

# Things to do, courses to take

## Mississauga parks and recreation

Mississauga's young crowd will have plenty to do this spring thanks to the efforts of the city's recreation and parks department.

• **Children's Ceramics** is offered to give budding artists the opportunity to learn the basic techniques of clay working, use of tools, glazes and firing. The emphasis is on sculpture and clay modelling. The course is open to children ages eight through 15 years and costs \$15 for eight weeks beginning April 6 to 7 at Huron Park Recreation Centre.

• **Creative Craft Adventures** is a stepping stone for young children into the world of art. Youngsters are given the opportunity to express themselves creatively via a broad range of materials. The program begins on April 7 and the fee is \$13.50 for eight weeks.

• **Oil Painting** is for students interested in learning about the use and technique of oils. This is an informative and creative course with emphasis on the correct use of materials and

development of individual technique. Supplies are not included and a list of requirements will be distributed in class. The course costs \$18 for eight weeks.

• **The Trampoline Program** offers to boys and girls, eight years of age and over, instruction in basic trampoline skills and proper spotting techniques. Maximum per class is eight students. The program will begin April 11 at Erindale Secondary School and run for eight weeks. The fee is \$16.

• **The Mississauga City Vans** is a popular club for van owners of all ages. Regular activities include displays and demonstrations, community service work and social events. Prospective new members may call 274-7019.

Registration for all spring events are now being accepted either by mail or in person at the Mississauga Recreation and Parks Department, 55 City Centre Drive, (8th floor), Univac Building, Mississauga, L5B 1M3. For further information about locations call 279-7600.

## Mississauga Y

If you're tired of the same old routine, the Mississauga "Y" has three new spring programs ready to challenge your abilities.

• **Chopstick Cooking** — Add a new dimension to your home cooking by learning the Chinese way. It allows you to stretch your food dollar since less meat is used in Chinese dishes. All dishes, traditionally prepared in a wok, can also be done in a frying pan. Basic dishes are demonstrated and sampled at the end of each evening. The course begins April 19 and runs to June 7, Thursdays from 7:30 to 9:30 p.m. at Cooksville United Church, 2500 Mimosa Row.

• **Handwriting Analysis** — A course in the study of graphology will enable the student to understand how personality traits can be ascertained through the analysis of each individual stroke of the pen. It runs from April 10 to May 29, Tuesdays, 7:30 to 9:30 p.m. at the "Y" office, 93 Dundas St. E.

• **Stained Glass** is a unique art form. This course will teach all the necessary skills and techniques to produce objects such as tiffany lamps, windows, terrariums, planters and decorative boxes. The course is offered on Thursdays, 7:30 to 9:30 p.m. from April 12 to June 14 at Forest Avenue Public School in Port Credit.

For free brochures and further information about other "Y" programs call 275-3005.

The Mississauga "Y" urges Mississaugans to get up, get out and get into shape with a variety of fitness programs aimed at adults.

• **Eurhythmics**, Margaret Morris Movement is a unique system of exercise, movement and dance training. Ten standards of exercise graded to develop muscular control and coordination make up the program. It runs April 5, to June 7, Tuesdays from 9:15 to 10:30 p.m. at Christ Church United and April 4 to June 6, Wednesdays, 8:30 to 10 p.m. at Riverside Public School.

• **Disco Exercise** to music is a true "get into shape" class. It starts today and runs to June 6, Wednesdays, 7:30 to 8:30 p.m. at Riverside Public School.

• **"Y" 's Way to a Healthy Back** is a program of gentle exercise designed by the medical profession and physical educators for people suffering from low back pain. Benefits of the class include relaxation training for the tense individual and a jumping off point for those who are extremely out of shape. The course runs Mondays and Wednesdays, 8 to 9 p.m. from April 19 to May 16 at Clarkson Presbyterian Church.

• **"Y" Fitness Instructor** course is designed for those who want to take their interest in fitness a step further. The instructor certification package includes 20 hours of training this spring, Wednesdays 7 to 9 p.m. from April 18 to June 20 at St. Christopher's School, 10 hours of training in the fall to be announced and eight hours of in-service training in a fall class.

Other programs offered by the "Y" this spring include judo, volleyball, horseback riding and yoga. For details about cost and locations call the "Y" at 275-3005.



GODFREY BOOTH THE TIMES

## Come visit us

Jennifer Clark rocks the cradle as Martina Lantin and Laura Michaluk (right) attend to the doll house at Lorne Park Montessori Playschool, 1190 Lorne Park Rd. The school is

holding an open house and registration day on Sat., April 7 from 10:30 a.m. to noon. All parents are welcome.



GORM LARSEN THE TIMES

## Good citizens

Captain Safety and Safety Woman are super heroes, conceived by Streetsville students last year. Sergeant Yakachuk, Mississauga Traffic Council congratulates two of the eight students

who received a citizenship award for their efforts. Carl Page and Jim Dean represent the eight students.

# Coming up: The symphony's second gala

Peter Appleyard, Dave Broadfoot and Premier William Davis are three of the VIPs scheduled to appear at the second annual Mayor's Gala fund-raising dinner-dance sponsored by the Mississauga Symphonic Association.

The \$65-a-plate formal event will be held at the Mississauga Golf and Country Club on Friday, May 4 and the symphony is hoping to raise about \$20,000.

A grand prize of a trip for two to anywhere in the world Air Canada flies, courtesy of Air Canada, will be awarded along with other prizes.

The evening's agenda includes dinner, dancing to Peter Appleyard

and comedy by Dave Broadfoot plus a cash bar. Six hundred tickets will be sold for the event.

Last year's dinner dance, termed a "smashing success" by Linda Lowden of the MSA, raised \$16,000 for the symphony.

For tickets and information call 274-1571.

## Kiwanis spring drive

Fertilizer and peat moss, delivered to your home and sold at competitive prices, is being offered as a fund-raising project by the

Kiwanis Club of Mississauga (Dixie). Their blitz day will be Saturday, April 7.



The group is selling 15 items, including cattle or sheep manure, peat moss, lawn seed, crab grass preventer, lawn pep and nine choices of fertilizer.

Call Grant Baker, 822-9939, Ron Lake, 639-6796, Wilson's Gulf Station, 277-3695.

## Home managing

The Brampton based Family Help Project, a Canada Works grant operation, is offering two eight-week courses, free of charge to Mississauga homemakers.

One course is in nutrition and home management and the other in parenting. Both will be conducted at the Ecumenical Centre at Square One during April and May.

Staff members Alice-Anne Train and Frances Williams will teach the nutrition and home management course Tuesdays from 9:30 to 11:30 a.m. beginning April 10 and running to May 29.

Babysitting is available at Square One for a moderate fee. Those interested in the courses should call 465-1958 to register.

## Elmcrest goal reached

The young students at Elmcrest Public School reached their goal in pledges at their skate-a-thon held at Clarkson Arena — and now have collected all the money. The kindergartens-to-Grade 5s wanted to raise \$4,000. They finished collecting the pledges last week and that goal was reached.