

When one thinks of the newfangled ideas about health and sees people on every hand hunting for disease germs in water, milk, meat, fruit, atmosphere, analyzing the and everything, dreading, swallowing a fear with every of mouthful they eat, one al mouthful wonders whether or not most life is worth living. If we are lia ble to be made the victims of tens of the thousands of enemies which are in and around everything, in all liquids and all solids alike we are in just about the same condition to enjoy life as was one of the olden kings, who lived in mortal terror that everybody was trying to poison him. All his foods and drinks, his wines, everything, had to be tasted and tested by some trusted member of his household before he dared to touch it himself.

## \*\* \*\* \*\* THE BUSINESS GIRL.

When a business girl is a failure the reason often is that she regards the work she has taken up as only a temporary thing-something to fill up the years that lie between leaving school and the husband and home that she hopes sooner or later will fall to her lot. That is an ut terly wrong principle. Even if the chances are that the girl will marry, she must work hard and gain all th knowledge she can on her calling so that should marriage not come her way she may, instead of developing into a complaining old maid become an interesting and charming woman, leading a busy life-too busy even ever to think much of self, but never too busy to do a kind ac tion or help on younger women beginning life.

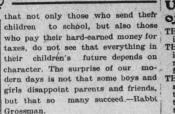
## .. .. ..

GROW UP WITH THE CHILDREN. A busy woman once said that she never knew how much she could accomplish until she became the com panion of her young sons, sharing their sports and limiting her own working hours to theirs. To-day they are young men and she looks like There are other young mothers of grown men, and they are rather formidable rivals to younger The sons uncon sciously make comparisons, generally in favor of mother. It is beautiful to "grow up" in this fashion with one's children; to keep pace with them in new studies and new thoughts, some thing like a second youth. We are so quick to put way youthful things to hold them. -- -- --

# THE CHILD'S FUTURE.

than was ever done in the history of mankind, and to a certain extent that boast is true. But it may be also true that, though we do very much for the child, it may lack in quality good that parents and the home and fill the world with pitiable subhave so little to do with the child's jects hopelessly stricken. The us growth in mind and soul.

father was the teacher and the influ- rect.



## \*\* \*\* \*\* SOME FAULTS OF OURS.

In the Michigan Catholic a clever writer, signing herself "Rosaleen," Colds, is engaged in telling women some Pneum of their faults. "We read," ahe says, "but it has been confirmed that we are not as fond of reading good, wholesome reading, as our parents were. We had two dozen books and can have them where they could not purchase one, and with all our knowledge and all our books wager a big cookie that to-day the old people would make a number of us blush-when conversing on general questions. They managed to

have a 'Poor Man's Catechism' and a copy of 'Furniss' Tracts,' and they knew every line of these books, and could argue on religion and old their own, which we cannot do. They had the 'Lives of the Saints and a history of their motherland, which served to keep them posted on the work of the missionaries and all political questions. They knew something of poetry, too. The weet music of Moore and Balfe was appreciated by them, whilst the culured masses of America to-day while precious hours away listening to 'rag-time.' Then the Catholic stories that were read by our foreathers. Good Catholic tales, a lit tle romance, more of history and a sprinkling of love, for old country eople were romantic, and how much of their country's history they learned from these tales. If the wealth

er people could attend a play, they went to see something from the pen of the world's greatest English dra matist, not the filth of degenerates They read Shakespeare and asked the eachers to tell the children all about

his works, and it was not uncommon to hear boys and girls of tender years describe the adventures of rica. Shakespearian heroes and heroines. Modern plays are dramatized, aye thrown together, patched, as it were, from the filthy pens of lucreoving writers like Zola, Ouida, Co relli and Kramer. Would you ask your children to read the writings of these authors aloud-if not, why not? I know you would hesitate o do so, but you allow these children to go to public libraries and unless we have some such incentive lar novelists of the day. For shame Catholic mothers! Perhaps you are

too selfish; perhaps you would rather your sons and daughter would spend their hours in such institu-We pride ourselves on the fact that i tions than give them a liberty at we are doing more for i childhood home. If so, you are to be pitied. .. .. ..

Bickle's Anti-Consumptive Syrup is the result of expert chemical experiments, undertaken to discover a pre ventive of inflammation of the lungs whatever it may gain in and consumption, by destroying the amount of information. It is not germs that develop these diseases,

of this syrup will prevent the dire All this was better and more just consequences of neglected colds. A to childhood as well as education in trial, which costs only 25 cents, the days we call ancient. Then the will convince you that this is cor-



THE TRUE WITNESS AND CATHOLIC CHRONICLE.

Used in Thousands of Homes in Canada THOSE WHO don't know what Psychine is and what it does are asking about it. THOSE WHO do know what Psychine is and what it does are using it. They regard it as their best physician and friend.

friend. THOSE WHO use it are being quickly and permanently cured of all forms of throat, chest, lung and stomach troubles. It is a scientific prepar-tion, destroying all disease germs in the blood and system. It is a wonderful tonic and system building remedy, and is a certain cure for

Bronchial Coughs, COUGHS. Chills and Fever, Difficult Breathing, LA GRIPPE. General Weakness onia Bronchitis. Female Troubles, Fickle Appetite, Catarrh, Weak Voice, Hemorrhages, Sleeplessness, Night Sweats. Nervousness, Consumption, **Catarrh** of the Malaria, Stomach. Anaemia,

Anaemia, Stomath. All these diseases are serious in them-selves, and if not promptly cured in the early stages are the certain forerunners of Consumption in its most terrible forms. Psychine conquers and cures Consump-tion, but it is much easier and safer to prevent its development by using Psy-chine. Here is a sample of thousands of voluntary and unsolicited statements from all over Canada: Dr. T. A. Soeum, Limited:

voluntary and users all over Canada: Br. T. A. Sloeum, Limited: Gentiemen-1 feel it my duty to advise you of the remarkable cure affected by your Psychine and Oxonulsi-n, which have come under my personal observation. Three men, well known to me. Albert Townsend, Bracel Hipson and John McKay, all the best medical men to have consumption, and to be incurable and beyond the reach of medical id. They used Psychine and Oxonulsion and they are now in good health. I feel it a duty I owe to suffering humanity to state these facts for the beneft of other sufferers rom this terrible disease. Yur LEANDER MCKENZIE, J.P. Green Harbor, N.S.

# Psychine, pronounced Si-keen, is for sale at all up-to-date dealers. If your druggist or general store cannot supply you, write Dr. T. A. Slocum, Limited, 179 King Street West, Toronto.

tholic youths brought before the Her expenses and salary are court. paid by the Knights of Columbus of Pittsburg, and in being thus instrumental in placing Catholic young people in environments where both faith and morals will be safeguarded is a service for which any Catholic society should be warmly congratulated. The example is a shining on -and cannot fail to be of practical benefit as a stimulus throughout organized Catholic activity in Ame TIMELY HINTS

A spoonful of water added to an egg before beating it makes it more frothy. unti When a pen has been used it appears to be spoiled place it over a flame of gaslight for a quarter of an hour, then dip it into wa ter and it will again be fit for work.

Soap mixed with whiting will stop a gas or water leakage in a pip until it can be properly attended to. To clean chamois skin, wash it. in warm, soapy water. One may wash a skin in this way as often as desired and still keep it soft. If, after cleaning silver with whit ing or rouge, all spoons, forks and ladles, but not knives of any description, are placed in a large basin boiling water poured over them, allowing then to stand for a few minutes, they will be greatly

improved. **Does Your** 

# FUNNY SAYINGS. FIT TO DIE. The Country Parson-That is an monly fine large hog,

0

(IOA

we say;

And fullest

way,

his life.

we may.

and hard!

to guard,

distraught

thought

He lives."

weave.

joys,

born,

is Love."

dreams.

wearily

made,

she said.

ther's side;

gray

are one."

the darkness,

the snow

sunshine,

that grow.

tempest,

goodness,

this thing be?"

-Mary Mapes Dodge.

gives

in the strife,

Censure, and sternly punish,

Oh, weary are the paths of Earth

living hearts alone are

The reverent silence of our pitying

Life, too, is sacred: and he best for-

TWIN-BORN.

A mother gave to the world

depths of Heav'n,

And slowly the Fates began

Blue veins, blue eves that were

And hair of glorious gold above

The mother murmured, "His name

The mother looked on her second

And "Ah," she whispered, "must

For Life's beginning and men were

"So choose your different paths,"

But Pain stepped close to his bro-

-----

THE IRISH TE DEUM.

(From Standard and Times, Phila-

delphia.)

Red, smiling lips that foretold

long, long before the Beginning was

Before witch-Lilith or woman-Eve.

says, "He errs, but-tenderly

At least, begrudge not to the

while

ours

two

to

a.11

Prone

And

Who

forecast.

The Farmer.-Yes, sir. Ah, if we wuz as fit to die as him, sir!-Cin

cinnati Commercial-Tribune. IN THE WRONG PEW. A Hebrew once took his young son

to the theatre, and they sat in the second balcony. Ikey, the son, be-came so interested in the play, that leaning over the railing, he over balanced and fell to the main floor. Seeing which, his father called

"Tkey, Ikey, come up here again Those seats down there cost \$1.50." -- -- --"So you have decided to get another physician?" "I have." answered Mrs. Cumrock;

"the idea of his prescribing flaxsed tea and mustard plasters for people as rich as we are! ----

THE KIND OF BERRY HE WAS When Bishop Berry, of the Metho dist Episcopal Church, was a young

preacher, he once gave a lecture in a rural community. Wishing to be witty, he announced to his audience that he was a berry, and called upon them to state what kind of a berry Nearly every berry known in the vicinity was guessed, and the speak-

er refused to share the qualities of any of those named. At last an old lady, who was not

sympathetic with the seeming levity of the lecturer, arose and exclaimed "I know what in a squeaky voice: kind of a berry you are. You are a gooseberry, and a very green one at Go on with the lecture."

that. And the lecturer did-quickly .-Christian Work.

> HAD 'EM SIZED. Husband-I wonder what sort of

people our new neighbors are. I saw they moved in this morning. Wife .- Well, they are not very provided with things, anyway. They haven't got a lawn mower or washing machine, or a hose cleaning the windows, or a step-And later, when that the time was ladder, or-Husband.-How on earth did you find out that ? Wife.-Oh. I asked them for a loan She led the two into light of day of these things.

.. .. .. She-That Mr. Planz, the architect, has a funny way of promound ing things, hasn't he? He-I haven't noticed it. She-Why, yes. Didn't you hear him allude to a sore throat?

He-A sore throat! She-Yes, I heard him mention a gargoyle several times. We always call it a gargle, you know.

-- -- --RESIGNED.

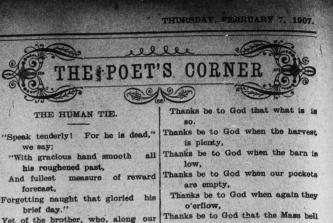
"Who'd have thought we'd live to see our boy in Parliament?" the old man.

-the Lord's will be done!'

HE WAS RIGHT SIZE.

"D've know, Miss Smart, though 've only just met you, there seem to be a sort of intellectual sympathy between us? You know just how to appeal to my tastes, you see. Ar you a literary woman ?" Dolly Smart-"No, I'm a kinder

Thanks he to God for His own great gartén teacher." -- -- --



and steeple Are heard and seen throughout with his burdens, heartworn Erin's green isle, to God that the priest Thanks be Totters before us-how we search and the people

Are ever united in danger trial. Thanks be to God that the brave

sons of Erin Have the faith of their fathers far

over the sea Thanks be to God that Erin's fair daughters

Press close after Mary on heaven's highway.

-- -- --SONG OF THE RIVER

A. River went singing adown to the sea,

A-singing-low-singing-And the dim rippling river said softly to me. "I'm bringing, a bringing-

While floating along-A beautiful song To the shores that are white where

the waves are so weary, A song sweet and calm As the peacefulest psalm, And the shore that was sad

Will be grateful and glad, And the weariest wave from its dreariest dream

Will wake to the sound of the song of the stream; And the tempests shall cease

And there shall be peace. From the fairest of fountains. And farthest of mountains, From the stillness of snow

eyes were gray as the depth of Came the stream in its flow. "His name is Pain," she said Down the slopes where rocks

gray, Thro' the vales where the flowers

are fair-Where the sunlight flashed-where the shadows lay

Like stories that cloud a face of care.

The river ran on-and on-and on-Day and night, and night and day; Going and going, and never gone. Longing to flow to the A"far

away." A shade had fallen across the sun Staying and staying, and never still; The blue eyes looked into those of Going and staying, as if one will Said "Beautiful river, go to the

And Love said softly, "Our ways And another will whispered, "Stay with me.'

And the river made answer, soft and low-"I go and stay"-"stay and go."

'But what is the song," I said at Thanks be to God for the light and last ?

To the passing river that never pass Thanks be to God for the hail and ed; And a white, white wave whispered

Thanks be to God for shower and "List to me, I'm a note in the song for the beau-Thanks be to God for all things tiful sea.

A song whose grand accents no Thanks be to God for lightning and earth-din can sever

And the river flows on in the sam mystic key That blends in one chord the 'for

ever and never.' -Father Ryan.

ter other medicines have failed. It



once there was a flan Round and white an On four even flannel le Shod with wheels he

with two black shoe-b Gazed he on the wor Round his neck a ball And his tail was cur

Noisy Ginger saw him Barked in doggish fa But the well-bred flam Stared in calm comp

Conscience-stricken Gin He improved his way Till the neighbors rour Loudly sang his prais

Thus you see how quie Courtesy and sense, Even in a flannel dog, Have an influence. -Buffalo News.

-- -- --A TREE'S SOLL I'm a funny proposit human point of view, a

I wear clothing all it is warm, and go in t all winter in the wors weather. The harder my heart

am considered Though not specially

welry. I get a new ri which I carry in my t It is perhaps rema though never travelling trunk, and that my th opened until after my o My bark never distur bors at night, and do frighten the s least

play about and upon n The best tree in the to be slab-sided and clu taking it to a saw-mil A wooden leg is nece

good health and st community. Wet feet really do me

My head is perfectly the higher branches. While I myself am te leaves get blown o

ways every autumn. have always noted, to speedy decay. Though I expect to

spring, in all probabilit see me here all next s cago News. -- -- --

ONE MEANS OF S What should be the attitude in regard to There is and quor ? one safe attitude-only of absolute safety-tot the heroic form of the perance. The prudent must treat the drink p mortal foe, dread its p fluence far more than

ous disease which affect body, for this veritable canker-worm of iniquit inhuman hideousness a power, destroys both b With this thought, fact in mind, it should stant aim and effort to minds and temper the our young men with i and disgust for the The Rev. Daniel M. G Joseph's College, Dubu

"Nobody," said the old lady, "but -- -- --

ence was not formal, but thoroughly Even in our day there is, hearty. after all, no more effective influence than that which comes through af-We have gone beyond the fection. ancients and have opened new fields of knowledge, but we have fallen be hind them in the fact that we do so little for children's hearts. Sentiment. the clean love of clean things, is nine-tenths of life, and we do not train as much as childhood needs modern child is to hold a If the place in the world of today he must not only know, but also respect life; he must not only be capable of earning his livelihood, but also a chast

ideal.

-----One of the most interesting among recent visitors to Rome is the Ear of Aberdeeen, Lord Lieutenant of Ireland, who is accompanied by his

gracious wife. The visitors have been presented to His Holiness by Mons. Fraser, rector of the Scots College. Talking about Ireland, Pius X. said: "There are no better Catholics than Irish Catholics." Lore and Lady Aberdeen also had a chat with Cardinal Merry Del Val about Ireland and Canada.

# A GOOD WORK

In the juvenfle court of Pittsburg succeed or we fail not by what a Catholic young lady, Miss Alico know or do not know, but by what we are or are not. That is a officer and devotes her whole tim simple truth. But it is surprising, and attention to the delinquent Ca

For restoring gray hair to its natural solor and beauty for cleaning the skin and caring dandruff, in a word for preserving and restoring the hair LUSY'S PARISIAN HAIR RENEWER is unequalic. Its composition is such that it nave composition is such that it never fails if the directions are followed. The numerous demands for Luby's and the large quantits sold prove that it gives satisfaction to all who use it. 50c a bottle. UBY

Digest Well?

FOOD

When the food is imperfectly digested the full benefit is not derived from it by the body and the purpose of eating is de-feated; no matter how good the food or how carefully adapted to the wants of the body it may be. T us the dyspeptic often becomes thin, weak and debilitated, energy is laking, brightness, snap and vin are no great kno wledge to know when one has indigestion, some f the following symp-ions generally exist, viz. constipation, some stomach, variable appetite, heedache, heartburn, gas in the stomach, etc. The great point is to cure it, to get back bounding health and vigor.

# BURDOCK **BLOOD BITTERS**

is constantly effecting cures of dyspopsia because it acts in a natural yst effective way upon all the organs involved in the process of digestion, removing all clogging impurities and making easy the work of digestion and assimilation.

digestion and assimilation. Mr. R. G. Harvey, Ameliasburg, Ont., writes: "I have been troubled with dys-pepsis for several years and after using three bottles of Burdock Blood Bitters 1 was completely cured. I cannot praise B.B.B. enough for what it has done for ms. I have not had a sign of dyspepsis ince."

"Do not accept a substitute for B.B.B. There is nothing "just as good." Do n

HE IMPRESSED HER.

"Let us have some dinner on the veranda," said a nervous young gentleman during the first stage of his noneymoon.

"Certainly, sir," said the , head waiter politely. "Table d'hote or a la carte, sir?"

"Er-well." said the young Bene dict, who was anxious to impress his wife with his lavish expenditure, 'bring us some of both, please!"

DEADLY LA GRIPPE

Canada Again Being Ravished by an Epidemie of This Disease.

Thanks be to God for weal and fo

Winter after winter Canada

swept from ocean to ocean by epidemic of la grippe or influenza. It is one of the deadliest troubles known

to our climate. It starts with sneeze-and ends with a complication It lays the strong man on his back; it tortures him with fever and chills; headaches and backaches. It leaves the sufferer an easy prey pneumonia, bronchitis, co

Distinguished Dead of 1906, and other deadly diseases. You can avoid la grippe by fortifying your system with Dr. Williams' Fink Pills.

You can cure its disastrous after effects with this same medicine. These Among the distinguished dead 1906 among Church prelates may be mentioned: Cardinal Callegarie, Pa pills protect you; they cure you; the up-build you; they banish all evi after effects. Dr. Williams' Pinl dua; Cardinal Gossens, Mechlin; Car dinal Laboure, Rennes; Cardinal Per

Pills ward off all winter ailments raud, Autun; Cardinal Cavagis, Pills ward off all winter ailments They cure all blood and nerve dis-orders. They are the greatest blood-builder and nerve tonic science has yet discovered. Ask your neighbors no matter where you live, and you will learn of someons who has been cured by Dr. Williams' Pink Pills af-

Rome; Cardinal Tripepi, Rome; Bi-shop J. B. Delaney, New Hamp-shire; Archhishop O'Brien, Halifax Father Lewis Martin, Superior-Gene-ral of the Jesuits; Bishop Cos-grove, Davenport, and Bishop Mont-gomery, of San Francisco.

neighbors that we ask you to give these pills a fair trial if you are sick and ailing. Mrs. Emma Doucet, St. Eulalie, Que., says: "Words can hardly express my gratitude for what Dr. Williams' Pink Pills have done for me. I had an attack of la grippe which left me a sufferer from headaches and pain in the stomach. • 1 used several medicines but found no-thing to help me until I took Dr. Williams' Pink Pills. When I began them I was weak and very much run down. The pills have not only fully restored my health, but I gain ntion ed in flesh while taking them. I re-

commend them to all sufferers.' You can get these pills from any medicine dealer, or by mail at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co. Brockville, Ont.

# WHO IS THE MILLIANAIRE?

The Canadian Associated Press The Canadian Associated result least and is that an important portrait by the famous Dutch artist, J. G. Cuyp, has been purchased by a mil-tionaire resident of Sherbrooks St-



it all." "Now God be praise sol" the professor cries us play together 'Nun Gott'" (Now thank Bonny took up his sether the two played ther's hymn of thanks "We shall play tog Bonny cried, "and be could play anything 1 with me, Herr Pepa. that I could not hear Hausmann, the wretch Hausmann, the wret before the people."

no more wool in my e it all."