

That Night Cough!

You know it! It begins with a tickling, irritating sensation in your throat. You cough to clear the throat. In a moment, there it is again!

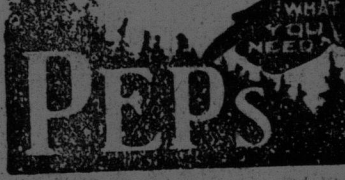
A minute's peace, then again you cough, and so on until you cough your throat sore, and by the time the cough is sufficiently allayed to permit you to sleep, you are thoroughly worn out. This kind of experience is particularly trying to old people.

Peps make it quite unnecessary for you to have this kind of thing happening.

These night coughs are due to the formation of mucus in the air passages, or to a little inflammation in the bronchial tubes. As soon as you put a Peps pastille on your tongue, and allow it to slowly dissolve, healing balsamic fumes are liberated, which are breathed down the air passages and bronchi. These healing fumes allay irritation, and so transform the hard phlegm and mucus that is easily expelled. They impart, too, a feeling of warmth and a glow of comfort in the region where pain and irritation were before felt. Remember, also, Peps contain no opiates—no poisonous compounds. This makes Peps so suitable for the coughs and colds of children; and in these should quickly grasp and appreciate this vast superiority.

Just as the out-door treatment for consumption—the "breathing" treatment—is now admitted to be the only rational treatment, so the "Peps" treatment for colds and lung troubles is the only rational home treatment. Peps treatment means the BREATHING down to the lungs, bronchial tubes, and chest cavity, of healing, strengthening, purifying medicinal ingredients. You can't swallow medicine into your lungs. If a medicine can't be BREATHED, it can't get to the lungs and bronchial tubes. Peps provide a medicine you breathe—not swallow. For all disorders or irritations of the lungs, or bronchial tubes, therefore, use Peps. These include: catarrh, coughs, bronchitis, sore throats, tightness or aching across the chest, difficulty in breathing, hoarseness, asthma, laryngitis, smoker's throat, etc.

All druggists and stores sell Peps at 10c. box or 3 for \$1.25. Should your dealer be out of stock, order direct (postpaid) from Peps Co., Duport St., Toronto, or 62 Princess St., Winnipeg.



LETTERS TO THE EDITOR

MEMBERS LEFT FREE

To the Editor of The Times: Sir,—In the report of the meeting of the Presbyterian Ministers' Association held on Monday of this week, it was stated that the members of the association "came to the conclusion that the present time is not opportune for seeking new legislation to bring the city under the operation of the Scott Act." We wish to state in this connection that the association made no pronouncement on this point. The general policy of the Presbyterian church in Canada on the temperance question was discussed and a resolution adopted in terms of the declaration of the general assembly in 1912. Within the scope of this resolution members of the association were left free to exercise their own individual judgment with respect to the present campaign.

On behalf of the association,
J. A. MACKIEGAN, Secretary.
St. John, Feb. 18.

GIVE THEM WORK

To the Editor of The Times: Sir,—There are a number of professional "hobos" who make it an annual practice to "beat their way into the city of St. John, towards the fall of the year, and day and night appear at the private homes and business places of many of our well meaning citizens and with the well prepared hand-luck ticket manage to obtain board and lodging tickets. The various names and addresses of kind-hearted citizens are exchanged nightly among these "hobos," and naturally the annual board-bills of these "hobos" are annually presented to the various citizens who so kindly lent them their aid. Seeking employment is unknown among them while they find the citizens at all "easy."

Your correspondent "Civics" of last evening's Times speaks truly. The average working man keeps his troubles to himself and seeks consolation with his family after his daily toil (for employment).

It certainly seems discouraging to the willing worker to see those able-bodied "hobos" receiving tickets for their financial embarrassment, while the taxpayer awaits anything in the nature of relief works.

"ONE OF THE MANY."

FINE PAPER FROM BAMBOO

German Professor Announces New Discovery.

Berlin, Feb. 19.—Prof. Schwabe, of Flerwald University, announces in the Chemical Gazette that he has found it possible to produce a very fine grade of white paper, especially suited for printing purposes, from bamboo cane and rice straw, which can be had in large quantities from India.

By a roasting process a fibrous, pulpy product is obtained. It can be shipped to Europe cheaply and easily converted into the raw material for paper-making.

Another Suburban Protest.

L. R. Ross, terminal agent for the I. C. R. was visited last evening by a delegation of suburbanites who registered a complaint because the Halifax train, which is now making suburban stops, was held for the Boston train and was about three-quarters of an hour late in leaving the depot. A few nights ago the Halifax train was held until one o'clock to make connection with the Boston.

PASSAMAQUODDY BAY AND ST. CROIX FISHING

Provisions of Bills in U. S. Congress Affecting New Brunswick and Maine Boundaries

(Bangor Commercial)

Washington, D. C., Feb. 17.—Bills which Senator Swanson and Representative Flood have introduced in their respective branches of congress to give effect to provisions of a treaty between the United States and Great Britain concerning fisheries in boundary waters affect Maine waters measurably. Presumably these bills will become law. They are now before the foreign affairs committee of the house and the foreign relations committee of the senate and will be favorably reported soon.

The portions of the treaty affecting Maine are chiefly under the titles of territorial waters of Passamaquoddy Bay and St. Croix river. There is much which bears upon the lobster fishing industry. The paragraphs of chief Maine interest are as follows:

"The following regulations (18 to 25, inclusive) shall apply to the territorial waters of Passamaquoddy Bay:

"18. Protection of spawning grounds.—From July 16 to October 15 in each year, both days inclusive, no herring shall be fished for, killed, or captured on any of the recognized spawning grounds for herring, and no weir, net, or other fishing apparatus or gear for catching herring shall be used or operated on said spawning grounds.

"19. Weirs and seines.—No weir or fixed apparatus for the capture of fish shall be placed at a distance of less than 1,000 feet along the shore from any other weir or fixed apparatus.

No net shall be placed, set, or operated within 500 feet of the mouth of any weir, without the consent of the weir owner.

Wherever in these treaty waters the use of seines is or may be permitted by law, no seine shall be drawn to the shore, but all fish taken in such seine shall be bailed or dipped from the water.

"20. Close season for salmon.—From August 15 in each year to March 1 succeeding, both days inclusive, no salmon shall be fished for, killed, or captured in these treaty waters.

"21. Purse nets prohibited.—No purse net shall be used in these treaty waters.

"22. Legal size for lobsters.—No lobster of which the carapace is less than four and three-fourths inches in length shall be fished for, killed or captured in these treaty waters.

"23. Berried lobsters.—No berried lobster shall be fished for, killed or captured in these treaty waters.

"24. Lobster traps.—No lobster trap or other apparatus for the capture of lobsters shall be placed in these treaty waters within 500 feet of the mouth of any weir or stationary salmon net or in water of a less depth than two fathoms at low tide.

"25. Close season for lobsters.—From May 6 to Dec. 6 in each year, both days inclusive, no lobster shall be fished for, killed or captured in these treaty waters.

For St. Croix River:

"The following regulations (26 to 28, inclusive) shall apply to St. Croix river: "26. Nets in St. Croix river.—In the tidal waters of the St. Croix river, no weir or fixed apparatus for the catching of fish shall be placed at a distance of less than 1,000 feet along the shore from any other weir or fixed apparatus.

"No seine or other net shall be placed or set within 500 feet of the mouth of any weir without the consent of the weir owner.

"Whenever in these treaty waters the use of seines is or may be permitted by law, no seine shall be drawn to the shore, but all fish taken in such seine shall be bailed or dipped from the water.

"27. Close season for salmon.—From August 15 in each year to Feb. 1 succeeding, both days inclusive, no salmon shall be fished for, killed or captured in these treaty waters above tidal limits.

"28. Weekly close season for Salmon.—From April 1 to July 15 in each year, both days inclusive, there shall be a weekly close season of 48 hours from 6 o'clock on each Saturday morning to 6 o'clock on the following Monday morning during which no salmon shall be fished for, killed or captured in the tidal waters of the St. Croix river.

"During this weekly close season all weirs or other fixed apparatus used for the capture of salmon shall be so raised, closed or adapted as to admit of the free passage of fish through or by or out of such weirs or other fixed apparatus."

"The following regulations (29 to 32, inclusive) shall apply to St. Croix river: "29. Nets in St. Croix river.—In the tidal waters of the St. Croix river, no weir or fixed apparatus for the catching of fish shall be placed at a distance of less than 1,000 feet along the shore from any other weir or fixed apparatus.

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"Yes—FRY'S Chocolate will make this cake just delicious!"



Make the ICING for your Chocolate Cakes with Fry's Chocolate Powder

Easily and quickly made this way: Mix one-quarter cup of FRY'S CHOCOLATE POWDER with two cups of powdered sugar, adding two tablespoons of cream or boiling water. Try this once and you'll want to make icing this way OFTEN.

Remember: "Nothing Will Do But FRY'S"

Trade Supplied by

J. S. FRY & SONS, Limited

Truro, Montreal, Toronto, Winnipeg, Calgary, Edmonton, Vancouver, Victoria.

inference therefore is that our nurses have (in view of the large number of cases nursed) been attending a poorer class of patients.

During the year the board of management received a very handsome donation of \$600 from James Manchester.

The board would draw your attention to the small cost incurred in conducting the affairs of the association the total cost outside of nurses' salaries and car fares being \$129.92. Out of this \$129.92 is for medical supplies leaving \$25.92 to cover all other expenses.

The following is a classification of the work of our nurses giving comparisons with the year 1912. As the increases and decreases are given no remarks are called for, but we would merely point out that 596 more visits were paid than last year. The following figures showing the number of visits paid as compared with

the last four years may prove of interest:

1909 1910 1911 1912 1913
8922 8974 4885 5285 5921

Such a growth has necessitated our board devoting more time to the work of the order.

Nurses Report for Year 1913
No. of new cases 541 *154
No. of cases nursed 529 *153
Total No. visits during year 8921 *986

No. of doctors employing nurses 47 - 1
Surgical cases 142 * 7
Gynecological cases 40 * 1
Obstetrical cases 57 - 11
Chronic cases 57 - 12
Infants' cases 129 * 3
Tubercular 8 * 8
No. of paying patients 201 - 85
No. of non-paying patients 188 - 81
No. of Metropolitan Life patients 58 - 10
Operations 67 - 20
* Decrease

Average hours on duty 8 1/2 prev year 7 1/2
Average hours Sunday 4 prev year 4

Training Centre Here
Your board has under consideration the establishing of a training centre for nurses in St. John. They would then be in a position to provide other centres in New Brunswick with a Victorian Order nurse should they wish to co-operate in the maintenance of one. It is the opinion of the board that such an institution would be of benefit to the province; the question of expense, however, requires much consideration.

The advisability of establishing a milk station such as is conducted in Montreal and Halifax has been brought before the board. At such a station a nurse is put in charge who advises and teaches mothers to prepare feedings and provides them with milk from a certified dairy. Clinics are usually held once or twice a week by a doctor when mothers bring their babies and if anything is wrong with them receive advice as to the best treatment. In this connection

a recent report by the Victorian Order of Nurses of Ottawa shows that in the three years of cases at which the V. O. nurses have been present the death rate among Montreal babies, 24.5 per cent died before they reached the age of one year, has been reduced to almost seven per cent. While such conditions do not prevail to anything like this extent in

St. John, such statistics show the immense usefulness of such a work.

We regret to report that during the year Dr. J. S. Bentley retired from the board. We are pleased to report that Mrs. Edwards, Miss Tina MacLaren and Senator Daniel were elected during the year to the board.

The board desires to express its appreciation of the work performed by its nurses and of the satisfactory way in which their duties have been performed. They also tender to the board of commissioners of the St. John General Public Hospital their thanks for the comfortable quarters provided our nurses, to the mayor and commissioners for their continued interest and financial support of the order, the various subscribers for their interest and assistance. They also wish to express their thanks to the medical men of the city for their co-operation and assistance in the work of the association.

J. G. FORBES, President.
CHAS. W. HALLAMORE, Secretary-Treasurer.

Financial Statement.
Receipts.
Balance, 1912 \$ 345.90
Patients 47.15
Metropolitan Life Ins. 322.85
City grant 800.00
Donation, Mr. Manchester 500.00
Subscriptions 107.50
Total \$2,583.92

Expenditures.
Salaries, 1913 \$1,793.85
Cars and ferry 145.75
Emergency account 400.00
Drugs 62.00
Gauze 37.50
Advertising and printing 12.40
Stamps and postcards 5.12
Laundry 8.50
Express 1.00
Repairs and furnishings 2.30
Total \$2,583.92

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USE THE WANT AD WAY

HEART WAS SO BAL

Could Not Do Her Housework

Many women get run down and a unable to look after their household duties owing to the heart action being impaired or the nervous system unstrung. To all such sufferers Milburn's Heart and Nerve Pills will give prompt a permanent relief.

Mrs. Thomas Melville, Saltcoats, Sas. writes:—"I thought it my duty to write and tell you how much your Heart and Nerve Pills did for me. My heart was so bad I could not sleep, eat, or walk about the house. I could not do my housework at all, and what my husband could not do had to go on his hands and knees to do the housework. I had two small children depending on me besides three men to cook for, and worried me to not be able to do anything. My husband had taken some of your pills some years ago, and insisted on trying them, so I started, and before I had taken them two weeks I was considerably better, and before I had taken two boxes I was doing my own work again. Any one suffering from heart or nerve trouble should just give you pills a trial. If anyone cares to write I will gladly give them all the information I know concerning your wonderful medicine."

Milburn's Heart and Nerve Pills: 50 cents per box, or three boxes for \$1 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

USE THE WANT AD WAY