man and this garment is to show the innocency of his life. Now those that throw dirt at him are such as hate his well-doing; but, as you see, the dirt will not stick upon his clothes; so it shall be with those who liveth innocently in the world. Whoever they be that would make such men dirty, they labor all in vain; for God, by that a little time is spent, will cause that their innocence shall break forth as the light and their righteousness as the noon-day." —Pilgrim's Progress.

Or the story of a traveller going down a coal mine, and seeing some beautiful white flowers blooming amidst the grim darkness, who said to the guide, "Do these flowers really grow here?" In reply the guide threw a handful of black dust upon the flowers, but it would not cling to them. The flowers had a natural enamel upon them which prevented the dirt from clinging to them. So with Paul's life now. It was like a pure white letter from Jesus to us. Recall his trial before Felix. His enemies tried to blacken his character, but God helped him to shake off all their wicked lies. However Felix kept Paul in Prison.

Lesson Subject—Build again the throne of blocks (or outline). Here is Paul being tried before another governor, Festus. Tell of King Agrippa and hissister Bernice coming to visit Festus. Picture by means of blocks Paul's trial before Agrippa. Describe the scene vividly, ch. 25: 13-27. Paul was not afraid to speak boldly even to a king. Paul was proved innocent, but he was led back in chains to prison. (So, too, was Jesus proved innocent yet put to death.)

Golden Glores—As (in imagination) the fingers of the gloves are drawn on all the little hands, repeat the following texts:

- 1. Lord, be Thou my Helper.
- 2. Fear not; I will help thee.
- 3. I am in trouble.
- 4. Call upon me in the day of trouble.
- 5. To whom shall I flee for help?
- 6. God is our refuge and strength.
- 7. The Lord is my strength and my shield.
- 8. In the time of trouble He shall hide me.
- 9. Leave me not, neither forsake me.
- 10. I will never leave thee, nor forsake

How Can I be an Epistle of Christ?—On an envelope (or outline) print, Letter No. VIII.—Our Lives Should Show Confidence in the Help of God. The blackboard outline for the day may be cut out and placed in the envelope for review, also a slip of paper, I Should Seek God's Help.

BLACKBOARD REVIEW

OBEY BELIEVE REPENT

What did Paul teach people that they should do? Three things are mentioned in v. 20. We may call these three steps in the Christian life. What is the first? Repent. Make sure by questioning that the scholars know what repentance means. What is the second step? Belleve. And the third? Obey. Whither do these steps lead? Ask Paul. What was he when we first hear of him? A persecutor of Christians. What did he become? A faithful servant of Jesus Christ. How did he become so changed? Just by taking these three steps. From what will these steps lead us away? Everything that is evil. And to what? All that is good and noble, and at last to heaven. Was Paul ever sorry that he had begun to climb these steps? No, he would not have changed places with Festus the governor or King Agrippa. When should we repent and believe and obey? Not once only but every day and all our lifetime.