

beating with faith and love because of the Holiness, the Divinity of the Food that we there receive—"O Sacrum Convivium in quo Christus sumitur."

Make it a duty then, to go to the Holy Table frequently. Open your hearts to God Who desires most ardently to enter there. And He, the Eternal Fire, the Eternal Love, will not remain inactive. He will unite your souls to Himself; He will transform them by this heavenly contact. To the All Holy you may say "Tu es in me et ego in Te"—"Thou art in me and I in Thee." Show Him the wounds of your soul and He will heal them; make known your troubles to Him and He will afford you consolation; unite your souls to His in a lasting embrace; let the bonds of confidence and love be so strong that nothing may ever sever them. Enriched with this Treasure and made strong by His strength, you shall then go forth and courageously undertake your daily crosses. The former He will sanctify: the latter He will sweeten.

✠ Within the Tabernacle. ✠



CHILDREN of the Holy Catholic Church, happy are we to possess this rich Treasure — the Eucharist. We believe that our God dwells in the Tabernacle; our Faith in the Real Presence is based on the words of the Prophets; on the manifest teaching of the Gospel, on the traditional doctrine of the Church; on the divine plan of Redemption; on the most disinterested efforts recorded in human history; on those mystic virtues which are the fruits of the Sacrifice of the Altar and which give efflorescence and fragrance, sweet, soothing, consolation to this land of our exile.