## s a Weak Throat Strengthens the Voice **Cures Bronchitis**

reathing the Healing Baims of starrhozene You Are Cured Without Using Drugs.

You breathe through the Catarrhomes inhalps medicated air that is mid of huxing, soothing belasms, mill of pixeling antiseptic ensences that essemble the air of 4th pine woods in the ideal of the pine are pine in the ideal of t



Jesus Christ Our Redeemer rd-Review.-John 10. 1-18.

Jesus Christ Our Redeemer and Lord—Review—John 10, 1-18.

Summary.—Lesson I. Topic: Christian liberty. Places: Borders of Tyre and Sidon; Decapolis. The scribes and Pharisees found fault with Jesus with His disciples went into the borders of Tyre and Sidon and He cast out the egispirit from a young girl at the earnest request of her mother.

H. Topic: Conditions of disciple-ship Places: Decapolis; Dalmatia: Bethsaida-Julias; Caesarea Philippi. In Decapolis Jesus miraculously fed a multitude of four thousand with seven ioaves and a "few small fishes." Jesus and His disciples went across the lake to Dalmatia, then across to Bethsaida-Julias, where He cured's a blind man.

HI Topic: Vision and service.

soaves and a 'rew small risnes.' Jesus and His disciples went across to Bethasida-Julias, where He cured' a blind man.

HI. Topic: Vision and service. Place: A mountain near Caesarea Philippi. Jesus with Peter, James and John went up on a mountain and was transfigured before them. Moses and Elifah appeared and talked with Jesus. Peter expressed a desire to remain there. A voice came from the cloud saying of Jesus, "This is My beloved Son; hear Him."

IV. Topic—Fallure of selfishness. Places: Capernaum and other parts of Gaillee. Jesus again foretoid His Bath. The Esciples talked among themselves as to who should be tho greatest in the new kingdom. Jesus showed them that the way to greatness was the way of service. John reported that the disciples saw one casting out devils in the name of Jesus and he was not one of the twelve, and they forbade him.

V. Topic—The cost and the rewards of Christian service. Place: Perca, the region east of the Jordan. Jesus gave instructions regarding the sacredness of marriage. He rebuked His disciples for trying to keep the children away from Him. He showed the rich young ruler how he might obtain eternal life, and showed also hew difficult it was for the rich to enter the kingdom, VI. Topic—Sesus fortells His death, Places: Perca; Jericho. Jesus again death and sufferings. James and John desired to have the chief places in Christ's kingdom and the other disciples were displeased. Jesus pointed the way to true greatness. A Jericho Jesus healed Bartimaeus of his blindness.

VII. Topic—Christ the Lord of our lives Places: Rethany. IX. Topic. How to meet the crises of life. Places: Jerusalem; Bethany. Jesus foretold the destruction of Jerusalem and the second coming of Christ. It was at the time of the Passover and Jesus and his discipler were at Jerusalem to observe it. A feast was made for Jesus at Simon's house in Bethany. Mary anointed Jcsus with costly ointment.

X. Topic: Tests of loyalty to Christ. Place: Jerusalem Judas Iscariot plotted with Jewish leaders to betray Jesus to them. Jesus with his disciples observed the Passover feast in Jerusalem and at its close he instituted the Lord's Supper. Judas having left the room, Jesus and the cleven sang a hymn and then went to Gothsemane. Jesus prayed there, and after his prayer Judas led there the company that arrested him.

XI. Topic: Christ dying for our sins. Place: Jerusalem Jesus was condemned by the Jewish council and Pilate gave him over to be crucified, although he believed him to be innocent. He was led to Calvary, carrying his cross, and was crucified. His disciples, the women and other sympathizers were near the cross.

XII. Topic: Christ's insurrection and the Christian's assurance of im-

pathizers were near the cross.

XII. Topic: Christ's insurrection and the Christian's assurance of immortality. Place: Magdalene and other women come to Christ's tomb to embalm the body of Jesus. They found the tomb open and Jesus gone. The angel talked with Mary. Peter and John went into the tomb. While Mary was still at the tomb weeping, Jesus stood by her and spoke. She knew him when he spoke. She went to the disciples and told them that she had seen the Lord who was alive. Jesus later told the disciples to go forth to preach the gospol to all the world.

\*\*PRACTICAL SURVEY.\*\*

\*\*Topic.\*\*—Carlst triumphant.\*\* way to true greatness. At Jericho Jesus healed Bartimaeus of his blindness.

VII. Topic—Christ the Lord of our lives. Places: Bethany; Mount of Olives; Jerusslem. On the Sunday offere His cruefixion Jesus rode in triumph into Jerusslem amid the hosannas of the people. The next day He returned to Jerusslem, cursing the barren fig tree on the way. F' cleansed the temple. The next day the fig tree was withered.

VIII. Topic: Religion and citizenship. Place: Jerusslem in the temple. In the parable of the vineyard Jesus foretold the treatment he was about to receive at the hands of the Jews. He silenced the Herodians, the Pharlsees. the Sadducees and the scribes who opposed him. He commended the widow, who cast all she had into the treasury of the Lord. Topic.—Carist triumphant.

I. Its seen by enemies.

II. As seen by his disciples

I. As seen by enemies. The passion week brought into full view the determined purpose of Christ's enemies. All the growing malice if three years found its culmination in the closing week of a life unspotted by sin. The most criminal deed of the world's history and the redemptive plan for the world were accomplished during the Jewish Passover, the last that was



# How to Make Sugar-Beet Syrup

#### Used For All Purposes Like Other Syrups and Molasses

We have had a number of letters from correspondents asking us how to make beet syrup. The first step in making beet syrup consists in topping and cleaning the roots. As already stated, the crowns should be cut off at the point of the lowest leaf scar. The reason far this is that the crown or upper part of the beet contains a large part of the salts taken from the soil in the process of growth. It is desirable to have the syrup as free as possible from these mineral salts which, ff present in too large quantities, will render the syrup upnalation.

In cleaning the roots, they may be placed in a tub or other suitable receptacle and covered with cool water, to loosen the dirt and to make the roots more crisp. After soaking for a few minutes, until the dirt is loosened, they should be thoroughly scrubbed. A coarse brush with, stiff bristles or wire is useful in this work. After the roots more crisp. After soaking for a few minutes, until the dirt is loosened, they should be cut into thin slices. A 3-bladed kraut cutter, securely fastened on the top of a barrel, has been used and found very satisfactory. The upper head of the barrel should be removed, so that the beet slices will fall directly into the barrel. If a kraut cutter is not at hand, any slicing device, the simplest of which is a butcher knife, will be satisfactory. The slices should be very thin. The thinner the slices the more rapidly the sugar is extracted. In some experiments slices only one-cixteenth of an inch in thickness were obtained. The slicing box of the slicer was not used, the beet being held in the hand and pressed against the blades of the slicer.

A bushel of beets will make approximately two bushels of slices, which should be placed in a barrel and covimand the barrel and covimand the placed in a barrel and covimand the barrel and covimand the placed in a barrel and covimand the placed in a barrel and covimand the barrel and coviman

silicer.

A bushel of bects will make approximately two bushels of slices, which should be placed in a barrel and covered at once with hot water. About 10 gallons of water will be required to cover them. An excess of water should be avoided, since it would increase the amount of evaporation required to reduce the solution to the required consistency. If bolling water is used, the temperature of the slices

ORINOCO

Topic .-- Christ triumphant.

world were accomplished during the Jewish Passover, the last that was binding upon God's people. It was a time of decision, a time when Jews and Gentiles revealed their signal attitude toward Christ. Signal consequences were involved in the actions of that week. While at Bethany among his friends Jesus was annointed by Mary, an act which proclaimed so much that her example remains forever as a model of plety and devotion; yet her expression brought Judas to his decision to forsake his Master. Rapidly the lines were drawn and eternal destinies fixed. The repeated efforts of the Jowish leaders seemed futile in their designs until Judas, the traitor, made their plot a success. Not one of that designing company could plead ignorance. The great Teacher had left them without excuse. He had warned them against.

will reduce the temperature of the water to about the proper degree, that is, 158 to 176 degrees F., for the extraction of the sugar. The barrel should be covered with several thicknesses of canvas to hold the heat. The silced beets should be permitted to soak for about 60 minutes, and the barrel should be agitated from time to time without uncovering it.

The water should now be drawn off and strained through several thicknesses of cheesecoth. No pressing is required to remove the juice from the beet. If the barrel is provided with a faucet near the bottom for the purpose of drawing off the liquid, it will be found convenient. The soaking does not remove all the sugar from the beet slices, but by far the larger part of it is extracted if the slices are sufficiently thin and the water is of the right temperature. The resulting liquid is of a light brown color, with a sweetish-hitter taste. The refuse beet slices are a valuable feed for chickens, hogs and other live stock.

The juice may be placed in a kettle or other convenient receptacle, where it should be heated slowly until it has evaporated to the proper consistency. It should be noted that evaporation depends upon the temperature, the surface of the liquid exposed, and the condition of the air above the liquid. Slow boiling is important in making bost syrap, and several hours will be required to complete the evaporating process. This may be done on the kitchen stove, or a kettle may be suspended in the open, and fire shoulg be maintained sufficiently hot to keep the liquid boiling until the proper amount of evaporation has taken place to produce the desired consistency of syrup. Some people like a thin syrup, while others prefer a thick product. In boiling the juice, care should be taken to avoid burning. A little experience will enable one to accomplish the boiling without socroling the syrup.

syrup.

While the boiling is progressing, a scum will rise on the surface of the liquid; this should be removed carefully by means of a skimmer. An olddeceiving the people. Judas had shared the closest fellowship in the chosen circle of apostles. He had been taught by precept and example the real principles of the gospel. The Roman authorities were participants in the betrayal. Pilate as a governor was sifted by the test that was put upon him, so that the world has ever since known him as a criminal in his decision against Christ. The Sanhedrin, so determined to set at naught the claims of Christ, theeded not the claims of the Mosaic law by which they claimed to be governed. They indulged in mere mockery in the trial in which they pronounced Jesus guilty of blasphemy, when his claim should have made them tremble and go in search of truth. They inflamed the people into mob violence, without any definition of the terms of conviction.

If. As seen by His disciples. At the last Jewish Passever meal, Jesus deviared his knowledge of a traitor among his chosen apostles, It was an extreme moment for Judas. In the presence of his unsuspecting brethren and his compassionate Master he was free to repent and break away from his evil purpose. His withdrawait from the sacred cemetery was his decisive step. Before leaving that table where they had celebrated Israel's deliverance from bondage, Jesus instituted another supper in its place, to be celebrated in memory of his atoning death. All types were fulfilled in him. Instructions and prayer followed before he retired with the eleven into the Garden of Gethemane. To the disciples it was to be the scene of their weakness and fear. To Jesus it was the place of his atoning agony where he suffered as man's substitute, as the bearer of sin, as an acceptable sacrifice to God. Peter's rash act defense with his aword was rebuked and his evil repaired. Jesus still provided for the safety of his disciples. The weakness of human nature was further brought out when Peter trusted in himself to act up to his standard of faithfuiness, only to be driven to bitter tears of repentance. T. R. A.

Unless worms be expelled from the system, n. c

fashioned milk skimmer, or a basin with or without small holes in the bottom, will accomplish the desired result. The skimmer should, for convenience, be provided with a suitable handle. A small straight or curved stick of proper length, split at one end and alipped over the edge of the skimmer, will serve the purpose. The object in skimming is to remove the scum as completely as possible without wasting any of the liquid. The operation removes the strong, beet-like flavor and leaves a wholescome and palatable product. The removal of the scum tends also to keep the liquid from bolling over. As soon as the syrup has reached the desired consistency and has been skimmed carefully it may be placed in caus or bottles for future use. It should be canned or bottled while hot and tightly sealed or corked to prevent moulding.

The syrup produced from beets is dark in color. This would be objectionable if the product were placed on the market, but for home use it probably would not be regarded as serious, in view of the simplicity of the process and the quality of the product. Any method of bleaching or otherwise rer. aving the dark color would require considerable skill and some outlay of money. The flavor of the syrup is pleasant. It contains the pure juice of the beet root and is a wholesome and nutritious food, which to a certain degree should be helpful in reducing the sugar bill.

Beet syrup may be used for all purposes for which other syrups or molesses would he amployed expectation.

in reducing the sugar bill.

Beet syrup may be used for all purposes for which other syrups or molasses would be employed, especially for table use; for example, on buckwheat cakes, in making dark-colored cake, or in preparing certain kinds of home-made candy. If the evaporation is carried far enough and the syrup is allowed to stand, a dark sugar will settle out. This sugar will be found very satisfactory for home use in cases where refined sugar is not necessary, such as in making pics or dark colored cake.

-Canadian Countryman.

# **CURING SKIN TROUBLES**

These Are Always Due to Bad Blood Which Must Be Enriched and

Which Must Be Enriched and Purified.

So many people, both men and women suffer from skin troubles, such as exessma, blotches, pimples and irritations that a word of advice is accassary. It is a great mistake for those suffering from troubles of this kind to smear themselves with greasy ontonents. Often they could not do anything worse, for the grease clogs the pores of the troubled akin and the condition becomes actually worse.

When there are pimples or eruptions, or an irritating or itching rash a soothing boracic solution may help to allay the irritation, but of course that does not cure the trouble. Skin complaints come from an impure condition of the blood and will continue until the blood is thoroughly purified. It is well known that Dr. Williams Pink Pills have effected the best results in many forms of skin disorders and blemishes. This is due to the fact that these pills make new, rich blood, and this mew blood attacks the impurities, that give rise to skin troubles and disperses them. Dr. Williams Pink Pills cure skin disorders from within the system—the only sure way. Mrs. Ritchie, Parkbes, Sask., says: "Two years ago I was attacked with eczema in my hands. I tried almost everything that was advised, but as the trouble was growing worse, I consulted a doctor and took his dreatment for some time with no better results. By this time my hands were a mass of sores and I began to despair of finding a cure. A friend strongly advised me to try Dr. Williams' Pink Pills, and I decided to do so. After using two boxes I could see an improvement, and I got a further supply. I used altogether eight boxes by which time every trace of the ectema had disappeared and there has not been a single s#mptom of the trouble since that time. I gladly recommend Dr. Williams' Pink Pills have a beneficial effect upon the general health. They increase the appetite and energy and cure all diseases that arise from impure blood. You can get these pills through any medicine dealer or by mail at 10 cents a box or six soxes for \$2.50

# LACE MARKET REPORTS

#### TORONTO MARKETS.

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Beef, ferequarters, cwt.
bo., hindquarters
Carcases, choice
bo., common ... 4
Val., chombon ... 4
Val., chombon ... 4
Naty hoss
Shop hoss
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TORONTO GATTLE MARKET
Receipts: 770 cattle, 234 calves, hogs, and 65 sheep.
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Hutcher cattle, common 8 50
Hutcher coves, medium 10 25
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decisive step. Before leaving that table where they had celebrated Irracis deliverance from bondase, Jesus instituted another supper in its place, to be celebrated in memory of his atoning death. All types were fail the memory of his atoning death. All types were fail and that for the last stands dead still and that for the

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LIKE INVERTED RAIN.

Luckily for the Aviator, He Was Out of Range of the Drops.

It will be easily understood, writes C. G. Grey in "Tales of the Flying Service," that before a bullet that has