## POOR DOCUMENT



Fit-Reform Donaldson Hunt

27-19 Charlotte Street

# FEATURES OF THE

JEST IN BRITISH COURT

MILK For Young and Old Alike

Nature first gives the infant milk. Why ever stop it? Why defy nature?

For the growing child, for the young man and woman, and for the maturer years, milk is a need-

Drink it slowly—eat it. That insures complete digestion. Consider milk in the place of heavier slowly digestible foods. Use milk as a substantial part of your meal.

Begin today to drink more milk. Teach every member of the family to know its value.

178 175 150 508 The Girls' League.

CHAMPIONSHIP OF

Y. M. C. I. LEAGUE

"topped."
Witnesses in court testified that it was not Mr. Billings' ball that did the damage. The court admonished Mr. Billings, however, that if it had been established that it was his ball that did the damage that it was his ball that did the damage it would have found him responsible.

Total. Avg.

Roses—

Rockwell 82 114 85 281 93 2-8

Quigley 79 78 74 281 77

Boyaner 82 81 89 252 84

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Henderson 98 106 95 294 98 420 452 436 1312

London, May 11.—A court jest in the Chancery Division became a tragic coincidence this week with the sudden death of Herbert E. Wright, a brilliant young lawyer, who was found dead in his rooms.

A few days previously in defending a case before Justice Sargent an affidavit was read which referred to Wright as "the late counsel." Justice Sargent jocularly observed that the report seemed to be exaggerated.

Two-men League.

Team No. 3 captured all four points from Team No. 13 in a match game rolled in the Two-men League on Black's alleys last night. The total of 394 made by the winners tied the season's record for total pinfall for a game in this league.

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Team No. 8 captured all four points from Team No. 18 in a match game rolled in the Two-men League on Black's alleys last night. The total of 394 made by the winners tied the season's record for total pinfall for a game in this league.

Team No. 8 captured all four points from Team No. 18 in a match game rolled in the Two-men League on Black's alleys last night. The total of 394 made by the winners tied the season's record for total pinfall for a game in this league.

Team No. 8 captured all four points from Team No. 18 in a match game rolled in the Two-men League on the pinfall for a game in the season's record for total pinfall for a game in the Two-men League on Team No. 18 in a match game rolled in the Two-men League on the pinfall for a game in the season's record for total pinfall for a game in the season's record for total pinfall for a game in the season's record for total pinfall for a game Two-men League.

Team No. 18— Total. Avg. Whittaker ..... 81 77 76 284 78 Gormley ..... 97 98 74 269 89 2-3



### Tired in the Mornings

"HOW do you sleep?" "Not very well. Lots of nights I lie awake for hours, restless and fidgetty, thinking about everything, but not resting or sleeping." "Have you consulted a doctor?"

"Yes. The doctor says I am ansemic; the blood is thin and watery, and the nervous system run-down for want of proper nutri-tion."

"Why don't you try Dr. Chase's Nerve Food?" "I don't know just why, unless it is because I thought it was only for the nerves, whereas what I need is some-thing to enrich the blood." "Well, that is exactly what Dr. Chase's Nerve Food does. It is only by enriching the blood that you can re-store exhausted nerves."

"Perhaps I should try it." "I certainly would if I were you, for I know it is wonderful the way it helps some people who are anaemic and generally run down in health."

"I am sure you will not be disappointed, and if I were you I would not lose a day before getting started with this treatment."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Ed-manson, Bates & Co., Ltd.,





## Famous Beauty Regains Health and Strength through Ironized Yeast

"A Wonderful Help in Keeping My Figure Perfect" Says Beautiful Elsie La Bergere, in Telling of Her Amazing Restoration to Health.

IT was by purest accident that I picked up a package of Ironised Yeast just as I was about to give up the stage for a long needed rest. The results that it brought in me proved that it was just what I needed. For today

in me proved that it was just what I needed. For today I actually feel like a new born woman!"

Such is the amasing statement of Elsie La Bergere, known to vaudeville lovers all over the continent for the beauty of her figure. Miss La Bergere, for those unacquainted with her work, presents plastic poses in porcelain and marble, with her remarkable posing dogs.

"My stage work," continued Miss La Bergere, "put such a severe strain on my nervous system that every performance became a hardship. I lost my appetite, and always felt tired and worn-out. Then I discovered Ironised Yeast—and I really cannot give enough praise to it. I find it keeps me absolutely fit in every way, and that it is a great help in keeping the shape of my body in wonderful condition. Ironised Yeast has a permanent place of honor in my traveling bag."

Ironized Yeast Can Help You, Too Ironized Yeast Can Heip 104, 105
If you need more fiesh—if you are pale, lacking in energy—or if your complexion is blemished by humiliating skin eruptions—try IRONIZED YEAST at once. Very likely you will be actually astonished at the improvement shown in you even after the first 46 hours. For IRONIZED YEAST embodies a remarkable new scientific process—a process which enables yeast to bring its splendid results often in just half the usual time! "Worth \$500" "Gains 8 Pounds" How New Process Makes Yeast Doubly Effective

"Gains 10 Pounds" "I have taken only 1% packages of IRONIZED YEAST, yet have gained 1s pounds in 16 days."

—Rev. L.W.V. 'Pimples Disappeared'

The reason plain yeast or ordinary "vitamine tablets" fail to produce 100% results is because most rem-down people cannot fully assimilate the wonderful health-building elements found in yeast. Some ether agent, it is found, is necessary in order to quickly concert these vital substances into rich red blood, strength and energy.

Iron, Science says, is of great value in converting the food we eat into living cells and tissue. So working on this process, Scientists finally discovered the amasing process of ironization. It is this process which helps us to derive from yeast all of the wonderful benefits it holds.

The Only Yeast That Is Genuinely Ironized Bear in mind that not all combinations of yeast and bron will bring desired results. Yeast brings best and quickest results only when treated through the process of ironisation. And this process is embodied only in IRONIZED YEAST, the one scientifically

Money Back Guarantee Get IRONIZED YEAST from your dealer today.

**Tablets** 

THE ONLY YEAST THAT IS GENUINELY IRONIZED

FREE! While IRONIZED YRAST is sold at all dealers on our Satisfaction Guaranteed basis, those who wish may try it absolutely FREE. Simply mail the coupon. It will bring you the famous Three Day Trial Treatment. The results, even from this short test, will very likely surprise you. Send for it now.

72 Free Trial Coupon Harold F. Ritchie & Co., Ltd. 10 McCaul St., Toronto DEPT. 54 Please send me the famous THREE DAY FREE TRIAL TREATMENT of Ironized Yeast.

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