

the agencies for most of the large companies in the east, doing business in Victoria, as the Montreal Life Insurance Co., the Phoenix and Western Fire Assurance Co's., and many others. In 1884 he took his present partner, Mr. J. W. Haynes, into his business. Mr. Heisterman has been an active member of the Board of Trade since its inception, and a member of the council of that organization. He has been for seven consecutive years a member of the Board of School Trustees. He is a member of the Pioneer Society and one of the most prominent members of the Masonic fraternity. In 1873 he married Miss Haynes, of Victoria.

**Helmcken, James Douglas, M. D.**, (Victoria), was born February 8th, 1858, in Victoria, British Columbia. In 1870 he was sent to Jedburgh Academy, Scotland; thence to Edinburgh University where he studied medicine. After obtaining his degree at Edinburgh he proceeded to Bellevue Hospital College, New York city, where he studied under the best professors in America, and returned to his native city in 1884. Shortly afterwards he married Mary Jane, daughter of James Halliday, Esq., of Dumfries, Scotland. By this union he had one daughter, and his wife died in 1887. Dr. Helmcken married again in 1888, Ethel Margaret, daughter of the late Captain White of Victoria. Dr. Helmcken is a grandson of the late Sir James Douglass, K. C. B., after whom he is named. He is surgeon of St. Joseph's Hospital, Victoria, and has been a very successful physician. Ophthalmology and gynaecology are his favorite branches of medical practice, although he has effectually demonstrated his skill and knowledge in all other departments of Medicine. He has no particular political leanings. He is the first British Columbian who ever took a medical degree. His practice is one of the most extensive and valuable in the Province, and the great success which has attended many critical cases reposed in his care have given him a most enviable reputation among the medicos of the Pacific slope.

**Helmcken, Hon. John Sebastian, M. R. C. S.**, (Victoria), born June 5th, 1823, in London within sound of "Bow Bells." His parents were German—his grandfather from Misskirch, his father from Brunslai, the latter an emigrant during the Napoleonic wars. The former had been a soldier in the Swiss guards. When old