

DIRECTIONS

Published by the Office of Student Affairs, 124 Central Square, York University

Second Annual Poster Competition

"KNOW WHEN TO SAY WHEN"

A share of the \$20,000 in scholarship money may be waiting for you! This competition is being held in conjunction with National Collegiate Alcohol Awareness Week. We are looking for the best poster concepts that express the need for personal responsibility in the consumption of alcohol. Drawing ability will not be a factor in determining the winning concepts.

- Grand Prize Scholarship for "Best Concept" - \$5,000
- Five Runner-Up Scholarships - \$1,000
- Twenty Third Place Scholarships - \$500

Scholarships are underwritten by Anheuser-Busch. All entries must be received by November 30, 1990. You may submit more than one entry, but each entry must be accompanied by an Official Entry Form and mailed separately.

Entry forms may be obtained from:
The Office of Student Affairs, 124 Central Square, 736-5144

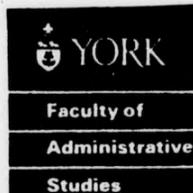
Meet with MBA program representatives from across Canada at the:

MBA OPEN HOUSE

Wednesday, November 7, 1990
Central Square Bear Pits: 11 am - 3 pm



Hosted by:



United Way Campaign
October 22, 1990 - November 2, 1990

'The way to help the most'

INTERFAITH COUNCIL DAY November 5, 1990: West Bear Pit

Come and see what we have to offer.

Ideas and information on:

- stress test
- meditation
- achieving balance in life
- prayer
- the various groups in the Inter Faith Council

stressed OUT!?!?

This coupon good for some

"TIME OUT"

in the Meditation Room

SCOTT RELIGIOUS CENTRE

(2nd door on right at top of stairs)

Mon., Tues., Fri., Sat., Sun. 8 am to 10 pm

Wed., 8 to 11 am, 12 to 1 pm, 2 to 10 pm

Thurs. 8 am to 5 pm, 6 pm to 10 pm

Interested in Studying Abroad Next Year?



York University offers international exchange programmes, at both undergraduate and graduate levels, with universities in England, Denmark, Germany, Greece, Italy, Japan and Sweden. Students are afforded the opportunity of studying in a foreign country as well as receiving full credit for their courses. Should you be interested in these exchanges, plan to attend the following information sessions:

Germany:

Konstanz University
October 29, 1990
Room 169 South Ross
3:00 - 4:00 pm

England:

University of York
October 30, 1990
Room 171 South Ross
4:00 - 5:00 pm

Sweden: Umeå University

Denmark: University of
Copenhagen
October 31, 1990
Room 169 South Ross
3:00 - 4:00 pm

Italy: University of Calabria

November 1, 1990
Room 171 South Ross
3:00 - 4:00 pm

For further information contact the Foreign Student Counsellor at the Office of Student Affairs, 124 Central Square, 736-5028.

COMING SOON...

Starting in January

EFFECTIVE PRESENTATION SKILLS AND PUBLIC SPEAKING

- Having difficulty speaking in large and small groups?
- Learn to organize and present your thoughts and material in a comfortable style.

GROUP LEADER: Ms. Melanie Novis

For Fine Arts Students in Music and Dance...

STRATEGIES FOR OVERCOMING PERFORMANCE ANXIETY AND STAGE FRIGHT

GROUP LEADERS: Dr. Harold Minden
Ms Shula Mor

For further information on either program or to register in advance, please come to our main reception area or call our office.

COUNSELLING AND DEVELOPMENT CENTRE
145 BEHAVIOURAL SCIENCES BUILDING
736-5297