

SHARP ATTACK REPULSED

Dangerous Condition Relieved Just In Time By "Fruit-a-tives"



MR. F. J. CAVEEN
832 Gerrard St. East, Toronto.

For two years, I was a victim of *Acute Indigestion and Gas In The Stomach*. It afterwards attacked my heart, and I had pains all over the body, so I could hardly move around. I tried all kinds of medicines but none of them did me any good. At last, acting on the advice of a friend, I decided to try "Fruit-a-tives". I bought the first box last June, and now I am well, after using only three boxes. I recommend "Fruit-a-tives" to anyone suffering from indigestion, no matter how acute".

FRED J. CAVEEN.
Simple Indigestion often leads to *Heart Attacks, Gas In The Stomach and constant distress of mind and body*. If you are bothered with any Stomach Trouble, and especially if Constipation troubles you, take "Fruit-a-tives".

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO.—For God and Home and Native Land.

BANNER.—A knot of White Ribbon, Watchword—Agiolate, educate, or get out.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. G. Bryant.
2nd Vice President—Mrs. J. D. Cham.

3rd Vice President—Mrs. Geo. Fitch.
Recording Secy.—Mrs. W. Mitchell.
Cor. Secretary—Mrs. Geo. DeWitt.
Treasurer—Mrs. H. P. Fenn.

SUPERINTENDENTS.

Peace and Abstinence.—Mrs. L. Reid.
Evangelistic.—Mrs. Geo. Bishop.
Temperance in Sabbath-schools.—Mrs. (Dr.) Brown.

Scientific Temperance in Schools.—Mrs. G. Cullen.
Luncheon.—Mrs. J. Kempton.
Willard Home.—Mrs. M. Freeman.
L. B. Bulletin.—Mrs. Langille.

Press Work.—Miss Margaret Bars.
Parlor Meetings.—Mrs. J. Kaye.
L. T. L.—Mrs. Howe.

Alcohol.

There stalketh a fiend o'er the glad, green earth,

By the side of the reaper Death;

He dazzles alike with the glare of mirth,

Or stilteth the light of the household hearth

With his foul and withering breath.

He stalketh abroad with his hydra head,

And there gathereth in his train—

The falling foot and the strong man's tread,

The restless living, the ghastly dead,

And misery, want and pain.

He nerves the arm of relentless hate,

With the goblet's beaded foam;

He larks in the halls of the rich and great,

In the beggar's moon at the palace gate,

And curses the poor man's home

He grudgeth the poor their daily bread,

And filleteth the drunkard's bowl

With want and woe, remorse and dread,

With a servile hand and a failing

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health—Her Own Statement.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."

—Mrs. ORILLA BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Linctum Cures Diphtheria.

head, And a curse on his deathless soul!

Why the Liquor Traffic Stands Alone.

The liquor business stands alone and has no right to rank with the ordinary vocations of men. Bring it at once and bluntly to the test of common sense and conscience. Let there be five contiguous shops possessed of five different shopkeepers. The first sells bread, the second milk, the third leather, the fourth dry goods and the fifth intoxicants. The five men ply their tasks all day, and consider the prospects of trade for the morrow. The more they have sold the better their pecuniary interests. In this way they are all alike. But the more that the customer has bought from the first four the better for the general interest of the public. The more that the customers have bought from the last the worse for themselves and society. The other dealers may, with a good conscience pray for the increase of their sales; the fifth cannot pray unless his conscience is seared as with a hot iron. He has seen many customers enter his shop today and spend money which he knows is worse than lost to them. He cannot desire that they should repeat their act on the morrow, without deliberately wishing ill to his neighbor. In short, his own pecuniary interests are at direct variance with the interests of his customers. The prosperity of his trade is the ruin of those who deal with him.

Skin Soft as a Child's.

"I was a great sufferer from eczema and salt rheum for years," writes Mr. John W. Naas, Lunenburg, N. S. "Five years ago three boxes of Dr. Chase's Ointment cured me and the old trouble never returned. My skin is soft as a child's now, and I shall always say a good word for this Ointment."

Alcohol a Bad Food.

Alcohol is a very tricky customer. If you take it into the stomach you will find that it gets absorbed from the stomach, and by being taken out of the stomach quickly like that there is no time for it to be burned (digested), and it is carried all over the body, and is not quickly excreted from the body. Well, that is quite true. In other words, you will want a good substance that will stay sufficiently long in the stomach to be digested and so add food to the body.

Then, again, alcohol tends to damage cells. It stays sufficiently long it gives you a sense of appetite; it gives you a sense of warm glow in the stomach; but it does harm to those delicate cells and damages the delicate mucous membrane of the stomach. Then alcohol prevents other food from being digested and assimilated. Lastly, it is a bad food because it tends to produce habits. We get people who have got the sugar habit, and who do real harm to themselves because they take too much sugar. But an indulgence like that does not produce a habit that is going to make a man beat his wife, and does not produce a habit that is going to make a man long and long for more until he kills himself. Is alcohol you have got a food but not a very good food. Alcohol is booming in our papers as an excellent food for those respectable papers can take those advertisements, except from greed of money. I cannot think. Secondly, it is said to be nourishing or nursing mothers. It is not, and it is liable to do a mother and her child harm. I grant you that in 'nourishing stout'—so-called—there are nourishing elements, but it is not the alcohol—Dr. W. M. Adam Eccles, at Southwark.

ST. LOUIS, P. Q., AUG. 18, 1916.
MINARD'S LINCTUM CO., LIMITED.
GENTLEMEN—I have frequently used MINARD'S LINCTUM and also prescribe for my patients always with the most gratifying results, and I consider it the best all-round Linctum extant.

Yours truly,
DR. JOE. AUG. SEIBER.

Alcohol.

There stalketh a fiend o'er the glad, green earth,
By the side of the reaper Death;
He dazzles alike with the glare of mirth,
Or stilteth the light of the household hearth
With his foul and withering breath.
He stalketh abroad with his hydra head,
And there gathereth in his train—
The falling foot and the strong man's tread,
The restless living, the ghastly dead,
And misery, want and pain.
He nerves the arm of relentless hate,
With the goblet's beaded foam;
He larks in the halls of the rich and great,
In the beggar's moon at the palace gate,
And curses the poor man's home
He grudgeth the poor their daily bread,
And filleteth the drunkard's bowl
With want and woe, remorse and dread,
With a servile hand and a failing

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health—Her Own Statement.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."

—Mrs. ORILLA BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Linctum Cures Diphtheria.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."

—Mrs. ORILLA BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Linctum Cures Diphtheria.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of *Dr. J. C. Watson*

As owing to a lively company, the wife of the governor of a certain state was telling her servant about her husband.

"My husband, Bridget," she said, "is at the head of the state militia."

"O' t'ough as much, ma'am," said Bridget, cheerfully. "Ain't he got the loveliest look?"

Children Cry FOR FLETCHER'S CASTORIA

Has resumed business at the old stand in my building.
Orders Solicited and Carefully Executed.

BRENT INHERITANCE

Case Made Lawyer Famous and Happy.

By HAROLD CARTER.

"Yes, the Brent case made me famous, I suppose," said the old lawyer thoughtfully. "At any rate, I am sure that it was the foundation of my fortunes. Also, it gave me more real happiness than any case I have undertaken. You see, young Mrs. Brent deserved the inheritance. If ever any woman deserved one. She had actually redeemed her husband, had made a man of him—let me tell the story in my own way."

"Theodore Brent was one of those pompous, self-sufficient, heartless, and withal scrupulously honest men whom Massachusetts used to turn out in the middle of the last century—a sort of transplanted survival of the John Bull type. I believe it is still flourishing in the old country. Ralph inherited his father's business instincts and was slated for succession to the company after the father's death. Jack was a spendthrift, a wild young fellow, who was dismissed from Harvard, drank, gambled, and broke his father's heart—what there was of it. Withal, he had done nothing worthy of being disinherited. However, his father sent him west for five years to make a man of himself, failing success in which operation the money was given up entirely to the elder brother."

"When Jack Brent wrote home, a couple of years later, that he was married to an actress, the father, with the old prejudice against the stage, wrote back informing his younger son that he had cut him out of his will for good and all. He politely invited him to go to the devil and told him never to show his face in the east again."

"Ralph was not quite so quiet as his father imagined. In fact, when Jack was open-hearted and open-handed, Ralph was close-fisted and secretive, and that was mainly the difference between them. Jack had never had a chance. When old age softened the old man's severity somewhat, Ralph began to initiate him into the pleasures of life. Among other things, he inspired him with a passion for motor

Skin Soft as a Child's.

"I was a great sufferer from eczema and salt rheum for years," writes Mr. John W. Naas, Lunenburg, N. S. "Five years ago three boxes of Dr. Chase's Ointment cured me and the old trouble never returned. My skin is soft as a child's now, and I shall always say a good word for this Ointment."

Alcohol a Bad Food.

Alcohol is a very tricky customer. If you take it into the stomach you will find that it gets absorbed from the stomach, and by being taken out of the stomach quickly like that there is no time for it to be burned (digested), and it is carried all over the body, and is not quickly excreted from the body. Well, that is quite true. In other words, you will want a good substance that will stay sufficiently long in the stomach to be digested and so add food to the body.

Then, again, alcohol tends to damage cells. It stays sufficiently long it gives you a sense of appetite; it gives you a sense of warm glow in the stomach; but it does harm to those delicate cells and damages the delicate mucous membrane of the stomach. Then alcohol prevents other food from being digested and assimilated. Lastly, it is a bad food because it tends to produce habits. We get people who have got the sugar habit, and who do real harm to themselves because they take too much sugar. But an indulgence like that does not produce a habit that is going to make a man beat his wife, and does not produce a habit that is going to make a man long and long for more until he kills himself. Is alcohol you have got a food but not a very good food. Alcohol is booming in our papers as an excellent food for those respectable papers can take those advertisements, except from greed of money. I cannot think. Secondly, it is said to be nourishing or nursing mothers. It is not, and it is liable to do a mother and her child harm. I grant you that in 'nourishing stout'—so-called—there are nourishing elements, but it is not the alcohol—Dr. W. M. Adam Eccles, at Southwark.

ST. LOUIS, P. Q., AUG. 18, 1916.
MINARD'S LINCTUM CO., LIMITED.
GENTLEMEN—I have frequently used MINARD'S LINCTUM and also prescribe for my patients always with the most gratifying results, and I consider it the best all-round Linctum extant.

Yours truly,
DR. JOE. AUG. SEIBER.

Alcohol.

There stalketh a fiend o'er the glad, green earth,
By the side of the reaper Death;
He dazzles alike with the glare of mirth,
Or stilteth the light of the household hearth
With his foul and withering breath.
He stalketh abroad with his hydra head,
And there gathereth in his train—
The falling foot and the strong man's tread,
The restless living, the ghastly dead,
And misery, want and pain.
He nerves the arm of relentless hate,
With the goblet's beaded foam;
He larks in the halls of the rich and great,
In the beggar's moon at the palace gate,
And curses the poor man's home
He grudgeth the poor their daily bread,
And filleteth the drunkard's bowl
With want and woe, remorse and dread,
With a servile hand and a failing

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health—Her Own Statement.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."

—Mrs. ORILLA BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Linctum Cures Diphtheria.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."

—Mrs. ORILLA BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Linctum Cures Diphtheria.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of *Dr. J. C. Watson*

As owing to a lively company, the wife of the governor of a certain state was telling her servant about her husband.

"My husband, Bridget," she said, "is at the head of the state militia."

"O' t'ough as much, ma'am," said Bridget, cheerfully. "Ain't he got the loveliest look?"

Children Cry FOR FLETCHER'S CASTORIA

Has resumed business at the old stand in my building.
Orders Solicited and Carefully Executed.

CANADIAN OFFICER OF FIGHTING FAMILY

Colonel Victor Williams the Son and Grandson of Men Who Fought For Flag

By HAROLD CARTER.

"Yes, the Brent case made me famous, I suppose," said the old lawyer thoughtfully. "At any rate, I am sure that it was the foundation of my fortunes. Also, it gave me more real happiness than any case I have undertaken. You see, young Mrs. Brent deserved the inheritance. If ever any woman deserved one. She had actually redeemed her husband, had made a man of him—let me tell the story in my own way."

"Theodore Brent was one of those pompous, self-sufficient, heartless, and withal scrupulously honest men whom Massachusetts used to turn out in the middle of the last century—a sort of transplanted survival of the John Bull type. I believe it is still flourishing in the old country. Ralph inherited his father's business instincts and was slated for succession to the company after the father's death. Jack was a spendthrift, a wild young fellow, who was dismissed from Harvard, drank, gambled, and broke his father's heart—what there was of it. Withal, he had done nothing worthy of being disinherited. However, his father sent him west for five years to make a man of himself, failing success in which operation the money was given up entirely to the elder brother."

"When Jack Brent wrote home, a couple of years later, that he was married to an actress, the father, with the old prejudice against the stage, wrote back informing his younger son that he had cut him out of his will for good and all. He politely invited him to go to the devil and told him never to show his face in the east again."

"Ralph was not quite so quiet as his father imagined. In fact, when Jack was open-hearted and open-handed, Ralph was close-fisted and secretive, and that was mainly the difference between them. Jack had never had a chance. When old age softened the old man's severity somewhat, Ralph began to initiate him into the pleasures of life. Among other things, he inspired him with a passion for motor

Skin Soft as a Child's.

"I was a great sufferer from eczema and salt rheum for years," writes Mr. John W. Naas, Lunenburg, N. S. "Five years ago three boxes of Dr. Chase's Ointment cured me and the old trouble never returned. My skin is soft as a child's now, and I shall always say a good word for this Ointment."

Alcohol a Bad Food.

Alcohol is a very tricky customer. If you take it into the stomach you will find that it gets absorbed from the stomach, and by being taken out of the stomach quickly like that there is no time for it to be burned (digested), and it is carried all over the body, and is not quickly excreted from the body. Well, that is quite true. In other words, you will want a good substance that will stay sufficiently long in the stomach to be digested and so add food to the body.

Then, again, alcohol tends to damage cells. It stays sufficiently long it gives you a sense of appetite; it gives you a sense of warm glow in the stomach; but it does harm to those delicate cells and damages the delicate mucous membrane of the stomach. Then alcohol prevents other food from being digested and assimilated. Lastly, it is a bad food because it tends to produce habits. We get people who have got the sugar habit, and who do real harm to themselves because they take too much sugar. But an indulgence like that does not produce a habit that is going to make a man beat his wife, and does not produce a habit that is going to make a man long and long for more until he kills himself. Is alcohol you have got a food but not a very good food. Alcohol is booming in our papers as an excellent food for those respectable papers can take those advertisements, except from greed of money. I cannot think. Secondly, it is said to be nourishing or nursing mothers. It is not, and it is liable to do a mother and her child harm. I grant you that in 'nourishing stout'—so-called—there are nourishing elements, but it is not the alcohol—Dr. W. M. Adam Eccles, at Southwark.

ST. LOUIS, P. Q., AUG. 18, 1916.
MINARD'S LINCTUM CO., LIMITED.
GENTLEMEN—I have frequently used MINARD'S LINCTUM and also prescribe for my patients always with the most gratifying results, and I consider it the best all-round Linctum extant.

Yours truly,
DR. JOE. AUG. SEIBER.

Alcohol.

There stalketh a fiend o'er the glad, green earth,
By the side of the reaper Death;
He dazzles alike with the glare of mirth,
Or stilteth the light of the household hearth
With his foul and withering breath.
He stalketh abroad with his hydra head,
And there gathereth in his train—
The falling foot and the strong man's tread,
The restless living, the ghastly dead,
And misery, want and pain.
He nerves the arm of relentless hate,
With the goblet's beaded foam;
He larks in the halls of the rich and great,
In the beggar's moon at the palace gate,
And curses the poor man's home
He grudgeth the poor their daily bread,
And filleteth the drunkard's bowl
With want and woe, remorse and dread,
With a servile hand and a failing

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health—Her Own Statement.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."

—Mrs. ORILLA BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Linctum Cures Diphtheria.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."

—Mrs. ORILLA BRADLEY, 254 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Minard's Linctum Cures Diphtheria.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of *Dr. J. C. Watson*

As owing to a lively company, the wife of the governor of a certain state was telling her servant about her husband.

"My husband, Bridget," she said, "is at the head of the state militia."

"O' t'ough as much, ma'am," said Bridget, cheerfully. "Ain't he got the loveliest look?"

Children Cry FOR FLETCHER'S CASTORIA

Has resumed business at the old stand in my building.
Orders Solicited and Carefully Executed.

CANADIAN OFFICER OF FIGHTING FAMILY

Colonel Victor Williams the Son and Grandson of Men Who Fought For Flag

By HAROLD CARTER.

"Yes, the Brent case made me famous, I suppose," said the old lawyer thoughtfully. "At any rate, I am sure that it was the foundation of my fortunes. Also, it gave me more real happiness than any case I have undertaken. You see, young Mrs. Brent deserved the inheritance. If ever any woman deserved one. She had actually redeemed her husband, had made a man of him—let me tell the story in my own way."

"Theodore Brent was one of those pompous, self-sufficient, heartless, and withal scrupulously honest men whom Massachusetts used to turn out in the middle of the last century—a sort of transplanted survival of the John Bull type. I believe it is still flourishing in the old country. Ralph inherited his father's business instincts and was slated for succession to the company after the father's death. Jack was a spendthrift, a wild young fellow, who was dismissed from Harvard, drank, gambled, and broke his father's heart—what there was of it. Withal, he had done nothing worthy of being disinherited. However, his father sent him west for five years to make a man of himself, failing success in which operation the money was given up entirely to the elder brother."

"When Jack Brent wrote home, a couple of years later, that he was married to an actress, the father, with the old prejudice against the stage, wrote back informing his younger son that he had cut him out of his will for good and all. He politely invited him to go to the devil and told him never to show his face in the east again."

"Ralph was not quite so quiet as his father imagined. In fact, when Jack was open-hearted and open-handed, Ralph was close-fisted and secretive, and that was mainly the difference between them. Jack had never had a chance. When old age softened the old man's severity somewhat, Ralph began to initiate him into the pleasures of life. Among other things, he inspired him with a passion for motor

Skin Soft as a Child's.

"I was a great sufferer from eczema and salt rheum for years," writes Mr. John W. Naas, Lunenburg, N. S. "Five years ago three boxes of Dr. Chase's Ointment cured me and the old trouble never returned. My skin is soft as a child's now, and I shall always say a good word for this Ointment."

Alcohol a Bad Food.

Alcohol is a very tricky customer. If you take it into the stomach you will find that it gets absorbed from the stomach, and by being taken out of the stomach quickly like that there is no time for it to be burned (digested), and it is carried all over the body, and is not quickly excreted from the body. Well, that is quite true. In other words, you will want a good substance that will stay sufficiently long in the stomach to be digested and so add food to the body.

Then, again, alcohol tends to damage cells. It stays sufficiently long it gives you a sense of appetite; it gives you a sense of warm glow in the stomach; but it does harm to those delicate cells and damages the delicate mucous membrane of the stomach. Then alcohol prevents other food from being digested and assimilated. Lastly, it is a bad food because it tends to produce habits. We get people who have got the sugar habit, and who do real harm to themselves because they take too much sugar. But an indulgence like that does not produce a habit that is going to make a man beat his wife, and does not produce a habit that is going to make a man long and long for more until he kills himself. Is alcohol you have got a food but not a very good food. Alcohol is booming in our papers as an excellent food for those respectable papers can take those advertisements, except from greed of money. I cannot think. Secondly, it is said to be nourishing or nursing mothers. It is not, and it is liable to do a mother and her child harm. I grant you that in 'nourishing stout'—so-called—there are nourishing elements, but it is not the alcohol—Dr. W. M. Adam Eccles, at Southwark.

ST. LOUIS, P. Q., AUG. 18, 1916.
MINARD'S LINCTUM CO., LIMITED.
GENTLEMEN—I have frequently used MINARD'S LINCTUM and also prescribe for my patients always with the most gratifying results, and I consider it the best all-round Linctum extant.

Yours truly,
DR. JOE. AUG. SEIBER.

Alcohol.

There stalketh a fiend o'er the glad, green earth,
By the side of the reaper Death;
He dazzles alike with the glare of mirth,
Or stilteth the light of the household hearth
With his foul and withering breath.
He stalketh abroad with his hydra head,
And there gathereth in his train—
The falling foot and the strong man's tread,
The restless living, the ghastly dead,
And misery, want and pain.
He nerves the arm of relentless hate,
With the goblet's beaded foam;
He larks in the halls of the rich and great,
In the beggar's moon at the palace gate,
And curses the poor man's home
He grudgeth the poor their daily bread,
And filleteth the drunkard's bowl
With want and woe, remorse and dread,
With a servile hand and a failing

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health—Her Own Statement.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in."

"After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound.