

that the trip is permitted by both parents should be carried. For an example of a certified consent letter, visit the "Frequently Asked Questions" section of our Web site.

International Adoptions

Provincial and territorial authorities in Canada are responsible for authorizing international adoptions. If you are thinking of adopting a child from the United States, you must first obtain information about the adoption regulations of the province or territory in which the child will reside. While adoption is a provincial/territorial responsibility, Citizenship and Immigration Canada (CIC) is responsible for allowing an adopted child entry into Canada. Entry can be refused if the child does not hold the appropriate immigrant visa. A visa may be denied even if the adoption has already been completed.

For more information, contact your provincial/territorial authorities or the CIC call centre nearest you.

Medical Matters

If you have a medical condition, or are pregnant, you should seek an individual risk assessment from your personal physician or a travel medicine clinic prior to travel. For a list of travel medicine clinics in Canada, visit the Web site of Health Canada's Travel Medicine Program.

If you have a medical condition that could present a problem while you are travelling, it is wise to wear a MedicAlert® bracelet. Through the MedicAlert® Foundation, your vital medical facts become part of a database that can be accessed 24 hours a day from anywhere in the world.

If you require medication for an existing medical condition, take a sufficient supply for all your needs during travel. These must be in clearly labelled containers and include a copy of the doctor's prescription indicating both the generic and trade names. Essential medication should be divided and stored in two pieces of luggage, so that if one piece of luggage is delayed, lost or stolen, an alternative supply is available.