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The one Tea that never disappoints the
most critical tastes.

"SALADA"

on a Sealed Packet is Your Safeguard.

USE OF THE RAT.

Had Its Part in World Ages Ago.

One of the zoological details connected with the rat is its failure to sustain any discoverable relation with the balance of nature. The balance of nature seems remarkably even all over the world, for no kind of life can become wholly extinct without affecting prejudicially the general environment.

The rat seems the solitary exception to the general experience that interference with the fauna of an environment invites disaster through an upset of the balance of nature, says a writer in Current Opinion. Other forms of life, vegetable or animal, upset it by their absence. It was thought until recently that a peculiar species of flea could thrive upon the rat alone, but some doubt is thrown upon this idea by reports of plague investigators. There is, however, another view of the connection of the rat with the balance of nature, according to the Paris Revue Scientifique. The rodent has achieved its task, performed its duty. The work was accomplished in past centuries, probably in Asia.

swam rivers in swarms. Nothing could stand them or withstand them. Having eaten up everything that could not run or fly or fight back, the rat turned to Europe and had to satisfy itself with new habits and different foods; its connection with the balance of nature was destroyed and it is to-day a meaningless survival with nothing but a somewhat doubtful claim to a characteristic flea.

Minard's Liniment Cures Colds, Etc.

FISH RECIPES.

Four Good Ones Give Needed Variety.

Take a fairly thick slice of codfish, shred it and parboil it. Cut up small one onion and four tomatoes and fry them in one ounce of margarine; add a teaspoonful of flour and stir well, then add a cup of water, some chopped parsley and pepper; stir until it boils, then add the flaked fish. Simmer for half an hour.

Serve in a border of mashed potatoes or boiled rice.

A FILETED BAKED HADDOCK.

A haddock weighing about two pounds makes two good-sized fillets.

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Rats will attack very large organisms. Even the elephant is not respected. It is widely known that certain varieties of Asiatic elephants have a great dread of rats. Cases are reported in which a huge elephant has succumbed to wounds made in its feet by rats. The rats gnaw the hoofs of horses when it can get at them. It would exterminate the pig if it could find a neutral in man.

In brief, all the evidence suggests that there has raged in the past a great warfare between the rat and certain gigantic forms of life. The brown rat seems to have had much to do with the extinction of certain great beasts in Asia. Perhaps the mastodon was routed by the rat. In any event, the rat may have played a glorious part in eliminating the bulky monsters that in time past kept man down numerically just as to-day the robin plays a glorious part in eliminating from the soil the pests that otherwise would keep the crops down.

The very voracity of the rat must have been of great zoological importance when it had to attack, perhaps, a herd of mastodons. The rats traveled, then, evidently in swarms.

DOMINION Bicycle Tires

are genuine
"Dominion"
Tires, made in
the famous Dominion Rubber
System Factory—
by the same experts
who perfected Dominion
Automobile Tires—
the most popular
tires in Canada. It is
their superior quality
which shows in the
easy riding, the
sturdy wear, the
extra mileage of
Dominion Tires



Unquestionably
the Best Tires

Sold by the
Leading
Dealers

Grease a casserole dish, put in the fillets cut in four, season with salt, pepper and lemon juice and pour over a little melted butter or margarine and half a pint of milk. Bake in a hot oven for twenty minutes. Sprinkle with breadcrumbs and grated cheese, and let the fish get brown on the top. Serve hot in the casserole.

CURRIED PRAWNS.

These can be quickly prepared if you have a tin of prawns at hand. For the currie sauce chop an onion and a few slices of apple finely and fry them in one ounce of margarine. Stir in half a despoisoned of curry powder and the same of flour. Salt to taste. Add a quarter of a pint of stock or milk, cook gently for twenty minutes, stir in the prawns, add a few drops of lemon juice and a little chutney, and when heated through serve with a border of rice. This sauce can be used for any left-over fish.

Minard's Liniment Cures Distemper.

BITS OF WIT.

"Then your wife didn't enjoy her trip to Niagara?" "No; the minute she saw that rushing water she began to wonder if she hadn't come away from home and left a faucet running."—Pittsburg Post.

There are about 534,276 prize lies in training. But here is the champion lie: Once upon a time a man came home with a bun at 3:30 a. m. and his wife met him at the door with a kiss and helped him take off his shoes.—Cincinnati Enquirer.

"So you are not to be married?" "No. He says he had changed his mind." "What's his excuse?" "The war." "And you have not witnesses, nor love letters?" "No." "Well, isn't war just what they say it is?"—Cleveland Plain Dealer.

"Oh, doctor, I have sent for you, certainly; still I must confess that I have not the slightest faith in modern medical science." "Well," said the doctor, "that doesn't matter in the least. You see, a mule has no faith in the veterinary surgeon, and yet he cures him all the same."—Sacred Heart Review.

"She was completely prostrated, and made very ill by his perfidy." "Did she recover?" "Yes, \$5,000.—Boston Transcript.

Johnny—Papa, what is a "philosopher?" Pa—A man with a good liver, heart, stomach and bank account.—Chicago News.

Minard's Liniment Cures Diphtheria.

OUT OF REACH.

Unsuccessful Author—After my death this world will realize what I have done.

Sympathetic Friend—Well, don't worry about it, old chap. You'll be out of harm's way then.

TOGOLAND

Togoland is one of the earliest and richest of German colonies.

Togoland is shaped like a hoghead, with a 32-mile base resting on the Gulf of Guinea, its sides swelling to more than three times that width, crowding the British Gold Coast possessions to the west, French Dahomey on the east, and its narrow top tapering into the Niger region.

Germany annexed Togoland in 1884, the year she launched upon her colonial expansion with the acquisition also of Northeastern New Guinea and the Bismarck Archipelago. Togoland was the first colony to dispense with imperial subsidy.

Along the seacoast Togoland's soil is rich and sandy, its climate warm and moist. The hinterland is higher, wooded and drier, but seldom arid. Thus the land is adapted to a wide variety of products, among which the growing of coconuts, corn, rice, tobacco and coffee already has been highly successful. The exports include considerable quantities of ivory, kernels, copra, palm oil and rubber.

This colony affords a commentary upon Germany's application of bureaucratic methods to her possessions.

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was receiving no benefit. By a persuasion from a friend I got MINARD'S LINIMENT and used one bottle which completely cured me, and have been using MINARD'S LINIMENT in my family ever since and I find it the same as when I first used it, and would never be without it.

ISAAC E. MANN,
Metapedia, P. Q.

Aug. 21st, 1908.

Despite heavy German emigration to the United States and South America, and despite her effort to divert this flow to her colonies, only about 300 Germans were to be found among the million natives of Togoland in 1910. Most of the 300 were engaged in Government service, either in the coast cities of Lome, a made-to-order town which Germany planted on the site of a fishing village, and Little Popo, or the inland Government stations at Misahohe or Bismarckburg.

Togoland lies along the famous Slave Coast of Africa. Behind the treacherous schools and bars slave traders defied cruisers from the shelter of lagoons and inlets that abound along the shores where they obtained their human stock in trade. They found the native chiefs, especially the Dahomeys, coastal people of Togoland as well as of Dahomey, only too ready to barter human beings for rum and trinkets. Tribal leaders made forays to supply the demand. Frequently they burned villages by night and corralled the inhabitants when they fled.

Northern tribes of Togoland are mostly Hausa, a mixed negro race, who have become civilized and industrious. But the Dahomeys, in the south, present a curious blend of shrewdness, cruelty and superstition. Small, robust and athletic, they climb trees like monkeys, easily become fluent linguists, but cling to fetishism and still practice cannibalism.

The King of the Dahomeys is a tribal deity. He controls the lives and property of his subjects. Formerly he was regarded as more ethereal than human; he was believed to require neither food nor sleep. He strengthened that impression by having all food served to him in solitude, and bearing petitions from behind a screen. Consultation with his ministers was carried on through his wives, who were state dignitaries. Genuine Amazons formed his bodyguard, and these warrior women were reputed to be as

HOW THIS NERVOUS WOMAN GOT WELL.

Told by Herself. Her Sincerity Should Convince Others.

Christopher, Ill.—"For four years I suffered from irregularities, weakness, nervousness, and was in a run down condition. Two of our best doctors failed to do me any good. I heard so much about what Lydia E. Pinkham's Vegetable Compound had done for others, I tried it and was cured. I am no longer nervous, am regular, and in excellent health. I believe the Compound will cure any female trouble."—Mrs. ALICE HELLER, Christopher, Ill.

Nervousness is often a symptom of weakness or some functional derangement, which may be overcome by this famous root and herb remedy. Lydia E. Pinkham's Vegetable Compound, as thousands of women have found by experience. If complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for suggestions in regard to your ailment. The result of its long experience is at your service.

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Write for Free Book of House Plans, and information telling how to save from two to four hundred dollars on your new home. Address, Hailiday Company, 21 Jackson West, Hamilton, Ont.

fearless and brave as those of Greek mythology, and much more cruel. Only the sons of the Dada, or Queen, were regarded as heirs. From among the Amazons the sovereign selected other wives, but all except the favored few were celibates. The King was considered the father of all his subjects.

The Bolsheviks are doing nothing new in their reported arrangement for interchange of infants among the various mothers of the community nurseries set up by the Soviets. In Dahomey children were taken from their mothers at an early age and given to other families so they might form no ties which would conflict with their allegiance to the King.

Any object blessed by the Dahomey priests became a fetish. Snakes were held in special esteem. Children were regularly sacrificed and human beings were amazingly intricate, some lasting 36 hours. So imbued were the Dahomeys with belief in immortality that they readily volunteered for sacrifice, and the wives of Dahomey, like those of India, often chose to die when their husbands did.

Germany edged into the Slave Coast because, in 1884, the narrow portion still ruled by the King of Togo was the only part from the Gambia to the Niger not controlled by some civilized power. Bremen merchants had stations there. So Germans persuaded the Togo ruler to place Togoland under the suzerainty of Germany. Subsequently the Germans made claims to inland territory which brought about boundary disputes with France and Great Britain until the frontiers were fixed in 1899.

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The Great English Remedy.
Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Prostration of the Heart, Fading Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Withers.)

Bit of Finnish History.

Finland, which has declared its independence from Russia, has long been a buffer state between the latter and Sweden. After Peter the Great conquered Finland in 1721 and annexed Sweden made repeated but unsuccessful efforts to regain this province. Finally Alexander I., in 1809, brought all the Finnish territory under the Muscovite yoke. Since about 1890, however, Finnish liberties have been greatly curtailed. The powers of the Finnish diet were canceled and its constitution practically abrogated. In 1903 a Russian dictator was appointed and the country flooded with Russian spies; arbitrary arrests and banishments became daily occurrences; no means of Russification was left untried. The Finns are of Mongolian extraction and number about 3,000,000.

Minard's Liniment Cures Garnet in Cows.

Possibilities Overlooked.

He was a suburban garden faddist, who innocently bored all his friends by asking them down for week ends and showing them around his two by four estate. Just now it was Brown from the office. He showed him his three rose trees, his pocket shrubbery, his half inch fountain jet with his little basin and pair of goldfish. He showed him his summer house, which would accommodate two people at the same time. "Never know what you can do with a bit of ground until you try," said the host, gleefully.

TORONTO FAT STOCK SHOW

At the annual meeting of the Toronto Fat Stock Show, held recently, it was decided to again have classes for female cattle, also that instead of requiring ninety days' ownership of carcasses of cattle that it would be sufficient if owned by exhibitor at time of entry. This will be welcome news to some exhibitors who were unable to compete in some of the classes last year.

ISSUE NO. 26, 1919

HELP WANTED—FEMALE.

CHILDREN AND WOMEN AS WEAVERS. Winders, etc. Apprentices paid while learning, and every assistance given in teaching beginners this work. Only short experience required to develop efficient workers. Pleasant work, satisfactory remuneration. For full particulars, apply Silsgby Mfg. Co., Brantford, Ont.

RELIABLE WOMAN FOR SANITARIUM—one willing to assist with the care of patients. Sanatorium for Consumptives, St. Catharines, Ont.

HELP WANTED—MALE.

SUPERINTENDENT FOR WOOLLEN Mill, for night work. Must thoroughly understand Carding and Spinning, and be a good manager of help. Good position to right man. Apply, stating age and full details of experience, to Silsgby Mfg. Co., Brantford, Ont.

WANTED—BOSS WEAVER, FOR Crompton and Knowles Looms, on heavy work, first class opening to right man. Apply, stating age and full details of experience, to P. O. Box 55, Hamilton.

MISCELLANEOUS

REMIT BY DOMINION EXPRESS Money Order. If lost or stolen you get your money back.

AUTO OWNERS AND MECHANICS. Don't lose your tools. Stamp your name on every one and insured against loss and theft. We will make for you a Stamp hand cut from tool steel, it will last a life time; send \$3c for each letter of your name and the postage; if only your initials are required send \$1.00. Crown Stamp & Die Works, Watford, Ontario.

NURSING.

NURSING—NURSES EARN \$15 TO \$25 a week. Learn without leaving home. Send for free booklet. Royal College of Science, Dept. 134, Toronto, Canada.

BUSINESS CHANCES

SAWMILL TO RENT—WATER POWER—the last owner cleared over \$5,000 a year; only about \$4,000 or \$5,000 capital required to operate. L. E. Weldon, solicitor, etc., Lindsay.

FARMS FOR SALE

200 ACRES—PETERBORO COUNTY, comfortable house, log barn; 150 acres cleared, balance pasture and timber; some crop now in; all for \$300. Write or phone C. P. Doherty, Kinmount, Ont.

ONE TEN ACRE, AND ONE 8 ACRE fruit farm, all varieties of fruit, soil, clay loam, with good buildings, farms on the Hamilton, Niagara Falls Stone Road, street car stops at farms, also they adjoin the town of Beamsville. Will sell or exchange. Apply, E. J. Griffiths, 1150 College Street, Toronto, Ont.

500 ACRES SANDY LOAM, 25 ACRES in bush, 75 miles from Toronto. Good house and barn. Will sell in block or sections. Apply Albert Brenner, 187 Barton street east, Hamilton.

FOR SALE

FOR SALE—SECOND HAND WATER-POWER thrashing outfit. Address Ezra Pritchard, Meaford, Ont.



Oh! Such
Pain!
dizzy—
dragged-
down?
With dull
headache,

backache—racking
with pain here
or there—poor
woman, she's one
of many. On those
days each month,
when in other cir-

cumstances she would go to bed, she must still be at the desk or counter, or struggle through the day as best she may with her housework or her family cares. Usually she who feels those dragging-down or dizzy symptoms, and other pains caused by womanly disease, can be cured by Dr. Pierce's Favorite Prescription. It cures the cause of these pains. Faded, jaded, tired, overworked, weak, nervous, delicate women are helped to strength and health by Dr. Pierce's Favorite Prescription. It makes weak women strong and sick women well. In liquid or tablets.

CHATHAM, Ont.—"Being a nurse I have had occasion to use 'Favorite Prescription' quite a lot. I recommend it to my patients and it has been a wonderful help to many of them. I never know of a case where it failed. I have a patient who is using it now and is doing fine. I have taken it myself and got the very best results. I consider it the best medicine there is for women who are ailing."—Miss Doris Moon, 50 Dorset Street.