

HOUSEHOLD.

This is What the Mothers Do.

Playing with the little people
Sweet old games forever new;
Coaxing, cuddling, cooing, kissing,
Baby's every grief dismissing,
Laughing, sighing, soothing, singing,
While the happy days are winging—
This is what the mothers do.

Planning for the little people,
That they may grow brave and true;
Active brain and busy fingers
While the precious seedtime lingers,
Guiding, guarding, hoping, fearing,
Waiting for the harvest nearing—
This is what the mothers do.

Praying for the little people
(Closed are eyes of brown and blue.)
By the quiet bedside kneeling
With a trustful, sure appealing;
All the Spirit's guidance needing,
Seeking it with earnest pleading—
This is what the mothers do.

Parting from the little people
(Heart of mine, how fast they grow!)
Fashioning the wedding dresses,
Treasuring the last caresses;
Waiting then as years fly faster
For the summons of the Master—
This is what the mothers do.
—Selected.

Give the Girls a Chance.

(Venita Seibert, in the 'N. E. Homestead.')

On my daily tramps I pass through an old playground, a beautiful, shady, flowery old place. There the boys have a rollicking good time. In an open space at one end the older boys play baseball before an excited and perspiring audience, whose chief ambition is to become some day a member of 'the team.' Under the trees games of marbles, leap-frog, foot races and other games are in progress.

Very seldom have I seen a little girl at play there. One afternoon I met two little maidens gathering violets in a shady place. While I stood watching them a boy came running up with a baseball bat in his hand.

'Susie,' he shouted, 'mamma says for you to come home right away and tend to the baby!'

'Yes, and, Annabel Burns, you're goin' to catch it when you get home—your ma's been calling you for an hour!' added a boy who followed the first.

'Oh, she wants me to wash the dishes. Come on, Susie!' and the two little girls ran away.

There is the whole secret in a nutshell. Why are so many of our young women flat-chested, sallow, and all 'nerves'? When a young girl is sent to high school or when she enters an office or a store to earn her living, and after a year or two we find her broken down in health, we are apt to charge it to hard work or too much study, but it is undoubtedly because she has no reserve force of strength and energy. Very few young men break down with nervous prostration. They have during their childhood built healthy bodies and strong nerves because of their free and unrestricted life. While they played baseball and raced in the open air, their little sisters were at home tending the baby, washing dishes, learning to sew.

Mothers, is this fair play? Why not let the boys take a turn at the girls' work? It will not hurt them to know how to wash the dishes. It will make them gentler to take care of the baby for an hour or two. It may perhaps some day be of much value to them to be able to sew buttons on their clothes. Let the girls do the boys' work once in a while. It will make their backs strong to chop kindling wood and carry water. It will give them fresh air to go on errands.

If the outdoor work and indoor work were more fairly divided, we should have stronger and better developed girls and gentle and far more unselfish boys, and it will not take away from the womanliness of the one nor from the manliness of the other.

I know of several families where the bro-

thers and sisters are all employed during the day. When they reach home in the evening the boys eat their supper and are off, but the girls must help with the dishes; they must mend their clothes, perhaps make some of them, and they must also mend clothes for their brothers. And yet these same boys, when asked to take a sister out to some entertainment, are apt to grumble.

Oh, mothers, is this right? Is it fair? The girls have worked hard all day just the same as the boys—they are just as much entitled to their evening of rest and recreation. Let the boys learn to mend their own clothes, or if their sisters do so, let them accept the service as a favor and be willing to return it in every way possible.

Mothers, be fair with your children. Give them equal rights. Send your girls out to run and play as well as your boys. Divide up the work that keeps them indoors. Do not encase their bodies in stiff corsets and do not even lengthen their skirts and make young ladies of them at 12 and 13. Begin now to make the woman of the future—healthy and vigorous. Give the girls a chance!

Who are to Blame?

Not so much, of course, in country places, but in our villages, towns, and cities, it is a common thing to see on the streets, boys, and, in too many cases, girls, of young years, engaged in the wildest kind of romping and play after hours when it would be best for them and best for the citizens if they were at home, if not in their beds. How does it come to pass that children who likely have had their freedom for pastime and play morning, afternoon and early evening, are permitted to be away from the parental roof during hours of the night? Are there no comforts at home? Are there no parents there who are thinking about the associations of their children and who are seeking to guide their companionships? Are the children to blame, or their parents?—'Canadian Baptist.'

Infection by Drinking.

One of the new theories of hygiene that doctors are teaching to persons who have children to rear is concerned with the comparatively unimportant duty of drinking out of a glass in the proper way. The new way of drinking, according to the physicians who teach it, avoids any contact of the lips with the rim of the glass, says the Minneapolis 'Journal.' The lips are held so that the rim of the glass just touches the outside of the lower lip. By the usual method of drinking the glass is held between the two lips. The newer way is urged by doctors as a means of avoiding any possible infection from using a glass that had been previously handled by a sufferer from a contagious disease.—Exchange.

Selected Recipes.

Preserved Watermelon Rind.—Take the rind of the melon, pare off the outside green and cut into shapes or small squares. Soak for an hour in salt water on back of stove. Then wash thoroughly, put into preserving kettle with three and one-half pounds of granulated sugar, one large lemon sliced (remove seeds);

put in ginger root to flavor it. Cook until the juice is thick and the preserves have the appearance of citron.

Refreshing for an Invalid.—Peach foam is suggested as a novelty in invalid cookery. It is made by taking half a cupful of powdered sugar, the white of an egg and one cupful of peach pulp. Beat with a silver spoon in a large bowl for thirty minutes, and the result is—or should be—a velvety cream. The same authority gives grape foam, which consists simply of the white of one egg beaten stiff and added to two table-spoonfuls of grape juice. Add a little scraped ice and sprinkle with powdered sugar.—'Tribune.'

Almond Jumbles.—These are a nice dessert for hot weather, and can be made easily. They are very delicate and are made of a pound of sugar, half a pound of butter, one pound of almonds, blanched and chopped fine, two eggs and flour enough to make a batter that can be rolled and cut out into cakes. When taken from the oven rub a little white of egg over each one and sprinkle with granulated sugar.

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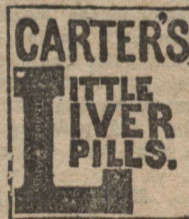
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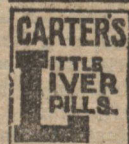
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