

"full-time" farms in the province. Since the 1950s, however, the island has produced much of its own fresh milk, and hog and poultry farming is widespread throughout the Avalon peninsula. Successful crops include turnips, cabbage, potatoes, hay, pasture and berry crops.

#### *Population and settlement*

The province's present population of 585 800 (in 1981) is largely descended from settlers from south-western England and southern Ireland who immigrated to Newfoundland in the late 1700s and early 1800s. The pattern of settlement was largely determined by the fishing industry and this early population distribution has persisted. The Avalon Peninsula and northeastern Newfoundland, the traditional base for the fisheries, continue to be the most heavily populated.

St. John's, the historic commercial centre and capital of the island, is the province's largest city, with a population of some 83 000 (in 1981). The graceful charm of the older parts of the city, looking down on the harbour filled with the fishing fleets of foreign nations, contrasts sharply with the government, business and retail complexes in the newer areas. The city also houses the campus of Memorial University, established in 1925 which has an enrolment of some 11 000 students.

The major centres of Grand Falls, Windsor and Corner Brook depend heavily on the newsprint industry located there. The smaller communities called outports remain, nevertheless, a major element in Newfoundland society. Most Newfoundland outports are set in sheltered inlets out of reach of the fierce storms which attack the coasts. Several are accessible only by boat.

The typical outport has at least one church, a school, a store, possibly a supermarket and probably a post office. Many have a fish-processing plant and a government wharf. During the 1950s and 1960s it seemed that outport life was doomed, particularly in the more remote areas and on the islands. However, now that the fishery has been revitalized, some of the abandoned outports are being reoccupied.

The twin towns of Labrador City and Wabush, which together form the largest urbanized community of Labrador, are based on the iron-ore mining industries of the area.

#### *Arts and culture*

Newfoundlanders are known as storytellers, entertainers and musicians. Ballads of the British Isles, forgotten elsewhere, are still preserved in Newfoundland. Traditions like mumming—dressing up in masks and costumes to enact old stories at Hal-