

THE ONLY MEDICINE THAT HELPED HER

"Fruit-a-Lives Again Proves Its Extraordinary Powers"

Rochester, N. Y., March 2nd, 1915.
"I have received the most wonderful benefit from taking 'Fruit-a-Lives'. I suffered for years from Rheumatism and change of life, and I took every remedy obtainable without results. I tried 'Fruit-a-Lives' and it was the only medicine that really did me good. Now I am entirely well—the Rheumatism has disappeared, and the terrible pains in my body are all gone. I hope that others, who suffer from such distressing diseases, will try 'Fruit-a-Lives'."
MAYNARD ISABEL ROCHON.
Box 2, 8 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-Lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in domestic and law.
Motto—For God and Home and Native Land.
Badge—A knot of White Ribbon.
Watchword—Agitate, educate, organize.
Officers of Wolfville Union.
President—Mrs. L. W. Sopp.
1st Vice President—Mrs. J. C. Cutten.
2nd Vice President—Mrs. R. Reid.
Recording Secy.—Mrs. Geo. Fitch.
Cor. Secretary—Mrs. L. E. Duncan.
Treasurer—Mrs. H. P. Pines.

Labrador Work—Mrs. F. Fielding.
Lumbermen—Mrs. J. Kempton.
Willard Home—Mrs. M. Freeman.
Temperance in Sabbath-schools—Mrs. Dr. Brown.
Evangelistic—Mrs. Purves Smith.
Peace and Arbitration—Mrs. J. Read.
Press—Miss Margaret Barna.
White Ribbon Bulletin—Mrs. Walter Mitchell.
Loyal Temperance Legion—Miss Egan.

Sir Clifford Sifton, former Minister of Interior, has four or five sons in khaki. One day a friend consoled with Lady Sifton for the great sacrifice she has made.
"It is very kind of you to express so much sympathy with me," said Lady Sifton, "but I feel I should need more if you had not shown a disposition to enlist in their country's cause. I am only one mother in many thousands, and what are my sons to me more than any mother's are to her?"

Looking Forward.

(By WALT MARION)
The world will be a better place when kaiserism meets its doom, for then the well-known bumper race will see true liberty in bloom. For years the Kaiser's peace is a threat, even when he talked of peace the most; he made the whole world go to bed for ships and guns and armored host. If some one lives up to the door to me, of whom I live in constant fear, I may be nominally free, but freedom of that sort is dear. I have to keep a bulldog pup, a loaded shotgun and a crease, a large stuffed club to beat him up, if he attempts to break the peace. I never know when he may come, on some excuse, all full of fight, to knock my plexus out of plumb, and so I cannot sleep at night. It's vain to tell me I am free, that laws protect me and police; while that man lives next door to me, all empty in your boat of peace. Thus to the world has Kaiser Bill a menace been, a night-mare threat; while talking peace he yeasted to kill; and soak the globe in carnage wet. Because of him the nations bore a load that snuffed their strength away, and manufactured tools of gore, instead of tools for being gay. When kaiserism is suppressed, when it goes down with sickening thud, the world will have a lot of sleep rest from all this talk of war and blood.

The motor of a man is the motive in him. You can draw a toy engine by a string; but there are no strings on the train that carries a mile a minute—this engine makes its own fire. Every inefficient man is being pulled along by some child's toy string, that has no connection with his mental machinery. But when a man starts to generate his own fire—then look out. An express train is coming.—E. K. Partridge.

War brings many curious changes. A few months ago the American Bible Society sent to Panama a fine power boat, the 'Goodwill' for the use of its new Bible House there in supplying Bibles to the vessels that pass through the canal. Now the boat, mounting a gun, is in the government patrol service.

Female Post Office clerk, looking up from telegram form: 'What is this word, please?' Farmer: 'This mind thy own business! They ken my writing at 'other end!'

Once in a great while a man may be able to attribute his poverty to his honesty.

Parcels for Soldiers.

The wastage of food and other articles sent by friends and relatives to the troops on the various fronts is brought to the notice of the public by the War Office. The military forwarding officers at one of the ports in England is stated to have reported that more than one-half of the parcels containing foodstuffs must arrive at their destination quite unfit for consumption. Packages, he says, are often returned from overseas marked "insufficiently addressed" or "unknown." These parcels are constantly found to contain articles such as eggs, butter, sausages and so on, the whole being in a varying state of putrefaction. In this connection, the general officer commanding-in-chief, Egyptian expeditionary force, reports that his attention has been recently drawn by the military forwarding officer at Salonika to the state of a large consignment of parcels on arrival at Salonika. He points out that owing to the inevitable delays that must arise in shipping to Salonika, articles such as parcels containing puddings, cakes, etc., must almost inevitably become unfit for consumption.

Nervous Trouble.

The nerve system is the governing system of the whole body, controlling the heart, lungs, digestion and brain; so it is not surprising that nervous disturbances should cause acute distress. The first stages of nervous debility are noted by irritability and restlessness, in which the victims seem to be oppressed by their nerves. The matter requires immediate attention, for nothing but suitable treatment will prevent a complete breakdown. The victim, however, need not despair for even severe nervous disorders may be cured by improving the condition of the blood. It is because Dr. Williams' Pink Pills actually make new, rich blood that this medicine has cured extreme nervous disorders after all other treatment had failed. The nerves thrive on the new blood made by these pills; the appetite improves, digestion is better, sleeplessness no longer troubles the former nerve shattered victim, and life generally takes on a cheerful aspect. Every sufferer from nerve troubles, no matter how slight, should lose no time in giving Dr. Williams' Pink Pills a fair trial, thus regaining their old-time health and comfort.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A unique experience was that of Mrs. Cornelius Vanderbilt when she stood in one of the wide windows of the old brown stone mansion at Fifth Avenue and watched 25,000 National Guardsmen march by on the way to war. Included in the 25,000 were the 22nd Engineers with Mrs. Vanderbilt's husband at the head as the colonel, and her 19-year-old son as one of the privates.

"It was a dreadful moment," said the dentist. "I was bathing quietly, when the great cavernous jaws of the shark opened before me."
"What did you do?" asked one of ladies.
"I took my forceps out of the pocket of my bathing-suit and pulled his teeth before he had a chance to seize me. It was the quickest and neatest bit of work I ever did."

CASTORIA

For Infants and Children.

The Kind You Have Always Bought
Beware the Signature of J. C. Watson

Physician (to Mrs. Colonel Blood of Kentucky)—"How did your husband pass the night, Mrs. Blood?"
Mrs. Blood—"He seemed quite comfortable, sir, and asked for water several times."
Physician (with a grave look)—"H'm—still lighty!"

Nothing Can Compare With It

Mr. Fred Adams, New Ross, N. S., writes: "I have tried many medicines for coughs and cold but never found anything to compare to Dr. Chase's Syrup of Limes and Turpentine. We have had the greatest satisfaction with this medicine for it never fails to relieve a cough and loosen it up."
"I won't wash my face," said Dolly defiantly.
"Naughty, naughty," reproved grand-mother. "When I was a little girl I always washed my face."
"Yes, and look at it now."

Children Cry FOR FLETCHER'S CASTORIA

Lacy: "When Grace married that wealthy old man she gave her age as twenty-five. She's older than that."
Sylvia: "Oh, I suppose she took one-third off for cash!"

Children Cry FOR FLETCHER'S CASTORIA

The chap who steals a woman's purse is apt to get a lot of trash.

The under-dog is entitled to little sympathy if he starts the fight.

CAMPING IN WEST WITH AUTOMOBILES

How to Spend the Night in Woods of the Coast Province—Trailer Increases Accessibility

And now have come the days of the automobile camper, writes a Westerner. The fact that any well-built car can penetrate into all good fishing and camping country in British Columbia, with the exception of the big game localities, has led to the development of the automobile as a means of transportation to good hunting and fishing grounds. As many of the best of the latter are located where there is no inn, and so far away that a return home leaves but little time for sport, some sort of camping device to make the automobile has been very desirable.

Tents vs. Trailers

It was soon realized that the car itself made an excellent framework to secure against one wall of the tent, and so special designs were made to fit an automobile frame, with a jointed pole carried in the car along with the other outfit, and this tent, called the automobile tent, was put on the market.

Take the Home Along
When the course of a trip if one strikes a bit of stream or a good hunting upland contiguous to the road, one is to pass it up and go farther, to possibly fare worse, and finally end up in some roadhouse, emphasizing the kind where comforts are rural and the grub old stuff brought up from the city a year before. Here is where the trailer shines as to be immediately available as a comfortable forest home.

MOTERING AT PACIFIC

Where Tourists with Trailer or Tent May Be Happy

The splendid roads of British Columbia are a boon to the motorist, says a Vancouver writer. "Vancouver is a land is a tourist's paradise. Here are found modern roads beyond compare in a veritable wonderland of scenic beauty and primitive surroundings. The southern part of the island is a highly improved section, while the northern extremities are almost wholly unknown and contain numberless wild animals and a wealth of natural resources. Good roads penetrate far into the interior.

The highways throughout the Boundary country are famous, with the Cariboo road, with its wealth of historic lore and numerous connecting links, is the scenic highway par excellence. Then there are the many short trips to Vancouver, trips requiring but a half day for their enjoyment and which afford the excellent opportunity for getting out into the open. As much of our best hunting and fishing is nowadays reached by car in places inaccessible from the railroad and only to be otherwise reached by back packing or taking a chance on getting a country rig to get you on the spot, and, since the car gives every hunter and fisherman a wide range of sport within car distance of his home, the trailer or tent solves the problem of how to get there and stay there to get your fill of the sport instead of having to drive back home through the night.

RAIN COULD KILL US

Atmosphere Saves Our Lives from Nature's Bombardment

A scientific man writes: "The fiercest bombardment conceivable would not be nearly so destructive to human life as an ordinary shower of rain were not for the protective covering of our atmosphere. We live, move, and have our being at the bottom of an air room forty miles or more deep. Therefore, we are safe, not only from falling raindrops, but from meteoric rain and other wandering bodies from outer space. But, supposing that it were possible for human beings to exist in an atmosphere that rose only a few feet above their heads, and that storm clouds could form in the region outside such a low-grade atmosphere, then every raindrop would prove as fatal to earthly creatures as if it were a steel bullet fired from a dynamite gun."

Catch-All Screen Inside Hot-Air Register

In order to recover small articles dropped through the floor-register gratings of a hot-air heating system without the necessity of removing a section of the pipe, mesh gratings like that shown were fitted into place. Number six gauge wire mesh was used in place of the large enough to fit into the metal box below the register. Access to the register may be had by raising the grate.—Popular Mechanics.

Lord Fortman, of Dorset, Eng., who was eighty-seven years of age in 1917, had lived under five sovereigns.

About ten per cent of the total cultivated area of India is under wheat.

Miscellaneous Liniment Co., Limited. Gents.—A customer of ours cured a very bad case of distemper in a valuable horse by the use of MINEARS LINIMENT.

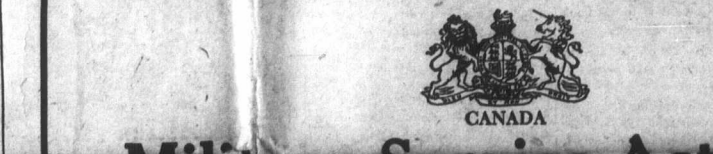
Yours truly,
V. LANDRIF FRERES

Children Cry FOR FLETCHER'S CASTORIA



Memories of "the nicest cup of tea I ever tasted"

KING COLE ORANGE PEKOE The "Extra" in Choice Tea



Military Service Act, 1917

Explanatory Announcement by the Minister of Justice

THE MILITARY SERVICE ACT has received the assent of the Governor-General and is now part of the law of the land. It will be enforced accordingly, and the patriotism and good sense of the people can be relied upon to support it. Resistance to its enforcement, however by word or act must and will be repressed, as resistance to any other law in force must be.

Exemption Tribunals in all parts of Canada

The local exemption tribunals will be constituted with the least delay possible, consistent with the selection of representative individuals to compose them, and the instruction of the members in their duties. There will be more than one thousand of such tribunals throughout Canada, each consisting of two members, one of whom will be nominated by a Joint Committee of Parliament, and the other by one of the judges of the existing Courts. Every effort will be made by the wide distribution of tribunals, and by provision where necessary for their sitting in more than one place, to minimize the inconvenience to which they will be put in the disposition of their cases.

How to report for service

Men who do not desire to claim exemption will report to the military authorities for service either by mail or in person at any time after the issue of the proclamation. Forms of report by mail will be furnished free of postage, and, like applications for exemption, will be transmitted free of postage.

Early report advantageous

No man who reports for service will, although he may be medically examined and passed as fit, be required to go into camp or join a battalion until after a day fixed by the proclamation sufficiently late to permit of the disposition by the local tribunals of most, if not all, of the applications for exemption which may come before them. Thus no advantage will be gained by delaying or disadvantage incurred by prompt report for service on the part of those who do not intend to apply for exemption.

Facilities for immediate medical examination

Immediately upon the issue of the proclamation, medical boards will sit at every mobilization centre for the examination of men who report for service or who, subject to their right within the time limited to apply for exemption, desire to have their physical fitness determined in order to ally any doubt as to their physical condition, or to know definitely whether there is a possibility of their services being required. Certificates of physical unfitness issued by these Medical Boards will be accepted without any further investigation by exemption tribunals when they sit. Men found physically fit who have not reported for service may nevertheless apply for exemption on any of the prescribed grounds, including even their physical condition if classified with the Medical Boards since the issue of the proclamation.

Notice to join the colors

As reinforcements are required, notice to report to the nearest mobilization centre will be given from time to time to the men found liable and passed as fit for service. Disobedience of such notice will render the offender liable to punishment, but punishment for failure to report for military service, or to report subsequently for duty when called upon, will be imposed ordinarily by the civil magistrates; offenders, however, will remain liable for the performance of their military duties notwithstanding any civil punishment which may be imposed and will be liable to military punishment in cases in which civil proceedings are not taken.

Watch for the Proclamation

Notice of the day appointed for the making of a claim for exemption or for report for military service will be published as widely as possible, but, as no personal notices can be given until the individuals called out have so reported themselves or claimed exemption, men possibly concerned are warned to inform themselves with regard to the day fixed, since neglect may involve the loss of them of important privileges and rights.

CHAS. J. DOHERTY, Minister of Justice.

Ottawa, September 11, 1917.

Are Your Hands Tired?

ARE you discouraged because you are not getting on in the world as you should? Do you feel that something is holding you back? That you are not earning enough money? That you do not have the educational training that lifts men and women up into positions of power and influence? Don't let your ambition die! Don't settle down in a rut of poorly paid drudgery—you don't have to. There is a way by which you can break the shackles that bind you. The International Correspondence Schools can give you, by mail, just the training you must have to help you make a success of your life.

For almost 25 years the I. C. S. have been carrying the highest index of Social Efficiency. Trainees right into the homes of thousands of men and women situated like you—handicapped, but ambitious. I. C. S. experts make and drill you in every step—easy, every difficulty—answer your every question.

You can do as others have done! Everything is made so easy you cannot fail to get right at home. In four or five days I. C. S. experts make and drill you in every step—easy, every difficulty—answer your every question.

The thing to do now is to mark and mail the coupon below and send me the I. C. S. can train you for the position you want in the world you live best. No cost to investigate—no obligation. Don't put it off till tomorrow. Remember that simple as has passed on a different subject before and believe success is yours if you try!

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<input type="checkbox"/> MECHANICAL ENGINEERING	<input type="checkbox"/> DISTANCE EDUCATION
<input type="checkbox"/> MECHANICS	<input type="checkbox"/> EDUCATION
<input type="checkbox"/> CIVIL ENGINEERING	<input type="checkbox"/> FINE ARTS
<input type="checkbox"/> MECHANICAL ENGINEERING	<input type="checkbox"/> HEALTH AND HYGIENE
<input type="checkbox"/> CIVIL ENGINEERING	<input type="checkbox"/> LAW
<input type="checkbox"/> MECHANICAL ENGINEERING	<input type="checkbox"/> MEDICAL
<input type="checkbox"/> CIVIL ENGINEERING	<input type="checkbox"/> MUSIC
<input type="checkbox"/> MECHANICAL ENGINEERING	<input type="checkbox"/> PHYSICS
<input type="checkbox"/> CIVIL ENGINEERING	<input type="checkbox"/> SOCIAL SCIENCES
<input type="checkbox"/> MECHANICAL ENGINEERING	<input type="checkbox"/> THEOLOGY
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Licensed Auctioneer for Town of Wolfville and Kings County.
Wolfville, N. S. 14-3m pd.

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Office in McKenna Block, Wolfville.
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A. B., M. D. (Harvard)
Office at residence of late Dr. Bowles.
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Office Hours—8-1 a.m., 1-3, 7-9 p.m.

Expert Piano Tuning Guaranteed.
Voicing, Regulating, Repairing Organs Tuned and Repaired.
M. C. COLLINS.
P.O. Box 321, Wolfville, N. S.

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The largest dealers in Improved Farm Properties in Canada.
Halifax, N. S., Canada.

Are now offering the property of the Wolfville Fruit Land Improvement Co. Niney acres of Orantheville fully improved in whole or part. Price exceptionally low.

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(NOW IS THE TIME)
To Get Your Furniture Upholstered.

Carpenter work is slack at present, and I am prepared to do Upholstery of all kinds of Furniture, also Carriage and Sleigh Seats. I will also repair Furniture of all kinds. I have had a large experience in this work and can guarantee satisfaction.

J. C. Bishop, - Wolfville.

Even if War is On You Must Have Clothes
And we are well prepared to serve you in this line.
Our work in
MEN'S CLOTHING OF ALL KINDS
Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right. We guarantee every garment and shall be pleased to show goods and quote prices.

A. E. Regan, Wolfville

"WELL LATHERED IS HALF SHAVEN"
A business well advertised has gone fully half way to success. The rest of the way may be travelled by having clean and sanitary premises, prompt service, fresh goods and fair values. But without advertising all the others will not accomplish the result. To appreciate these things, people must know about them and the way to tell them is to advertise in their home paper.

Wolfville Time Table

Express from Kentville	8:07 a.m.
Express from Halifax & Truro	9:08 a.m.
Express from Yarmouth	4:20 p.m.
Express from Halifax	6:57 p.m.
Mixed, from Windsor	3:05 p.m.
Mixed, from Middleton	11:45 a.m.

LEAVES:
Express for Halifax and Truro 8:07 a.m.
Express for St. John and Yarmouth 9:08 a.m.
Express for Halifax and Truro 4:20 p.m.
Express for Kentville 6:57 p.m.
Mixed to Windsor 3:05 p.m.
Mixed to Middleton 11:45 a.m.

ST. JOHN AND DIGBY
Daily Service (Sunday Suspended)
Canadian Pacific Railway S. S. Express leaves St. John 7:00 a.m. arriving in Digby at 10:00 a.m. Leaves Digby 3:00 p.m. arriving St. John 5:00 p.m. making connection at St. John with trains of Canadian Pacific Ry. for Montreal and the West.

Boston Service
Express train leaving at 9:55 a.m. for Yarmouth connects with steamer of the Boston & Yarmouth S. S. Co. Leav. each Sat. on Wednesdays and Saturdays for Boston.
Boston service runs each way, daily, except Sunday, on express trains between Halifax and Yarmouth.
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General Passenger Agent,
George E. Graham, General Manager,
Kentville, N. S.

COAL COAL Yarmouth Line
COAL COAL
Carefully Screened and Promptly Delivered.
Springhill, Albion Nut and Old Sydney.
GIVE US A TRIAL Burgess & Co.

Leave Yarmouth Wednesdays, and Saturdays. Return, leave Central 8:30, Boston, Tuesdays, and Fridays.
No tickets, diarrhoea and additional freight apply at West Office.
J. Edward Kinney, Agent, Yarmouth, N. S.
BOSTON & YARMOUTH STEAMSHIP CO., LTD.

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HALIFAX
Repairing of Boots and Shoes of all Kinds
Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed.
Consignment Solicited. Prompt Returns.