

SUMMER REGATTA AT LAKE HOPATCONG.

row channel at their feet, his mind wanders back into the mighty, the unknown past, and wonders how those mountains, once united, were cut in twain by the river.

"A row through the Gap in a boat, toward evening, gave us a clearer impression of this great natural curiosity and drew to our lips the words of the Psalmist, 'O Lord how manifold are Thy works; in wisdom Thou hast made them all.'

"The country around the Gap is associated with names almost classic in modern Christian story. Brainerd, with a burning heart, once traversed the hills and vales of the Minisink, seeking to win the wild Lenape Indians to Christ and The Moravians had civilization. their missionary establishment at Bethlehem, and their preachers traversed the Delaware, Lehigh and Valleys, Susquehanna preaching Jesus with some success to the red Then John Brodhead, a warriors. Methodist pioneer, greatly beloved, was a native of this region, who went forth with heroic faith and saintly fervour when only eighteen years old to preach the unsearchable riches of Christ.

"Our allotted week having expired we returned home stronger in body and greatly refreshed in spirit by our communion with the solitudes and beauties of nature. Looking back on that pleasant week we often apply to it these lines of Wordsworth:

To look on nature, not as in the hour Of thoughtless youth; but hearing oftentimes

The still, sad music of humanity.
. . . . Therefore am I still
A lover of the meadows and the woods
And mountains; and of all that we behold
From this green earth; of all the mighty
world

Of eye and ear, both what they half create, And what perceive; well pleased to recognize In nature and the language of the sense, The anchor of my purest thoughts, the nurse, The guide, the guardian of my heart, and soul

Of all my moral being."

The word which best describes the Delaware Valley is restful. The woodland quiet, the sleep-giving,