the thrill we ought to know as workers is missed, because we do not insist that the seed we sow, being good seed, shall have a body given to it, and after the blade and the ear have had their day, we shall see the full corn and have the joy of those that bear home the sheaves. "Wherefore lift up the hands which hang down, and the feeble knees."

Toronto

THERE IS HELP

By Rev. F. W. Murray, M.A.

It is good to remember that no earnest teacher has to work alone. When he sits down before his class, it is to teach the gospel, and beside him there stands always the Elder Brother.

There may be boys and girls in the class whose needs it is difficult to meet. But one does not have to meet them alone. He can turn to the Elder Brother and ask, though silently, "Dear Saviour, how shall I help this boy or girl?" And the answer will come quickly. We shall never fail with a pupil, when we ask help from him who is ever tender and sympathetic to those who need His aid.

One's patience may be often tried, but it will never be found wanting when we turn to Him for help. There are many vexing things. Perhaps the school is not well managed. The interest in it is not great. Parents are careless. We are hampered for lack of apparatus and have a poor room. But the Elder Brother is strong to give us all the help we need. And with His help all conditions are favorable. Without Him we can do nothing; but "I can do all things through Christ which strengtheneth me."

Confidence in a Helper who is ready and able to give complete aid will make one efficient for his work. There is no teacher so capable of leading his pupils into all that is highest in life as he who can turn to Christ with perfect assurance. For such an one there is guidance in all difficulties, and the real solution of all questions.

And to him there will come a sense of personal strength, born of his confidence in the supply of power which is his for the seeking. He will be strong in the strength supplied him. Such an one can really help others: and the supreme office of the teacher is to help. Every pupil in his class wishes to be helped, and can be helped. And he who can give help, and will labor to do it, will never find himself without an opportunity. His class will always be full enough.

The great qualification of every teacher, then, is that he live in confidence in and fellowship with Christ. All things will come to him who seeks to do this. And though he may be dull in books, his skill in reading the heart will make up for much.

For it is well ever to remind ourselves that our aim is above all things to lead the young to a personal trust in Him who can be a real Guide to them in every need. And if we fail somewhat in geography, history, or the like, our pupils may not suffer so greatly thereby; but if we fail to lead them in the days of youth to find their help in Him who is mighty, we fail indeed.

The true way to success, then, is ever to seek His aid. And for those who faithfully do this, there can be no real failure.

Upper Musquodoboit, N.S.

PILATE'S TRIAL BEFORE CHRIST

By Rev. W. R. McIntosh, B.D.

The scene in Pilate's judgment hall was supposed to be the trial of Christ. It was in reality the crial of Pilate. The case was not so much "Christ before Pilate" as "Pilate before Christ." For Christ, it was but one incident on His appointed way to the cross; but for Pilate it was the judgment day that fixed his place and name in history.

That day the Roman Governor was forced to face the all-important question, "What shall I do with Jesus?" on the answer to which would hang the fate of both, but especially of himself.

The full significance of this question Pilate was not aware of, yet it filled him withmuch anxiety. He knew that Jesus was a just man, and he suspected something more. He knew also that He was the victim of Jewish envy. His personal convictions were in favor of Jesus, and these were reinforced by the warning of his wife, to have nothing to do