

CONTENTS

BON VOYAGE, BUT...	6
PART ONE: BEFORE YOU GO.....	7
Learn About Your Destination	7
Make Sure Your Passport is in Order.....	8
Do You Need a Visa?.....	9
Charter Flights	9
Dual Nationality	10
People with Special Needs	10
Medical Advice Is Important.....	10
Vaccinations.....	13
AIDS	13
Medication.....	14
Pregnancy.....	14
Upon Your Return	15
Supplemental Health Insurance.....	15
Other Insurance	16
Travelling by Car?	16
Money Matters	17
Women Travelling Solo.....	17
Travelling With Children	18
Have a Great Trip, But.....	18
PART TWO: ASSISTANCE	19
Register at the Canadian Mission	19
Consular Assistance.....	20
Emergency Consular Services	20
Consular Assistance around the Globe.....	23

PART THREE: WHILE TRAVELLING.....	23
Foreign Laws and Customs	23
Take Precautions	24
Illegal Drugs	25
Crime and Punishment	25
Judicial Process	25
Mail	26
Travel to the United States.....	26
PART FOUR: RETURNING TO CANADA	27
Departure Tax	27
Agriculture and Agri-Food Canada.....	27
Canada Customs and Import Controls.....	28
Illegal Souvenirs	28
After Residing Abroad	29
PART FIVE: PUBLICATIONS OF INTEREST	29
International Relations.....	29
Customs	30
Food Products.....	30
Health Issues.....	35
Citizenship	35
Canadian Embassies, High Commissions and Consulates Abroad.....	36
Canada Direct Access Numbers	62