

## WINYAH SANITARIUM.

This institution is a private one, owned and controlled by Dr. Karl Von Ruc, who has had many years experience in sanitarial treatment of pulmonary tuberculosis. He is probably the only man on the continent who has made a financial success of the private sanitarium, devoted exclusively to the treatment of this disease. Hence, no matter what our own views may be, with regard to the special treatment which he terms specific, his general methods as well as his specific ones, are worthy of the closest consideration; particularly when we remember that he is a specialist, in this disease, of almost world-wide reputation, and has had an immense number of cases pass through his hands. Dr. Von Ruc has also two clever, well-educated assistants, Drs. Dunn and Stevens, who help in the internal management of the institution.

Winyah Sanitarium stands at an elevation of 2,350 feet. It is surrounded by trees in a park covering seventeen acres, and has one of the electric car lines of the city passing within a hundred yards of the entrance, on its way to Look-Out Mountain.

The building is surrounded by verandahs on every side. The parlors are large and well furnished; the bedrooms spacious and commodious, each one being provided with closet, marble washstand, hot and cold water, steam-heating, electric light, etc. The beds are of full size, but two people are never allowed to occupy the same bed or room. The building, accommodating forty patients, is at the present time full; but a new one, to be connected with it by glass corridors, and to accommodate about thirty more patients, is almost finished. In this, as in the original building, every patient will be isolated in a thoroughly completed private room.

Patients are desired only in the first and second stages—the former being of course preferred. Every patient is treated according to the merits or requirements of his own particular case. The usual length of time for patients to remain in the sanitarium is from three months to one year. Rarely longer than the latter; only shorter than the former when financial or other reasons compel the patient to leave.

When patients are discharged, the majority of them are well enough to return to their homes, the disease having been arrested.

The general treatment consists of hygienic, dietetic, climatic and exercise measures. Medicines are rarely administered internally, except as indicated for temporary derangements of one form or another.

Hygiene consists of cleanliness, bathing, ventilation of rooms,