

That Night Cough.

You know it! It begins with a tickling, irritating sensation in your throat. You cough to clear the throat. In a moment, there it is again!

A minute's peace, then again you cough, and so on until you cough your throat sore, and by the time the cough is sufficiently allayed to permit you to sleep, you are thoroughly worn out. This kind of experience is particularly trying to old people.

Peps make it quite unnecessary for you to have this kind of thing happening.

These night coughs are due to the formation of mucus in the air passages, or to a little inflammation in the bronchial tubes. As soon as you put a Peps pastille on your tongue, and allow it to slowly dissolve, healing balsamic fumes are liberated, which are breathed down the air passages and bronchi. These healing fumes allay all irritation, and so transform the hard phlegm and mucus that is easily expelled. They impart, too, a feeling of warmth and a glow of comfort in the region where pain and irritation were before felt. Remember, also, Peps contain no opiates—no poisonous compounds. This makes Peps so suitable for the coughs and colds of children; and in these should quickly grasp and appreciate this vast superiority.

Just as the out-door treatment for consumption—the "breathing" treatment—is now admitted to be the only rational treatment, so the "Peps" treatment for colds and lung troubles is the only rational home treatment. Peps treatment means the BREATHING down to the lungs, bronchial tubes, and chest cavity, of healing, strengthening, purifying medicinal ingredients. You can't SWALLOW medicine into your lungs. If a medicine can't be BREATHED, it can't get to the lungs and bronchial tubes. Peps provide a medicine you breathe—not swallow. For all disorders or irritations of the lungs, or bronchial tubes, therefore, use Peps. These include: catarrh, coughs, bronchitis, sore throats, tightness or aching across the chest, difficulty in breathing, hoarseness, asthma, laryngitis, smoker's throat, etc.

All druggists and stores sell Peps at 10c box or 2 for \$1.25. Should you desire to buy direct from Peps Co., Dupont St., Toronto, or 42 Princess St., Winnipeg.



LETTERS TO THE EDITOR

MEMBERS LEFT FREE

To the Editor of the Times: Sir,—In the report of the meeting of the Presbyterian Ministers' Association held on Monday of this week, it was stated that the members of the association "came to the conclusion that the present time is not opportune for seeking new legislation to bring the city under the operation of the Scott Act. We wish to state in this connection that the association made no pronouncement on this point. The general policy of the Presbyterian church in Canada on the temperance question was discussed and a resolution adopted in terms of the declaration of the general assembly in 1913. Within the scope of this resolution members of the association were left free to exercise their own individual judgment with respect to the present campaign. On behalf of the association, J. A. MACKIGAN, Secretary. St. John, Feb. 18.

GIVE THEM WORK

To the Editor of the Times: Sir,—There are a number of professional "hobos" who make it an annual practice to "beat their way into the city of St. John, towards the fall of the year, and day and night appear at the private homes and business places of many of our well meaning citizens and with the well prepared hard-luck story manage to obtain board and lodging tickets. The various names and addresses of kind-hearted citizens are exchanged nightly among those "hobos," and naturally the annual board-bills of those "hobos" are annually presented to the various citizens who so kindly lend them their aid. Seeking employment is unknown among them while they find the citizens at all easy.

Your correspondent ("Civics" of last evening's Times speaks truly. The average working man keeps his troubles to himself and seeks consolation with his family after his daily toil (for employment).

It certainly seems discouraging to the willing worker to see those able-bodied "hobos" receiving tickets for their financial embarrassment, while the taxpayer awaits anything in the nature of relief.

"ONE OF THE MANY."

FINE PAPER FROM BAMBOO

German Professor Announces New Discovery

Berlin, Feb. 18.—Prof. Schwabe, of Friburg University, announces in the Chemical Gazette that he has found it possible to produce a very fine grade of white paper, especially suited for printing purposes, from bamboo cane. The product is obtained by a process, whereby the cane is cut into strips, which are then converted into raw material for paper-making.

Another Suburban Protest

L. R. Ross, terminal agent for the I. C. R., was visited last evening by a delegation of suburbanites who registered a complaint because the Halifax train, which is now making suburban stops, was held for the Boston train and was about three-quarters of an hour late in leaving the depot. A few nights ago the Halifax train was held until one o'clock to make connection with the Boston.

PASSAMAQUODDY BAY AND ST. CROIX FISHING

Provisions of Bills in U. S. Congress Affecting New Brunswick and Maine Boundaries

(Bangor Commercial)

Washington, D. C., Feb. 17.—Bills which Senator Swanson and Representative Flood have introduced in their respective branches of congress to give effect to provisions of a treaty between the United States and Great Britain concerning fisheries in boundary waters affect Maine waters measurably. Presumably these bills will become law. They are now before the foreign affairs committee of the house and the foreign relations committee of the senate and will be favorably reported soon.

The portions of the treaty affecting Maine are chiefly under the titles of territorial waters of Passamaquoddy Bay and St. Croix river. There is much which bears upon the lobster fishing industry. The paragraphs of chief Maine interest are as follows:

"The following regulations (18 to 25, inclusive) shall apply to the territorial waters of Passamaquoddy bay:

"18. Protection of spawning grounds.—From July 15 to October 15 in each year, both days inclusive, no herring shall be fished for, killed, or captured on any of the recognized spawning grounds for herring, and no weir, net, or other fishing apparatus or gear for catching herring shall be used or operated on said spawning grounds.

"19. Weirs and seines.—No weir or fixed apparatus for the capture of fish shall be placed at a distance of less than 1,000 feet along the shore from any other weir or fixed apparatus.

No net shall be placed, set, or operated within 500 feet of the mouth of any weir without the consent of the weir owner.

Wherever in these treaty waters the use of seines is or may be permitted by law, no seine shall be drawn to the shore, but all fish taken in such seines shall be balled or dipped from the water.

"20. Close season for salmon.—From August 15 in each year to March 1 in each year, both days inclusive, no salmon shall be fished for, killed, or captured in these treaty waters.

"21. Purse nets prohibited.—No purse net shall be used in these treaty waters.

"22. Legal size for lobsters.—No lobster of which the carapace is less than four and three-fourths inches in length shall be fished for, killed or captured in these treaty waters.

"23. Berried lobsters.—No berried lobster shall be fished for, killed or captured in these treaty waters.

"24. Lobster traps.—No lobster trap or other apparatus for the capture of lobsters shall be placed in these treaty waters within 500 feet of the mouth of any weir or stationary salmon weir, or in water of a less depth than two fathoms at low tide.

"25. Close season for lobsters.—From May 6 to Dec. 6 in each year, both days inclusive, no lobster shall be fished for, killed or captured in these treaty waters. For St. Croix River:

"The following regulations (26 to 28, inclusive) shall apply to St. Croix river:

"26. Nets in St. Croix river.—In the tidal waters of the St. Croix river, no fixed apparatus for the catching of fish shall be placed at a distance of less than 1,000 feet along the shore from any other weir or fixed apparatus.

"No seine or other net shall be placed or set within 500 feet of the mouth of any weir without the consent of the weir owner.

"Whenever in these treaty waters the use of seines is or may be permitted by law, no seine shall be drawn to the shore, but all fish taken in such seines shall be balled or dipped from the water.

"27. Close season for salmon.—From Aug. 15 in each year to Feb. 1 in each year, both days inclusive, no salmon shall be fished for, killed or captured in these treaty waters above the limits.

"28. Weekly close season for Salmon.—From April 1 to July 15 in each year, both days inclusive, there shall be a weekly close season of 48 hours from 6 o'clock on each Saturday morning to 6 o'clock on the following Monday morning during which no salmon shall be fished for, killed or captured in the tidal waters of the St. Croix river.

"During this weekly close season all weirs or other fixed apparatus used for the capture of salmon shall be so raised, closed or adapted as to admit of the free passage of fish through or by or out of such weirs or other fixed apparatus."

Advertisement for Fry's Chocolate Powder. Includes text: "Yes—FRY'S Chocolate will make this cake just delicious!" and "Make the ICING for your Chocolate Cakes with Fry's Chocolate Powder". Also features an illustration of a woman holding a cake and a child looking at a bowl of powder.

TRAINING CENTRE HERE FOR VICTORIAN ORDER OF NURSES

(Continued from page 1) Subscriptions are going fast, being \$107.50 against \$147 last year, however, several have been received since the closing of the books which would have brought the figures up to last year's. Our next annual statement will therefore receive credit for these. Receipts from patients decreased \$68.54 being \$477.17 as compared with \$545.71 last year. The principal aim of the order being to attend the poor, fees received from this source are in no way counted upon the

Chest Colds and Hoarseness Quickly Rubbed Away

"Nerviline" Gives Speedy Relief and Cures Over Night. Got a cold? Is your voice raspy—is your chest congested or sore? If so, you are the very person that Nerviline will cure in a jiffy.

Nerviline is strong and penetrating. It sinks right into the tissues, takes out inflammation and soreness, destroys colds in a truly wonderful way. Rub Nerviline over the chest—rub on lots of it, and watch that lightness disappear. Nerviline won't blister, it sinks in too fast—doesn't simply stay on the surface like a thick, oily liniment would. If the throat is raspy and sore, rub it well outside with Nerviline, and use Nerviline as a gargle diluted with warm water. Just one or two treatments like this and your voice and throat will be quick normal again.

Just think of it—forty years the largest used family medicine in this country—Nerviline must be good, must quickly relieve and cure a hundred ills that beset every family. Try it for: colds, coughs, hoarseness, sore throat, chest, hoarseness and muscular pains in every part of the body. Large family size bottle 50c.; trial size 25c. at all dealers.

NERVOUS ENERGY IS LIMITED

There is only so much energy in the human body. A few people have an abundance, but more have not enough. Hence the necessity of conserving vitality.

If wasted by mode of living, disease or worry there must be a reckoning, and trouble is sure to come. It may be headache and weak, aching eyes; it may be nervous indigestion, or it may be merely lack of energy and ambition, and feelings of fatigue or helplessness. Of course, sooner or later exhaustion of the nerves leads to prostration, paralysis or locomotor ataxia, but there is no need to let the trouble develop that far.

By using Dr. Chase's Nerve Food you can restore to the feeble, wasted nerve cells the energy they have lost. It will take some effort on your part to give up worry and anxiety, but you should realize your serious condition. Rest and use this great food cure and you are bound to improve in health and vigor.

inference therefore is that our nurses have (in view of the large number of cases nursed) been attending a poorer class of patients.

During the year the board of management received a very handsome donation of \$600 from James Manchester. The board would draw your attention to the small cost incurred in conducting the affairs of the association the total cost outside of nurses' salaries and car fares being \$129.92. Out of this \$100.10 is for medical supplies leaving \$29.82 to cover all other expenses.

The following is a classification of the work of our nurses giving comparisons with the year 1913. As the increases and decreases are given no remarks are called for, but we would merely point out that 886 more visits were paid than last year. The following figures showing the number of visits paid as compared with

the last four years may prove of interest:

Table with columns for years 1909, 1910, 1911, 1912, 1913 and totals. Rows include: No. of new cases, No. of cases nursed, Total No. visits during year, No. of doctors employing nurses, Surgical cases, Gynecological cases, Obstetrical cases, Chronic cases, Infant's cases, Tubercular, No. of paying patients, No. of non-paying patients, No. of Metropolitan Life patients, Average hours on duty 8 1/2 prev year, Average hours Sunday 4 prev year, Training Centre Here.

This Home-made Cough Syrup Will Surprise You

Stops Even Whooping Cough Quickly. A Family Syrup at Small Cost.

Here is a home-made remedy that takes hold of a cough instantly, and will usually cure the most stubborn case in 2 hours. This recipe makes 16 ounces—enough for a whole family. You could buy as much or as good ready-made cough syrup for \$2.50.

Mix two cups of granulated sugar with one cup of warm water, and stir two minutes. Put 2 1/2 ounces of Pinex (first center worth) in a 16-ounce bottle, and add the Sugar Syrup. This keeps perfectly and has a pleasant taste—children like it. Braces up the appetite and is slightly laxative, which helps end a cough.

You probably know the medical value of pine in treating asthma, bronchitis or other throat troubles, sore lungs, etc. There is nothing better. Pinex is the most valuable concentrated compound Norway white pine extract, rich in guleol and all the natural healing pine oils in this formula. The prompt results from this inexpensive remedy have made friends for it thousands of homes in the United States and Canada, which explains why this plan has been imitated often, but never successfully. A guarantee of absolute satisfaction, or money promptly refunded, goes with the recipe. Your druggist has Pinex, or we get it for you. If not, send to The Pine Co., Toronto, Ont.

Financial Statement

Financial Statement table with columns for Receipts and Expenditures. Receipts include Balance 1912, Patients, Metropolitan Life Ins, City grant, Donation, Mr. Manchester, and Salaries. Expenditures include Cars and ferry, Emergency account, Drugs, Gauges, Advertising and printing, Stamps and postcards, Laundry, Express, and Repairs and furnishings.

HEART WAS SO BAL Could Not Do Her Household Work

Many women get run down and a unable to look after their household duties owing to the heart action being impaired or the nervous system upset. To all such sufferers Milburn's Heart and Nerve Pills will give prompt a permanent relief.

Mrs. Thomas Melville, Saltcoats, Sas writes:—"I thought it my duty to write and tell you how much your Heart and Nerve Pills did for me. My heart was so bad I could not sleep, eat, or walk about the house. I could not do my household work at all, and what my husband could not do had to go undone. I had two small children depending on me besides three men to cook for, and worried me to not be able to do anything. My husband had taken some of your pills some years ago, and insisted on trying them, so I started, and before I had taken them two weeks I was considerably better, and before I had taken two boxes I was doing my own work again. Any one suffering from heart or nerve trouble should just give you pills a trial. If anyone cares to write I will gladly give them all the information I know concerning your wonderful medicine."

Milburn's Heart and Nerve Pills: 50 cents per box, or three boxes for \$1 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

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