

FOR EVERY WOMAN ACCORDING TO HER NEEDS



Her Summer Pockets

By Alice Gibson

MODERN woman is inclined to envy the kangaroo, whose pocket is natural and unobtrusive. A hat with waist cutouts in the back, short sleeves, tight belts and high collars, she has absolutely nowhere to carry her numerous belongings. How, then, will she welcome the advent of the adjustable pocket, designed to match her gown and worn at the belt?

Once having realized the existence of these half bags, half pockets, and appreciated their necessity, her next step will be the acquisition of a set of them—for, of course, she must have one at least to match every summer gown—different from those of every other woman she knows. The time is not far distant when the pockets will be on sale in the stores, and then indeed must she strive for originality. If she will only keep in mind a few general rules, there need be no limits to the variety which her taste and cleverness may devise.

WASHABLE GOODS NEEDED

Being eminently practical, her first thought will be to procure a material that will not be harmed by frequent tubbings. Her next will be to line all thin goods with something that will bear the weight of the articles that may be placed therein. And finally, she will stitch a little extra pocket inside, to hold change and car tickets, and to prevent these from interfering with the other contents of the bag, and causing loss and confusion.

Each of the pockets here described is practical, easily made, and attractive. They are inexpensive as well, for they are made of the same material as the owner's gown, and the only cost is for the working cotton. Mercerized cotton is better than silk, as it withstands more firmly the effects of the many washings needed to keep the pocket as fresh and clean as the dress.

An attractive star-shaped or passion-flower pocket is of natural-colored linen, buttonholed around and up the divisions with shaded mercerized cotton. This comes in skins, and is worked a thread at a time, just as they come, shading the work from dark to light most evenly. In the center of the pocket is a large five-petaled flower, worked in Wallachian embroidery. This, as most women now know, is nothing more nor less than the ordinary buttonhole stitch. Make close stitches, and round them a little so as to turn the corner neatly. The center is filled in with French knots, and the two straps, which are buttonholed over the edge, are finished with two small loops to slip over the belt.

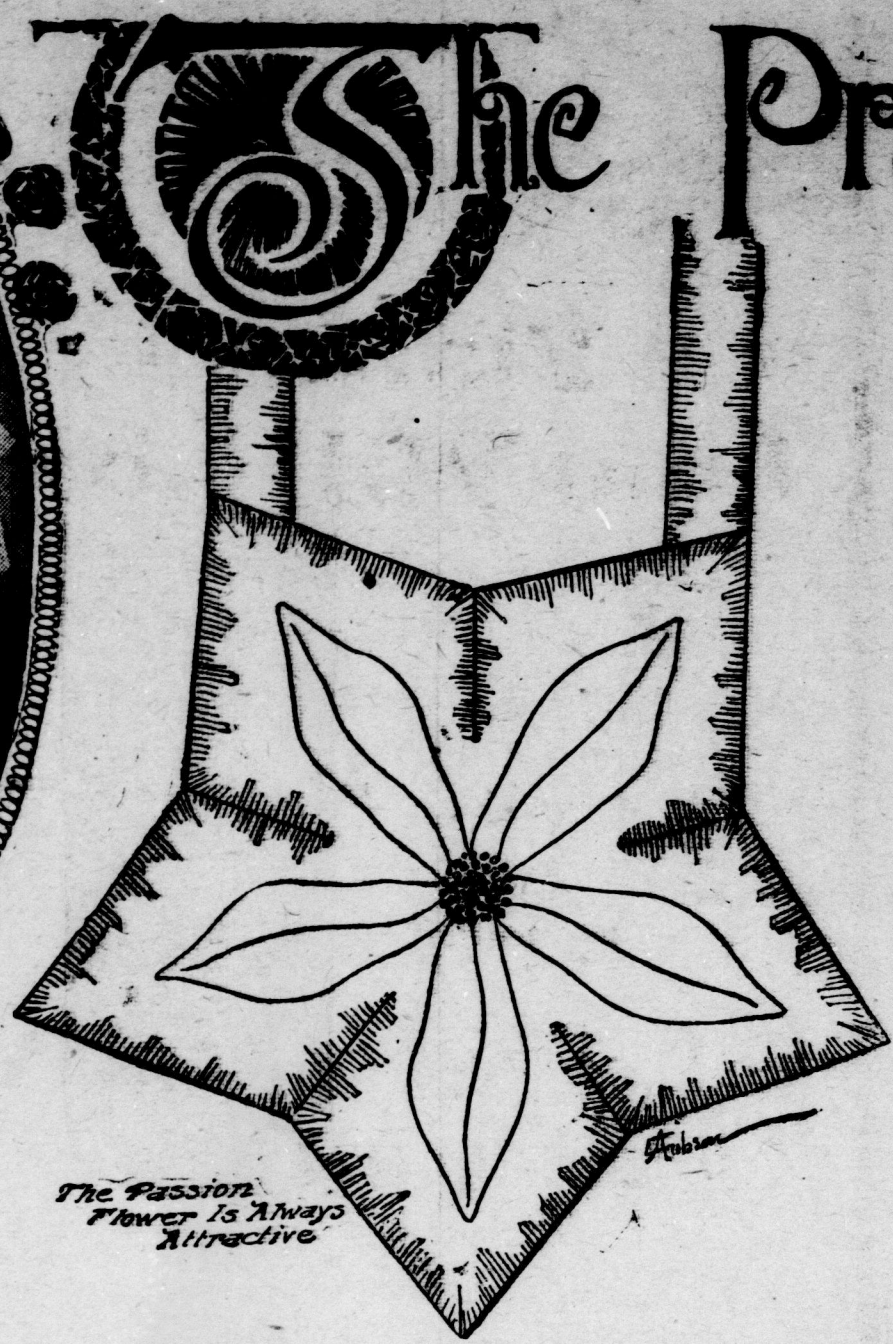
DO OVERSEAMING NEATLY

After the edges are done, the pocket is turned in all round and overseamed to another star-shaped piece, which has a small patch pocket stitched to the inside. The overseaming should be very neatly done in the same color as the buttonholing.

A five-pointed star is easily made with one cut of the scissors—Betsey Ross' method! A piece of paper is folded through the center, and then, with the fold held next to one, is folded over the left-hand corner until the lower right-hand corner shows an angle half as large as the piece folded over. This large triangle should be folded through the middle, and the remaining triangle (two thicknesses of paper) be turned under. Then with a pair of sharp scissors all the papers should be cut through at the same time, diagonally, from one side to the other. This makes a sharp or blunt pointed star, according to the slant of the scissors.

The straps may be sewed securely to the bag before it is made up, and in a case of this kind, where the top of the pocket is not straight, the top edge will be well to stiffen the top edge with a strip of canvas, stitched several times before the buttonholing is done.

A very practical pocket of white buck for general wear, is in a grape design. It has a flap, made in one piece with back, and finished with a deep band of close buttonholing. The back-ground of the bag is filled in with alternate squares of straight stitches and French knots, and the long stitches of heavy mercerized cotton may be



The Passion Flower Is Always Attractive

used to form half-inch blocks for the others. Four or five stitches should be enough to fill in the blocks and make a most effective backing for the grapes and leaves, which are outlined in cotton not so heavy as that used in the blocks. The straps of this bag may be fastened on the back before the front is fastened to it, and the two pieces stitched firmly on the machine, turned and stitched again all around on the right side.

The dragon fly design admits of two treatments. It may be done in shadow

the pocket is waspew.

Coronation braid is used for the decoration in the elk's head design, and the antlers outlined with the braid stand out decisively and boldly against the background of wavy lines sewed on the remainder of the pocket. The braid, which is alternately "thick and thin," is sewed on the right side, over the pattern, then sewed through the thick parts, on the wrong side. This wears remarkably well, and is easily laundered. If placed on a bath towel, and ironed with a hot iron until quite dry. The

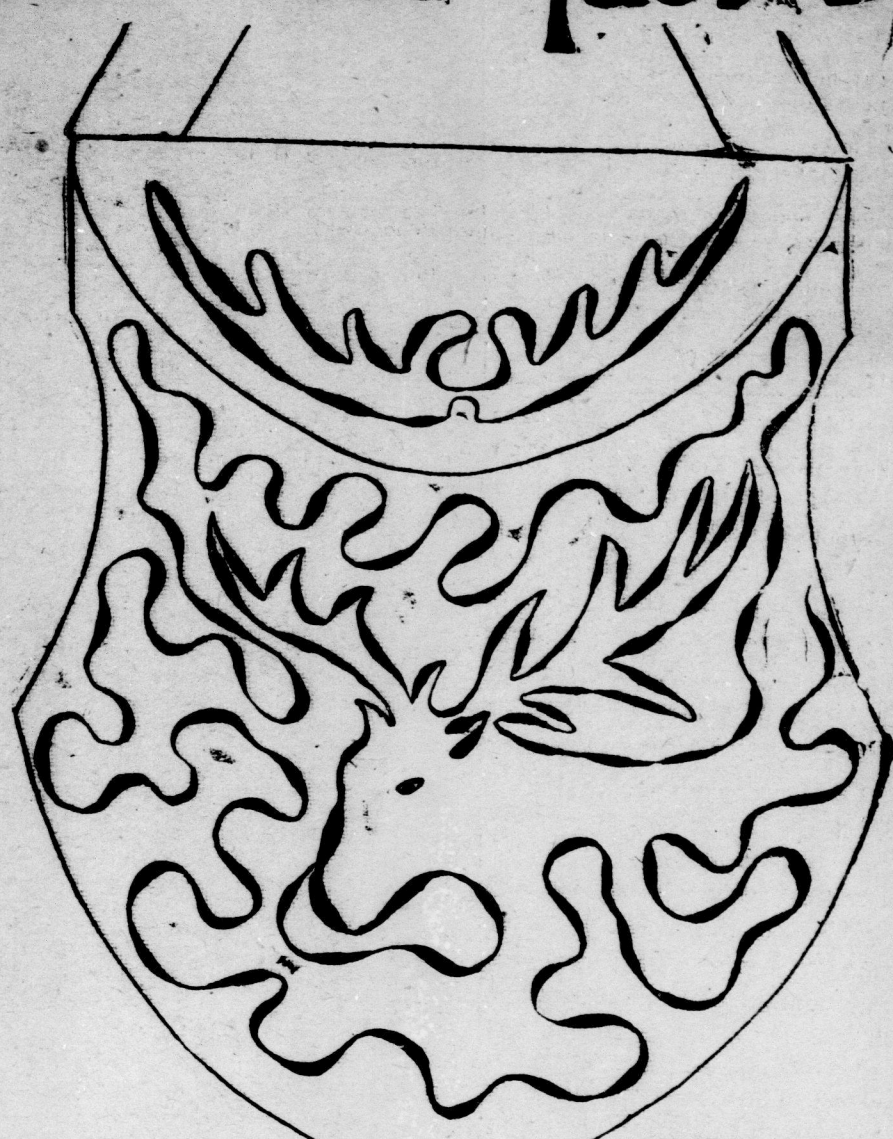


For the Girl Interested in Heraldry

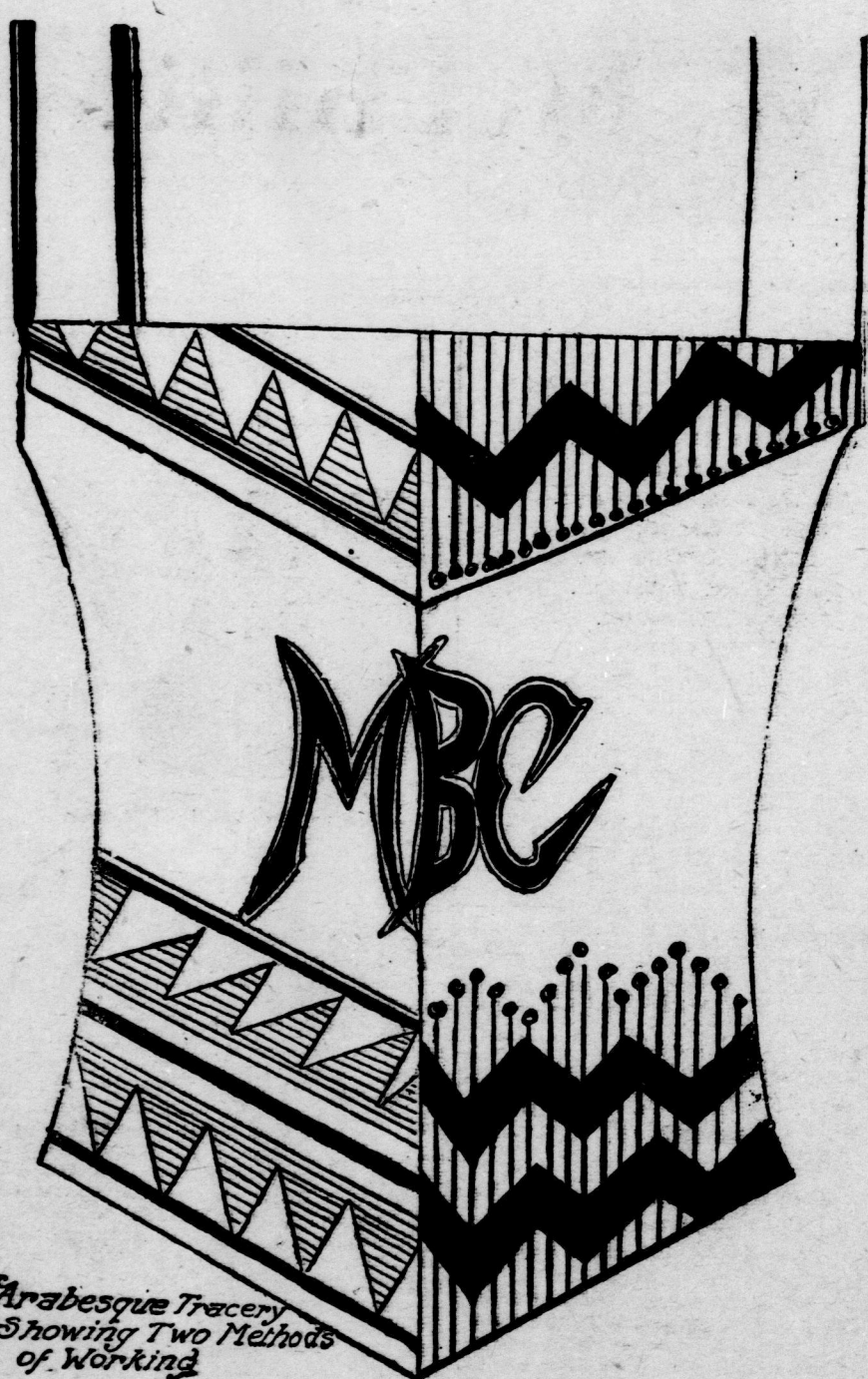
belt, or they can be pinned to the skirt with safety pins, and the belt placed over them, but in any event they should hang far enough from the belt for the hand to slip in easily.

These pockets are merely suggestions, for each girl will have ideas and materials of her own; but whatever sort

they may be, they should match or agree with the gown as would a stock or belt. They are certainly great conveniences, and after she has once owned one or more the practical girl will never do her shopping again—in summer, at any rate—without one hanging securely at her belt.



A Grape Design Is Most Effective



Arabesque Tracery Showing Two Methods of Working

work, when it will be worked on fine lawn or batiste, with the dragon fly and antlers in black, and the daisies and stems in light green. It will, of course, in this case, be stitched on the wrong side of the goods. Again, if solid embroidery is preferred, the pocket may be of gray linen, and the dragon fly worked in shaded blue and green, the border and tapers in dark blue solid, and the daisies and stems in green. They should all be well padded before embroidering.

The Chinese and Japanese use animal forms for decoration much more than we think of doing, and the dragon on design is even more than usually attractive by reason of its novelty. The heraldic monster may be worked in outline, with some of the dark shades showing in the black spaces, or it may be outlined with white, and have all the heavy line stuffed and worked with satin stitch. The unique fringe of white or colored cotton is tied on each loop ends with a French knot. There is a row of stitches all around a little off from the edge, and a casing in the top through which a narrow whalebone is run, to be taken out when

antlers alone decorate the flap, and the pocket is stitched as in the others. The straps run together at the belt, a fashion which is liked by some persons more than the straight style. One inch is wide enough for any of these straps, the length depending on the height of the person who is to wear the bag.



The Dragon Fly Is a Good Motif

Long Live the Wedding Ring

THE season of brides is with us once more. Again blushing girls prize shiny white stuffs in the shops, and embarrassed youths inquire the price of plain gold bands. The modern bride, however, is not quite so enthusiastic over her ring as she is over the rest of the concomitants of this delightful business of getting married. She has been her own mistress, and completely so, too long quite to relish the ancient badge of servitude. Accordingly she insists on the very thinnest and narrowest ring procurable, and even then feels a trifle uncomfortable.

Why doesn't she equalize matters by following the pretty German custom of exchanging? Surely he is just as much entitled to a ring as she is, and besides, she will then have the satisfaction of feeling that instead of symbolizing a medieval and unreal submission, the band only tells how they two are bound together in love—surely a prettier thought!

By all means let us alter the marriage service in this one particular, that the "with this ring I thee wed" may be spoken by both bride and bridegroom together.

Business Women's Luncheon

WOMEN have still a great deal to learn in the matter of economy in food. They crowd the steamers and "quick lunch" restaurants, and spend in the aggregate an enormous amount of money, in the majority of cases for food that neither nourishes nor satisfies them. Business women in particular, and brain workers especially among them, ought to know food values and plan their meals accordingly. They have not yet discovered that lettuce is twice as cooling as ice cream, and that mince-pie is not a dish for early summer.

It is not necessary to emulate the steak, fried potatoes and coffee of the average man. In fact, such a diet would disagree with most persons in partaken of to any great extent. As this soup is usually twice as palatable as a thick one, and is nearly and in some cases quite as nourishing. This, with a sandwich or some cold meat, lettuce or water cress, and perhaps a simple vegetable soup—makes a satisfactory midday meal. Where this is the principal meal of the day, more may be partaken of, but especially in summer, all rich and heavy "made dishes" should be avoided, and plenty of fresh vegetables should be partaken of.

Time and Money Saving Hints

A Wall Housewife

A USEFUL little contrivance to hang on a nursery wall, or in the family sewing or sitting room, is a hanging housewife, where thread, needles, pins, thimble, scissors are always handy for the many times a day a hasty stitch must be taken.

These useful little articles may be made very simple or they can really be turned into artistic bits of decoration. In either case, they are not difficult of construction.

The foundation is cut from heavy cardboard, and consists of two pieces, about eight inches long and five and a half inches wide, cut in shield shape and pointed at the lower end. This can be covered with any kind of material one happens to have on hand, though linen or cotton goods are preferable, as they are less likely to catch dust. A gay, flowered cretonne makes a pretty covering, or if one is making the housewife for a gift, it can be of art linen, embroidered around the edges in a border, narrow floral border, or in a band of raised dots, in a contrasting color.

Paste the goods on each half of the foundation, being very careful to have it smooth and tight. Let it become perfectly dry, then overcast the two halves together neatly and finish the edge with a narrow silk cord.

On the upper part of the shield tie two spools of thread or silk, one on each side. This can be done by putting a hole through the foundations and running a heavy cord or ribbon in the spools and tying it through the holes on the back of the shield. This allows the spools to revolve easily as a thread is pulled.

The scissors are in the center between the two spools, and are slipped into two bands of elastic, which are sewed to the foundation.

About the center of the shield on the right hand a little needlebook is fixed. This may be merely a few pieces of pinked flannel, or it can be quite elaborate, with an embroidered stiff back covering folds of cashmere or flannel. On the left-hand side is a little pocket, about the same size as the needlebook, to hold buttons or possibly an extra spool or two. Underneath the point of the scissors is another elastic for the thimble, while across the center at the bottom is a fairly long pin cushion.

orate, with an embroidered stiff back covering folds of cashmere or flannel. On the left-hand side is a little pocket, about the same size as the needlebook, to hold buttons or possibly an extra spool or two. Underneath the point of the scissors is another elastic for the thimble, while across the center at the bottom is a fairly long pin cushion.

The Too Snug Blouse

IT IS curious how tight a blouse will sometimes become across the bust for no apparent reason. One has grown no stouter, but the fact remains about the same size as the blouse, and season helps us out, for few of us can afford to give our clothes away the moment they are too small. Many of the prettiest new blouses have up the front a plain piece about two inches wide, edged on each side by a narrow knife-pleated frill. It would be the easiest thing in the world to add such a piece and thus make the front wider if one has the goods. If one has not, something ornamental may be used, like a contrasting color, or a plaid.

If the blouse should be a white one, a pretty strip of insertion edged with a plain white frill like the waist will not only do the work, but will be ornamental.

Should the white waist be open in the back, two or three bands of lace or embroidery may be introduced, the extra fullness thus made at the neck being taken up in fine gathers at the neck-band.

If the pleated frill and band are used, the same method should be introduced in remodeling the sleeves a little. If there is already a cuff on the sleeve, the frill should be added at the top, standing up. Should there be no cuff, either a cuff of the above description may be added or a wide band with a narrow frill each side may finish the hand.