

the saw mill and got a heavy piece of oak, and buried it deep in the ground, alongside the little tree. For many years the strong piece of oak stood beside the little growing tree, and in time of storms supported it, until it had grown so strong that it was able to stand the roughest gale.



3. There is one giant who some people think is bigger than any other giant in the world. It is stalking through the land. It is getting into the hearts of men and women, and boys and girls. It is like the great storm that sweeps down over the mountain side, crushing down all who are weak. Let me show you what this great giant is. Take the Giant of Intemperance and pin it to the board. Afterwards draw a bottle around it (This

can be sketched on the board with a slate pencil beforehand).

4. Teach the Golden Text, using the illustration of the tree and the oak plank as a support as an example for our conduct. We should hold up our weak brother, and by our example not tempt them to eat wrongly, to drink wrongly, or do anything that will make him stumble.

5. Watch, Words, Actions, Thoughts, Companions, Hearts. Write the capitals W-A-T-C-H in red chalk.

6. It is better to get Jesus to watch our hearts for us, than to watch ourselves. Therefore take him into the heart and let him control it.

### SEWING CARDS.

For use in the smaller classes, sewing cards are without question a most helpful device. If we can get them to suit the central thought of the Quarter's lesson, as well as the central thought for the lesson of the day, they will be more helpful, but the difficulty is to get our cards to just suit our definite central spiritual thoughts. How shall we get them? Make them yourselves, and by doing this serves two ends. First, and most important, that of suiting the work given the children exactly to our central thought, and secondly the saving in cost. While it is true there are several splendid series of cards published, it is often difficult to make the thought on the card just get into the individual teacher's thought on the lesson. This will be overcome if the cards are made from week to week to suit the plan of the lesson. First then:—Get the cards cut the size you want, and have them printed with the name of your Sunday-school on the top or end. This is not necessary, but the cost is very small, and it adds very much to the attractiveness of the cards. Second, make a gelatine pad, according to the following receipt, and from week to week make your own cards, as many as you will need.

### RECEIPT FOR GELATINE PAD.

Get a tray made of zinc, 18 inches long by 14 inches wide and about five-eighths of an inch deep. Mix 36 fluid ounces of glycerine, (45 ounces in weight) 4 ounces of French gelatine and one ounce of white glue. Soak the gelatine in cold water a few hours, and after soaking, pour off all surplus water. Set the dish of gelatine into another dish of hot water to melt. Dissolve the glue with a little hot water, and stir into the melted gelatine, then pour in your glycerine and see that all is well mixed. Set your pan in a level place. Do not pour your mixture directly into the pan until you strain it. Any air bubbles can be removed, by putting them to the edge of the pan. Let the mixture cool before using. Get hectograph ink, black or violet. Paper to make a copy ought to have a glazed surface. Write or draw your pattern on paper and put upon the pad. Let it remain there two or three minutes, then remove and make as many copies as you like. When finished, take luke warm water and wash off your pad, being careful not to make holes, or depression as you wash it. Wash immediately after using.