FOR AND ABOUT WOMEN

COUNCIL OF WOMEN DISCUSS PROBLEMS

rangements for Annual Session, Soon to Be Held.

ASK FOR WAR BREAD

Send Resolutions to Food of Ontario present at their installa-Controller Asking for Restriction of Luxuries.

Women met at the Sherbourne House Club yesterday afternoon, with Mrs. A. M. Huestis in the chair. A good deal of business was discussed, covering arrangements for the annual

ed that regulations regarding food should be made in the interests of

children.

To Prohibit Colored Wool.

A request came from the Beaches
Patriotic Society asking for support in
the discontinuance of using colored
wool. Mrs Becker announced that
three books for which women had been
waiting were now on the market waiting were now on the market. These are "Our Government," by Mrs. Stevenson, Guelph; "Our New Citizenship," by Mrs. Blanche Read Johnston, and "Next of Kin," by Mrs. Mc-

Four new societies were received in affiliation. These are: St. Agatha Society, Loretto Alumnae Association, Co-operative Board of Jewish Chari-ties, Downtown Church Workers.

HAWTHORNE LODGE **INVESTS OFFICERS**

Installation of Rebekah Lodge in Cum-berland Hall Last Night Plea-sant Social Event.

Hawthorne Rebekah Lodge, I.O.O.F held their installation ceremonies last evening in their lodge room, Cumberland Hall. Miss Edith Gibson was the installing officer, and the work was put on in a manner that was generally admired. The officers invested were: noble grand. Mrs. Lowery; vice grand, Mrs. Jones; recording secretary, Mrs. Holden; financial secretary, Mrs. Newell; treasurer, Miss Ludford. The retiring noble grand was presented with a past grand's jewel. After the installation ceremonies supper was served and a pleasant social time enjoyed.

Dyspepsia Spoils Beauty

Makes the Dark Rings Around Eyes Caves in the Cheeks and Ruins the Complexion. How to Get Rid of Dyspepsia.



HARMONY CHAPTER **INSTALS OFFICERS**

Local Members Make Ar- Interesting Ceremony Was Graced by Presence of First Grand Officers.

Harmony Chapter, No. 11 O.E.S. had the honor of having the two first grand officers of the grand chapter tion ceremonies, held in the I.O.O.F. Hall, Bathurst screet. Mrs. Alice S Meadows, St. Thomas, grand treasurer, and first past worthy grand matron, was present, also J. E. B. The executive of the Local Council Phelps, of Sarnia, first past worthy grand patron, attended the meet

FEATHER PERKINESS

smartly represented in this no

model of blue velvet.

WAR MENUS

How to Save Wheat, Beef and Bacon for the Men at the Front. Issued From the Office of the Food Controller for Canada.

Breakfast.

Buckwheat Pancakes.
Graham Bread Apple Sauce
Coffee.

Dinner

Boiled Pigs' Feet Potatoes Sauerkraut Raisin Pie

Fish Pie Brown Bread Plum Preserve Tea

1½ cups of flaked cod fish 1½ cups of creamed potatoes (made as usual) 1½ cups of buttered crumbs

Wheat and meat saving recipes by a Domestic Science Expert on the staff of the Food Con-troller's Office.)

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is enclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this paper.

The Other Side of the Story

Fish Ple-

The officers installed into office meeting to be held shortly, and the moving of a resolution to be sent to the food controller, Mr. Hanna.

The resolution, which was moved by Miss Margaret Davidson, seconded by Mrs. Laidlaw, and carried, stated that in view of the world shortage of wheat, beef, bacon, oats and sugar, the public be ensured substitutes for wheat; that bakers be required to make war bread that may be obtained daily; that white bread be limited and wheat flour for pastry be prohibited; that an organization be formed between the householders, bakers and butchers, and that a record be kept to prevent hoarding. Also that cane and beet sugar be prohibited in the making of candy, and that the manufacture of lee cream be limited.

The food controller was also reminded that regulations regarding food should be made in the interests.

GALT REDUCES LIGHTING

Special to The Toronto World.

Gait. Jan. 11.—In compliance with the power controller's order, ornamental street lighting in this city was cut in half tonight, and every electric sign and store window in the city was in darkness.

ADVICE TO GIRLS

By ROSALIND.

I am a girl 20 years old, and am very much in love with a man 21 very much in love with a man 21 years old. He works at night, and I cannot be with him evenings. I see him once in a while in the daytime. I don't know whether he really loves me or not, for he doesn't seem to care whether he goes with me or not. Yet he told me he loved me.

He has called on me for about a year and a half. We don't

a year and a half. We don't have regular engagements. I pass up and down the streets often to get to see him, and do you think I ought to still do that? I don't know what I would do if I did not go with him. Whenever I to see me. I know his people well and visit them often. He is an orphan. His parents when he was real small.

Will you please tell me what you would do if you were me? I do not go with any one but him-

M D.: If I were you I should stop thinking of this young man alto-gether, and I should stop walking up and down the streets hoping to see him. He thinks, of course, that he can have your company any minute he wishes, and you have made yourself too easy to secure. Oh, my dear, think well before you throw yourself

A few weeks ago we published a letter from an indignant voman who protested against the filthy and dangerous habit of clerks in certain stores, who insist upon smearing of food which are to be eaten uncooked. The correspondent declared that she had been forced to turn away and leave such articles in the hands of the guilty clerk more than once, when the salivary bath clerk witally profession, excludes the person affiliate profession to an investigation of an investigation profession to an investigation profession and account profession to an investigation profession to an investigation profession to an investigation profession and account profession to an investigation professi

FROM

Archibald (Sarnia), Mrs. Allen Case, Mrs. Van Straubenzie, Mrs. Boyd, Mrs. Mrs. Van Straubenzie, Mrs. Boyd, Mrs.
J. M. Mackenzie, Mrs. Arthur Murray,
Mr. Herman Boulton, Mr. Edmund
Phillips, Mrs. Johnston, Mr. and Mrs.
Bruce, Mrs. George Gale, Mr. and
Mrs. Gladstone Ghent, Mr. and Mrs.
Albert Nordheimer, the Misses Adele
and Naomi Boulton, Mr. Harris, Mme.
Grace Harris, Mr. and Mrs. Stone.
Miss Ethel Stone, Mrs. Frank Pepler,
Mrs. Gurnett, Mr. and Mrs. Babayan,
Mr. and Mrs. Cargill, Miss Cargill,
Mrs. Ry Williams,
Mrs. Miss Williams,
Mrs. Williams, Miss Williams,
Mrs. St. John, Miss St. John, Miss
Mary Smart, Mr. and Mrs. Wallace
Anderson, Mr. McLaurin, Miss McLaurin, Miss Nora Whitney, Col. and
Mrs. Charles Temple, Mrs. Calderwood
(Barrie), Mr. Graham Thompson, Mr.
McMaster, Dr. Hendrick, Mr. and Mrs.
Von Kuntts Mr. and Mrs.
Mrs. Marlowe, Mrs. Ryerson, Mrs.
Mrs. Marlowe, Mrs. A. Campbell,
Mrs. George Ross.

A British subject in New York who preferred to remain anonymous contributed \$15,000 to the British War
Relief Association for the specified purpose of purchasing a caterpillar tank for the British army. Brig.-Gen.
W. A. White, head of the British recuiting mission in the United States, at once accepted the gift on behalf of the army council.
Mrs. Kendal, Buffalo, is in town, the guest of Mrs. Connable. Mrs. Kendal conducts a page in The Buffalo Express under the pen name of "Jane."
Miss Clara Brett Martin has rented Mr. T. A. Bird's house in South Drive during the afternoon were Mrs. Charles Temple, Mrs. Calderwood (Barrie), Mr. Graham Thompson, Mr. McMaster, Dr. Hendrick, Mr. and Mrs. Von Kunits, Mr. and Mrs. J. S. Douglas, Miss McCormack, Miss Walker, Mrs. Hambourg, Mr. Hedley Macklem, Mr. Sidney Smith, Mr. Sidney Pepler, Mr. and Mrs. F. Hubbard, Mrs. Frank Kenrick, Miss Edith Boulton:

Sir Sam Hughes arrived at the

Sir Sam Hughes arrived at the King Edward last night and is leaving for Ottawa this morning.
Miss Gladys Edwards is leaving town on Saturday for San Antonio, Texas, where she will be the guest of Mrs. J. W. Coffin.

Mrs. Hawkins and Mrs. Wales gave a very successful shower and tea yes-terday afternoon in aid of the C.A.M.C.



H. R. H. the Princess Patricia opened the Canadian Rest Home for Nurses at Ennismore Gardens, London. The home has been lent by Col. and Mrs. Gretton, who have left all the original furnishings. The Canadian Red Cross is providing the rest of the equipment. There is accommodation for forty patients.

His Excellency the Duke of Devonshire will arrive at Government House on Saturday morning, and will be present at the concert of the Paulist Boys' Choir, under the auspices of the Newman Club, for the Navy Lectus, in Massey Hall. Father Burke and the executive of the Newman Club will entertain his excellency at luncheon at the York Club the same day.

Mischa Elman played magnificently at Massey Hall last night, inspired by the large and appreciative audience. A few of the well-known people present were: Miss Hendrie, Mr. Warren, A.D.C., Mr. and Mrs. Glyn Osler, Mrs. F. Barry Hayes and her youngest daughter, Mrs. Charles Moss, Mrs. George Marks, Mrs. Rolph, Miss Haney, Miss Scadding, Miss Masten, Dr. Allan Balnes, Mr. Richard Baines, Mrs. Frederick Winnett, Mr. and Mrs. W. B. Hendry and Mrs. McClure (Winnipeg) pouring out the team of offee, assisted by Mrs. Dobbie, Miss Powell, Mrs. Verral, Miss Yellow-lays, Mrs. Defries. Among those who came in during the afternoon were Mrs. Was Ryerson, Mrs. Mrs. Was Ryerson, Mrs. Mrs. Was Straubenzie, Mrs. Boyd, Mrs. Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Those assisting upstairs included Mrs.

Home Conditions.

To do the duty that lies nearest would be a most appropriate motto for the women's branch of the citizens' committee of Earlscourt. This energetic body of women is keenly alive to the needs of the hour as applied to home affairs. Sensible workers as they are, they are looking to the reforms right at hand. The smallest details are not overlooked by this vigilant committee of home women. Great credit is due the precruiting mission in the United States, at once accepted the gift on behalf of the army council.

Mrs. Kendal, Buffalo, is in town, the distinct in conducting the affairs of the army council.

during the absence of the family

Florida.

Miss Jessie Hutchison, daughter of Lieut.-Col. Hutchison, Montreal, now overseas, is the guest of Mrs. Bruce Riordan, 1 East Roxborough street.

The marriage took place in London. England, yesterday of Captain M. James O'Reilly, son of Judge O'Reilly, Cornwall, Ont., to Diana, only daughter of the late Mr. Arthur Meredith, Toronto, and of Mrs. Meredith. Mrs. Meredith and her daughter have been Meredith and her daughter have been in London for some time, where they have both been engaged in war work. The bride is a grand niece of Sir Ed-

nund Osler.
Mrs. Houston, Niagara Falls, Ont., is the guest of her son, Mr. Edward S. Houston, and Mrs. Houston, Ottawa. Miss Helen Gibbons, daughter of

Miss Helen Gibbons daughter of Sir George Gibbons, is spending a fortnight in Toronto.

Miss Esther Cleveland, daughter of Mrs. Thomas Jex Preston, jun, and of the late President Grover Cleveland, whose engagement to Captain Bosanquet of the Coldstream Guards was announced recently, is at present in Paris, where for many months she has been identified with the "Light House," established there by Miss Winnifred Holt for the care and re-education of soldiers blinded in battle. She and Captain Bosanquet met about three years ago when he was on leive from the B. E. F.

Mr. T. D. Lowes, Calgary, has received word from his daughter, Mrs. Jenkinson, who is spending the winter in Florida, that his son-in-law, T. B. Jenkinson, 9th Lancers, B. E. F., has received the Mili-

Lancers, B E F., has received the Military Cross for conspicuous bravery in France. Mr. Jenkinson has seen three years' service at the front and has only lately returned to France after recovering from wounds.

Mrs T. W. Scott and Miss Doris Scott,
London, Ont., were recent guests of Mrs
Scott's sister, Mrs C. H. Ritchie, To-

onto.

Mrs E. F. B. Parker and her children have left for Montreal, after spending Christmas with relations in London, Ont. Mrs. Parker will spend some time in Toronto on her way.

BRITISH ANTI-SUFFRAGISTS SUFFER ANOTHER REBUFF

London, Jan. 15 .- The anti-suffragists in the house of lords suffered another rebuff today by the rejection of an amendment proposed by Viscount Halifax to the franchise bill that the question be decided by a referendum the women. The amendment was defeated by a vote of 90 to 62.

FORMER PUPIL HONORED.

The Dufferin School Old Boys' Association gave a dinner at the Simcoe Club in honor of Major Alex. C. Lewis, who is home on leave from France. Letters were read from Capt. J. E. Thompson and Major W. Robinson. Afterwards the annual election of officers took place, with the following result: Hon. presidents, R. W. Doan, Principal Smith and Major Elliott; president, Richard A. Stapelles; first vice, John Mathers; second vice, Major Lewis; third vice, John Wallace; secretary-treasurer, Chas. Hickling; master of ceremonies, Chas. M. Horswell.

MAKES UNEXPECTED VISIT.

Special to The Toronto World.

Woodstock, Jan. 15.—Miss Marion Robertson, who two years ago went to France as a nursing sister with the Queen's University Hospital unit, from which she was transferred to the McGill unit, reached her home here quite unexpectedly, having returned to Canada on a hospital ship, and will remain with her parents in the city for ten days before leaving again to report for duty. ANSWER.—Get it from any feed store, and bake it in the oven to assure sterf-lization, if you take it plain. A table-spoonful or two with cereal every morning. Or have it made into bran gems, bran bread or bran cookies.

Advice to the Thoughtless,

Dr. Brady begs to offer the following advice to readers who send anonymous letters or loose stamps:

Don't.

EARLSCOURT WOMEN PATRIOTIC WORKERS

Energetic Women's Branch of Citizens' League Working for Home Reforms.

PRACTICAL PATRIOTISM

Aim and Object of Organiza-



Mrs. Frank Powell sident, Mrs. F. who has shown such enthusiasm and such ini-

tiative in conducting the affairs of this organization to date. Needs of Women and Children. The women's branch of the citizens committee is an organization for the purpose of looking after the needs of the women and children left at home by the men who have gone over yonder to fight for the flag and the pire. Combining as this organization does the most practical form of patriotism with the desire of tender.

tect the home folks, the work of this

women's branch reaches a high stan-dard in its aims and objects. LITTLE WAYS OF RESTING.

who give one or two evenings a week after working in an office all day to Red Cross work that keeps you seated at a table, try to walk at least one way to or from this work.

If you are feeling tired before go-

EDDY'S SAFEST because they are

impregnated with a chemical solution which renders the stick "dead" immediately the match is extinguished.

The Safest Matches

in the World

Also the Cheapest

CHEAPEST because there are more perfect matches to the single box than in any other box on the market.

War time economy and your own good sense will urge the necessity of buying none but EDDY'S MATCHES.

E. B. EDDY COMPANY HULL, CANADA

Announcements

Announcements for churches, societies, clubs or other organizations of future events, where the purpose is not the raising of money, may be inserted in this column at two cents a word, with a minimum of fifty cents for each insertien.

THE GRAND CONCERT under the au THE GRAND CONCERT under the auspices, of Toronto District Woman's Christian Temperance Union, to be given in Massey Hall Thursday evening, Jan. 17, at 8 o'clock, promises to be the musical and literary event of the season. Artists: Harris Symphony Orchestra (125 pieces), Miss Irene Symonds, A.T.C.M., Miss Grace Stickle, elocutionist; Mr. Charles H. Leslie, bariton; Mr. H. (Demmery, whistler, Tickets, 25c and 50c, at Massey Hali,

RECEPTION IS, ARRANGED.

ing to it, try lying flat on the floor of a darkened room, with your head on a small cushion, relaxed body, eyes closed, and breathing slowly and deeply for ten minutes.

Eat nourishing food, get eight hours sleep every night, and take a glass of hot milk before going to bed if your nerves are on the jump.

Arrangements have now been completed for a reception in the Convocation Hail at Osgoode Hall Monday afternoon next at 4 o'clock to Sir F. E. Smith, attorney-general of Great Britain, by the benchers of the Law Society of Upper Canada, the Ontario Bar Association and the Toronto representatives of the Dominion Bar Association.

THE KEWPIE KORNER



Kewpie Nurse once observed, drolly winking, "Your health, sir, depends on your thinking-Exercise and breathe deep, Think gay thoughts in your sleep And stick to clear water for drinking!"

Copyright, 1918, by Rose O'Neill.

Polly and Her Pals

NOT WHILE NEEWAH HAS A WORD TO SAY ABOUT IT

By Sterrett





QUESTIONS AND ANSWERS.

A Case of Misunderstanding. A member of your profession intimated











of Him

CAILLA

BY G

Count Lux

ing Again

Him in

A STA

German Di

aused the ar ording to Ti e had been of an enemy
The newspa
Luxburg, the
to Argentina,
that the praiing in the C
promising C
Caillaux be no orth mann "Count von ortinued, "derman new very effort he Berlin o o appear in gainst him-'This despa from Argentii Counit von ambassafor a

to Berlin, The Temps will add 'ma The house name of Bar chief of the Brussels and war, may be laux case, ow Von Der Lan nat in Bru reference to dir-Morocco Lancken is r to Caillaux Germany, and remarks with Caillaux's a affair. Perm from the go diplomat to between him

captain Be Paris militar an expert ac plete report cial situation compared w before the ceived, which fair said to Secretary of formation co

ties in Arge mental, but causing the Several m Callaux we nusband; it on with w Von Luxbur

Thousand Fairchild. announced rives within will be one city by the out fuel. F

> of days. 'purchased for immedi CANA London, neau, and McClonkey gazetted P. H. W

to get coa

has been hours, and

Corps, he lins and J. ed militar GALT

Special to Galt, J facturer in his 83 ing for s Scotland years bef he went is after 20 y the Peter organized managem an arden one son a ager of Petrolea.

Winnipe (Unionist) sent Nort Legislatur E R La vote was: The by-e resignatio contested the recen