NERVOUS HEADACHE.

A Trouble that Renders the Life of Many Women Miserable.

A Sufferer for Twelve Years Whose Trouble was Aggravated by Kidney Disease—Tells How to Regain Health and Happiness.

From the Smith's Falls Record.

Since the Record began to publish accounts of the cures by the use of Dr Williams' Pink Pills, its representatives have found that half the wonderful cures effected by this medicine have not yet been given to the public. Women as well as men who have found relief are eager to let the facts be known for the benefit of other sufferers. Among them is Mrs James Cotnam, of the township of Wolford.

SUFFERED FROM SEVERE HEADACHE.

The lady referred to was for twelve years a constant sufferer from nervousness, headache and kidney trouble. Having read so much about Dr Williams' Pink Pills she determined to give them a trial. Their use for a short time brought a great improvement, and after taking them for about a month the nervous headache and kidney trouble left her. The degree of thankfulness felt by one who receives such benefits as the above can better be imagined than described. Here are Mrs Cotnam's words: "If you could only know or if I could but tell of the intense suffering which I have endured and the many sleepless nights I have spent in mental and physical agony, you would not wonder at the degree of thankfulness I feel for my restoration to health." Her trouble was a continual dread to her, and for a long time prevented her from doing any work. Since using the pills she is as well as ever—or to use her own words—"fully restored." In this household Pink Pills are now looked upon as one of the necessaries.

As is the case with every good cause Pink Pills have much to contend with; spurious articles have been placed on the market, and though in appearance and color they may resemble the genuine, they have an altogether different effect on the system. The writer was once in a store when Pink Pills were asked for by a customer. The dealer hadn't them but said that he had something "just as good." The public are warned against this "just as good" scheme which is too often resorted to by some store keepers. It should be borne in mind that Dr Williams' Pink Pills are a specific for all diseases arising from an impoverished condition of the blood or a shattered condition of the nervous forces, such as St Vitus' dance, locomoter ataxia, rheumatism, paralysis, sciatica, the after effects of la grippe, loss of appetite, headache, dizziness, chronic erysipelas, scrofula, etc. They are also a certain cure for the troubles peculiar to the female system, correcting irregularities, suppressions and all forms of female weakness, building anew the blood and restoring the glow of health to pale and sallow cheeks. In the case of men they effect a radical cure in all cases arising from mental worry, overwork or excesses of any nature. Sold only in boxes bearing the firm's trade mark and wrapper (printed in red ink), and may be had of all druggists or direct by mail from Dr Williams' Medicine Company, Brockville, Ont., or Schenectady, N. Y., at 50 cents a box, or six boxes for $2.50.

Spring Millinery Styles.

Green will be very fashionable during the coming season. Mauve will also be very much in vogue, and the trimming this year is to be full to the front. Soquin trimming will be much used, and it will be the fashion to have a vast amount of foliage on the bonnets. Rhinestone and a combination of brilliants and jet will be used in the way of ornaments. There will be a good demand for shaded ribbon, and the coming season will be a great time for fancy ribbons, and very little plain ribbon will be used. Hats will be worn forward over the faces, instead of being more towards the back or the head as they were last season. The smaller toques will be very fashionable and goldy giettes will be much worn.

Crespo, the Venezuelan President, was born on a ranch in the Orinoco Valley, of Spanish and Indian parents. His wife is also of mixed blood and of humble parentage. Crespo has been in the service of the Venezuelan nation since his boyhood, when he entered the army. By the time he was thirty he had distinguished himself sufficiently to be put in command of a division.

Willie—I know sister would be glad to go skating with you. Ringway—What makes you think so? She says she has been dying to have you break the ice.

The juggle of sophistry consists, for the most part, in using a word in one sense in the premises, and in another sense in the conclusion.—Coleridge.

Every mother should keep Ayer's Cherry Pectoral in case of croup and sudden colds.

Traveler—May I take this seat? Maid (from Boston, icily) Where do you wish to take it, sir?

Ayer's Sarsaparilla will remove *that tired feeling*, and give new life and energy.

Am so glad you had the doctor; did he relieve you? Yes; of $20.

Minards Liniment cures Distemper.

THE WHITE RIBBON.

"For God and Home and Native Land."

Conducted by the Ladies of the W. C. T. U.

OFFICERS.

President—Mrs R. V. Jones.
Vice-Presidents—Mrs Thomas Harris, Mrs R. Reid, Mrs L. Sleep.
Recording Secretary—Miss L. Denovan.
Cor. Secretary—Miss Minnie Fitch.
Treasurer—Miss Annie S. Fitch.
Auditor—Mrs J. W. Caldwell.

SUPERINTENDENTS.

Evangelistic Work—Mrs Fitch.
Literature—Mrs deBlois.
Press Department—Mrs Tufts.
Flower Mission—Miss E. Bishop.
Social Purity—Mrs Kemptom.
Benevolent Work—Mrs Blair.
Narcotics—Mrs Davison.
Health and Heredity—Miss Cora Tick.
Franchise—Mrs Crandall.
Work among Lumbermen—Mrs Johnson.
Mother's Meetings—Mrs Hemmeon.

...Next meeting in Temperance Hall Thursday, Mar. 26th, at 3.30 P. M. The meetings are always open to any who wish to become members.

...Gospel Temperance meetings, conducted by members of the W. C. T. U., are held every Sunday afternoon at 3.30 o'clock, in the vestry of the Methodist church. All are welcome.

Clippings from the Press.

A loyal W. C. T. U. woman is somewhat puzzled and withal troubled over these words which appeared in an editorial paragraph some weeks since: "If the one thing to be accomplished (by our organization) is the annihilation of the liquor traffic—though white ribboners are coming to see that even that end is only a means to a greater end—the W. C. T. U. has every encouragement to stick to its present (do everything) policy." Our sister says: "I had supposed that the annihilation of the liquor traffic was the chief end of the W. C. T. U., and that these other things which it has taken up were but as means to that end. I should be much relieved to know what is meant by a 'greater end.'" The great end of Christian temperance is the bringing in of Christ's kingdom. Its all-inclusive aim is the growth of man Godward, the bringing nearer of that "far off divine event to which the whole creation moves"—the coming of the "perfect man" who shall measure up to the stature of the fullness of Christ." Its do-everything methods look toward the time when divine law shall be written in the hearts of men and none shall hurt or destroy in all my holy mountain." In the opinion of white-ribboners the abolishment of the liquor traffic would do more to prepare the way of the Lord and make straight the paths of the advancing King than any other one thing, hence they have turned all their batteries against it. But if the entire drink traffic were abolished to-morrow, the W. C. T. U. would not be left without an occupation.

A few weeks ago an attempt was made to get a licensed liquor saloon established in Carleton, where, for several years past there has been no legalized selling of liquor except that carried on by the drug shops. This as previously noted in our columns, had the effect of calling forth a vigorous protest of the temperance people, which resulted in defeating the purpose of the liquor interest in the West End. It is probably, in part at least, a result of the stirring of this temperance sentiment, that greater efforts than usual have been undertaken to prevent the granting of licenses in other parts of the city. An important amendment to the License Act has been secured from the Legislature now in session. Under the Act of 1887, it was required in order to a license being granted that the applicant should secure a petition in his favor, signed by one third of the rate payers in the ward. This has been now amended so as to make it necessary for the applicant to obtain the endorsement of one-half the rate-payers. The liquor people are taking comfort from the fact that the Attorney General and other lawyers have expressed grave doubts as to the constitutionality of the amendment. The position taken by these gentlemen, as we understand the matter, is that the License Act is necessarily regulative and not prohibitory and that the amendment just enacted introduces what is virtually a prohibitive feature.—*Messenger and Visitor.*

At the recent India National Congress, one of the worst abuses of Hindu society—the treatment of child widows—was strongly decried. The president, a native, forcibly said: "The misery of our widows has been the subject of frequent remark. The society which allows men to marry any number of times even up to the age of sixty, while it sternly forbids even girls of seven or eight to have another husband after one is dead; which gives liberty to a man of fifty or sixty to marry a girl of eleven or twelve; which has no word of condemnation for the man who marries another wife within fifteen days after the death of the first, is a society which sets very little value upon the life of a female human being, and places woman on the same level with cattle, and it is thus in an unsound condition, disqualifying it for a successful competition with societies with a more healthy constitution." Words like these show a real awakening of thought on the part of the educated Hindu.—*Union Signal.*

The cause of arbitration is making progress. The best known and most devoted Christian workers in England have taken it up, among them our own Lady Henry Somerset. The Archbishop of Canterbury, primate of the Church of England, has written that he will do his utmost to promote the success of the movement. Sir James Stansfield, one of the chief figures in English parliamentary life for the last half century, has given his hearty approval to the proposition. He writes as follows: "You may rely on my signature for one guineas would be too strong for me. What the world wants is a true international law limiting the rights of nations to break the peace as nations limit such rights of individual citizens, towards which this proposal of yours would be a magnificent first stride."—*Union Signal.*

The prohibition question was debated in the Dominion House of Commons on Monday. After the usual arguments for and against prohibition legislation had been presented, the debate was adjourned by a vote, until the Privy Council has decided the jurisdiction of the Dominion Parliament and the Local Legislatures.—*Canadian Baptist.*

Scraps for Odd Moments.

A broken silence is never repaired.

The luckiest men in the world are the men who never depend on being lucky.

"W'en er man tells me un ev'ybody he knows am fo' sale, I begins to look roun' fo' his own price tag."

The man who wastes your time:—One of the most troublesome men in the world is the man who is never in.

My wife is a woman who is very hard to please.

She has never given any evidence of it.

Tippleton's death was untimely, was it not?

Yes, it should have taken place at least twenty years ago.

Life insurance agent—What did your mother and father die of?

Uncle Humsted—I don't rightly know, but 'twarn't nothin' serious.

What is the matter with Phillips, senior? He has been ill ever since his son went to college.

Remittent fever, probably.

Minards Liniment Cures Colds, etc.

Tommy—Paw, what does the paper mean by practical Christianity,

Paw—Practical Christianity is the kind that does not interfere with a man's business.

The best place to put an advertisement is in the paper that enjoys the confidence of the community. The standing of the paper reflects on the advertisements it carries.

Mrs Upton Green (who has been watching an Italian collecting cigar stamps)—Dear me, I've heard of the mania for collecting things, but that's carrying a fad too far.

How is Miss Strongmind coming on? I don't hear her advocating woman's rights any more. She has quit woman's rights business and taken up woman's lefts. She has married a widower.

"Any man w'at's willin' ter sell be soul ter de debil kin git all he po' soul am wut; an any man w'at t'inks money am de on'y t'ing ut's wuff anyt'ing might ex well sell out ter de debil 'n be done wiv it.

Customer—Your milk isn't so rich now as it used to be.

Milkman—Is that so! I'm sorry to hear you say so. By the way, Mr Slopper, here is a statement of your account with me for the last eight months.

Farmer's Wife—What does the paper say about the weather indications?

Daughter—Clear and warm.

What does the Almanac say?

Wind and storm.

Well, it do beat all how these scientists disagree.

Mrs Minks—So you now live on Blank street. Is that locality respectable?

Mrs Winks (with asperity)—I live there.

Mrs Minks (much hurt)—Well, I think you might give a civil answer to a civil question.

Minards Liniment cures Garget in Cows.

Among our applicants for a clerkship was an Irishman, who insisted on a testimonial from Lord B. being read. It ran as follows, as well as I can remember the words: "I have known Mr. So-and-So for some years, and have always known him to fail in the discharge of any duty which he professed himself ready to attempt."

"You women are so ridiculous," said the magazine editor. "You get a dress for a reasonable amount—sometimes—and then go and pay about four or five times as much for the trimmings."

"Well," answered his wife, "I do not see that you have any call to say anything. You pay $7 for a story, and $75 to $100 for the illustrations.

Young Lady—Oh, yes, I went to see that new comic opera, but I went under protest. I can't bear anything but classic music, and although I sat through all those simple airs and commonplace harmonies, it almost made me sick.

Musician—So it did me; made me sick to think that any author could be such a thief. The greater part of that opera is stolen from Beethoven.

Little boy, said a gentleman, why do you hold that umbrella over yont head? It's not raining.

No.

And the sun is not shining?

No.

Then why do you carry it?

Cause when it rains father wants it, and when the sun shines mother wants it, and it's only whent it's this sort of weather that I can get any use of it at all.

I WAS CURED of Acute Bronchitis by MINARD'S LINIMENT.
Bay of Islands. J. M. CAMPBELL.

I WAS CURED of Facial Neuralgia by MINARD'S LINIMENT.
Springhill, N. S. WM. DANIELS.

I WAS CURED of Chronic Rheumatism by MINARD'S LINIMENT.
Albert Co. N. B. GEORGE TINGLEY.

It's strange what a rumpus a little mistake can stir up, said the proofreader reflectively.

What's the matter now? asked the copyholder.

Oh, just a little slip in that article about collectors of bric-a-brac, explained the proofreader. A mere trifle, but the fellow is making an awful roar about it.

What was the mistake?

Why, according to the copy, the paragraph that has made all the trouble should have read: Prof. Jenkyns has devoted years of his life and a vast amount of money, in fact, almost impoverishing himself—in order to make the finest collection of jugs now in existence.

And I suppose his name was spelled wrong, said the copyholders. Those professors are mighty cranky and particular about their names.

No, returned the proofreader; it isn't the name. The compositor got an 'w' for 'n' in jugs, and I failed to catch it.

He gallantly—I couldn't kiss anyone but you, dear! She—If that's the case, you can't kiss me.

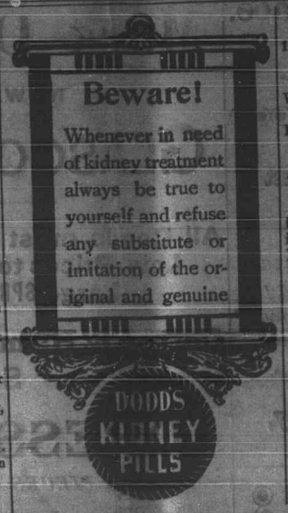
Will you be my wife, Fraulein Paula, and make me happy? I am sorry, doctor. But I should like to be happy myself.

Willie—I knew you were coming to-night. Castleton—Why, Willie. Willie—Sister has been crying all the afternoon.

"Money de root ob all ebil? Hit must be de root o' somet'ing, judging by de dutty grabbin' some folks hez to do ter git it."

Hall's Hair Renewer renders the hair lustrous and silken, gives it an even color, and enables women to put it up in a great variety of styles.

Dr Pills—Who was the most successful of all the girls who studied medicine with you? Dr. Squills—Miss Ketcham; she got married.



HEPP & CO.,
115 Barrington St., 26 Gottingen St.
Have a fine selection of WALL PAPERS and BORDERINGS.
Wholesale and retail. Lowest possible prices.
Fine Stock of Mouldings Picture Frames and Pictures.
☞ Samples on application. 32

W. J. Balcom
has secured an Auctioneer's license and is prepared to sell all kinds of Real and Personal Property at a moderate rate.

JOHN W. WALLACE,
BARRISTER-AT-LAW,
NOTARY, CONVEYANCER, ETC
Also General Agent for FIRE and LIFE INSURANCE.
WOLFVILLE N. S.

DENTISTRY.
DR. H. LAWRENCE will be at his office in Shaw's building, opposite American House, every day, in future.

PHOTO. STUDIO.
LEWIS RICE & CO.,
WINDSOR AND WOLFVILLE.
The Banch Gallery at Wolfville is open as follows:—
First Monday of each month, to remain one week. Jan. 6—11; Feb. 3—8; Mar. 2—7.
NEW ROOMS PATRIQUIN BUILDING, WOLFVILLE, N. S.

—QUESTION!—
How is it that you can buy your Horse Rugs and Coat Robes, also Harness of all kinds, so cheap at Regan's Harness Shop?
Will give the answer next issue.
WM. REGAN,
HARNESS MAKER.
134 Main St., Wolfville.

Look for this Print in the Snow
It is the pattern of the heel of the Granby Rubber and Overshoe. The next time you buy a pair of rubbers or overshoes ask for Granby's and look for this pattern on the heel. There is no need to take a Granby that is not the same shape as your boot, because they are made to fit every shape of shoe. A rubber that does not fit the boot will draw the foot. *Granby Rubbers* are thin, light, elastic and fit perfectly. They wear like Iron.

NOW IS A GOOD TIME
To send in your orders for
HARD AND SOFT COALS
A Full Stock Constantly on Hand!
Have in stock a quantity of SPRUCE SHINGLES which are offered for sale low.
TELEPHONE NO. 26.
F. W. WOODMAN,
Wolfville, Sept. 19th, 1895.

MONUMENTS
In Red and Grey Polished Granite and Marble.

Strictly first-class Work
GRIFFIN & KELTIE,
323 BARRINGTON ST., HALIFAX.

For sale by C. H. Borden, sole agent for Wolfville.

FOR DANDRUFF
GENTLEMEN FIND
PALMO-TAR SOAP
EXCELLENT
IT CLEANSES THE SCALP, RELIEVES THE DRYNESS AND SO PREVENTS HAIR FALLING OUT.
BIG CAKES HANDSOMELY PUT UP 25¢

JOHN WHITE & CO.,
STOVE DEALERS,
Fruit and Meat Cans a Specialty
Orders Solicited.
Halifax, N. S.

DR. E. N. PAYZANT
Will continue the practice of Dentistry as formerly, at his residence near the station, Wolfville. Appointments can be made by letter or at residence. Special fees on lower sets of teeth.
March 20th, 1895. 29

JAS. DEMPSTER. W. F. HILLMAN.
JAMES DEMPSTER & CO.,
PRINCE ALBERT
Planing & Moulding Mills
North George St., - Halifax.
TELEPHONE, 167
Manufacturers and Dealers
Window Frames, Doors, Sashes, Stairs, Rails and General Millwork, Kiln Dried Pitch and Spruce Flooring, Lining, etc., etc.
30 *Venetian Shutters, &c.*

REARDON'S
Stained Glass Works,
16, 18 & 20 ARGYLE STREET,
HALIFAX, N. S.
ECCLESIASTICAL AND DOMESTIC ART GLASS MADE TO ORDER.
SPECIAL DESIGNS FURNISHED ON APPLICATION.
PLATE AND SHEET GLASS.
Reardon's Art Store,
40 & 42 Barrington St. Halifax, N. S.
WALL PAPERS, ARTIST'S MATERIALS, PICTURES & PICTURE MOULDINGS.

Livery Stables!
Until further notice at "Bay View."
First-class teams with all the seasonable equipments. Come one, come all! and you shall be used right. Beautiful Double Teams, for special occasions. ☞ Telephone No. 41. Office Central Telephone.
W. J. BALCOM,
PROPRIETOR.
Wolfville, Nov. 19th, 1894.

N. RUSSELL & CO.,
—MANUFACTURERS OF—
Sheet Iron and Tinware
FRUIT CANS OF EVERY SIZE A SPECIALTY.
Corner of Portland and Dundas Streets, Dartmouth, N. S.

NOTICE OF REMOVAL.
OWEN P. HILL,
Merchant Tailor,
66 GOTTINGEN ST., HALIFAX, N. S.
NEW STORE, NEW GOODS.
Prices right. Give us a call. SURE to be able to please you.

ROBERT STANFORD,
LADIES' AND GENTLEMEN'S
Fine Tailoring.
154 and 156 HOLLIS STREET,
Halifax, N. S.
☞ My ladies' department is under the supervision of Mr Edward Dirmer, late cutter with Vorbornick, of Paris.
Nov. 29th, '95. 1 yr

NEW BAKERY!
The subscriber having opened a first-class Bakery at the Wolfville Hotel is now prepared to supply to customers
White and Brown Bread, Cakes and Pastries of all kinds!
All orders promptly attended to, and satisfaction assured.
Mrs. Eastwood.
Wolfville, May 14th, 1895. tf

H. H. HARRISON. JAS HARRISON
TELEPHONE NO. 949.
Harrison Bros,
Agents for
Canada Stained Glass Works
Dealers in Sand-cut, Embossed, Beveled and Beveled Glass, Mirror Plates, Etc.
Plain and Artistic Painters, Importers of Wall Paper and Decorations. 31
Showrooms: 54 Barrington Street.
Halifax, N. S.

NOTICE.
ALL PERSONS having legal demands against the estate of Joseph B. Davison, late of Wolfville, in the county of Kings, Esquire, deceased, are requested to render the same duly attested, within one year from the date hereof, and all persons indebted to said estate are requested to make immediate payment to
MARGARET A. DAVISON, EXECUTRIX.
AVARD L. DAVISON, EXECUTOR.
Wolfville, N. S., Oct. 15th, 1895.

THE
"White is King of All"
White Sewing Machine Co
Cleveland, Ohio.
Thomas Organs
—FOR SALE BY—
Howard Pineo,
WOLFVILLE, N. S.
N. B. Machine Needles and Oil. Machines and Organs repaired. 39

W. W. HOWELL & CO.,
121 LOWER WATER ST.,
Halifax, - N. S.
Mechanical Engineers, Machinists, Builders of Marine, Stationary and Hoisting Simple and Compound Engines. Mill and Mining Machinery, Steamship Repairs. 30

W. C. SMITH,
FINE TAILORING,
No. 141 Hollis Street,
Halifax, N. S. 31

JAMES A. GRAY
Undertaker and Embalmer.
239-241 Grafton St., (Cor. Jacob)
Halifax.
TELEPHONE 619 32

FOR SALE AT A BARGAIN.
The property owned and occupied by Mrs E. B. Shaw, on Main street, Wolfville. This property consists of one dwelling house, one store, one barn and waggon house, also small orchard. Buildings in good state of repair. Is situated in the best business part of the town, which makes it a very desirable business stand. Part of the purchase money may remain on mortgage if wished. Property can be seen and inspected by any wishing to purchase, and all information given by applying to
MRS E. B. SHAW.
Wolfville, Nov. 21, 1895.

Geo. A. Sanford and Sons,
Marble and Granite Works,
82 & 84 Argyle St.,
Halifax, N. S.
Everry description of Cemetery Work in Polished Grantie and Marble.
☞ Designs and prices furnished on application.

1895. THE 1895.
Yarmouth Steamship Co.
(LIMITED)

2 TRIPS A WEEK.
The Shortest and Most Direct Route between Nova Scotia and the United States.
THE QUICKEST TIME,
15 to 17 hours between Yarmouth and Boston!
Commencing Nov. 6.
STEEL STEAMER
"BOSTON,"
UNTIL further notice, will leave Yarmouth for Boston every
Wed. and Sat. Ev'gs.
after the arrival of the Express train from Halifax. Returning, leave Lewis' wharf, Boston, at 12 noon, every TUESDAY and FRIDAY, making close connections at Yarmouth with Dominion Atlantic Ry. and Coach Lines for all parts of Nova Scotia.
This is the fastest steamer plying between Nova Scotia and the United States and forms the most pleasing route between above points combining safety comfort and speed.
Regular mail carried on steamer. Tickets sold to all points in Canada, via Central Vermont or Canadian Pacific Ry., and to New York via Fall River Line, Stonington Line, New York, Haven & Hartford and Boston and Albany R. R.
For all other information apply to Dominion Atlantic, I. C., and N. S. C. Railway Agents or to
W. A. CHASE, Secretary and Treas. L. E. BAKER, Manager.
Yarmouth, Nov. 1st, 1895.

DOMINION ATLANTIC RAILWAY.
"LAND OF EVANGELINE" ROUTE
On and after Monday, 2d March, 1896, the trains of this Railway will run daily (Sunday excepted).
TRAINS WILL ARRIVE WOLFVILLE.
Express from Kentville.....5 35, a m
Express " Halifax.....9 10, a m
Express " Yarmouth.....4 21, p m
Express " Halifax.....6 05, p m
Accom. " Richmond.....11 30, a m
Accom. " Annapolis.....11 25, a m
TRAINS WILL LEAVE WOLFVILLE.
Express for Halifax.....5 35, a m
Express " Yarmouth.....9 10, a m
Express " Halifax.....4 21, p m
Express " Kentville.....6 05, p m
Accom. " Annapolis.....11 35, a m
Accom. " Halifax.....11 40, a m
Royal Mail Steamship Prince Rupert
Daily Service.
St. John and Digby.
Leaves St. John, 8.30 a. m.; arrive in Digby, 11.15 a. m.; arrive in St. John, 3.45 p. m.
Trains are run on Eastern Standard Time.
W. R. CAMPBELL, General Manager.
K. SUTHERLAND, Superintendent.

J. Snow & Son,
Embalmers and Funeral Directors.
56 Argyle St., Halifax.
Telephone Day 387. 30 Night 848.