names indifferently. To us over here, since the "Little Kingdom" has been swept by war, Malines has been the name in all those terrible cable dispatches — and the blood-

main for us for all time. How clearly I recall the spring

ominous reticence; the veil of silence as it were, which he threw over the fate of Belgian priests and nune. And yst reticent as he was, Mons. Yseux gave us a hint of unspeakable of intol

things. He said in part: "Belgium is a Catholic country, that is why the Germans have trained their cannon on her churches; that is why priests and nuns have been ..." Then the veil fell. Either he would not or he veil fell. Either he would not or he

Good for \$1 Pair-

culd not go on. One of the most beautiful churches in the world was the Cathedral of St Rombold at Malines ; exquisite thir. of Drafts to Try and New Book on Rombold at Malines; exquisite thir-teenth century Gothic, with a Gothic tower 824 feet high and a chime of bells reckoned the finest and the most complete in Belgium. All is gone. A few shattered walls; some broken fragments of lace-like work; a jumbled heap of cracked and shivered bronze that once was bells. The bell is the Soul of Flanders; that Soul is silent. Rheumatism When filled in and mailed to FREDERICK DYER, Dept. Px11, Jackson, Mich. Name Soul is silent.

One of the most beloved priests of

One of the most beloved priests of modern times was the Archbishop of Malines, now Cardinal Mercier; a man so simple, so kind, so human, that only the good bishop in Hugo's "Les Miserables" is perhaps com-parable to him. That priest is now in the hands of the Germans; his church a ruin; his house desolate, himself a prisoner. Well it is for the purpose of incorporating a character-sketch of Cardinal Mercier, written by a war correspondent to The by a war correspondent to The London Weekly Despatch, that I write this article. Says the corres-pondent in part: (Given! else-where in full in this issue.)

Ab, it is only to shut one's eyes to see again the spring sun shine on that glorious tower; only to listen with the inward ear to hear those sweet bells chime. And looking and listening, one realizes that though church and chime are gone the spirit of them and of what they have accomplished for the character of the Bel-gian people remains ineffaceable.

And the spirit of Cardinal Mercier and what he means, shut away at this hour though he is from those who need him, that spirit also lingers. It hovers over Malines and over his people. It encourages them to the new patriotism, the patriotism of patier patience-patience against the day when the sun will shine once more for Belgium. FANFAN.

"THE IRISH GUARDS SAY THE BEADS WHILE GOING INTO ACTION."-News Item. The rain was falling, and pools of

blood Marked the spots where the fallen

lay, And thro' it all the grim guns roared, And the tramp of feet made the great field sway.

The Guards rushed forward with faces set,

And eyes that saw only the foeman's breast mark for the whizzing bullets

swift spot where the bayonet points might rest.

He staggered back with a half-choked

cry, And as they raised him with gentle care, The keen blue eyes were filming fast,

But the grey lips moved as tho' prayer. His hand was clasped on his wounded

breast, But as they drew it gently away, He caught in his fingers a rosary

worn And, "Hail Mary!" they heard him SBY.

He raised his head with the old swift smile; "I've got to say it before I go-Sure, Mother made me promise I

"Our Father," he murmured low.

yet.

twined

feet,

PRIEST SAYS



dom and equal rights which now floats throughout the length and breadth of our great nation, and the hoisting in its place of the black flag Aching Limbs CAN BE CURED CAN BE CURED

It is a disease-not a habit

"Some years ago I was a heavy drinker. Demon drink had me in his grip. Friends, business, family, were slipping from me. Buin stared me in the face. But one friend remained, a physician. Through his efforts

I WAS SAVED

I WAS SAVED. This man had made a scientific study of drunkenness as a disease. He had found a cure for it." It was a case like this that made me realize how many others were in need of aid, and determined me, if possible, to offer Samaria Prescription to the world. The treatment is absolutely different from others. It can be given without the patient's knowledge if desired. Thous-ands of wives, mothers, daughters and sisters have saved their men-folk from the curse of alcohol through it.

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question of being near Him, of cling-ing to Him and of being faithful. This is true zeal for Jesus Christ, and if we possess it we may be sure that He will never forsake us, but will care for us tenderly.

He cares for those who trust Him What a consoling truth! How plain-ly is it revealed to us in to-day's Gospell And yet experience often seems to point the other way, and those who trust Him appear to be forsaken. But did not the poor, hungry people seem forsaken? Did not our Lord Himself appear to be somewhat, embarrassed about them? "Whence shall we buy bread that these may eat? Neither Jesus nor His Apostles had money enough to buy bread for so many. This is plain from St. Philip's answer: "Two hundred pennyworth of bread is not sufficient for them, that every one may take a little." And even if the necessary money had been forth. coming, there was not so much bread available, there was only a boy with five barley loaves and two fishes for sale, so that in addition to the want of money, it would have been impossible to buy enough bread. Jesus, instead of consoling the hungry mul-titude that had followed Him so titude that had followed Him so faithfully, seemed to deprive them of their last hope by acknowledging their pitiful plight, and saying: "Whence shall we buy bread?" Yet He allowed them to realize the whole world for a single "Whence shall we buy bread?" Yet He allowed them to realize their helpless condition so thoroughly only that they might be more firmly con-vinced by the miracle that He was on the noint of working. The on the point of working. They were to seem forsaken, in order that His love and power might be revealed

man answered, "Booze. As soon as I get out of jail I beat it for more gloriously. It is often thus in the various It is often thus in the various difficulties and misfortunes of life. So many obstacles and trials present themselves that a man seems hope-lessly lost. In many cases he has neither money nor bread, or, in other words, he has no prospect of help; in

"THEY STILL SELL IT "

God's in His heaven, All's right with the world!" There recently appeared in the Even now the thought of that papers the biography of a noted petty criminal who has spent forty spring morning and the recollection years in prison. "The wages of sin are mighty small," said the aged that those lines flashed upon my mind with an especial meaning at that moment is grateful to mycheart. Something of all this desolation and man as he sat bent and miserable in the court. "I have spent more than sadness is blotted out by it. forty years of my life in prison, but the total value of all I have stolen will not reach \$100. The devil When Mons. Victor Yseux, barrister at law and past president of the

must be a mighty mean paymaster to give a man no more than that for Antwerp Bar Association, spoke in London the other day, his listeners must have been impressed by the

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