without whose knowledge not a sparrow falls to the ground, so I believe that I shall be held accountable for the happiness or unhappiness I may bring into this little bird life that God has kindly given to make my life happier.

Never sit down and confess your self beaten. If there are difficulties in the way struggle with them like a Use all your resourses, put forth all your strength, and "never say die." The case may seem hopeless, but there is generally a way out somewhere. Are you bound and fettered by hurtful habits? Do not despair. despair. Do not can't do much to help yourself, it is true, but there is One who never fails to strengthen the young man when he makes an honest attempt to overcome temptation and master every evil passion. "He brought me up also out of a horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings." That is the experience of thousands of fellows who have felt their feet slipping, who have begun to sink in the quicksands of sin, and have reached out a hand to accept the loving help of the strong and gentle Christ. While he lives and loves, no man need ever give up.

FROM A LADY IN ONTARIO

"I like your paper very, very much. I shall try and get some more subscribers. My mother, to whom it is addressed, has been a invalid for nearly seven years, and we both have been confined to the house the most of that time. Found Church Work a comfort—always welcome."

WARMING THE CHURCH

How much more spiritual life there would be in all our churches if Christians would exercise to the full, their high priest's office of intercessory prayer. Much of the lack of spiritual life that is attributed by the pews to the pulpit, is located by God in the pews. Dr. Cuyler, speaking of his experience as a pastor, tells of two or three men in a certain congregation who met in their pastor's study to prostrate themselves before God and to ask for a baptism of the Spirit. emptied themselves, and prayed to be filled with Christ. He did fill Then they interceded most feverently for the awakening and conversion of sinners. Presently a most powerful revival shook the whole Church, like the mighty blast which filled the room at Pentecost.

Another clergymen relates that for fourteen successive winters there was a rich spiritual blessing brought down upon a certain Church just because it was the custom of the church officers to pray feverntly for the minister far into the night before each Lord's Day. How many Churches could be warmed by similar means. This is more likely to serve a church than the common method of leaving it and joining another

NOTICE,—to Localizers and others—All correspondence for Church Work must be addressed to Rev. John Ambrose, Digby, Nova Scotia, as this magazine is now printed in that town.

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